



# The Sower

Official Publication of  
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984



WEEK OF AUGUST 23, 2013

## Lincoln South Officers and Directors

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<b>The Rotary Foundation-</b> Joe Roberts <a href="mailto:jroberts@midfin.com">jroberts@midfin.com</a>	434-8050

### CLUB SERVICE TEAM ON DUTY

Brad Carter  
Tom Cardwell  
John Herdman



### HAPPY DOLLARS (For Polio Plus)

Pat Grewe, John Herdman, Darrel Huenergardt, Tracey McLain, Joyce Schmeekle, Dick Miller, Don Anderson, Gene Swinton, Glen Friendt and Bob Vrana.



### ABC's of Rotary—THE OFFICIAL ROTARY FLAG

An official flag was formally adopted by Rotary International at the 1929 Convention in Dallas, Texas. The Rotary flag consists of a white field with the official wheel emblem emblazoned in gold in the center of the field. The four depressed spaces on the rim of the Rotary wheel are colored royal blue. The words "Rotary" and "International" are printed at the top and the bottom depressions on the wheel rim are also gold. The shaft in the hub and the keyway of the wheel are white.

The 1st official Rotary flag reportedly was flown in Kansas City, Missouri, in January 1915. In 1922 a small Rotary flag was carried over the South Pole by Admiral Richard Byrd, a member of the Winchester, Virginia, Rotary Club. Four years later, the admiral carried a Rotary flag in his expedition to the North Pole.

Some Rotary clubs use the official Rotary flag as a banner at club meetings. In these instances it is appropriate to print the words "Rotary Club" above the wheel symbol, and the name of the city, state or nation below the emblem. The rotary flag is always prominently displayed at the World Headquarters as well as at all conventions and official events of Rotary International.

### Lincoln South Rotary Clubrunner Links:

Meeting & speaker information:

<http://www.clubrunner.ca/CPrg/Home/speakers.asp?cid=6040>

Calendar of Events:

<http://www.clubrunner.ca/CPrg/Home/events.asp?cid=6040>

**Future LSR Programs**

**8/30/13** District Governor Jim Griesen— Official Visit 2013-2014 Rotary Year

**Events & Projects**

**9/20/13** Annual LSR Foundation wine tasting at the home of Tracey McLain

**Notes & Announcements**

**LSR 30 Year Anniversary**— Mark your calendar for the LSR 30 Year Anniversary Party Friday, April 25, 2014 at The Knoll's. The current plan is to have the social at 6:00 and the meal at 7:00. Other details will be provided as they develop.

**LSR Foundation Wine Tasting**—The annual wine tasting to raise funds for the Lincoln South Foundation is scheduled for Friday September 20, 2013 at the home of Tracey McLain. The club is looking for donations for bottles of wine for prizes for a wine pull which is new this year. Tickets for the wine pull are \$20 and tickets for the event are \$25.

**Red Cross Appreciation Game**—Brad Carter announced that volunteers are needed to help with the Red Cross Collections at the Southern Miss Game on September 7th. The game starts at 5:00 pm so volunteers should arrive between 3:30 and 4:00 in front of the South Stadium. When you sign up, please designate your t shirt size and whether you need a game ticket.

**RI Foundation**—Joe Roberts presented the club with a banner plate that he received at the Foundation Seminar recognizing Lincoln South for raising over \$100 per member for the Foundation this year. Thanks to everyone for another successful Foundation drive.

**Visiting Rotarians and Guests**

*Rotarians*—None

*Guests*—Scott Larsen and Mary Barton, our speaker.

**August Birthdays**

Bob Vrana  
Corey Vandewege  
Judy Krasomil  
Samip Patel  
Bob Obst  
Gene Swinton  
Cheryl Brandenburg



**PLACES TO MAKE UP**

**Tuesday morning**—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:00 AM

**Tuesday Noon**— Lincoln #14-Nebraska Club at 13th & M.

**Wednesday 11:45 a.m.**—Lincoln East at Valentinos at 70<sup>th</sup> & Van Dorn



**THE ROTARY FOUR-WAY TEST OF THE THINGS WE THINK SAY OR DO:**

- Is it the **TRUTH** ?
- Is it **FAIR** to all concerned ?
- Will it build **GOODWILL** and **BETTER FRIENDSHIPS** ?
- Will it be **BENEFICIAL** to all concerned ?

## PROGRAM

### 2013-2014 Club Goals

1. *Attain & Maintain 50 total members.*
2. *Continue to Build on our successful fundraising events.*
3. *End Polio Now.*
4. *Earn the Presidential Citation.*
5. *Successfully utilize the Future Vision Grant Program to enhance our service projects.*
6. *Continue our exceptional Rotary Foundation giving.*

### QUESTIONS? COMMENTS? ARTICLES?

#### Contact Newsletter Editors

Judy Krasomil

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Mary Barton who is a volunteer for Bridges of Hope was our speaker. Bridges of Hope is resource agency for the formerly incarcerated or soon to be released from prison. It grew from a program started by the pastor at Sheridan Lutheran Church.

Their mission is to accompany former offenders while they are moving out of correctional institutions and into the community.

Most prisoners are released with a change of clothes and \$100. They have no place to live, no job and may have no other civilian clothes, personal items or items needed to set up a home. Bridges of Hope has a 4,800 square foot warehouse which is stocked with essential items to set up a home after release from incarceration such as clothing, hygiene products, household items, kitchen items, microwaves, furniture, bedding and towels to name a few.

They serve men & women released from incarceration within the last 12 months. They are allowed to shop twice at the warehouse for needed items. They served 500 people in 2012.

The goal of the program is to help former offenders transition into the community and hopefully lower recidivism. Some statistics show why this is important. The 2012 budget for the Nebraska Dept. of Corrections was \$158 million. Each inmate costs approx. \$35,000 per

year. All 10 prisons in Nebraska are over capacity with a total 4,400-4,700 people in Nebraska prisons right now. 1 in every 31 adults in the US is either in prison, on parole or on probation.

Convicted felons face many challenges when they are released including job ineligibility, housing ineligibility and public assistance ineligibility. Bridges of

Hope provides appropriate clothing for job interviews or for the working environment.

What can you do? You can donate time, cash or goods. Community groups

such as Rotary can help organize the gathering of garage sale leftovers, arrange for pick up and delivery of donated items etc. or raise funds. Some of the items particularly needed right now are men and women's clothing in large sizes, men's shoes, esp. work boots, jackets, belts, women's underwear, esp. bras, unopened hygiene products, laundry and dish soap, full size beds, dressers and bookcases.

Currently the organization is run by all volunteers but it still costs about \$3,000 to pay operating expenses such as rent on the warehouse etc. The goal is to raise enough funds to pay an administrative staff which would cost about \$1,500 per month.

For more information visit their website at: [www.BridgestoHopeNE.org](http://www.BridgestoHopeNE.org)



**Rotary is on the Web!**

**Rotary International—** [www.rotary.org](http://www.rotary.org)

**District 5650—** [www.rotarydistrict5650.org](http://www.rotarydistrict5650.org)

**Lincoln South Rotary—**

<http://www.clubrunner.ca/CPrg/Home/homeS.asp?cid=6040>