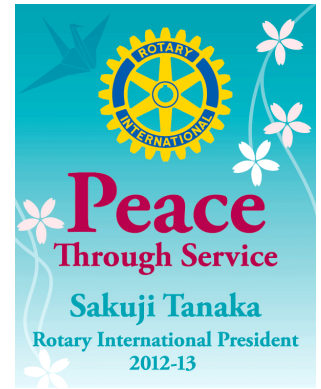


Rotary Club of Greater Van Nuys

www.greatervannuysrotary.org

Service Above Self

Meeting at 94th Aero Squadron
Thursdays, 12:10 p.m.
16320 Raymer St., Van Nuys, CA 91406



June 27, 2013

Flag Salute: Wynne Ritch Wynne gave each of us a flag sticker as we came in, then reminded us before the salute that next week is the 150th anniversary of the Battle of Gettysburg, where over 51,000 died or were wounded in that three day battle, the bloodiest of a very bloody war. We lost more lives in the Civil War (over 618,000) than in all the other wars our country has ever fought. As we remember and thank those who fought in the Revolutionary War, let us also remember those who fought after, to keep our country whole, and safe.

Invocation: James Tenner

Attending Members: Barbara Pampalone, Mauricio Aranda, Don Fetherolf, Judy Coates, Renée D'Auria, James Tenner, Frank Santucci, Ron Wolf, Elaine Bern, Marc Tapper, Pete Satuloff, Wynne Ritch, Wayne Slappy, Rich Miller, Robin Kellogg, PDG Emilio Basile, Roz Kogler, Razi Sheikh, Tom Harris; Beth Ullman

Guests: Maria Korling; Honorary Member Jan Goforth; plus Kelly Mathews and Gayle Nadler, our speakers

HAPPY 4TH OF JULY! (and remember, we'll be dark)



ANNOUNCEMENTS

Bingo

The revised bingo form from the city is in the mail, so it's certain – our next game will be at Birmingham Charter High School (NE corner Balboa and Victory) on July 24 and will start at 6:30, not 6:00. Rich will have tickets for it in the next week or so.

Website Additions

Mauricio has put all our scheduled activities and speakers (below the activities) on our website – please

Calendar

- 7/4 **DARK**
- 7/10, **Wed. Board meeting**, 6:00, Rich Miller's office, 7120 Hayvenhurst Ave.
- 7/11, **Thu. Demotion Party** 6:00 – 9:00 p.m. (**no regular meeting**) Galpin Ford, 15505 Roscoe Blvd., second floor, Van Nuys; *antique car museum open to us at 5:30*
- 7/16, **Tues. District Breakfast**, 7:00 a.m.
- 7/18 **Club Assembly**
- 7/24, **Wed. Bingo**, Birmingham Charter High School, 6:30 p.m. (NE corner Balboa and Victory), in the multi-purpose room
- 7/25 **Open**
- 8/1 **Warren Bobrow**, Youth Exchange
- 8/8 **Capt. Ivan Minsal**, Latest Police trends in Van Nuys
- 8/14, **Wed. Board meeting**, 6:00, Rich Miller's office, 7120 Hayvenhurst Ave.
- 8/15 **Gina Low**, Founder and President APECA, Inc., Water Projects in Peru
- 8/22 **Karen Page**, True Psychic Experiences
- 8/29 **District Governor Doug Baker's official visit** –*please make sure you attend*
- 8/31, **Sat. Van Nuys Airport Community Day**, 7:30 a.m. – 6:00 p.m.
- 9/5 **Stacy Gerlich, Capt. LAFD**, "First Responders"
- 9/11, **Wed. Board meeting**, 6:00, Rich Miller's office, 7120 Hayvenhurst Ave.
- 9/12 **Denise Fejtek**, "Steps to the Summit"
- 9/19 **Craft Talk**
- 9/26 **Open**
- 10/3 **Open**
- 10/6, **Sun. District Picnic**, 8:00 a.m. – 2:30 p.m.
- 10/17 **Club Assembly**
- 10/24 **Razi Sheikh**, Trip to Pakistan
- 10/31 **Harvest Festival at night** (**no regular meeting**)
- 11/21 **Unity Luncheon**
- 11/28 **DARK – Happy Thanksgiving!**

check there for any changes or new entries. This will be especially important for knowing what's planned if we don't get a regular bulletin editor for the coming year.

SPEAKER: Kelly Mathews, and Gayle Nadler, on Developmental Optometry (vision issues for children)

With great energy and enthusiasm, Kelly told us about her non-profit work screening and helping children with vision-related learning problems. Most children screened by their pediatricians or a school nurse are given a very cursory exam. When you remember that MediCal, for instance, pays only \$21 for an eye exam, nothing for frames and just \$14 for lenses, it's easy to understand why the typical exam is just 5 minutes. As a result, doctors and parents think kids have "perfect" 20/20 vision, and both major and minor problems go unrecognized, often for many years, leading to poor performance in school and sometimes permanent vision damage.

Amblyopia, or "lazy eye", and wandering eye are especially easy to miss in a quick exam or by parents. It takes over 20% of a wander for that to be noticed by an observer, but just 3% to cause double vision.

We all know good vision is essential for reading, which is a critical skill for success in school. But none of us knew the 8 components of vision: clarity, color, eye muscle co-ordination / tracking, focus, depth perception, accommodation, visual interpretation and visual retrieval. When any of these go wrong, it can lead to problems and wrong diagnoses, such as dyslexia or ADD, when the real culprit is lack of focus or tracking, either of which can cause double vision (as with amblyopia), leaving the child uncertain which image comes first.

Kelly screens a lot of the children at the Multicultural Learning Center (MLC) bilingual LAUSD charter school where Gayle Nadler is the Executive Director. They would like to be able to check all of them every year. Kelly enthused she "love(s) seeing kids go from F's to A's and B's in six months!" And thinks MLC "is the most incredible school ever – it puts kids first." They are surrounded by non-performing children in their community (90% of Hispanic families are affected by lack of vision care) and want to get those children to reach their potential and go to college. But they need help. At the moment they need funds for 50 pairs of glasses; so far \$8345 has been raised. Wynne asked how much each costs (\$100 on average, \$275 including exams) and suggested Kelly ask different individuals or groups to "adopt" one or more kids.

Gayle Nadler explained that even when the kids get screened and the parents told about problems, getting the needed services is a problem. Lack of awareness as much as funds keeps the parents from getting them the correct kind of exams. One child Kelly had diagnosed 3 years ago with 20/40 vision wasn't treated and now has 20/200 vision, which could have been prevented. Through her volunteer work, help from the school and treatment in her office, Kelly provides a number of therapies besides glasses, such as computer programs that exercise and re-train the eyes. MLC is the only campus to offer these therapies. Because of Kelly and these services, kids are gaining self-esteem, they no longer feel stupid or isolated, and they are making great progress in school.

This year the parents will be invited to a special vision presentation at MLC, where they will have the impact of vision issues both explained and shown, so they understand the importance of eye exercises and good exams.

Visit www.greatervalleyvision.com, call Kelly at 818-369-4114 or email ouroffice@greatervalleyvision.com for more information. Gayle can be reached at 818-716-5763 x221 or gayle@mlccharter.org. The school's website is www.mlccharter.org.



L-R Gayle Nadler, Jim Tenner and Kelly Mathews

REMINDERS

Bulletin Editor(s) Needed!

Steve Bertolino has offered to do 2 bulletins a month – can you help by doing one or more as well? We need people to write the bulletin starting July 1. If you are interested in helping, please let Rich know. Be creative and provide some great club service!

Demotion Party July 11

Are you ready to celebrate? Stand up and be counted! We need to know how many plan to attend our upcoming demotion party so we make sure the right amount of food and wine is ordered. This year's party will be extra-special, with a private tour of the Galpin classic car collection in addition to everything else. You can register for the party on our website, or just let Emilio know, if you don't have internet access. At just \$35 per person we hope this is affordable for everyone, and hope to see you all there. ****Note: Robin is looking for anyone who is interested in helping her roast Jim.****

PolioPlus

Thank you to everyone who contributed today to our drive to eliminate polio. We are so very close! Millions of vaccine doses were just donated, so your contribution will help those reach even more at-risk children in the three countries where it is still endemic: Nigeria, Afghanistan and Pakistan.

Opportunity Drawing

Congratulations to Judy, who won half the \$60 pot.

Notable Quotables

"When the power of love overcomes the love of power, the world will know peace." Anonymous

"The feeling of being hurried is not usually the result of living a full life and having no time. It is on the contrary born of a vague fear that we are wasting our life. When we do not do the one thing we ought to do, we have no time for anything else – we are the busiest people in the world." Eric Hoffer, philosopher and author (1902-1983)

"Mere parsimony is not economy. Expense, and great expense, may be an essential part in true economy." Edmund Burke, statesman and writer (1729-1797)

"There is a wonderful mythical law of nature that the three things we crave most in life -- happiness, freedom, and peace of mind – are always attained by giving them to someone else." General Peyton C. March (1864-1955)

Meeting Information for Nearby Clubs

Calabasas, Tuesdays, 12:15 p.m.
Wolf Creek Restaurant
26787 Agoura Rd.
Calabasas, CA 91302

Granada Hills, Thursdays at 12:10 p.m.
Porter Valley Country Club
19216 Singing Hills Dr.
Northridge, CA 91326-1716

Greater San Fernando Valley **E-Club**, Mondays at 12:00 p.m., online 24/7, www.rotaryclubgreatersfv.org
4th Sunday of every month 12:30 – 2:00 p.m. at Denny's
5525 Sepulveda Blvd.
Sherman Oaks, CA 91411

Northridge/Chatsworth, Tuesdays at 12:00 p.m.
The Olive Garden
19724 Nordhoff Pl.
Chatsworth, CA 91311

Studio City-Sherman Oaks, Tuesdays at 12:10 p.m.
Sportsmen's Lodge Hotel
12825 Ventura Blvd., Vista Room
Studio City, CA 91604

Tarzana Encino, Tuesdays at 6:00 p.m.
John O'Groats
16120 Ventura Blvd.
Encino, CA 91436

West San Fernando Valley, Thursdays at 7:15 a.m.
Gables 818-347-2437
20920 Ventura Blvd.
Woodland Hills, CA 91367

Woodland Hills, Wednesdays at noon
Woodland Hills Country Club
21150 Dumetz Rd.
Woodland Hills, CA 91364

2012-2013 Club Officers:

President:	Jim Tenner	H 818-241-9435
Immediate Past Presidents:	Barbara Pampalone	H 818-882-2395
	Don Reinken	H 818-368-3341
	Razi Sheikh	C 818-621-4841
President-Elect:	Rich Miller	W 818-994-8234
Director, Administration:	PDG Emilio Basile	C 818-634-4043
Secretary:	Robin Kellogg	H 818-993-5378
Treasurer:	PDG Emilio Basile	C 818-634-4043
Director, Membership:	Rich Miller	W 818-994-8234
Director, Projects:	Mauricio Aranda	W 818-634-4043
Director, Foundation:	PDG Les Grossman	H 818-757-0157
Director, Public Relations	<i>Open</i>	
President Van Nuys Rotary Foundation:	Donald Fetherolf	H 818-986-1460
Bulletin Editor pro tem:	Beth Ullman	H 818-701-6889
Community Co-chair:	Marie Valencia	H 818-929-7118
Int'l. Co-chair:	Zoraida Suarez	W 818-788-8838
New Generations Co-chairs:	Rosielee Jones	W 818-782-0022
	Mauricio Aranda	W 818-634-4043
Programs Chair:	Mauricio Aranda	W 818-634-4043

Just for Fun

A little late, but...



Very Punny:

I thought I saw an eye doctor on an Alaskan island, but it turned out to be an optical Aleutian.
She was only a whiskey maker, but he loved her still.
A rubber band pistol was confiscated from algebra class because it was a weapon of math disruption.
No matter how much you push the envelope, it'll still be stationery.

*Beth Ullman
17426 Napa St.
Northridge, CA 91325*