



The Sower

Official Publication of
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984



WEEK OF JUNE 5, 2015

Lincoln South Officers and Directors

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The Rotary Foundation- Joe Roberts jroberts@midfin.com	434-8050

PRESIDENT'S MESSAGE



Please use the following link to find the most current message from President Jenny Cardwell:

<http://portal.clubrunner.ca/6040/>

CLUB SERVICE TEAM ON DUTY

Brad Carter
Bernie Poppe
Darrel Huenergardt
Jessica Kolterman



HAPPY DOLLARS (For Polio Plus)

Bob Vrana, Tracey McLain, Sue O'Connell, Dick Wampler, Dick Miller, Kay Wunderlich, Clay Ehlers, Joyce Michaelis, Lance Odom and Jerad Reimers.



Visiting Rotarians and Guests

Frosty Kritchfield from Club 14, and Phil Tegeler our speaker

THE ROTARY FOUR-WAY TEST OF THE THINGS WE THINK SAY OR DO:

- ♦ Is it the TRUTH ?
- ♦ Is it FAIR to all concerned ?
- ♦ Will it build GOODWILL and BETTER FRIENDSHIPS ?
- ♦ Will it be BENEFICIAL to all concerned ?



Notes & Announcements

6/12/15	Luke Dorris, Chief Meteorologist Channel 8 KLKN TV
6/19/15	Heather Talbott, MSN, RN-Bryan Medical Center
6/26/15	Changing of the Guard— LSR Annual meeting.
8/28/15	Official visit of District Governor Rod Bates.
<u>Events & Projects</u>	
6/6/15	Lincoln South Foundation International Dinner at the home of John Herdman
6/6-6/9/15	Rotary International Convention in Sao Paulo Brazil
6/27/15	District 5650 Changing of the Guard— Day of Service Event at Mahoney State Park
8/21/15-8/22/15	District Conference— Mid America Center in Council Bluffs.

District Grants— the Board of Lincoln South Rotary again approved funds for a project this year. If approved, the District will match the funds 1 to 1. If anyone has suggestions or ideas for grant projects (can be a project of any amount up to \$3,000), contact Nicki Klein or Wayne Moore, who will be coordinating the District Grant process for the 2015-16 Rotary Year.

Lincoln South Foundation Fundraiser—The annual Lincoln South Foundation Fundraiser which will be an international dinner is scheduled at the home of John Herdman on June 6th. Each person is asked to bring a unique international dish. There will be a competition in each category of appetizer, soup & salad and main course. (Please bring your dishes to be judged by 5:30 pm) Social at 5 pm with dinner at 6 pm. Cost is \$25/person. This fundraiser provides funds for the \$500 mini-grants. Our grant recipient this year will be Girls on the Run.

Wayne Moore to be LSR 2016/17 President —The Lincoln South Board has designated Wayne Moore to serve as LSR president for the 2016-2017 Rotary Year. Congratulations Wayne and thank-you for your service to Rotary.

Day of Service Event— This is a District wide changing of the guard service event being held June 27th at Mahoney State Park involving several activities designed to be fun for families. Tom Cardwell needs help putting together one of the activities which is a Pirate scavenger hunt. Please contact Tom if you can help operate one of the stations. Admission to the day long event is \$35 for Rotarians and \$25 for guests. Kids 12 and under get in free. Lunch and dinner will be provided. The service project for the day will be filling backpacks with school supplies to be donated to the Salvation Army.

Strike Out Polio—Mark your calendars for August 1st for the annual Strike Out Polio event at a Lincoln Salt Dogs game. This event is for all Lincoln Rotary clubs. Tickets are \$16 per person which gives you access to air conditioned club seating if you need it. Rotary receives 1/2 of proceeds from the tickets sold by Rotarians to the event.



PLACES TO MAKE UP

Tuesday 7 a.m.—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.)

Tuesday Noon— Lincoln #14-Nebraska Club at 13th & M.

Wednesday Noon—Lincoln East at Valentinos at 70th & Van Dorn

PROGRAM

2014-2015 Club Goals

1. *Earn the Presidential Citation.*
2. *Attain & Maintain 55 total members.*
3. *Successfully utilize New Grant Program by submitting 1 District Grant and 1 Global Grant.*
4. *Increase \$ raised from Golf Tournament and Grocery Grab by 5% over prior year.*
5. *Increase Rotary Foundation giving to \$9,300 with 100% participation.*
6. *Continue to participate in End Polio Now giving at \$32/member level by using Happy \$ and participating in End Polio Now events.*
7. *Continue to have Club participation at District Level.*
8. *Host a Rotary Days event with other clubs in Lincoln.*
9. **HAVE FUN AS ROTARIANS IN SERVICE TOGETHER!**

Phil Tegeler, Executive Director of The Bridge Behavioral Health, formerly known as Cornhusker Place, was our speaker. The Bridge Behavioral Health is a professional, nationally-accredited treatment center, specializing in treating alcoholism and drug addiction in Lincoln for more than 30 years.



Their goal is to help men & women with limited financial resources heal the wounds of substance abuse and become contributing citizens. Their 3 main services include:

1. Withdrawal Services
2. Residential and Outpatient Treatment Services
3. Ongoing Recovery Support.

Phil shared some of the trends they have seen recently which include:

1. 25% increase in the use of voluntary medical withdrawal services in the past 2 years.
2. Greater medical needs of those they

serve.

3. An increase in type of drugs used such as K2 or other synthetic or prescription drugs.
4. Higher levels of impairment and intoxication
5. Higher number of children in foster care due to parent drug use. (52%).

Some of the immediate needs of the facility include:

- More beds
- More medical care
- Better layouts for best care practices
- A place to serve food. (Currently they have no on site commercial kitchen.)

They are currently seeking funds totaling \$1.5 million to remodel their facility. Go to their website thebrigenebraska.org to find out how you can give to the capital campaign or to the programs of the organization.

June Birthdays

Pat Grewe
 Jessica Kolterman
 Don Schoening
 Darrel Huenergardt
 Neal Lyons
 Kate Jarecke
 Wayne Moore

Rotary is on the Web!

Lincoln South-Meetings & Speakers
<http://portal.clubrunner.ca/6040/Speakers>

Lincoln South-Calendar of Events
<http://portal.clubrunner.ca/6040/Events/Calendar>

Rotary International— www.rotary.org
District 5650— www.rotarydistrict5650.org