

Norsk News, May 27, 2015

Guest: Vaughn Pakkula Student: Sunita Ameralikhit, Meredith Delwiche



Waan minute: She enjoyed playing in Golfing for Scholars. Her team was Brent, Patrick, and Peggy. She was so excited when she looked at the score board and saw that her team had the highest score! Peggy broke her heart when she explained that the lowest score wins. She also will be going to a wedding so she bought a new dress. On Memorial Day, she cooked an authentic Thai dinner at Judy's house for 15 people and it was so much fun.

Meredith Minute: She found out about where she will live and about her new family in the East of Thailand in the town of Ubon Ratchathani. Her new family has the two parents, a 20 year old son and a 17 year old daughter who will be away as a Rotary outbound student. There are also 5 Dogs!

Absent Members: Helwig, C., Helwig, S., Johnson, Olson, Witte, Kennicker, Rasmussen

Dates to Save!

- June 10th International Night at Kalscheur Park in Pine Bluff. 6:00 Don't miss it. Program includes Waan's farewell, information about our new student and Charter of the new Interact Club. \$10 for non-members and \$5 for children.
- Frolic coming up, June 11th – 15th. 1st prize vacation to Costa Rica! Sell your tickets.
- 10K Raffle will be August 19th

There will be a Budget meeting soon.. Watch for the date!

Heidi awarded almost \$10,000 in Scholarships at the High School on the 20th. She was inspired by the young people. The recipients were Audra Fleming, Justin Gorman, Sawyer Wedig, Braeden Buchanen, Blaine Bestul, & Keara Huemer. Nate Klopatic was the winner of the \$2000 Dr. Bud Grove Scholarship.

Golf Outing: Golfing for Scholars: There were 16 foursomes, 29 hole sponsors & 9+ corporate sponsors! Great time and beautiful weather.

Frolic Update: shift sheet will be emailed today. Rotarians, Please sign up for 3 shifts.

Program: Shawn Bollig, Jane Fassbinder, Jane Cox and Megan Hatfield Changed name from Energy Fitness Center to Energy Health and Wellness

Doing research on hormone imbalance. Did a 30 day hormone balance and weight loss program and all four lost weight. They found all kinds of things that could change including better eyesight. Told of one person who was able to stop diabetes medication and another whose blood pressure was reduced and stabilized. It is also a stress reducer. Jan Cox lost 15 pounds. Her acid reflux disappeared and she felt much better and then lost another 15 lbs.

Jun 03, 2015 Business Meeting

Board Meeting, 7 am Spring Garden

Jun 10, 2015 International Night

June 17, 2015 Dixie Burns lunch at the hotel

June 24, 2015 Jim Burns

July 1, 2015 Business Meeting



Meredith will be in East Thailand