

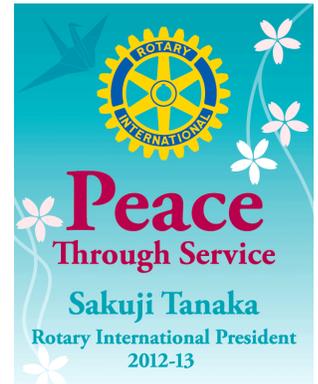
# Rotary Club of Greater Van Nuys

[www.greatervannuysrotary.org](http://www.greatervannuysrotary.org)

**Service Above Self**

Meeting at 94<sup>th</sup> Aero Squadron  
Thursdays, 12:10 p.m.

16320 Raymer St., Van Nuys, CA 91406



## August 23, 2012

**Flag Salute:** Rich Miller

**Invocation:** Marina Martinez

**Attending Members:** Mauricio Aranda, Renée D'Auria, PDG Eli Gauna, Alice Gauna, Judy Coates, Carlos Menjivar, Frank Santucci, Guy Mangia, Marie Valencia, Barbara Pampalone, Tom Harris, Robin Kellogg, Rich Miller, Razi Sheikh, Don Fetherolf, Jim Tenner, Peter Satuloff, Ron Wolf, Mike Quiroga, Jim Tenner, Javier Nunez, Marina Martinez, Paul Davis, Marc Tapper; Beth Ullman

**Guests:** Lynne Harris; Jan Goforth, Van Nuys Airport; Elaine Bern of EHB Consulting in Canoga Park (818-704-6804); Marco Padilla, a law student at Santa Monica College and intern working with Rich Miller, Fernando Mareno, on his third visit; and Anthony Marks, our speaker

### ANNOUNCEMENTS

#### Afghanistan Dental Clinic Fundraiser

The Evening in Kabul dinner fundraiser for the Afghan Dental Relief Project held this past Saturday was a big success, raising over \$7,000! Barbara thanked everyone for their help and participation, whether by attending, donating an auction item or helping at the event. She reported that it was the most successful fundraiser for Dr. Rolfe and the clinic yet held, plus he made a lot of good contacts for the future. Jim added that Dr. Rolfe has not only accomplished an amazing feat with the clinic, over the years he has put in everything he had – over \$1 million. The clinic serves women and children only because in Afghanistan they cannot go to the same clinic as men do, but that also creates jobs for women and orphans who would otherwise be at the mercy of local chieftains or distant male relatives.

To further help Dr. Rolfe, Barbara nominated him to be one of CNN's Heroes for 2013. There may be a monetary prize, but the publicity would also help him support the clinic.

#### Membership

Rich reported the Membership Committee met Monday, and asked how many of us had brought guests to our meetings recently. They agreed we should put more effort into that. To help entice people to attend, the board approved funds for handouts to give prospective members.

### Calendar

- 9/6 **Michele Pincus**, Los Angeles Science Fantasy Society
- 9/9, Sun. **District Picnic**, Seaside Lagoon, 100 Portofino Way, Redondo Beach, 11 - 4:00
- 9/13 **Ira Saltzman, Esq.**
- 9/15, Sat. **Polio Plus Dodger Game Night**, Dodger Stadium, 6:10 p.m.  
**Dance for Those Who Can't** – PolioPlus fundraiser, 7:00 – 10:00 p.m., Greater SFV E-Club event at Arthur Murray Sherman Oaks, 4633 Van Nuys Blvd.
- 9/19, Wed. **Board Meeting**, 6:00 p.m.
- 9/20 **Clarissa Black**, Pets for Vets
- 9/27 **Mel Powell**, Ignite Membership!
- 9/28 – 30, Fri. – Sun. **Bishop Safari**
- 9/29, Sat. **Granada Hills Rotary Blood Drive**, and bone marrow database donation info from E-Club, Greater SFV, Granada Hills Recreation Center, 16730 Chatsworth St.
- 10/4 **Dr. Barry Leonard**, Optometrist
- 10/7, Sun. **Multi-Club Food Drive**, Gelson's in Sherman Oaks and North Hollywood / Valley Village
- 10/10, Wed., **Bingo**, 6:30 p.m. Union Hall
- 10/14 **TBA**
- 10/25 **Club Assembly**
- 10/27, Sat. **District Foundation Masquerade Ball**, Westin Bonaventure Hotel, 404 S. Figueroa St., Los Angeles
- 10/31, Wed. **Harvest Festival**
- 11/1 **DG Lew Bertrand, Governor's visit**

#### Bingo

Rich has tickets for our October 10 game – please take a few and sell them to family and friends! Checks should be made out to *Rotary Bingo Project*. Remember, as of the July event, the prizes are bigger than before, and will get bigger yet if we keep increasing attendance! For October's event, players can get a special price on more game cards purchased at the door when they arrive.

## Coming District Events

September 15 will be the annual **Dodger Game Night** for PolioPlus. Game tickets are just \$30 each; see the district website, [www.rotary5280.org](http://www.rotary5280.org), for more information. Robin also has opportunity drawing tickets (just \$10 each) for the event, where you could win prizes that include meeting with the team on the field after the game.

## Dodger Game Tickets Raffle

To get us into the mood for the District game night, PDG Eli auctioned off two tickets for tomorrow night's Dodger game, worth \$120. Guest Marco Padilla was the lucky bidder.

## Reminders

September 9 will be the annual **District picnic** and cardboard boat race – a great way to make new friends in the new district. Please visit [www.rotary5280.org](http://www.rotary5280.org) for more information.

We need a **new club logo**, both for our bulletin and our new flag. If you have a great idea of what that should look like, please bring a sketch to a meeting or give it to a board member. There may even be a prize in it for you.

The **October 27 Foundation event** is a masquerade ball, with auction. Tickets are \$125 each, but the club will contribute \$25/member or \$50/couple to encourage every one to attend. Let Jim know if you are going – we may end up buying a table or two (the norm in 5280). Robin also has opportunity drawing tickets – you could win \$500, \$1,500 or \$3,000! Tickets are just \$10.

## Speaker: Anthony Marks, Illegal Drug Issues

Mauricio introduced our speaker, whom he met through his wife's involvement in an LAPD program for high school students. Anthony has a broad background (18 years) in law enforcement (he's a DRE, drug recognition expert) and the pharmaceutical industry (25 years) in addition to his Master's degree in Psychology, the combination of which makes him rather uniquely qualified to understand and address the issues of drug use by our young people.

Anthony asked us the definition of a drug, getting a variety of answers from us, with most of us agreeing that nicotine and caffeine should be included. He then gave us law enforcement's definition: any substance, natural or synthetic, which can impair performance. While there are a few who get too aggressive on caffeine, by the legal definition neither caffeine or nicotine are drugs. But some things you might not have thought of that way are, such as Dust-Off, a computer cleaning spray, that gives a short high when inhaled ("huffed"), in part by displacing oxygen; it also significantly damages the lungs.

There are 7 legal categories of drugs, and when citing someone for driving or being under the influence, officers must specify which category is involved. They include opiates, inhalants, hallucinogens, stimulants, dissociative anesthetics, alcohol and prescription medicines that can impair function. (The Controlled Substances Act (CSA) regulates five classes of drugs: narcotics, depressants, stimulants, hallucinogens, and anabolic steroids, the last of which is not considered an impairment drug.)

We were stunned by the drug paraphernalia Anthony

showed us, from meth pipes to apples with holes in which to smoke marijuana to aluminum foil with burn marks, the remnants of an Oxycontin tablet lit on fire so that the fumes can be inhaled. This technique is also used to smoke heroin. Teens often refer to it as "chasing the dragon". We were also shown hollowed out industrial bolts and black bottle caps topped with magnets for hiding their "stash". He pointed out the easiest place to hide a drug needle is with other needles. And empty prescription bottles make an innocuous looking container for illegal pills. One reason that labels now describe the pill being dispensed, including its markings.



*Anthony Marks and Jim Tenner.*

Anthony works only from scholarly, scientific sources for his information in preparing his material. He avoids the polarizing propaganda. When giving talks, his goal is not to demonize or whitewash drugs, but to help people understand the truth about various drugs. Many drugs do have legitimate uses, but caution needs to be exercised when operating machinery, for example. Other drugs seem to have no redeeming virtues, like the bath salts that have recently been banned in California. Those are an MDPV (methylenedioxypropylvalerone) compound that is smoked or snorted. It acts like a form of "super speed" and causes hallucinations, high blood pressure, pupil dilation, elevated heart rate and violent behavior – such as the cannibalism in Florida.

One interesting bit of information he shared was about the "contact high" people talk about getting when around marijuana smokers. He believes some of that is just a placebo effect, but studies done in a closed vehicle show that there are some minute traces of marijuana in the saliva of the non-smokers, but no evidence in their urine, while the smokers had an abundance of evidence in both.

You can reach Anthony, President and CEO of Substance Influence Training and Education Corporation, at 818-254-7181, or by email to [aamarks@earthlink.net](mailto:aamarks@earthlink.net). For more information, visit [www.druginfluence.com](http://www.druginfluence.com).

## Happy Bucks

Thank you to everyone who contributed to Happy Bucks today.

## Priscilla Pig for PolioPlus

Thank you to everyone who contributed to Priscilla today.

### Opportunity Drawing

Congratulations to Renée D'Auria, who won half of this week's \$80 pot.

### Notable Quotables:

"A harmless hilarity and a buoyant cheerfulness are not infrequent concomitants of genius; and we are never more deceived than when we mistake gravity for greatness, solemnity for science, and pomposity for erudition." Charles Caleb Colton; *Lacon: or Many Things in Few Words*; Longmans; 1837.

"The things we admire in men, kindness and generosity, openness, honesty, understanding, and feeling are the concomitants of failure in our system. And those traits we detest, sharpness, greed, acquisitiveness, meanness, egotism, and self-interest are the traits of success. And while men admire the quality of the first they love the produce of the second." Novelist and Nobel laureate John Steinbeck (1902-1968)

### Member Profile Don Reinken

Rotarian since July 15, 1963, Aurora. IL  
Immediate Past President, Van Nuys;  
also Past President of Rotary Club  
of Aurora

Married to Andrea

Has one son, two daughters, four  
grandchildren (1 girl; 3 boys) and  
one great-granddaughter

Information Technology Consultant,  
now retired (and retired Navy)

Hobby is photography

Watchword: Have fun!

### 2012-2013 Club Officers:

#### Co-Presidents:

Martha Stulman H 818-708-8947  
Jim Tenner H 818-241-9435

#### Immediate Past Presidents:

Barbara Pampalone H 818-882-2395  
Don Reinken H 818-368-3341  
Razi Sheikh C 818-621-4841

#### Director, Administration:

PDG Emilio Basile H 818-886-4142

#### Secretary: Robin Kellogg

H 818-993-5378

#### Treasurer: Razi Sheikh

C 818-621-4841

#### Director, Membership:

Rich Miller W 818-994-8234

#### Director, Projects:

Mauricio Aranda W 818-634-4043

#### Director, Foundation:

PDG Les Grossman H 818-757-0157

#### Director, Public Relations

Raul Castillo C 818-636-9125

#### President Van Nuys Rotary Foundation:

Donald Fetherolf H 818-986-1460

#### Bulletin Editor *pro tem*:

Beth Ullman H 818-701-6889

#### Community Co-chair:

Marie Valencia H 818-929-7118

#### Int'l Co-chair:

Zoraida Suarez W 818-788-8838

#### New Generations Co-chairs:

Rosielee Jones W 818-782-0022

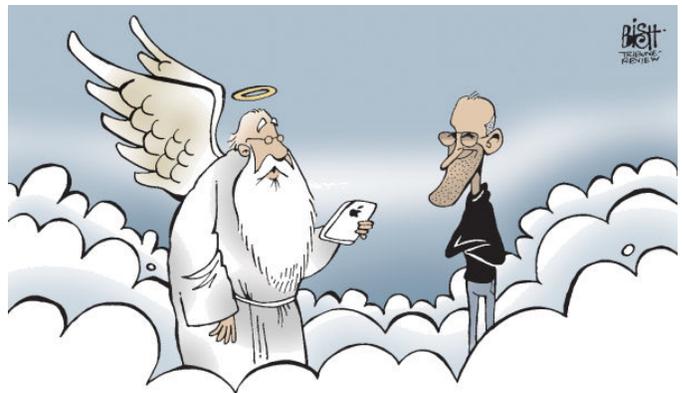
Mauricio Aranda W 818-634-4043

#### Programs Chair:

Mauricio Aranda W 818-634-4043

#### Vocational Chair:

#### Sgt. at Arms:



TO BE HONEST, MR. JOBS, THE LAST TIME AN APPLE CAUSED SO MUCH EXCITEMENT AROUND HERE INVOLVED ADAM, EVE AND A SNAKE...

## ***Meeting Information for Nearby Clubs***

Calabasas, Tuesdays, 12:15 p.m.  
Wolf Creek Restaurant  
26787 Agoura Rd.  
Calabasas, CA 91302

Granada Hills, Thursdays at 12:10 p.m.  
Porter Valley Country Club  
19216 Singing Hills Dr  
Northridge, CA 91326-1716

Greater San Fernando Valley **E-Club**, Mondays at 12:00 p.m., Online 24/7, <http://www.rotaryclubgreatersfv.org>

Northridge/Chatsworth, Tuesdays at 12:00 p.m.  
The Olive Garden  
19724 Nordhoff Pl.  
Chatsworth, CA 91311

Studio City-Sherman Oaks, Tuesdays at 12:10 p.m.  
Sportsmen's Lodge Hotel  
12825 Ventura Blvd., Vista Room  
Studio City, CA 91604

Tarzana Encino, Tuesdays at 6:00 p.m.  
John O'Groats  
16120 Ventura Blvd.  
Encino, CA 91436

West San Fernando Valley, Thursdays at 7:15 a.m.  
Coco's  
21844 Victory Blvd.  
Woodland Hills, CA 91367

Woodland Hills, Wednesdays at noon  
Woodland Hills Country Club  
21150 Dumetz Rd.  
Woodland Hills, CA 91364

*Beth Ullman  
17426 Napa St.  
Northridge, CA 91325*