



The Sower

Official Publication of
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984



WEEK OF SEPTEMBER 11, 2015

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PRESIDENT'S MESSAGE



Please use the following link to find the most current message from President Clay Ehlers:

<http://portal.clubrunner.ca/6040/>

CLUB SERVICE TEAM ON DUTY

Brad Carter
Jessica Kolterman
Sue O'Connell



HAPPY DOLLARS (For Polio Plus)

Bob Vrana, Kay Wunderlich, Cheryl Brandenburg, Joyce Schmeekle, Dan Kistler, Sue O'Connell, Tracey McLain, Craig Madison, Dick Miller, Dave Hilsabeck, Dick Wampler, Lance Odom and Don Anderson



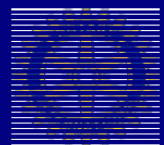
Visiting Rotarians and Guests

Doyle Hohlman and Dan Karmazine both from Club 14, Jim O'Hanlon, perspective member, Aaron, guest of Cheryl Brandenburg and Gina Cotton, our speaker.

This newsletter was also published in E newsletter format through ClubRunner

THE ROTARY FOUR-WAY TEST OF THE THINGS WE THINK SAY OR DO:

- ◆ Is it the TRUTH ?
- ◆ Is it FAIR to all concerned ?
- ◆ Will it build GOODWILL and BETTER FRIENDSHIPS ?
- ◆ Will it be BENEFICIAL to all concerned ?



- 9/18/15 *Chris Figureida— Cycle for Heart*
- 9/25/15 *Tammy Ward— Seniors Foundation*
- [Events & Projects](#)
- 9/11/15 *LSR Foundation Annual Wine Tasting Fundraiser at the home of Tracey McLain.*
- 10/17/15 *Rotary Leadership Institute—8 am to 3:30 pm in Des Moines Iowa.*



Rotary is on the Web!

Lincoln South-Meetings & Speakers

<http://portal.clubrunner.ca/6040/Speakers>

Lincoln South-Calendar of Events

<http://portal.clubrunner.ca/6040/Events/Calendar>

Rotary International— www.rotary.org

District 5650— www.rotarydistrict5650.org

Notes & Announcements

Meeting & Meals Effective 10-9-15—Lincoln South Rotary Club is moving to The Venue at 4111 Pioneer Woods Dr #100 - Lincoln Banquet Rooms* have outdoor entrances located "behind" The Venue (to the East of the restaurant)

With the move we will have a strict minimum charge. We want to encourage members to attend regularly to help ensure that we can meet our minimum. Effective 10-9-15 . . .

COST: \$15

VISITORS:

- - meeting credit requires attendance at the meeting and paying the meal price
- - \$10* is the price to get credit without meeting attendance (if this is acceptable by your home club)

PAYMENTS TO: Payments are made (checks payable to) Lincoln South Rotary Club

* this is being offered on a trial basis

Rotary Leadership Institute—Lincoln South Rotary Club has a proud tradition of promoting, developing and supporting our members and leaders. All members are encouraged to participate in Rotary Leadership Institute, a program offered through Rotary to enhance the Rotary experience of any Rotary Member.

The next sessions of Rotary Leadership Institute are October 17, 2015 in Omaha and October 24, 2015 (Part 1 only) in Des Moines, Iowa. Lincoln South Rotary will pay all registration fees. Contact Nicki Klein if you are interested in attending.

LSR Grant Applications—Lance announced that the Down Syndrome Association for Families of Nebraska has been selected as the recipient of the mini-grant for this year.

PLACES TO MAKE UP

Tuesday 7 a.m.—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.)

Tuesday Noon— Lincoln #14-Nebraska Club at 13th & M.

Wednesday Noon—Lincoln East at Valentinos at 70th & Van Dorn

Lincoln South Rotary Continues the Award-Winning Tradition



During the Rotary District 5650 Conference, celebrating the 2041-15 Rotary Year, Lincoln South Rotary Club and members were honored.

The Club was recognized for:

Outstanding Medium Club

#1 Club in the District in the Profile Point Program

Outstanding Youth Services Project - Medium Club

Rotary Days Project recognition

Per Capita Giving to The Rotary Foundation of over \$100

Members were also honored:

Tom and Jenny Cardwell were recognized for the Bequest

Society of The Rotary Foundation

Club Builder Awards were presented to Joseph Roberts and Nicolette Klein

Congratulations to Lincoln South Rotary Club and Jenny Cardwell for leading the club to another award-winning year.



PROGRAM

2015-2016 Club Goals

1. *Location, Location, Location!*
2. *Increase Membership by 10%-Through both RECRUITING and RETENTION.*
3. *Rotary Foundation Support- \$9,200 for the club (at least \$200/member).*
4. *Promote Bequest Society Enrollment.*
5. *Earn Presidential Citation*
6. *Promote Speaker Appreciation.*

Gina Cotton, Director of Development for Tabitha was our speaker. Gina spoke to the club about the full continuum of elder care at Tabitha which includes such services such as Meals on Wheels, Adult Daycare, Home Healthcare and Hospice to name a few.

Tabitha has a policy of serving all who request their services regardless of their ability to pay. They raise funds to fill in the gaps. Tabitha also takes the unique approach of listening to elders to determine what they want and need and then tailoring their services to fill the need

Tabitha has 1,200 employees serving 28 counties in the state of Nebraska. The main office at 48th and Randolph is primarily post acute care (rehab) and long term care. They have an independent living facility across the street and assisted living, light memory care and memory care at the Grace Point location.

Gina spent a good deal of time talking about their cutting edge Green Houses which are built like a residence but func-

tion as a full nursing home. Tabitha is the 2nd entity in the country to use the concept. The bedrooms are all around the outside of the house so each has a window view, and there is a big back yard. The residents are the only ones who actually reside in the home and a committee of residents has a say in many of operating decisions that impact them. The atmosphere and feel of the facility is like a home which helps the residents live with dignity.

Tabitha is just about to open a facility in Williamsburg on the campus of the Landing and they are also building another Green House in Crete.

- See more at: <http://lincolnsouthrotary.org/stories/september-11-at-lincoln-south-rotary/#sthash.OA9nowsp.dpuf>



September Birthdays

Scott Delisi
Joyce Schmeackle
Carl Olson
Henrik Christensen