Dr. Emile Gabriel: TRJR (Tri-River Joint Reservoir Project)

Dave Read introduced Dr. Emile Gabriel. Dr. Gabriel is a Civil Engineer, born in Egypt, who has worked since the 2013 flood to find a way to prevent such a disaster from ever happening again.

Dr. Gabriel asked Dave to give his presentation on the Tri-River Reservoir of Alberta and Dr. Gabriel would be available to answer questions following the presentation.

Through his work and research he has found a perfect location to which the headwaters of the ELBOW, SHEEP and HIGHWOOD RIVERS could be diverted to a FLOW THROUGH RESERVOIR, or what you might call a WATER BANK, during high flow events.

The waters would be held there, then allocated to the rivers in controlled, regulated flows. This control would enable management of these three rivers, in the event that any of them posed a danger to downstream communities.

As these three rivers are part of the Bow River Basin, managing them would also assist in managing the Bow River because if the Bow was threatening to flood, water in the Elbow could be held back to allow the Bow to move more safely through downtown Calgary.

Currently, the Springbank Dry Dam, which is the flood mitigation project chosen by the Government of Alberta, is waiting for Environmental Impact Assessment Reports from both the Provincial and Federal Governments and this will take at least another year.
Dr. Emile Gabriel: TRJR (Tri-River Joint Reservoir Project)

Let us look at some of the drawbacks to the Springbank Dry Dam.

1. Well, it deals with only one river, the Elbow.
2. Safety: It will be located close to communities. Deltares, the Dutch company that was commissioned by the Government of Alberta to recommend mitigation options, warned (Quote) “that the Springbank Dry Dam could be overcome in some circumstances.” Springbank Dry Dam is not designed to contain a flood the size of the 2013 event so if the flood was as large, or larger, the dam could be overcome.
3. The Springbank option will make 6,884 acres of beautiful agricultural land useless because it must be kept empty to hold flood water. AND WHAT WOULD HAPPEN IF WE HAD BACK TO BACK FLOODS?
4. Families that have cared for their Springbank properties for generations will be forced from their land. If it were truly the best and only solution for the greater good, perhaps this would be acceptable. But this is certainly not the case.
5. Cost/Benefit: The cost given for the Springbank Dry Dam was based on an estimate of requiring 1,760 acres, but at a March Open House it had grown to a requirement of 6,884 acres and a new cost figure was not presented at that time.
6. Building the dry dam at Springbank will cause great disruption to nearby residents. Roads, sewer, gas and power utilities will have to be re-routed.

There are four rivers that cause dangerous floods in southern Alberta.

1. The Bow River
2. The Elbow River
3. The Sheep River
4. The Highwood River

The Elbow and Highwood can be channelled to a large canyon-shaped area in the vicinity of where the Sheep passes through on its way to Okotoks. The distance between the Elbow and the Sheep and the Highwood and the Sheep is approximately 15 kilometres each.

This large canyon-shaped area, where the mountains would provide the walls, could hold more than TEN times the volume of water that the Springbank Reservoir could contain.

It should be noted that although the Province of Alberta experienced the highest rainfall amounts on record during the month of July, continuing into August this year, none of our rivers have caused damaging flooding. This illustrates what the hydrologists and water experts tell us – 80% of waters reaching these rivers are generated in the mountains and, historically, catastrophic flooding caused by our rivers result from accelerated snowpack melting because of warm temperatures or high precipitation. This contradicts the idea that flood mitigation projects should be built downstream in order to have a larger catchment area, i.e. Springbank. In the event of dam failure, the nearby communities are placed in grave danger with little reaction time.

The Tri-River Joint Reservoir of Alberta will be in Kananaskis Country, far from communities, and would enable management of most of the water that causes flooding. So in the case of very heavy rainfalls, the rivers could be managed by regulating the flow to any of the rivers whose levels were posing a danger.
Dr. Emile Gabriel: TRJR (Tri-River Joint Reservoir Project)

The Tri-River Joint Reservoir of Alberta will be in Kananaskis Country, far from communities, and would enable management of most of the water that causes flooding. So in the case of very heavy rainfalls, the rivers could be managed by regulating the flow to any of the rivers whose levels were posing a danger. River communities still living with the economic and social consequences of the 2013 flood are fearful of another flood and want flood protection provided as quickly as possible.

It is important for them to know that the Tri-River Joint Reservoir of Alberta could have this protection in place as soon as the channels to the reservoir were made and it would not be necessary for the project to be TOTALLY completed, as would be the case with the Springbank Dry Dam or the McLean Creek Dam. So let us look at the advantages offered by the Tri-River Joint Reservoir of Alberta:

1. **Comprehensive**: Deals with the four rivers that cause devastating floods from **ONE CENTRAL CONTROL/REDISTRIBUTION RESERVOIR**. (The Elbow waters could be held back when the Bow flows were dangerously high and later in the project, if deemed desirable, the Bow could also be connected to the holding reservoir). This reservoir could store high quality water and help manage drought conditions.

2. **Inclusive**: Protects most communities affected by floods from these four rivers.

3. **Could help control erosion and regulate water flow.**

4. **Could provide the opportunity to generate clean, renewable hydro-electric power.**

5. **Could help transition from coal plants to clean energy.**

6. **Could provide employment opportunities during these difficult times.**

Although the fact that this project would be in Kananaskis Country, on public land, seems to concern many people, there are already dams located there, and logging, mining and recreation projects exist. So approving a project that is urgently needed for flood and water management, and which would provide such great economic benefits for present and future Albertans, should not be an issue.

A Master of Science with a Bachelor’s Degree in Civil Engineering who has had experience with Project Management and Environmental Impact Assessments, has joined our group and has volunteered to do a proposal for an Environmental Impact Assessment on the proposed site while waiting for the results from the Springbank studies.

Usually, Albertans are leaders in Canada, but when it comes to Canadian mega-hydro projects it seems we can learn much from our neighbours. At present there are five mega-projects past the planning stage – one each in B.C., Manitoba, Quebec and two in Newfoundland.

In December 2014 the Federal Government approved $4.4 billion in funding for the Site C dam in British Columbia and work is now in progress on this dam. The Federal Government also approved $3.2 billion in their 2014 budget for water infrastructure in Alberta as a result of the 2013 flood. So has the Provincial Government submitted proposals to obtain release of these funds and, if so, for what projects?
Dr. Emile Gabriel: TRJR (Tri-River Joint Reservoir Project)

This brings us to the question of Cost/Benefit for the Tri-River Joint Reservoir of Alberta. Since its completion in 1968, the Red River Floodway in Manitoba has prevented over $10 billion in flood damages. It’s hard to imagine, but before its construction many people questioned the need for the project.

Today, we in Alberta face the same question. What will the cost be in the next decades if we foolishly ignore the flood dangers our communities face as well as the cost of NOT PLANNING for the future water requirements for our growing community, industrial and agricultural needs? The population of the City of Calgary has quadrupled over the past forty years.

Today, Manitobans are grateful to the VISION of Premier Roblin who spearheaded the Red River Floodway project.

Dr. Gabriel has shown us a way to manage the urgent problems we are facing. I urge you to support this project and bring it to the attention of your representatives in the three levels of government, Federal, Provincial and Municipal, or join our group of volunteers.

Please visit our website at: www.preventingalbertafloods.ca by clicking this link!

Thank you for your attention.

Speaker: Dr. Emile Gabriel answered questions regarding the receptivity of the Government of Alberta to the Tri-River Reservoir proposal and the differences in cost between the Tri-River Reservoir proposal and the Springbank Dry Dam. He reviewed the cost benefit analysis of the Tri River proposal. He advised the Club that we have a choice: to approve/not approve the Springbank Dry Dam or demand that Government look at alternatives such as this one. There is a moral and generational responsibility and nature has provided us with a once in a lifetime opportunity. We can take it or waste it. Like Rotary the purpose behind this is bigger than ourselves. Dr. Gabriel concluded by inviting us to join them if we see the merits of the Tri-River Joint Reservoir.

President Ken thanked the speaker

“On behalf of the Club, I would like to add our Club’s gratitude for the time you have spent with us today by offering you a copy of a recently published book by one of our members, Peter Penner, who is a Professor Emeritus, now retired, but still writing history and this is an account of his Canadian Mennonite History.”
**CLUB NEWS**

President Ken Farn welcomed everyone to the Rotary Club of Calgary South. He then asked us to join Lisa Fernandes and the Head Table in the singing of O Canada followed by Rotary Grace.

**Head Table: Dave Read** (introducing Guest Speaker), **Dr. Emile Gabriel** (Guest Speaker), **Dana Hunter** (Chair: 2016 Dream Home), **Larry Stein** (Terry Fox Run); and **Peter Penner**, our Professor Emeritus and Author of “A Time to be Born, a memoir of a Canadian Mennonite”.

**Guests:** Bill Sumner introduced the following joining us today: Jane Arsenault (Guest of Jack Haman), Noelle Read (Guest of Dave Read), Dr. Emile Gabriel (Guest Speaker), Steve Read (Guest of Dave Read), David and Heather Smith (Guests of Dave Read), Richard Gottfried (M.L.A.), Stacy Wilson (Guest of Bonar Irving), Kristi Gardner (Guest of Geoff Hughes).

**Health and Wellness Report: Bonar Irving** gave an update on behalf of Chairman Dick Shaw. He reported that Jim Gorman drove himself to the Rockyview Hospital in time to have a heart attack. He is going to be transferred to Foothills Medical Centre where he will undergo surgery for a triple bypass. We will all be hoping for a quick recovery for Jim.

**Rotary Bridge: Don Taylor** advised that the Rotary bridge kickoff is going to be Friday September 9th and will be scheduled every two weeks. The start time is 11:30 am for lunch with bridge following. The location is the Horton Road Legion. Let Don know if you would like to play. Lots of fun with this group!

**Terry Fox Run: Larry Stein** introduced his Committee and advised that they are looking for 20-25 volunteers to help with the registration for the annual Terry Fox run in Calgary. Our club has assisted with this for many years. The date is Sunday September 18 at the Telus Spark Science Centre in the northeast, near the Zoo. Start time is 8am until approximately 11:30 am and volunteers can stay after and enjoy the Science Centre. It is the same weekend as the Waterton Peace Park event and Larry is looking for some new volunteers. It’s fun to meet the runners for this event.

**2016 Dream Home Award: Charlie Gouldsborough** wondered where the summer had gone. He had one word for this summer: fun! He referred to some of the memorable Rotary events this summer: Country Thunder where we learned lots and still had fun; the Olde Tyme Picnic put on by Keith Davis and his crew which arranged to have no rain fall until 1 minute after the 4 o’clock end time; and the Golf Tournament organized with thanks to Gordon Weicker and his crew which also had sunny weather and was fun for the volunteers and players alike.
CLUB NEWS

2016 Dream Home Award: Charlie Gouldsborough—continued:
Lastly Charlie noted the Dream Home, our biggest fund raiser at the Calgary Stampede in July. Our Chair, Dana Hunter and her Committee faced the worst economy in years, fewer people going through the gate and 10 days of rain. Despite all of that she and her Committee pulled it off, introduced us to a new lottery and "hit it out of the park".

As has been the tradition for a number of years, Charlie presented Dana with a belt buckle honouring her great work as Chair. A well-deserved standing ovation followed which Dana in her modest style said we all deserved a standing ovation for the success of the Dream Home this year. Well done Dana!

Country Thunder: Don Mintz reported that although he couldn’t take responsibility for the great weather during the Country Thunder weekend, he was quite relieved when the cool rainy weather didn’t reappear until the Monday following. Don asked Past President Murray to join him for the presentation of the cheque for $95,721.00 which was the Club’s take for providing the volunteers for the three days. This money will go towards Club Service. Don noted that the idea for this event began 4 years ago and he and Murray asked for the opportunity for our Club to obtain the volunteers. If we had been able to provide more volunteers the payday would be even bigger. Great result for an inaugural event! Thanks Don and Murray for spearheading this.

Rotary Polo for Polio: Stephen Cobb announced that this upcoming weekend, starting on Friday is the Black Diamond Polo Tournament. The “Polo for Polio” match is scheduled for Saturday at 1pm but only if there is no rain. Unfortunately if the weather forecasters are correct it is likely going to rain. Please contact Stephen if you want to check whether it is proceeding. May the weather be sunny and rain-free for such a good cause.

50 Draw: Michael Zacharki announced the pot was worth $177.00 and the lucky winner was Don Mintz (at least until our Sergeant at Arms John Fitzsimmons got to the podium moments later)
CLUB NEWS

Sergeant-At-Arms: John Fitzsimmons took to the podium and helped to lighten some of Don Mintz’s winnings and went on to fine Dave Read’s son because his father Dave had filled the place due to his presence at the head table!

John then described a scenario where Putin, Trudeau and Notley are all in hell but allowed to make one phone call. Putin phones Moscow for a few moments and the charge is $20,000. Trudeau phones Ottawa for a few moments and is also charged $20,000. Finally Ms. Notley is allowed her call which she makes to Alberta. Her bill is zero. Putin is beside himself and demands an exclamation. They are told that “She’s brought Alberta to hell so the call isn’t long distance!”

John then went on to share with the Club that he has experienced one of the toughest times in his life when he had to close his 25 year business “Fitz Flooring”. The support from his 29 year marriage to Carol helped him move forward during this very difficult time. He also noted the support from his 20 year relationship with Rotarians from this Club. He concluded by saying that there are many storms we face in life but there is always a blue sky afterwards and we need to look forward.

Wise words to live by John. Thanks for sharing with us.

President Ken then concluded the meeting with the following thought:

“Three things we need in life to be happy and to succeed: A wishbone, a backbone and a funny bone”
PABLO RUIZ NEEDS YOU ...

Pablo is currently staying at the home of Ron Prokosch. We are looking for a host family for the period of November to mid-January. If you are interested please contact Chas Filipski at 403-244-5450 at by email at chas.filipski@gmail.com. Anyone looking to include Pablo in their plans and activities can contact Pablo at (403) 869-7738. You can also check out his calendar of activities on google calendar and his email at pabloruizbe@gmail.com.

MUSTARD SEED AND RONALD MacDONALD HOUSE
UPCOMING DINNERS
Dinner at the Mustard Seed: November 14
Dinner at Ronald McDonald House: November 25
Please contact Harry Pelton

NORM AND DOREEN DEVITT ESTATE SALE: SEPTEMBER 16 17 AND 18
24143 TOWNSHIP ROAD CALGARY AB T3Z 2Y7
FOR MORE INFORMATION CONTACT NORM OR DOREEN DEVITT AT:
403 242 9088 OR NORM LEGARE AT: 403 540 3362
THERE ARE LOADS OF ITEMS: Automobile Memorabilia, Peddle Cars, Peddle Tractors
* Toys that we haven’t seen since our childhood
* Rare Antique Bicycles and much more

NOTE TO THE STAY IN SCHOOL MENTORS
I very much need your 2015/2016 Reports cards that came out at the end of June 2016 for your students. Many are outstanding. I need these for the University students as well. What school are the students attending this year? Send me an email saying they have changed or they have not changed. We need this information as Bill Sumner and Terry Allen visit all schools were we have SIS students attending and as a result we need the correct schools. SUBMITTED BY EARL HUSON
Calgary Heroes: Couple lends a helping hand in Colombia

From helping the disabled attend school to pioneering new drinking water filters, Marlene and Bob Wiens have changed lives for many.

Marlene and Bob Wiens return to Colombia twice a year to follow up on CAPD's projects.

By: Jennifer Friesen For Metro Published on Mon Aug 22 2016

After living in Colombia for 15 months, a scavenger hunt through the yellow pages led one couple to a mission they've chased for nearly two decades.

Marlene and Bob Wiens travelled to the country for Bob's work, but, with Marlene's background in physiotherapy, she was always looking to help people with disabilities. She pulled out the Bucaramanga phone book, looking for organizations to help, and soon found her way to four mothers who had children with disabilities.

"I saw these kids — and I saw they were highly compromised — so I asked the mothers what it was they really wanted for their children," she said. "One of the mothers popped up and said, 'We want our kids to go to school.' And, really, that's how it all started."

Soon, three of the four children were accepted into school. But then they asked themselves — now what?

They spent months setting up a community organization called Friends of Children with Disability for their Inclusion into the Community, which runs Independently to this day.

The couple returned to Calgary, where Marlene took her Master's Degree in Community Rehabilitation and Disability Studies. They then registered a new Canadian charity: Canadian Association for Participatory Development (CAPD).

The not-for-profit supports community-based organizations in Colombia through financial assistance from the Colombian Rotary Club, the Alberta government and private Canadian foundations.

The main projects are support groups for people with physical and developmental disabilities, the Safe Water for Families Program, which installs water filters in family homes, and the Green Light Education Assistance Program, which provides uniforms and school supplies for low income families.

Bob began working with BioSand water filters in 2007, which were being developed at the University of Calgary. On his trips back to Colombia, he would promote the filters "to anyone who would listen," and soon had a pilot of 20 filters to bring to 20 family homes.

There are significant areas in Colombia where the water is not only scarce, but incredibly contaminated," said Bob. "But with these filters, you can pour some really chocolatey-looking water into them, and it comes out like crystal. That alone captures the attention."

The Safe Water for Families Program now has filters installed for 3,000 different families, all of which are manufactured in Colombia. The filters remove all parasites, 97 per cent of bacteria and 90 per cent of viruses. According to a health impact study, the filters reduce household diarrhoea by 35-45 per cent.

One day I was wandering through an area that have the most water filters on a follow-up trip," said Marlene. "People just loved them, they loved the taste. Mothers would tell me about how the health of the children had improved — they weren't sick anymore, they could go to school."

Through all their work, Marlene and Bob say their main objective is "capacity building." They want to give the communities sustainable tools to keep these organizations running on their own.

"We're two countries supporting each other," said Marlene. "It's a two-way street. Because you can come down with your ideas and your agenda, but you can't impose that on other people. Establishing trust doesn't happen in the blink of an eye, but these people are like our family now. Seeing them succeed is really what keeps us going."
POLO FOR POLIO

Bill Leslie Memorial Tournament
September 2nd, 3rd and 4th, 2016

We have raised $160 already for Rotary Polio Plus from members!
Federal Government will match or more all private donations!
ENTRY IS FREE: We are opposite the Millarville Racetrack and Market
Follow "Polo" signs!

Contact Dylan Foster: polomanager@blackdiamondpolo.com ... 1(403) 830-5291
Rotarians from Districts 5360, 5390, 5370 and 5080 are invited to participate in the annual Waterton-Glacier International Peace Park Assembly at Glacier Park Lodge in East Glacier, Montana. The annual assembly will follow a major conference on important world transboundary conservation and peace initiatives and also celebrate the 100th Anniversary of the National Park Services in the United States.

Registration and program information is available on the Waterton-Glacier International Peace Park Website at www.watertonglacierpeacepark.org. Hotel reservations must be made directly with the hotel by phoning 1-406-892-2525. The block of rooms assigned for the conference will be held until July 1st. Ask for Group Booking Code E16.

Golfers who wish to participate in the Can/Am WGIPPA golf tourney may register at: www.montanarotary.org. There is no payment required at this time, as payment will be collected at the course. Golfing starts on Friday, September 16th at 9:00 am. 5 tee times are reserved but more may be available depending on demand. Since the course is 9 holes, the options will be as follows: You can play just 9 or 18 and whichever 9 hole side is the best score will determine winners. There is a special rate for players staying in the lodge of: 2 players with cart for 9 holes = $85 and 2 players with cart for 18 holes = $130. All players will receive a special tee prizes to remember the tourney, IE: balls, tees, cozies, etc.

Play the course Bobby Jones played in the 1930's. Remember - "When this course was built, carts were things pulled by horses!"

SPONSORED BY ROTARY DISTRICTS:
#5080 South-Eastern British Columbia, Eastern Washington and Northern Idaho
#5360 Southern Alberta and South-Western Saskatchewan
#5370 Northern Alberta, North-Eastern British Columbia, Northwest Territories and North-Western Saskatchewan
#5390 Montana
HIKING CLUB

Pablo; the YEX Student from Spain joined us

This peak looks like an elephant, but is called the Fist

This is a giant fallen tree by Trish

Pablo attempted to make a rock bridge in order to reach a large rock in the water. As you can see it was just long enough to achieve that, and he jumped in spite of the wind.

The panorama shows us having lunch on logs.

These lovely Oxeye daisies were some of the remaining flowers on the trail.

Tryst Lake has shrunk from its previous size and is surrounded by mud where Pablo found snail shells.

This Rocky Mountain sheep was by the road at the “usual” spot where we see them.
**HIKERS:** On Wednesday, Sept. 7, we will explore Arethusa Cirque. This is adjacent to Ptarmigan Cirque and near the Highwood Pass., S. off Hwy #40. The length varies. You can stay down by the creek, or climb up onto the walls of the cirque for lovely views. Please contact Phil Jackson, for more details, at 403-816-7023.

**SUBMITTED BY:** CONSTANCE JACKSON

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**PARTNERS DIRECTORY:**
If you have not sent your photo for inclusion in the new directory to Pat Farn, patfarn@telus.net, please do so. We will have one last opportunity to take photos at the September 15th meeting. All pictures must be received by Pat by September 30 as the directory will be sent to the printers in October.

**SUBMITTED BY TRISH TERRILL**

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**HEALTH AND WELLNESS:**
Please send good thoughts to Linda Tattersall as she cares for her Mom who is ill. Norma Carroll's sister passed away at the age of 94 and our thoughts are with her. Jim Gorman is having heart bypass surgery and we are thinking of him and Barrie and best wishes for a successful surgery.

**SUBMITTED BY DENISE MACLEOD**

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**PARNTERS IN PRINT**

**Calgary South Rotary Partners’**

**Annual Membership Coffee Party**

- **Thursday, September 15th at 9:30 A.M.**
- **Gunn’s Dairy Barn, Heritage Park**
- **Tickets:** $20.00 (breakfast)  
  **Guests Welcome**  
  **Membership Fees:** $35.00

Please RSVP by September 6 to Pat Cuthbert  
403-252-0166 or bill.cuthbert@shaw.ca

Send payment to: Donna Kennedy  
37 Mahogany Manor SE, Calgary AB T3M 0Y3  
payable to “Calgary South Rotary Partners”

- **Guest Speaker:** Diana Krecsy  
  **Calgary Homeless Foundation**

- **Book Sale:** You may donate up to 10  
  **Books for the sale. Books will be sold for $3.00 (hardcover) and $2.00 (paperback). Bring change please. Proceeds to go to “It’s a Crime Not to Read.”**

**Do you require a ride?**  
Contact Karon Grant 403-239-8987
Financial Literacy for Seniors

A three-part series exploring the challenges & opportunities facing seniors and their family members around financial management and legacy planning.

9:00 AM - Noon
Kerby Centre
$40 + GST/session or $105 + GST/series

- **Friday, September 16, 2016**
  “Are you Listening?”
  Navigating the tricky conversations of money, lifechoices, and legacy
  Presenter: Trudy Pelletier - Family Dynamics Coach

- **Wednesday, October 12, 2016**
  “Money Matters and the Sandwich Generation”
  Ensuring customized and risk-free investments for individuals
  Presenter: Gwen Becker - Wealth Advisor

- **Friday, November 25, 2016**
  “Passing on Family Treasures & Values”
  The legacy and social capital conversations
  Presenter: Gena Rotstein - Advisor in Philanthropy

For more info, call Luanne Whitmarsh at 403-705-3251
To purchase tickets, go to www.dexterityevents.com
2016 ROTARY CLUB OF CALGARY SOUTH CALENDAR OF MEETINGS AND EVENTS

SEPTEMBER 2016
Sept 8 Jim Gray: Wellness
Sept 13 Director’s Board Meeting: Boss Lubricants
Sept 15 Michelle Sterling: Friends of Science
Sept 16-18 Waterton Peace Park
Sept 16-18 Devitt Estate Sale
Sept 22 Jody Mosely: Calgary Airport Authority
Sept 29 Laverne Bissky: 3 Things You Need to Know to Change The World

OCTOBER 2016
Oct 6 Cambodian Dancers: Place of Rescue: Cardel Theater
Oct 13 Visit from District Governor Neil Berg
Oct 20 Dr. Jeff Keshen: Mount Royal University: Shaw Scholarship
Oct 27 Erin O’Conner: Calgary Film Studio

NOVEMBER 2016
Nov 3 Katie Von Hansen: Parkinson Alberta
Nov 10 NO MEETING DUE TO ROTARY REMEMBERS AT CARRIAGE HOUSE
Nov 11 Rotary Remembers: Carriage House Inn
Nov 14 Mustard Seed Dinner (Contact Harry Pelton)
Nov 17 Cleven Awards
Nov 24 STARS Tour: At the STARS Hangar
Nov 25 Ronald MacDonald House Dinner (Contact Harry Pelton)

DECEMBER 2016
Dec 1 Todd Hirsch: Chief Economist (ATB)
Dec 8 Bob Dubask: Myths about Reverse Mortgages
Dec 15 Christmas Luncheon: Canyon Meadows Golf Club
Dec 22 Christmas Social
Dec 29 NO MEETING DUE TO CHRISTMAS HOLIDAYS

⇒ MEANS MEETING AT ROTARY HOUSE
⇒ MEANS OFFSITE MEETING OR EVENT
⇒ MEANS NO MEETING
⇒ MEANS OTHER ROTARY INFORMATION

HEALTH AND WELLNESS: Contact Dick Shaw at: atlanticclipper@gmail.com if you know of anyone that is not well or is there anyone you know that could use a visit.

TRANSPORTATION: Contact Bonar Irving at: bonar@shaw.ca or: 403 254 8476 if you know of anyone that may need a ride to meetings.
I would like to offer you
CLUB RUNNER TRAINING
one on one Training and also
Group Training for those of you
that are interested.

Please contact me at:
kathyann@rotarycs.org
(just click this link)
or call: (403) 244 9788
to arrange this
Thanks,