



**Weekly Bulletin:
Wednesday
8 July 2015**

Dates of interest:

Birthdays

22/07 Colin Schwab
30/07 Helen Davies

Club Anniversaries

14/07 Helen Davies

Bottle Roster

11/07 Paul & Gerald
18/07 Graham B & ??
25/07 Cynthia & Jo

Events

10 July—NAIDOC BBQ
18 July—Changeover
30 Sept—DG's visit
3 Oct—Melrose Show
2-4 Oct—Indigenous football/
netball carnival
4 Dec—Christmas Pageant
13 Dec—Undercover market

Next Week's Program

No meeting Wednesday 15th

In this issue:

- 1. Welcome
- 2. Living with polio
- 3. Reports

President Helen opened tonight's meeting, welcoming Rotarians, six partners, Barb, Jake and Emily to her last ordinary meeting as President. She was especially pleased to welcome Faye Schwab to tell her personal story of life with polio.

Guest Speaker Faye

Polio (known as infantile paralysis when Faye contracted it at the age of three months) is a person-to-person virus, with symptoms including sore throat, tiredness, fever, nausea, stomach pains, pin & needles and paralysis. Faye had limp legs and lethargy, first diagnosed as vitamin C deficiency, but then as polio.

She spent time in Somerton Crippled Children's Home, initially bandaged to a frame and only able to move her arms and head. When she was discharged at the age of 3 she could not walk, and moved around on her backside, and she didn't know her parents when she finally got home. She had 2 years of physiotherapy at a private practice, then because of bad circulation in her legs she had daily massage and heat treatment at home. She is very grateful to her parents for the sacrifices in time and money that they made for her.

She was fitted with callipers with boots attached, and used two walking sticks—and had a plaster cast at night. She missed a lot of school because of twice-weekly hospital visits, and at school she was teased and made fun of. In her early teens she had surgeries to stop unbalanced growth.

Happier memories are the events and camps run by the Crippled Children's Association and also ballroom dancing. She made her debut in a lovely dress, but the black shoes which were her pet hate.

Her desire to be a hairdresser was not to be, and she did office work. After her family moved to Port Augusta she worked there for Cox Foys for 18 months before transferring to Whyalla. She met Colin and his family, and ultimately walked down the aisle without callipers, and wearing white shoes.

Determined and strong-willed, she raised three children, and walked across the bridge weekly to do the shopping. After 10 years she got her drivers license and with that much greater freedom.

Post polio syndrome brings muscle weakness, pain and fatigue, and now Faye can't walk much, needing to use sticks or a wheelchair. Her community involvement has been limited, and travel is also more difficult, needing lots of forward planning—"how far do I have to walk; are there any stairs?"

She has found that many medicos don't know much about polio, and now physiotherapists can't help. The huge efforts to eradicate the disease are a good thing, but those people who had the disease and continue to suffer seem to have been overlooked in the allocation of resources.

We are all very grateful that Fay has shared her story with us, as only a few members really know what an enormous impact this disease has had on individual lives, and how strong it has made the people who have had to live with it.



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The Guiding Principles

Object of Rotary

The object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and in particular, to encourage and foster:

1. The development of acquaintance as an opportunity for service;
2. High ethical standards in business and professions and the dignifying of each Rotarian's occupation as an opportunity to serve society;
3. The application of the ideal of service in each Rotarian's personal, business and community life;
4. The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

The Four-way Test

Of the things we think, say and do:

Is it the Truth?

Is it fair to all concerned?

Will it build goodwill and better friendships?

Is it beneficial to all concerned?

Avenues of Service

We channel our commitment to service at home and abroad through five Avenues of Service, which are the foundation of club activity.

- **Club Service** focuses on making clubs strong. A thriving club is anchored by strong relationships and an active membership development plan.
- **Vocational Service** calls on every Rotarian to work with integrity and contribute their expertise to the problems and needs of society.
- **Community Service** encourages every Rotarian to find ways to improve the quality of life for people in their communities and to serve public interest.

President Helen's report

- Thanks to the workers at the Port Augusta Cup race meeting on Sunday
- Thanks to Jo, who has agreed to act as mentor for Lauren Modystach, the indigenous health student at Flinders University whom we are sponsoring
- \$700 is to be given to the Port Augusta Concert Band, towards the State Band Championships in Adelaide in August. \$200 is a donation, and the other \$500 is from the pageant fund to pay for music—they will march and play in the pageant.
- Pleasing to hear that Ignite Cheer and Dance won a gold medal in Brisbane
- Katrina arrives from Germany on Friday, so will be at changeover. She was born in England, but lives in the North Rhine/Westphalia region. She has a 17 year old brother and sisters aged 10 and 8. Her father is a senior manager, and mum teaches modern languages—they are not Rotarians.

Secretary Colin had nothing to report, but it was announced that he is transferring his membership to the e-club. He will still assist us with events when he can. He is to be District Treasurer for another two years.

Treasurer Steve has emailed a financial report to members. The marathon made about \$18,000 profit, but the scholarship and management fees still need to come out of that.

Community Director Colin added his thanks to those who helped with the race day catering.

- The two BBQ made about \$1283 and the corporate catering added another \$440
- The BBQ trailer needs sorting out, so if you want to help be at the shed at 9.30 this Friday morning.
- The NAIDOC BBQ at Gladstone Square on Friday will be from 10am to 1pm.
- Colin did the bottle collection all by himself on Monday, and 80 footballers at the park on the weekend boosted his takings to \$122!
- Please remember to register for changeover by 14th July. Some people have had trouble doing so online, but if the various links supplied don't work for you then you should be able to do it via the Port Augusta Rotary web-page.

Merv is looking for names of hosts and guests in the next week for the Guess Who's Coming to Dinner on 22 August.

Raffle: Fay drew Roly's number but he missed the jackpot. It was a good night for the fines box, with the marathon and race-day both providing fuel for some good fines.

Emily thanked us for our several years of involvement with the race day, and said that the marquee guests were particularly impressed with the BBQ that we provided this year.

President Helen thanked everyone for their tolerance over the past year, and closed her final meeting before changeover with the Four-way Test of the things we think, say and do.