



The Sower

Official Publication of
Lincoln South Rotary

Club #21799 - Chartered April 30, 1984



WEEK OF NOVEMBER 5, 2010

PRESIDENT'S CORNER

Lincoln South Officers and Directors

President– Tom Cardwell tcardwel@southeast.edu	402-228-8220
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Past President- Tracey McLain tracey.l.mclain@rbcdain.com	465-3814
Treasurer– Corey Vandewege corey@dsisupply.com	466-0440
Membership - Jessica Kolterman jessicak@nefb.org	421-4433
Public Relations– Carl Zeutzius czeutzius@unicogroup.com	437-7275
Club Administration– Brad Carter bcarter@woodspros.com	430-6223
Service Projects- Dave Hilsabeck dhilsabeck@hotmail.com	489-9792
The Rotary Foundation- Joe Roberts jroberts@midfin.com	434-8050



Thanksgiving is arriving soon. It always makes me think about how fortunate we are to have families, a place to live and food on the table. I am reminded constantly how lucky we are. To live in community that is relatively free of violence. To have family and friends, to have food in abundance (for most of us the problem is eating too much). To have access to health good care. To have a job or pension. To be able to spend time in recreational pursuits because we have both the time and resources to pursue them. We might think that we are blessed because we have these things but I would submit that other people are just as good as or better than us yet they lack some or all of these things.

Yes we work hard but we are also just lucky. We happen to live in the United States and in a state that is not subjected to hurricanes, has low unemployment and great schools.

I am reminded of Dan Wherry's and Nicki Klein's presentations to our club regarding their efforts to save lives in other countries. Spending their own money and time to help people. It is noble and it is something I am thankful to be associated with through Rotary. I am also reminded of Bob Vrana's service to us and all Americans as a soldier. He has placed himself in harm's way to help preserve our nation. I guess he trusts that we will honor his service by being good generous people and Rotarians.

I guess we should be humble this thanksgiving and thankful that we have what we have but mindful that it could change for the worse in a heartbeat. Maybe I am superstitious but I believe a little insurance against catastrophes is helping others with no expectation of reward other than the satisfaction of helping someone

Tom Cardwell

HAPPY DOLLARS (For Literacy)

Roger Vicroy, Jessica Kolterman, Rich Rowland, Nicki Klein, Brad Carter, Dean Heermann, Elise White, Joyce Schmeekle, Tom Cardwell, Clay Ehlers and Dick Miller.



CLUB SERVICE TEAM ON DUTY

Craig Madson
Roger Vicroy
Joe Roberts
Brad Carter



- 11/12/10 2010 Group Study in Brazil— Pam Thompson Leader “GSE Team Experience”.
- 11/19/10 Brandon Davis, Ambassadorial Scholar “Rotary Ambassadorial Scholar Experience”
- 11/26/10 NO MEETING— Happy Thanksgiving.

Events & Projects

NOV Foundation Month

12/11/10 Red Cross Appreciation Games, Men’s

PLACES TO MAKE UP

Tuesday morning—Sunrise Rotary at International House of Pancakes at 4501 North 27th (27th and Superior Ave.) at 7:00 AM

Tuesday Noon— Lincoln #14-Nebraska Club at 13th & M.

Wednesday 11:45 a.m.—Lincoln East at Valentinos at 70th & Van Dorn

Notes & Announcements

Nut Sales—Brad Carter reported that the nuts, chocolate and coffee have arrived. Sales kits are available that include one of each item (except coffee). Otherwise you can pick up items at the meetings or call Brad for special orders. We will be selling nuts at the Club 14 meetings on November 16th and December 14th. Anyone who is interested in helping on those days should see Brad or Nicki. *See pages 5 and 6 for the order form and flyers that you can email to friends.*

Red Cross Appreciation Basketball Games—The dates have been determined for the designated basketball games for Red Cross collections. Men’s game; Saturday 12/11/10 at 1:00 pm against TCU Women’s game; Saturday 12/11/10 at 7:00 pm against Northern Colorado. Sign up sheets will be available at future meetings.

Salvation Army Bell Ringing—Dave Hilsabeck reported that Lincoln South will be ringing bells for the Salvation Army again this year and volunteers are needed for the following days:

Westfield Gateway Food Court:

November 27th from 6pm to 9pm

December 2nd from 6pm to 10 pm

HyVee at 50th and O Street:

December 4th from 12pm to 4 pm.

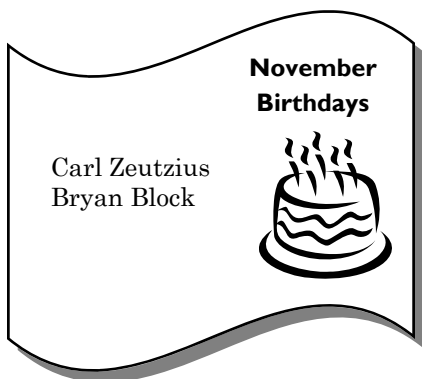
Shifts are one hour and we need 2 people to sign up for each 1 hour shift.

Giving Thanksgiving Food Volunteers Needed—Samip Patel reported that Lincoln South has again agreed to help the Center for People in Need distribute food for Thanksgiving dinners. Sign up sheets will be available at the next several meetings. *The distribution dates and times are listed on the flyer on page 7.*

Visiting Rotarians and Guests

Rotarians—Don Kucera, Dan Wherry & Craig Strong from Club #14 and Rich Rowland, past District Governor.

Guests—Steve Woita, Elise White’s dad and Pat Hartvarty.



Lincoln South Rotary Clubrunner Links:

Meeting & speaker information:

<http://www.clubrunner.ca/CPrg/Home/speakers.asp?cid=6040>

Calendar of Events:

<http://www.clubrunner.ca/CPrg/Home/events.asp?cid=6040>

PROGRAM

2010-2011 Club Goals

1. *Club Strength— Leave the club better than when I took office.*
2. *Club Growth— Attain and maintain membership of 55.*
3. *Support Polio Eradication.*
4. *Support critical project in one of 3 areas; Health & Hunger, Water or Literacy.*
5. *Maintain 100% sustaining membership in the Rotary Foundation.*
6. *Achieve the Presidential Citation*
7. *HAVE FUN!*

Joe Roberts told the club that November is Foundation month which means that all of the speakers for the next 3 weeks will describe Rotary programs that are funded by the Rotary International Foundation.

For our first Foundation program, Joe introduced Dan Wherry the District Chair for the Annual Program Fund. Dan spoke to the club about why it is so important for members to give to the Foundation and why “Every Rotarian-Every Year” is an important goal. Rotary gives individuals opportunities to serve in ways that no person could do on their own. Dan did not really understand this until he went to Bangladesh and participated in the Rotary National Immunization Days to give polio vaccine to children. Only then did he see first hand how powerful Rotary’s reach is.

The Rotary International Foundation is one of the most respected organizations in the world. One of the reasons is that 100% of contributions go to programs. This can be accomplished because of the SHARE system which requires all contributions to be invested untouched for 3 years and the interest from those invested funds are used to pay operating expenses. It is because of the Foundation that we can do our Rotary work, both locally and around the world.

Dan challenged Lincoln South to become a 100% sustaining member club this year by having all members give at

least \$100 to the foundation.

The mission of Rotary Foundation is *to enable Rotarians to advance world understanding, goodwill, and peace through the improvement of health, support for education, and the alleviation of poverty* which can be summarized in the motto which is “Doing Good in the World”. The Foundation has 6 areas of focus which include— peace and conflict prevention/resolution; Disease prevention and treatment; water & sanitation; maternal and child health; basic education and literacy and economic and community development.

Dan also updated the club on the status of the polio eradication project. There have been 753 cases of polio in the world this year compared to over 1,000 last year. To put this number in perspective, in 1985 there were 350,000 cases throughout the world. Cases have been dramatically reduced in polio endemic countries.

Dan discussed many of the projects undertaken around the world to help schools, eye clinics, hospitals, orphanages etc. As a result of Rotary projects to bring clean water to communities, 1,000 less children are dying every day.

Dan urged each member to make their contribution today. It only takes \$.28 per day to become a sustaining member. Use the small change in your pocket to make a big change in the world.



**QUESTIONS?
COMMENTS?
ARTICLES?**

**Contact Newsletter
Editor**

Judy Krasomil
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Rotary is on the Web!

Rotary International— www.rotary.org
District 5650— www.rotarydistrict5650.org
Lincoln South Rotary—

<http://www.clubrunner.ca/CPrg/Home/homeS.asp?cid=6040>

MEMBERSHIP MINUTE

Jessica Kolterman grew up in Seward and consequently loves the 4th of July. She has an undergraduate degree in political science degree and a Master's Degree from UNL. She worked for a state senator before she started her current job as a Lobbyist for the Nebraska Farm Bureau.



CHRIS DIETZ GRADUATES FROM RLI

Chris Dietz received her graduation Certificate from the Rotary Leadership Institute from past District Governor Rich Rowland.

Congratulations Chris!



SCOTT DELISI REACHES NEXT LEVEL OF GIVING

Scott Delisi was presented with a pin containing 2 stones which indicates that he has contributed \$3,000 to the Foundation.

Congratulations Scott and thank you for your commitment to the Rotary Foundation!



Thanksgiving Cards for BobVrana: The message below is from DeEtta Vrana:

I just got an email from Bob and he was indicating how much he looks forward to mail. Excuse me for being a bit assertive but I am promoting a Thanksgiving Shower Card for Bob. If you are so inclined to do so, please send Thanksgiving Greetings to Bob at:

*LTC Dale Vrana
67th BFSS
COB Adder
APO, AEO9331*

*It takes about 7-10 days for him to get his mail.
Thank You for considering this request.
DeEtta*



Lincoln South Rotary

The Sower Club

ANNUAL NUT SALE



Here it is - your opportunity to purchase unique and delicious nuts, coffees and chocolates from Lincoln South Rotary



Sample Pkg

Nuts

- Pecan Halves – 1 lb tub..... \$9.00
- Cashews – 12 oz. tub..... \$9.00
- Salted or Unsalted Almonds – 14 oz. pkg..... \$8.00
- Pistachios – 12 oz. tub..... \$8.00
- Deluxe Mixed Nuts – 1 lb tub..... \$8.00

Snack Mixes

- Tailgate Mix – 14 oz tub..... \$6.00
- Sweet Cajun Heat – 14 oz tub..... \$6.00
- Cross County Mix – 1 lb tub..... \$6.00



Sample Tub

Chocolate Covered Nuts

- Chocolate Covered Mixed Nuts – 12 oz. pkg.. \$8.00
- Chocolate Covered Cashews – 1 lb tub \$9.00
- Chocolate Covered Peanuts – 1 lb tub..... \$7.00
- Chocolate Covered Almonds – 14 oz. pkg \$8.00
- Chocolate Covered Pecan Clusters – 1 lb tub. \$8.00



Sample Coffee

Sweets

- Baker’s Chocolate Asst. – 12 oz tub..... \$9.00
- Yogurt Covered Pretzels – 12 oz tub..... \$5.00

Specialty Coffee Blends

- By Special Request



Baker's

If there is something you are interested in – just ask – we will see if we can order it; it is possible that not all products will be available at all sale sites; but orders can be taken for any product at any time.

For information or to place an order, contact:
Brad Carter: 430-6223; bcarter@woodspros.com
Dave Hilsabeck: 402-641-6721; dbhilsabeck@hotmail.com



**Lincoln South Rotary
Annual Nut Sales
Order Form**

All proceeds to community projects.

- | | |
|----------------------------------|--------------------------------------|
| Pecan Halves 1lb | Chocolate Covered Mixed Nuts 12 oz |
| Cashews 12 oz | Cashews or Peanuts 1lb |
| Salted or Unsalted Almonds 14 oz | Chocolate Covered Almonds 14 oz |
| Pistachios 12 oz | Chocolate Covered Pecan Clusters 1lb |
| Mixed Nuts (No Peanuts) 1lb | Baker's Chocolates, Ass. 12 oz |
| Tailgate Mix 14 oz | Yogurt Covered Pretzels 12 oz |
| Sweet Cajun Heat 14 oz | |
| Cross County Mix 1 lb | Coffee - By Special Request |

Rotarian: _____

Phone Number: _____

Thank you for supporting
Lincoln South Rotary
and our Service Projects!

Purchaser	Phone	9	9	8	8	8	8	8	8	6	6	6	8	9	7	8	8	9	5	Coffee - Special Requests Only	Total \$	Pd

Checks
to
Lincoln
South
Rotary



GIVING THANKSGIVING FOOD VOLUNTEERS NEEDED

It's that time of year again! The Center for People in Need is looking for volunteers to help with our Giving Thanksgiving event. Without volunteers we would not be able to serve our community. We need to have more than 300 volunteers for this event, so we are asking you and your organization for help. If you are interested in volunteering please continue reading for further information on dates and times.

Thanksgiving 2010 Volunteer Hours		
Saturday, November 20	Sunday, November 21	Monday, November 22
8:30 a.m.-11:00 a.m.	11:30 a.m.-2:30 p.m.	2:30 p.m.-5:30 p.m.
10:30 a.m.-1:30 p.m.	2:00 p.m.-4:30 p.m.	5:00p.m.-7:30p.m.
1:00 p.m.-4:30 p.m.		

Where: Center for People in Need

3901 North 27th St. Unit 1

Lincoln, NE 68521

Volunteer Duties may include: Handing out food to our clients, stocking,

Check In, directing people through distribution, check out

And carry out.

IF YOU CAN'T VOLUNTEER BUT WOULD STILL LIKE TO HELP PLEASE CONSIDER DONATING TO THE PROGRAM OR GIVE US A CALL TO DONATE FOOD FOR OUR VOLUNTEERS OR THANKSGIVING FOOD FOR THE DISTRIBUTION.

Contact: Kristi Medjo at kmedjo@centerforpeopleinneed.org (402) 476-4357 ext. 236 or Elizabeth Garcia at egarcia@centerforpeopleinneed.org (402) 476-4357 ext. 235