



# The Sower

Official Publication of  
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984



WEEK OF MAY 18, 2012

## Lincoln South Officers and Directors

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### Rotary is on the Web!

Rotary International— [www.rotary.org](http://www.rotary.org)  
 District 5650—[www.rotarydistrict5650.org](http://www.rotarydistrict5650.org)  
 Lincoln South Rotary—  
<http://www.clubrunner.ca/CPrg/Home/homeS.asp?cid=6040>

### CLUB SERVICE TEAM ON DUTY

John Herdman  
 Jenny Cardwell  
 Brad Carter



### Visiting Rotarians and Guests

*Rotarians*— Chan Tyrell our speaker

*Guests*—Ellie Connot, guest of Jason Smith.

### HAPPY DOLLARS (For Health & Hunger)

Clay Ehlers, Dave Hilsabeck, John Herdman, Dick Wampler, Jenny Cardwell, Tom Cardwell, Chan Tyrell, Cheryl Brandenburg, Jason Smith, Bob Vrana, Harold Anderson and Pat Grewe.



### Lincoln South Rotary Clubrunner Links:

Meeting & speaker information:

<http://www.clubrunner.ca/CPrg/Home/speakers.asp?cid=6040>

Calendar of Events:

<http://www.clubrunner.ca/CPrg/Home/events.asp?cid=6040>



Reach Within to Embrace Humanity

### Future LSR Programs

- 5/25/12 *Deb McCaslin— Alliance for Smiles*
- 6/1/12 *NO MEETING AT THE KNOLLS— District Conference.*
- 6/8/12 *Group Study Exchange Team from India*
- 6/15/12 *TBA*
- 6/22/12 *Pat Grewe— Rotary International Convention 2012 Bangkok Thailand*
- 6/29/12 *TBA*
- 7/6/12 *Annual Meeting and Changing of the Guard*

### Events & Projects

- 6/1/12 & 6/2/12 *District Conference— Embassy Suites Omaha*

## Notes & Announcements

**Dues Statements**— Annual Dues statements have been emailed to all members. Due date for payment is 6/1/2012

**District Conference**— Mark your calendars for the District Conference to be held at the Embassy Suites in Omaha on June 1st & 2nd. See page 4 for the Agenda. Register today at [www.rotarydistrict5650.org](http://www.rotarydistrict5650.org). All new Paul Harris Fellows as well as those who have reached another level of giving are encouraged to attend the Foundation breakfast on Saturday 6/2/12 to take part in the awards ceremony.

**District Simplified Grant**—Joe Roberts announced that the LSR application for a grant for \$2,000 for the Hill Nature Outdoor Classroom has been approved. Congratulations.

**Foundation Promotion**—Joe Roberts announced that the Foundation is running a promotion through July 1, 2012 whereby anyone who enrolls in the Rotary Direct program to automatically contribute to the Foundation will receive double recognition points. Use the following link to learn more:

[http://www.rotary.org/en/Contribute/WaysToGive/Announcements/Pages/12march26\\_annc\\_rotarydirect.aspx](http://www.rotary.org/en/Contribute/WaysToGive/Announcements/Pages/12march26_annc_rotarydirect.aspx)



Congratulations to Tom Cardwell who has reached the next level of Foundation giving by giving in excess of \$2,000.

### PLACES TO MAKE UP

**Tuesday morning**—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:00 AM

**Tuesday Noon**— Lincoln #14-Nebraska Club at 13th & M.

**Wednesday 11:45 a.m.**—Lincoln East at Valentinos at 70<sup>th</sup> & Van Dorn

**2011-2012 Club Goals**

1. *Attain & Maintain 55 total members.*
2. *Increase number of female members & young professionals.*
3. *Hold periodic club assemblies.*
4. *Incorporate "New Generations" into current club service projects.*
5. *Maintain 100% sustaining membership in the Rotary Foundation.*
6. *Have a rewarding, unforgettable year!*

**PROGRAM**

Chan Tyrell, Vice President of the Foundation at Tabitha was our speaker for the day. Chan spoke to the club about Meals on Wheels which was started in 1967 for people who were convalescing from a hospital stay and has now become a program to help elders stay in their homes.

The program has become much more than providing meals as the volunteers may be the only social contact that many of the recipients get each day. The volunteers are also instructed to check the clients well being while they are there and alert the home office if something does not seem right. He told many stories of volunteers helping clients out of a dangerous health situation. Since all of the recipients are homebound, they represent a hidden population of sorts who has to make hard choices when money is tight. Sometimes food is the first thing they sacrifice.

The cost of the meals is \$5.50 (which represents the cost of the food only) but 70% of the recipients pay a reduced rate or nothing at all. Tabitha has committed to provide meals to anyone who is eligible, regardless of their ability to pay. This requires them to do additional fundraising to cover the cost of the program which is projected to lose approximately \$100,000 this year. Tabitha used to be able to subsidize the program from their reserves but with recent changes in Medicaid reimbursement, they are no longer able to do so.

Tabitha has a network of over 700 volunteers who work to deliver the meals each day. Since Tabitha delivers every day of the year including weekends and holidays, volunteers are needed 365 days a year. Since inception there have been only

15 days when meals did not get delivered because of the weather which is an astonishing record. The volunteer pool is also aging so Chan stressed the importance of getting the next generation involved.

This year Tabitha is serving in excess of 450 meals per day which is up 11% from last year so the need is growing.

Chan closed the program by giving Lincoln South Rotary a big thank you for providing volunteers for the program since 1995. Joe Roberts also thanked our own Ardel Harger who has coordinated the Lincoln South delivery teams since the beginning of the Lincoln South participation in the program. If anyone who has not volunteered is interested, please contact Ardel.

Also Chan made available donation envelopes for anyone who is interested in contributing funds for this great cause. Visit [www.tabitha.org](http://www.tabitha.org) for more information.



**Thanks to Ardel for a job well done!**

**QUESTIONS?  
COMMENTS?  
ARTICLES?**

**Contact Newsletter  
Editors**

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## 2012 DISTRICT CONFERENCE AGENDA

## FRIDAY, JUNE 1

- 8:00..... Registration
- 8:15..... Continental Breakfast
- 8:45..... Conference Opening
- 9:00..... Assembly  
 Rotary Organization  
 District Committee Reports  
 New Generations  
 International Convention Report  
 Public Relations  
 Report Council of Governors  
 Information Technologies
- 10:30..... Break
- 10:45..... Club Management  
 District Projects
- 11:30..... Luncheon – Key Note Speaker,  
 Columnist Brad Dickerson  
 Recognition of Club Anniversaries
- 1:30..... GSE Inbound Team from India
- 2:00..... Family of Rotary Support  
 Judy Vann  
 Membership Development
- 3:00..... Panel Discussion – Project Potentials
- 3:30..... Business Meeting
- 4:15..... Recess
- 6:00..... No Host Reception
- 7:00..... Celebrating New Generations Banquet  
 President-elect Dinner

## SATURDAY, JUNE 2

- 7:45..... Registration
- 8:00..... Foundation Breakfast  
 Memorial service  
 Foundation Awards  
 Foundation Program
- 9:00..... Morning Session  
 GSE Team to India  
 Ambassadorial Scholars  
 GSE Outbound  
 Rotary Alumni
- 10:30..... Break
- 10:45..... Rotary Leadership Institute  
 Interact  
 Rotaract  
 RYLA, Tom Cardwell
- 12:00..... Luncheon – Key Note Speaker,  
 Polio Activist, Ann Lee Hussey
- 1:15..... Parade of Future Rotarians
- 2:15..... Youth Exchange
- 2:45..... RYLA
- 3:00..... Rotaract
- 3:15..... Panel Discussion – Polio Plus
- 4:00..... Recess – Fun Frisbee Activity
- 6:00..... No Host Reception  
 Lied Jungle Tour
- 7:00..... President’s Banquet  
 “Rotary Out of Africa” – Comedian,  
 Dr. Kevin Fitzgerald