

Today's Programme

Dr. Shannon Meadows

Topic

Infectious Diseases (animal to human)

Host

Dauna Jones-Simmonds

"Dauna is retired, but is an active champion for diversity and mentoring. In addition to her Rotary roles, she is Chair of the Board of ACCES and is co-authoring a book which she hopes to publish in time for 2016 diversity month."

Location

Fairmont Royal York, Imperial Room



Shannon Meadows is currently an Epidemiology consultant at Novometrix Research Incorporated, and examines a wide variety of topics in animal and human health, as well as network engagement and big data. In 2014, Shannon completed her PhD in Epidemiology at the Population Medicine Department of the University of Guelph. Her PhD thesis project consisted of determining the prevalence of *Coxiella burnetii* (Q Fever) exposure in sheep flocks, goat herds and their farm workers and veterinarians in Ontario, associated with exposure. Prior to exploring the small ruminant industry, Shannon completed an Honours Bachelor of Science Degree in Animal Biology at the University of Guelph. Shannon's primary research interests include examining zoonotic disease surveillance and one health research.

67th Annual Golf Charity Tournament a Big Success

It sure looked like the 67th Annual Golf Tournament was in trouble the night before the event. The weatherman was calling for heavy rain all day long. I drove right through a torrential downpour on my way to the golf course in the late morning, but when I arrived I was told that the worst had passed and we would be starting only half an hour later than planned. What a relief!

92 golfers braved the weather as they headed out for the shotgun start. It was still raining at this time, and continued to rain for the first couple of holes, but then the skies cleared and the rain ended for good. As usual there was some really great golf, and some really bad golf; but a great time was had by all. The group of Frank Garcia, David Mackinnon, Alun Ackery and Glen Bandiera won with an amazing score of 59. The group of Bill Morari, Tony O'Brien, Len McGowan and Jeff Miller were the Bridesmaids with an "oh so close" of 60.

There were 99 Rotarians and guests present for the evening's festivities. We tried a buffet supper for the first time and it was a great success. The evening was highlighted by a moving tribute to the late Keith Howard and a few words from the Unity Charity's Director Michael Prosserman. The Silent Auction and Raffle Draw were running all evening and helped raise a tremendous amount for the Unity Charity. In all \$12,573.82 was raised.

Many thanks to the golf committee members and many others that helped leading up to and on the day of the event (too many to mention). Mark your calendars; we're already booked for next year; Thursday, August 18, 2016.



Bill Morari is ready to play!



Glenn Davis' foursome



The ladies are ready to play!



Who will win the prize?



The trophy winner.

Meet Our New Member Trevor Lenders



Trevor is originally from Markham Ontario where he grew up with his mother, father, and brother Adam.

He spent his college years in London Ontario at Fanshawe College, where he pursued his education in Graphic Design and Multi-Media Production, graduating with two diplomas. Trevor's flair for creativity and design became apparent, which would later show in web design, print, marketing, and real estate. It was here in London where his love of real estate began.

When Trevor graduated he took the opportunity to travel abroad for close to a year following the Eurail tracks through most of Europe, living with his brother Adam in Amsterdam. This was an opportunity to meet amazing people from all over the world, furthering his interest in architecture and design. Upon returning to Toronto his career in sales began. Trevor is now a professional with three years of recruitment and executive search experience in the engineering and life sciences industry. His experience in recruitment was focused in senior executive roles spanning across Canada as a manager of three technical recruiters. In addition he has three years of real estate leasing and property management experience where he was a rental agent leasing and managing residential properties. He has successfully purchased and sold three of his own properties, presently owning one as an investment. Recently moving on from recruitment to pursue his dream career in real estate; Trevor is now presently a sales representative with Royal LePage Signature Realty, focusing in the residential market.

He lives by the St. Lawrence Market with his wonderful girlfriend Stephanie who he hopes one day will join him in the business with a staging company. If anyone ever has any questions about graphic design and print or web media, this has now become more of a hobby to him but he is always looking for ways to help out in design, and use that portion of his background. Trevor's goals in becoming a Rotarian is fellowship, and finding ways to give back to the community which he feels so fortunate being a part of.

Thank you everyone so far for all the kindness and words of welcome.

SIGNS Restaurant September 10th

– by Maureen Bird

Yes the cheesecake was divine and made in-house as is all their desserts. About 20 of us gathered for a social evening and it was well worth the trip. Rohit Tamhane found this gem where all the servers were deaf. While learning sign language we enjoyed a prix fixe menu with an appetizer, a main course ranging from striploin to vegan and a lovely dessert. Drinks were priced at a special of \$5. Add this restaurant to your must do list. Special thanks to the Fellowship and Entertainment Committee for organizing these great social events. I attended for the first time but in the words of Arnold, I'll be back!



Jayson Phelps and Shelly McIntrye enjoyed it!

David Libby – Our Newest Paul Harris/William Peace Award Winner

David originally joined Rotary in Ireland, rising to president of the Rotary Club of Navan, County Meath. On coming to Canada he joined our club in 1998. Despite many business diversions elsewhere in his mining career prior to retirement, he remained an important part of our club.

He has been a long term member of the International Service Committee including as chair, is on the Aboriginal Committee and Women's Initiatives Committee, and has served on the Program and Membership Development Committees. He has been a member of both our Club Board and of our Foundation Board. He has been an active participant in the Trump AIDS Walk and very involved in the Children's Christmas Party.

He was recognized with a Club Builder Award in 2009 and is a Rotary Warrior. One of his most successful endeavours was as chair of the ISC Water Sub-Committee. He spearheaded a \$150,000 water project in Malawi partnering with Emmanuel International with our Foundation donating \$50,000.

Yet he still has had time for his hobbies, which include both golf and curling – an all-season man. He also is a big model train enthusiast. He was pleased to introduce his wife as a member in 2010 and I think even more pleased on Friday to realize that his family were here to celebrate with him. Daughter Alex, son Richard and wife Michelle were hiding in the back with Chris Snyder who presented the award.



Libby Family celebrating David's achievement.



Foundation Walk

Sunday September 20th turned out to be a lovely day for a walk in Morningside Park. With organization done by the Scarborough clubs, we had members from many clubs from Etobicoke to Trenton join in as well. The short walk was down along the Highland Creek past the new PanAm tennis courts. This route can take you all the way down to the lake. The longer route took people over to the PanAm Sports Centre and Water Complex which are welcome additions to Centennial College and U of T Scarborough Campus. Ross Amos led the way. Kevin Power brought our incoming Global Grant Scholar, Eri Ikeda, here from Japan with her husband Yuichi. We also had 12 exchange students participating. Bill Patchett announced that about \$130,000 was raised for The Rotary Foundation which will be used for Global Grants, Scholarships and PolioPlus. Watch for news on the Kilimanjaro Challenge to stop polio. Both breakfast and lunch were catered by Centennial College Culinary School. Our club won the Trivia Challenge because we knew that the District Governor in 2017-18 will be our own Neil Phillips.



Participants in this year's walk.

Hello Lorraine, Kevin and Pat,

I wanted to say thank you from everyone at Sherbourne for offering us the opportunity to be part of the Toronto Argos Game on Friday. Our volunteers had a blast and it was a great opportunity to inspire our community to get involved and to see the direct impact of their help in raising funds.

We are thrilled that \$7,000 was raised for Sherbourne. What a fantastic result! This funding will help us provide health support and services to people in our community that face barriers accessing health care, including LGBTQ people, newcomers to Canada and people experiencing homelessness. We are a leader in providing quality healthcare and transformative support to under-served people and this funding will help us achieve our mission.

Thank you again and have an excellent start to the fall.

Sincerely,

Catherine

Catherine Argiropoulos
Development Officer
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RI President
Ravi Ravindran

The Rotary Club of Toronto Club 55 – 1912

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Bob Smith, President

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Karen Scott

Editor October 2, 2015:
Shelly McIntyre

What You Missed Reporter for September 25th:
Susan Hunter

The Four-way test of the things we think, say, or do

1. Is it the Truth?
2. Is it Fair to all concerned?
3. Will it Build Goodwill and Better Friendships?
4. Will it be Beneficial to all concerned?

Upcoming Speakers & Events

October

- 2 Dr Carolyn Harris, 800th Anniversary
Magna Carta
- 2 Toronto Walking Tour
- 7 RCT Cocktail – National Club
- 9 No Meeting Due to Thanksgiving Holiday
- 16 Prof. Nelson Wiseman
- 23 Andrea Cohen-Barrick, Trillium Foundation

Propose a Speaker – Contact

Alex Brown, Chair
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What You Missed September 18, 2015

– by Luba Rascheff



The Imperial room was overflowing. Additional tables had been set up on the upper level. There were nine visiting Rotarians and a multitude of guests and special guests, too great to count. Several announcements were read that included: an October 7th cocktail party; a professional photo session to be held on September 23rd; a tribute dinner for Wilf Wilkinson, past RI president, scheduled for October 3rd and this Sunday's Foundation Walk.

President David introduced new Rotarian Brent Thomas to our Club and Steve Dulmage put on his pin. Chris Snyder was then invited to the lectern to present the Paul Harris / William Pease Award to a visibly surprised and most grateful David Libby.

President David then shared the exciting news that the Rotary Foundation awarded \$150,000 to the Centre for Addiction and Mental Health (CAMH) for the expansion of their current, very limited Dental Clinic. CAMH is Canada's largest academic mental health research hospital. The Dental Clinic treats the most disadvantaged patients, many of whom are unable to work and cannot afford a visit to the dentist, or the cost of multiple restorative procedures.

The Honorable Michael Wilson, who has had a long association with CAMH, was then introduced by host Peter Love. Mr. Wilson began by expressing his gratitude for the existence of Rotary and its contributions including its generosity toward CAMH's Dental Clinic.

Mental health, he explained in a harmonious, calm and well-paced manner, is a very important issue. The impact that mental illness continues to have on our youngest citizens means that we need to work collaboratively to combat stigma and discrimination surrounding this condition.

When Mr. Wilson worked on Parliament Hill, many constituents approached parliamentarians looking for help in navigating the mental health system. The sheer pervasiveness of mental

illness, then and today, means that 1 in 5 Canadians will experience mental illness. It is the #1 cause of workplace disability. By 2020, depression will be the leading disability. According to Mr. Wilson, no one is untouched by mental illness and addiction.

The #2 cause of death in Canada is suicide. The suicide rate in aboriginal youths is 5 to 7 times higher than that of non-aboriginal youths. 800,000 children experience mental disorders growing up and less than 24% receive needed treatments. 70% of adults with mental health problems experience first signs by the age of 18. "The question," Mr. Wilson stressed, "is how would people's lives change if we intervened earlier?"

Mr. Wilson then movingly spoke about the loss of his beloved son Cameron, who had battled depression and was taken away too early. Mr. Wilson realized that by opening up and speaking about his son's death by suicide (initially at the funeral service and then publicly) that many people had had similar burdens and experiences, but had never spoken about them. Mental illness was a prevalent yet unspoken societal issue. Families are too ashamed to speak about mental illness and choose instead to suffer in silence. Mr. Wilson's late son, Cameron, had pleaded with his family not to reveal that he'd been hospitalized for mental health issues.

"We now know that mental illness can be treated," the speaker said. When CAMH initiated a Transforming Lives Campaign, people would come in and ask for help often bringing along pictures of Mr. Wilson or others who had spoken out about the issue. "We now have a PET (Positron Emission Tomography) scanner used for imaging research which allows CAMH to diagnose and prevent the development of most serious mental illnesses," Mr. Wilson explained. "In addition to this, patients are also offered

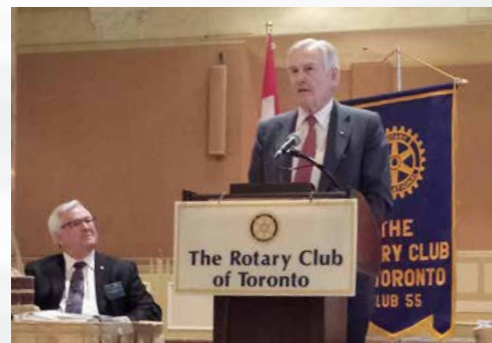
genetic testing." This, along with MST (Magnetic Stimulation Therapy) and other non-invasive treatments, leads to a better quality of care.

CAMH is collaborating with the University of Toronto and Sick Kids Hospital to improve service delivery, strengthen research and ensure that future mental health practitioners receive the best training. The first ever national strategy on mental health issues has been formed. Nevertheless, there remains a need for leadership and we Canadians must become advocates by starting a conversation with our neighbors about mental illness remembering that "It takes a village."

The Ace of Clubs Draw stood at \$3,454. Sean McCallum, from CAMH, had the winning ticket and went home with a bottle of wine.



Dr. Paul Zung welcomes the addition to CAMH's dental clinic



Mr. Wilson gave an impassioned speech about mental illness

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