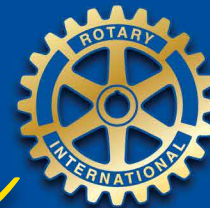


# ROTARY VOICE

*extra*



The Rotary Club of Toronto

Volume 103 | Issue 5 | August 21, 2015

## Today's Program

Michael Prosserman aka "Bboy Piecez"

### Topic

Standing Mental Health On Its Head

### Host

Karl Kremer

*Karl operates his own business as a Certified FocalPoint Business Coach and a Brian Tracy Certified Trainer. He is proud father to Daniel, Luke and Joseph and decided to join the Toronto Rotary Club as a means to give back to the community and to have fun doing it. He's busy on several committees and busy making lasting friendships.*

### Location

Imperial Room, Fairmont Royal York Hotel



By the time Michael Prosserman aka "Bboy Piecez" was three, he was already standing on his head while watching Saturday morning cartoons. By high school, Michael was accepted into Cirque du Soleil, featured in the major motion picture "Honey", and travelled the world as one of Canada's top break-dancers, winning over 22 International competitions. Michael has overcome a chronic neck condition while juggling taking care of his mother with a serious mental illness. *Michael took his anger and turned it into art.*

Michael has done keynotes and workshops sharing his story with over 100 audiences of all ages from Canada to Italy to Asia to the Arctic. Michael is the Founder and Executive Director of UNITY Charity, an organization that spawned out of his own personal story of expressing his stress. Today, UNITY reaches

over 60,000 youth each year across Canada empowering them to become positive and influential leaders in priority communities using *Hip-Hop as a vehicle for change*. Youth engagement strategies that leave your head spinning!

Art forms evolve but the power of art to transform remains unchanged. Michael felt the transformative impact of his performance and saw the potential to share this impact with others like him. Using his instinct, intuition and good old trial and error, Mike talks about his success in achieving life-changing outcomes for youth. He focuses on the simple yet powerful philosophies that built UNITY: the power of story-telling; building the plane while flying it; being surrounded by people smarter than you; and building new roads instead of accepting the inevitable road blocks that exist.



## Red Stripe Ceremony



Congratulations to Heather Findlay and Shelley McIntyre for graduating to the "Red Stripe Ceremony!"

Once new members have completed all of the mandatory tasks and some others too, they are then ready to leave the New Members Committee and with guidance from their personal mentor, start enjoying all that the club has to offer.

## SiGNs Dinner Event

The Fellowship and Entertainment committee is proud to present the SiGNs Dinner event on September 10th, 2015. Parapan Am has made us aware of the dignity one experiences when those with different abilities strive for success.

SIGNS restaurant is the first Canadian restaurant whose staff and servers are all deaf and mute. Did you know that nearly 60 percent of those with this type of disability rarely attain and retain full time employment? This promises to be a unique experience that will raise awareness, help support a worthy enterprise. As well it will certainly be a fun filled evening with fellow Rotarians!

Here's a link to a review: [http://www.tripadvisor.ca/Restaurant\\_Review-g155019-d6954234-Reviews-Signs\\_Restaurant-Toronto\\_Ontario.html](http://www.tripadvisor.ca/Restaurant_Review-g155019-d6954234-Reviews-Signs_Restaurant-Toronto_Ontario.html)

**When:** Sept 10th, 2015 at 6:30PM

**Where:** SIGNS Restaurant and Bar - 558 Yonge Street (647) 349-7446

**Cost:** \$45/pp not including taxes and gratuities + \$5 Drinks

**Contact Rohit Tamhane to join the group**  
FnE Committee Member



## New Member - Chantelle McDonald



Chantelle was born in Grand Falls-Windsor, Newfoundland and studied at Memorial University of Newfoundland and Dalhousie University, in Halifax, Nova Scotia

before moving to Toronto in 2010. Since living in Toronto, Chantelle has worked in the field of immigration law and is a candidate for licensing with the Immigration Consultants of Canada Regulatory Council for 2015. She presently holds the role of Manager, Immigration Practice Group with Dale & Lessmann LLP, a corporate services firm located in downtown Toronto that serves national and international businesses. In her role, she provides assistance to companies relocating workers to Canada and to individuals transitioning to Canadian permanent residence and citizenship. Prior to her role with Dale & Lessmann LLP, Chantelle was employed with PricewaterhouseCoopers Immigration Law LLP where she developed a strong background in corporate immigration law.

Chantelle was referred to Rotary International by her sister, a Rotarian in Newfoundland, and looks forward to becoming involved in the club and getting to know its members. She has always had an interest in serving the community. During her time in Halifax, she worked at the AIDS Coalition of Nova Scotia (ACNS), a non-profit that provides services to people living with HIV/AIDS and outreach to those at risk. Her roles at ACNS engaged her with at-risk women and youth as a prevention programming organizer and facilitator and she also gained experience in fund development and event planning, including planning Halifax's 2010 AIDS Walk for Life event. She was also previously involved in women-focused initiatives with Oxfam International and sat on Memorial University of Newfoundland's Student Union as a student representative.

Chantelle is an avid cyclist in Toronto and enjoys outdoor activities and travel. Last year, she backpacked across Guatemala where she was able to practice her Spanish, which she continues to learn. She looks forward to her upcoming trips to Australia and Peru. Welcome to Rotary!

## What You Missed August 14, 2015

– by Rafael Lopez



We enjoyed the company of three Rotarians who came from Kampala, Dubai, and the UK as well as six guests. Our President, David Hetherington, requested volunteers for the next meeting to sell tickets for the 50/50 draw, be greeters, and Sergeant-at-arms, urging us to reply to email requests sent to all club members.

President David also announced a change in the price of the luncheon tickets for guests, which will now be \$40. The price for club members remains at \$38 CAD. Karl Kremer took the stage to remind the audience on the 67th Annual Golf Tournament, inviting the attendees to sign up and support the event with prizes for the auction. There were two red stripe ceremonies; after having accomplished a number of tasks assigned to new members, Heather Findlay, and Shelley McIntyre took off the "New Member" red stripe from their badges.

We welcomed a new member to our Club, Chantelle McDonald, an immigration consultant, who was introduced by Marcy Berg. Luba Rascheff introduced the guest speaker Joanne M. Jasper. Luba provided some background on the subject about the connection between health, life, and faith.

Ms Jasper, of InterChurch Health Ministries Canada spoke about Faith Community Nurse Practice. Under the light of an over-stressed health system, with shrinking budgets and a growing aging population, Joanne highlighted the need to provide community healthcare through the Parish Nurse practice. Supported on the health-faith connection they are able to provide health services to the community which includes: education on health prevention, and blood pressure clinics in small communities. In her own words, their approach has two main branches, Healing and Health Wellness. This Program is also aimed to educate Nurses to become Parish Nurses; 178 Nurses graduated during the last Program.



Don Brooks had the winning ticket at the Ace of Clubs Draw, and took home a nice bottle of wine.

## Upcoming Speakers & Events

### August 2015

28 Ian Urquhart, Toronto Star, Political Commentator

### September 2015

4 No Meeting due to Labour Day Holiday  
 11 John Godfrey, Advisor - Ministry of Environment Climate Change  
 18 Honourable Michael H. Wilson, CAMH  
 25 Dr. Shannon Meadows, Infectious Diseases (animal to human)

### October 2015

2 Dr. Carolyn Harris, 800th Anniversary Magna Carta  
 9 No Meeting due to Thanksgiving Holiday

**Editor of the Week**  
 Shelley D. McIntyre

**Editor August 28, 2015**  
 Luba Rascheff

**What You Missed Reporter for August 21**  
 Valerie Clarke

**Propose a Speaker – Contact**  
 Alex Brown, Chair  
 alexbrown@integratedappliances.ca

**Submit an article to the Voice Newsletter**  
 voice@rotarytoronto.on.ca

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