

Meetings: Tuesday 12 Noon, Bella Vita Restaurant

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OCTOBER IS ECONOMIC AND COMMUNITY DEVELOPMENT MONTH

Today (Oct. 09): Cass MacLeod and Jeff Bright from Royal LePage - Current house markets
Next Week (Oct. 16): Corisa Bell - Former Maple Ridge Councillor

Happy Birthday	Happy Anniversary

CALENDAR OF CLUB AND DISTRICT EVENTS:

Date	Time	Event	Venue
Dec. 16		Christmas Party at Adrienne's	10295 248 St, Maple Ridge

LAST WEEK'S MEETING

Adrienne Dale conducted the meeting.

Quote of the day:

"The thing that we are most grateful for at Thanksgiving is that we are not the turkey"



Cheque presentation:

Joanne Leginus was presented a cheque in the amount of **\$1,500** for Maple Ridge / Pitt Meadows Community Services in support of the **Meals on Wheels** program.

(See below for information about the program.)



Happy and Sad:

Laurie Anderson enjoyed very much **Brenda Jenkins'** Who's Who presentation last week. He said that in 1979 he went to China and met a fellow traveller on the tour by the name of Jeff Yip. Jeff and his wife became two of Laurie and Lorna's best friends over the past 29 years. Although China is a long way away, it's actually a small world because it turns out that Brenda and Jeff have the same great-grandfather.

Mark Vosper is making up for failing to go anywhere special to celebrate last year's wedding anniversary, so this year he is off to Whistler for a few days [he might even take **Linda!**].

Matt Debruyn added to the Collection cup. He advised that **Ineke and Peter, and Matt and Lynda**, each labelled 600 dictionaries (that's 1200 books and probably several thousand pounds) which are being given out by our club to all the grade 4 students in Maple Ridge and Pitt Meadows. Help is needed to deliver them in person to the grade 4 students who are always very excited to receive them. Matt said that it is always great fun and urged members to participate.

Ineke said that sitting across from, and talking to, **Brenda Jenkins** reminded her how fun it is to come and socialize at our Rotary meetings and meet with our Rotary friends.

Ineke suggested that a group from our club get together on November 2 and participate in a fundraising event which is being put on by the **Maple Ridge Christmas Festival Society**. Participants bring their own snacks and the cost is only \$10. Each group has fun answering trivia/skill testing questions while enjoying each other's company. If you want to sign up, speak to Ineke.

Brenda Jenkins paid a dollar to echo Ineke's sentiment that we are a "jolly group".

Program: **Joanne Leginus:**
 Maple Ridge / Pitt Meadows
 Community Services



Joanne is the director of Administration and Services for the Community Services Council. She first worked for the CSC as a teenager commencing April 6, 1982, and has been with them ever since. The Community Services Council in Maple Ridge has approximately 60 paid employees and 70 volunteers.

Meals on Wheels:

The program that our club contributed \$1500 to is the Meals on Wheels program.

Purpose Statement: Providing the opportunity for individuals to live independently with self reliance in their own homes by delivering well-balanced meals and regular human contact.

When the program started, proximately 16 to 18 people were provided the service. Today, close to 17,000 meals are delivered each year to a proximately 100 persons each month. 80% of the recipients are over the age of 80 years. Recipients are asked to make a payment for the meals (current cost is \$7.50 per meal), but for those who can't afford to pay, meals are provided free. On average, \$1200 per month goes to pay for free meals to the clients. Volunteers who take meals to the clients provide more than a food service. Often the volunteers the only person that they have contact with. Sometimes a senior who is visited is found to be in great distress and on more than one occasion someone's life has been saved by the volunteer who knocked on the door and called for help when the need arose.

Who Qualifies/Eligibility: Seniors or individuals, who, due to health or disability are unable to prepare meals, also must be a resident of Maple Ridge and Pitt Meadows that have the ability to pay for the service.

Some of the other programs of community services for seniors are as follows:

Better at Home:

Purpose Statement: Enabling seniors to function at their optimum level and maintain their independence.

This program assists geographically and socially isolated seniors to become more independent, thus allowing them to remain in their own homes as long as possible. Transportation services is tailored to meet the needs of seniors who are living in their own homes and require transportation to medical appointments. Shopping services encourages seniors to accompany volunteers on shopping outings. Visiting services provides friendly visits to seniors in their homes.

Housekeeping services provides non-medical home support (i.e. cleaning, laundry).

Handyman/woman Service offers affordable home maintenance to seniors, helping to provide a safe home environment. Who Qualifies/Eligibility: Must be 65 years or older and reside in Maple Ridge or Pitt Meadows. Must be able to get in and out of the volunteers vehicle with limited assistance. Eligible individuals must register in the program.

Cost: Priced on a sliding scale according to the individual's income level.

Senior's Connect Program:

Purpose Statement: To improve the overall health and wellness of seniors with mental health challenges and/or problematic substance use. About Program: The program coordinator and the volunteers connect to seniors in the community to health services and community services, ie, financial, housing, social, educational.

Who Qualifies/Eligibility: Anyone over 55. Cost: Free

Seniors Activity Program (aka Seniors Party Bus):

Purpose Statement: Providing social activities for seniors, increasing their social connectedness and improving their overall health and well-being.

About Program : This barrier free project provides door to door transportation for seniors to a nearby destination, including a lunch or other activity twice/month to help aid in community connections, improved physical and mental health and an overall sense of independence. Hours of Service: Flexible hours (twice/month)

Who Qualifies/Eligibility: Seniors residing in Maple Ridge and Pitt Meadows. Cost: Free

Submitted by Laurie Anderson

Dictionary 4 Life

Friday, September 28, Matt and Ineke made the first dictionary deliveries for the 2018/2019 school year.



A total of 77 dictionaries were delivered to MR Christian and St. Patrick's school grade 4 students.

Remaining, about 1100 dictionaries will be delivered in the week directly following Thanksgiving weekend.

If you are interested to assist, please let Matt DeBruyn know.

Cheque presentation for Starfish Pack program

On October 4 Westminster Savings presented a cheque for \$1050 towards the Starfish Pack Program.

