



Meetings: Tuesday 12 Noon, Bella Vita Restaurant

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## AUGUST IS MEMBERSHIP & EXTENSION MONTH

**Today** (Aug 1): No Speaker  
**Next Week** (Aug 8): **Tamara Smith** - BC Foster Parents

Happy Birthday	Happy Anniversary

## CALENDAR OF CLUB AND DISTRICT EVENTS:

Date	Time	Event	Venue
Aug. 11	5 pm	Labelling the rubber Duckies at Bonny Telep's house	21812 127 Ave. M.R. <a href="#">Map</a>
Aug. 13	11 am – 2 pm	Rotary Duck Race	Maple Ridge Park – Alouette River
Aug. 19	10 am – 3 pm	Community Garage Sale	Memorial Peace Park (South side) M.R.

## LAST WEEK'S MEETING

### Guests:

**Les Hall** - Les has visited our club previously. He is an honorary member of the Westhoughton Rotary Club in England, but currently resides in southern France. Pres. Libby invited him to come to our meeting next week and tell us a little bit about himself.

**Wshar Ismael** - a guest of Deborah Hyslop

### Announcements:

**On August 11** - at the home of Bonnie and Ralph Telep we will be **labelling the rubber duckies** starting at about 5pm, followed by a social/fireside.

**Ineke Boekhorst** reported that she has been in touch with Wolfgang Paasche who is the president of 100 mile House Rotary Club, to determine if there's anything that our club can do to help Rotary members or other members of the community affected by the fires. Wolfgang stated that all other Rotary members had to evacuate the community. Wolfgang will follow up to see if there's anything that we can do to help. In the meantime our club members have been donating funds for this project.

Happy and Sad Loonies (and we don't mean members)

**Laurie Anderson** was happy that he had a loonie left, after going with Lorna and his son Stephen and daughter-in-law Lori to the Neil Diamond concert, preceded by a supper at the Wildtale restaurant in Yale Town.

**Lynda Lawrence** visited her dad who is now 90 years old .

**Brian Bekar's** sons are taking him fishing for four days in Nootka Sound.

**Mark Forster** is leaving on August 9 for a 19 day trip to England.

**Betty Levens** had a sad the dollar that she missed Neil Diamond.

**Matt Debruyn** lent his son his fifth-wheel trailer after about a 15 minutes lesson on how to operate it, and is now hoping for the best.

Our guests, **Wshar Ismael** (who is originally from Iraq), thanked Deb for inviting him and all of us for making them feel so welcome to our club meeting.

**Pres. Libby Nelson** got back from a 10 day holiday to Disneyland with her family, and said that "they didn't even have a good blowout" - i.e., everybody got along!

**Ineke** was happy to see Dr. Frank Ervin (a former member of our club) back at our club as a guest, and was happy to recently have visited her daughter in West Bank, where they enjoyed hearing the music of Neil diamond but didn't have to pay for it.

**Dr. Frank Ervin** was happy to visit our club again, and stated that he missed Rotary. He gave \$100 towards our fundraising efforts to help the victims of the fires in our near 100 Mile House.

## Guest speaker - Dr. Frank Ervin - Physician Quality Improvement

About our guest: Frank is a doctor of internal medicine and a pulmonologist. He is also an airplane pilot, and an enthusiast for electric cars, and very much involved in improving hospital administration and getting doctors involved.

Firstly, though, he updated us on his Nissan Leaf electric vehicle (the last time Frank spoke to us, he talked about electric cars as our guest speaker). He has now owned his Leaf for five years and has clocked 90,000 km on it without buying a cent worth of gas. His vehicle can go about 150 km without being recharged, but the new versions of the Nissan electric vehicles may have a range of 300 to 350 km.



On his topic of physician quality improvement, Frank advised that doctors are much more disengaged from the health care system than they used to be. Years ago doctors were directly involved in hospital administration, but that has changed over the years, and hospital administrators have taken over without as much input from the physicians themselves. Frank is a member of the Specialist Services Committee, which supports specialists' work and professional growth. (He is also the President of Medical Staff.) The Specialist Services Committee members are representatives from the BC Government, Doctors of BC and Health Authorities (such as the Fraser Health Authority). [*The Doctors of BC, formerly known as British Columbia Medical Association (BCMA), is a professional body of doctors in British Columbia that reviews patient complaints about physicians, publishes British Columbia Medical Journal magazine, advocates health policies to government and negotiates provincial government payments to physicians.*]

Frank states that the Fraser Health Authority is the leader (probably in all of Canada) in putting together programs to improve the quality of care of physicians. Quality improvement ("QI") programs and/or committees have been put together to engage physicians through QI education and participating in QI activities. To achieve this objective, the necessary engagement was undertaken leading to the development of physician leaders in QI. (Frank is obviously one of those leaders). Frank has been instrumental in reducing the waiting time for a certain pulmonary tests, called Spirometry (spy-ROM-uh-tree). [*This is a common office test used to assess how well your lungs work by measuring how much air you inhale, how much you exhale and how quickly you exhale. Spirometry is used to diagnose asthma, chronic obstructive pulmonary disease (COPD) and other conditions that affect breathing.*]

Frank advises that patients can also help. If they have concerns about health care matters, they should tell their doctors and also write letters to the administrative staff.

In honour of our English guest (from France) Les Hall, Dr. Frank Ervin asked us the following:

An English cat and a French cat went for a swim to see who could cross the English Channel first? The English cat was called "one two three". The French cat was called "un deux trois". Who do you think won the swimming contest, and why? The answer is: the English cat, because un deux trois cat sank !

## 50-50

**Patrick O'Brien** aced it by spades.

Libby's quote for the day: "never take life too seriously - because you'll never get out alive anyway".

**Submitted by Laurie Anderson**

## **COMMUNITY GARAGE SALE AUGUST 19, 10 AM – 2 PM (SET UP STARTS AT 8:30 AM)**

- We need donations of garage sale items. (No baby seats/ cribs or large furniture items)
- Everything needs to be clean and "working".
- Call Peter or Ineke for drop off/pick up. (604-465-3392)
- We need volunteers for 2 hr shifts on Aug 19.
- Assistance required for: set up, pricing, sales, and break down.
- All remaining leftover items will be donated to the Ridge Meadows Hospice Thrift Store
- 100% of proceeds to Rotary projects.