

THE GOLDEN rotarian

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LA JOLLA GOLDEN TRIANGLE ROTARY CLUB'S NEWSLETTER

OCTOBER 09, 2015



Be a gift
to the world



Rotary

RI President 2015-16
K.R. **RAVINDRAN**

District 5340 Governor 2015-16
JANICE **KURTH**

LJGT Rotary President 2015-16
BEVERLY **FRITSCHNER**



calendar
EVENTS
and speakers

OCTOBER 2015 - *SPEAKER*

- 16.....Initiative to Prevent Women from Bleeding -
to Death at Childbirth
• Anders Seim •
- 23.....Prepare San Diego
• Bill Earley, CEO Red Cross •
- 30.....Inside the San Diego Central Library
• Jay Hill •

Honor Flight San Diego Jeffrey Hall



Jeff Hall is the current chairman of Honor Flight San Diego and is one of the founding members. He has also held the titles of director of logistics and vice-chairman. He has helped plan and execute over 14 "Trips of Honor" that has brought over 800 veterans to Washington, D.C. to see their memorials. The time he has spent with Honor Flight San Diego has enlightened him on how amazing are these humble heroes.

Jeff works as an Information Technology Manager for Cypher Analytics and supports the US Navy and the Space and Naval Warfare Command (SPAWAR). He has a degree in International Business from The Ohio State University and a Master's degree in Information Systems from University of Phoenix. He also served in the United States Army as a signals intelligence analyst and Korean linguist. **Jeff** has resided in San Diego for seven years. He was raised in Orange County, CA, but has resided in many other places to include Washington, D.C., St. Louis, Kansas City, Columbus, Ohio and even South Korea. He is married to his lovely and brilliant wife, **Suzy** and has two amazing children. **Delaney** is six years old and is in 1st grade and **Paxton** is four and half and is currently embarking on Pre-K.



Andrea Brannan
Reporter

REPORT

from last meeting



Susan Schwarz
Coordinator

UPCOMING REPORTER

OCTOBER 2015

- 16..... Jim Davies
- 19..... Ivan Mwanja
- 23..... Tom Hinton
- 30..... Linda Andrews

THE FOUR-WAY TEST

OF THE THINGS WE
THINK, SAY OR DO

1 | IS IT THE
TRUTH?

2 | IS IT
FAIR
TO ALL
CONCERNED?

3 | WILL IT BUILD
GOODWILL
AND BETTER
FRIENDSHIPS?

4 | WILL IT BE
BENEFICIAL
TO ALL
CONCERNED?

~Herbert J. Taylor

Our Club president **Bev** greeted us walking quite gingerly, something to do with Jr. Achievement, I'm sure there is more to the story there, but you will have to ask her yourself. We had a full schedule and a full house! Rotarians were kind enough to take turns eating at the table. Bev informed us that **Allan Galgut** and his lovely wife **Debbie** had both become Citizens of the U.S.A. and we were all delighted to have **Allan** lead us in the Pledge of Allegiance.

Past District Governor and **Club President Louise Andres** was Rotarian of the Day. She shared a terrific quote from **Mark Twain's** novel *The Innocents Abroad*

"Travel is fatal to prejudice, bigotry, and narrow-mindedness, and many of our people need it sorely on these accounts. Broad, wholesome, charitable views of men and things cannot be acquired by vegetating in one little corner of the earth all one's lifetime."

Louise then shared the many ways she herself has had the opportunity to meet and make friends from all over the world thanks to relationship with Rotary, whether acting as a host to visiting Rotarians, attending conventions or humanitarian projects abroad. She shared pictures and stories with us of Rotarian friends that she has made in Scotland, Australia- where at Kings Park in Perth; she witnessed a beautiful American Day Memorial Service. The service out shone anything she has seen here in the states. Attendants honored the U.S. WWII Veterans with wreaths and bagpipes. In Sydney, she saw Rotary being celebrated for a week with the changing colors of Rotary displayed on the Opera House and attended a special concert for Rotarians. **Louise** also took the opportunity to hold koalas! In New Zealand she made friends by playing boules and disrupting 12 lanes in one play! South Africa has a special place in her heart. She loves being involved with various life changing Rotary projects and also the national wildlife parks and Safaris to view all of the wonderful animals. Most recently **Louise** visited India, where she encountered the worst drivers and shared the road with various and surprising modes of transportation. When was the last time you saw an elephant peering in window on your commute? Her picture made the local newspaper (she has no idea what it says) addressed Rotarian members and guests with 3,000 in attendance, saw polio survivors and was able to immunize children for Polio.

"You will never be the same after travel."

Rick B. introduced many esteemed visiting Rotarians

and guests. There was cause for celebration as we wished **George Mannschreck** a very Happy 91st Birthday and newest Rotarian in the making, **Tucker James Hogue!** **Tucker** was brought into the world by happy parents **Sara** and **Jeff Hogue**, September 29th at 2:23pm weighing 9lbs 12oz and 21" long! Rotarians invited the club to mark their calendars for upcoming engagements, fund raisers, and volunteer opportunities. Please refer to "The President's Message" for more details.

Marty introduced our Student of the Month from Preuss School, **Sera Fuentes**. The award is for most academic improvement and service involvement. She shared with us how growing up in a low income community where the average mindset is to not even think about graduating high school, let alone college, she was encouraged and inspired by her teachers and advisors to be more. Thank goodness they did. Through their guidance and her involvement with La Cross, Theater, and working at the Dog Shelter, she has not only raised her GPA to a 4.0, she has also found a purpose in becoming a mentor for others. She is looking forward to attending college, where she will study Theatre and Psychology.

Speaker of the Day was **David Akin** with San Diego Water and Waste Management where he works as a customer advocate, focusing on customer service and satisfaction. He pointed out that 99.6% of the meter reads are accurate but there can be mistakes. He mentioned rebates available for grey water reclamation. He suggested that anything out on the market that helps minimize water waste is for the most part a good thing. Common culprits of using too much water and may be affecting your bill, are leaks with your appliances. Check your toilets, hose connections, water heaters, and washing machines. You may need to contact a plumber to help you locate hidden leaks, such as underground pipes.

Jump online for quick self-help www.sandiego.gov/water.com Call Customer Care Team 619-533-3500

For non-emergency email **David Dakin@sandiego.org** and share with him the details of your situation.

In closing "Whiskey is for drinking. Water is for fighting."



Bev Fritschner
President

Presidents Message

November 7 | 4.00 -7.00
FROM THE heARTS

In an effort to take the pressure off our primary fund raiser the Arts and Craft Beer Festival, **Dory Beatrice** had the idea of doing a smaller event requiring less work from the club—thus the FROM THE hearts idea was born. As Dory shared with us last Friday, this is a great opportunity to enjoy a most unique experience at the most unusual art gallery you will ever see. Our goal is to have 125 members, family, friends, and potential members enjoy this fun afternoon. Michael Leaf, the artist of the gallery, will join us Friday to share his art and enthusiasm for our joining him on November 7. Tickets will be available for purchase on Friday.

Congratulations to **Cynthia Villis** and moi and we are the first graduates of the new Rotary Leadership Institute. This three session series provides both training that will benefit you both professionally and with your Rotary leadership. Like all good high school seniors, we demonstrated our senioritis as we learned more about Effective Leadership Strategies, Rotary Opportunities, Public Image and Public Relations, Vocational Service and Expectations and Making a Difference before we received our leadership pins and photo session. Our graduation will also be celebrated at the District Promote Demote in June. Welcome President Elect **Marty Rosenstein** and Club Service Chair **Rick Binder** who started the program this past Saturday. The three sessions are offered three times during the year—I encourage you to take advantage of the leadership training through Rotary by completing the Leadership Institute.

WE HAVE BEEN CHALLENGED. . . TO STRIKE OUT POLIO. . . THROUGH BOWLING!

The La Jolla Club raised \$4000 for the End Polio Now campaign and has challenged the other La Jolla Clubs for a bowl-off on Saturday, November 14 from 2.00 – 4.00. So dust off your bowling shoes, shine your bowling ball, get out your bowling shirts and let’s show the other clubs how good we are and throwing a ball down an alley—as for my own skills—I do hold the honor of winning the Worst Bowling Trophy in junior high school!!

Many thanks to **Irwin Rubenstein, Marty Rosenstein, Jennifer Schaffer** and her husband Hal for serving lunch at the International Café this past Friday. Thank you, Irwin for your continued commitment to the students at UCSD.

TIME TO PARTY!

October 10 | 2.00 -6.00
Bonnie and Krishna Party

Enjoy an afternoon celebrating **Bonnie and Krishna Arora’s** new home and the chance to see and appreciate the wonderful art from Michael Leaf, the artist whose work will be highlighted the November 7 FROM THE hearts art show and cocktail reception. Come downtown early and enjoy the wonderful Little Italy Farmer’s Market. Sign-ups are required to gain entry into Bonnie and Krishna’s home.

October 17 | 6.00 PM
Millions for HOPE Foundation Gala
Del Mar Fairgrounds

This will be a spectacular evening headlined by special guest Rotarian International President K.R. “Ravi” Ravindran. Let’s support this important event and show other clubs why we are “the most dynamic Rotary Club in the World”. You can register through the Rotary District 5340 website.

October 23
Day at the ZOO

Contact Dennis Bucko at cdb@drbucko.com If you can help chaperone this fun event

October 24 | 9.00 AM
Seven Bridge Club Hike and Potluck

This wonderful 5.5 mile guided tour and mostly flat walk crosses the 7 bridges that accessed the San Diego historical streetcar routes to Downtown from the Balboa Park and Hillcrest areas. There are also shorter walks through the park and some of the bridges. Something for everyone! There will be a sign-up at the Friday Meeting.

December 12 | Holiday Party
Details to Follow

January 15-16
Rotary World Peace Conference
Ontario, CA

International Assembly
January 17-23
January 20
International District Governors Elect Dinner
Details to Follow

February 6
Road Rally
Contact **Linda Stouffer** at lstouffer@cbbank.com

La Jolla Golden Triangle
ROTARY CLUB
 Chartered - June, 1986 • La Jolla, California

P.O. Box 13023
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LJGT ROTARY LEADERSHIP 2015 - 2016

PRESIDENT	Bev Fritschner
PRESIDENT ELECT (2016-17)	Marty Rosenstein
VICE PRESIDENT ELECT (2016-17)	Alex Monroe
TREASURER	Sharon Council
SECRETARY	Rick Binder
PAST-PRESIDENT/FOUNDATION	Ron Kohl



Dave Wiegman
 Coordinator

UPCOMING
ROTD

- OCTOBER 2015**
 16..... Ryan Albrecht
 23..... Tom Hinton
 30..... Open

NOVEMBER 2015

ROTARIAN
 OF THE DAY



Pete Griffith

Pete Griffith, CPCU, ARM
 Teague Insurance
 Consulting Broker
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 Fax: 619-668-4715 or 619-464-1901
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Pete Griffith is on his way to retirement, having been in the Insurance Industry since graduating from UNC in 1968 and moving to San Diego to work for the Fireman's Fund Insurance in the "Mister A's" building on Fifth Ave. Insurance has taken **Pete** all over the world but from San Diego he went to Reno, where he and Connie had their first child, **Kim**. Pete returned to San Diego after a few enjoyable years traveling Nevada for "The Fund" helping to insure Casinos, municipalities, auto dealerships and whore houses. In San Diego, **Pete** formed his insurance agency and eventually merged with **Connie's** dad to form C. Lee Williams & Assoc. Inc.

Insurance and Rotary have been good to **Pete**, as he has received national recognition in both and has especially enjoyed his twenty years being able to teach insurance at San Diego State in their School of Business. Pete is especially thankful for Rotary, as it brought

Pete his second wife, **Dory**, after **Connie's** passing. Being able to help Charter our club and to serve as its President for 18 months, has been tremendously rewarding, right up there with being married to the "LJGT's Most Dynamic Past President", **Ms. Dory** .

Pete now looks forward to his club, district and Shelter Box service, along with his slowing business obligations to Teague Insurance, his successor. Increased visits to the Bay Area, along with keeping up with Dory on International Travel are in the works. **Dory** and **Pete** especially enjoy the visits with his daughters **Kim** and **Allison** and their families, comprised of husbands-**Scott** and **Mark** and five granddaughters under 13, **Isabel**, **Grace**, **Campbell**, **Lily**, and **Regan**.

Life is good for **Pete** and his Rotary makes it very Special!