

The Windjammer

News from the Rotary Club of Portland, Maine

Tue Mar 04, 2014

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Hello Loretta! This email has been generated just for you as a member of our club. We hope you enjoy receiving this newsletter!

Editor David Smith

If you have any comments or questions, please contact the editor.

Speakers

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Dennis Wellman, Employer Support
Guard & Reserves
What is ESGR?

Mar 14, 2014

Todd Wynn
HydroPower in Maine

Mar 21, 2014

Kristen Miale, President Good Shepherd
Food Bank
Hunger in Maine

Mar 28, 2014

Boys & Girls Club
MOC and The Boys & Girls Club

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Second Vice President

Bowen Depke

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David Smith

Stories

03/7/14 MEETING LOCATION

Posted by David Smith on Mar 01, 2014

**WE ARE MEETING AT THE
CLARION, FRIDAY 03/7/14**

*03/07/14 DENNIS WELLMAN - EMPLOYER SUPPORT OF GUARD AND RESERVES (ESGR)

Posted by Loretta Rowe on Mar 02, 2014



Dennis P. Wellman is employed as the Employer Support Specialist for Employer Support of the Guard and Reserve (ESGR) program, Maine Committee. A DOD agency established in 1972 by Presidential Proclamation to gain and maintain Employer Support for the Guard and Reserve. Comprised of a National Committee of 55 States and territories with over 4,500 volunteers across the United States.

The ESGR's primary goal is to assist service members and employers in resolving Uniformed Service Employment & Reemployment Rights Act (USERRA) concerns, issues or problems related to employment.

Dennis' main responsibility is to build and maintain a positive working relationship between military members and their civilian employers. He works directly with the employers, military members and their families on employment and reemployment issues for all seven guard and reserve branches here in Maine.

Dennis was born at Dow Air Force Base in Bangor and is the oldest son of (Ret.) Air Force veteran Paul Wellman. Dennis graduated High School from Penquis Valley in Milo and holds Associate Degrees in Human Resource Management and Electrical & Mechanical Technology through Community College of the Air Force, as well as a Bachelor of Science degree in Education through the University of Maine at Orono. He retired from the Air National Guard in August 2013 as the State of Maine Human

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Resource Advisor, which included a combination of 12+ years of active Air Force service and over 21 years of Maine Air National Guard service. Dennis recently completed 25+ years of employment with the State of Maine Department of Labor as a Career Center Consultant & Veterans Program Manager, assisting displaced workers, specifically veterans, with employment, education and training needs. He managed the \$800 thousand federal veterans program grant.

He is a current member of American Legion Post 41 in Milo, Veteran of Foreign Wars Post 1761 in Bangor, the Disabled American Veterans, and a 27-year Appalachian Trail Club member.

02/28/14 DENNIS KING - VISION MAINE MENTAL HEALTH PARTNERS

Posted by Juliana L'Heureux on Mar 04, 2014

Dennis King, our presenter on Friday, is president of Maine Mental Health Partners and Chief Executive Officer of Spring Harbor Hospital. As a former Rotarian, he recognized the meaningful contributions our organization provides to the community. His talk described the mission, vision and values of Maine Mental Health Partners.

As a sister corporation to Maine Health, the Maine Mental Health Partners (MMHP) was founded in 2008 to build and sustain a high-quality and integrated system of mental health providers serving 11 counties in southern Maine. These affiliated Maine-based mental health care providers are now a fully coordinated and seamless system of behavioral health care.

Clinical integration includes the "Care First" continuum for individuals receiving behavioral and mental health care. This integration provides timely access to care, especially when patients and families don't know where to go, and includes a secure and confidential electronic record. This clinical and information integration will help MMHP to achieve the patient and family-centered goals of providing the right services, at the right time, for the right cost, for both acute care and outpatient services delivered close to home. This delivery system puts the individual first, with a focus on providing quality consistent with clinical outcomes, while managing the cost of care. "With every client, we envision that individual as a member of the community and this includes employment," Dennis said.

Since 2008, the MMHP network has grown to include Spring Harbor Hospital in Westbrook, Spring Harbor Community Services of Greater Portland, Community Counseling Center in Portland, Counseling Services, Inc., in Saco, and Mid-Coast Mental Health Center in Rockland. The network includes primary care offices offering onsite mental health treatment and telepsychiatry.

Spring Harbor Hospital is a non-profit tertiary hospital providing acute care for clients with mental illness in Southern Maine. A goal of the integration is to achieve a standardized system of providing mental health care with a particular focus on clinical outcomes. Success is demonstrated by moving people through the mental health system seamlessly, by decreasing the time spent by individuals in the high level or most expensive care.

Currently, mental health care is difficult to coordinate. MMHP will transform the way care is delivered by reducing the number of times a client must be admitted into the system to one time a year and focusing

on clinical outcomes across the care continuum.

On April 1, 2014, a new organizational structure will support the streamlined continuum and put the needs of the patient first. A visual mural was exhibited to demonstrate how complex the current mental health system is for those who must navigate through on their own.

“Care First” will reduce the cost and time lost by those who need services by improving access and providing timely care.

A question was asked about how mental health can be accessed in the criminal justice system? Dennis explained the jail diversion program currently in place in Cumberland and York Counties where 'Assertive Community Treatment' (ACT) teams are in place to divert people to treatment rather than jails. Nevertheless, there could be much more done to coordinate care in the criminal justice system.

He described the drug abuse problems in communities as “epidemic,” appearing to be especially prevalent in rural areas. In all aspects of providing mental health care and for people of all ages, the most important focus is to put the patient first.



Mark Harris, Dave Smith, Dennis King and Julie L'Heureux

02/28/14 BITS AND PIECES

Posted by Bill Blount on Mar 03, 2014



President John started the meeting calling on **Russ Burleigh** to present our invocation, who reminded us of a well-known Feb. 28th birthday boy, actor Charles Durning. Mr. Durning is a metaphor for our lives. Have we achieved ultimate greatness like George Washington, Gandhi or Nelson Mandela? Maybe not, but we soldier on in our uniqueness. Russ pointed out the many fine qualities of this soldier...actor...high achiever, who passed away in 2013 at the age of 90.

President John then asked former soldier **Bob Traill** to lead us in the

pledge to our flag.

After lunch, **President John** reconvened our meeting, telling us about his

attendance at the Frugal Feast dinner at Woodford's Church on Saturday, 2/22. **Steve Stromsky** further explained that the "feast" was a culmination of our "Stuff The Bus" program and that over \$1000 was raised in food and cash donations for the Preble Street Resource Center. We are not done...yet, so please consider making additional donations. Contact Steve for additional info.



Ellen Niewoehner made some announcements about our upcoming 'Spring Fling Auction' that will take place at our meeting on 3/14....requesting donations that will be used in the auction. Do you have a weekend at your vacation home you can donate....any unwrapped gifts with a \$25 value or more....services you can provide, like 2 hours of yard work....2 dozen cookies you will personally bake? Put your thinking caps on, folks. Items received to date will be posted on the "Home Page" of our club website.

We will also need the help of volunteers on that day and there will be signup sheets on next week's tables or you can contact **Ellen, Emily** or **Loretta** directly to volunteer.

Loretta announced to the club that when **Charles (Cuddy) Cohen**, Club President 1980-81, passed away in 2007, he left a request in his will for his wife, Catherine, to pass along on her death. Cathy passed away in July 2013 and the club was informed that we were bequeathed an amount of \$12,000+ to be used towards "The Rotary House" program, if it still existed and if it did not, the monies were to go for fellowship programs. So, thank you, Cuddy and Cathy, for remembering us. Those of us who had the pleasure of knowing you, will remember you.



Jon Young, adeptly handling our raffle draw, announced that the pot was up to \$552. Our speaker, Dennis King, drew **Julie L'Heureux's** name, but, alas, she drew the 3 of Clubs. The Queen of Hearts appears to be in winter hibernation.

Dave Small

announced that our Rotary Club has participated in a career day at Deering High School for several years, coaching interviewing skills to students and will do it again on the morning of March 12th. We need about a dozen volunteers for a couple of hours to help. If you can, contact Dave: dsmall@nelsonsmall.com or call him 775-5666.



A Portland Rotary Club standard - our weekly singing. Led by me (Bill), it seemed an easy pick when I selected "Smile and the World Smiles with You," or at least it did when I sang it to myself. Russ Burleigh, tickling the ivories, was convinced to play the tune that apparently was unfamiliar to the members. My leadership of that endeavor completely and utterly bombed. President John graciously pointed out that everyone was,

indeed, smiling afterwards.

Introduction of visiting guests included: Mark Harris at MaineHealth, John Kowalski and Valerie Markgren. John confessed that he found us through Facebook....the wonders of social media.

PREPARING FOR THE 2014-15 ROTARY YEAR

Posted by Loretta Rowe on Mar 02, 2014

PLEASE READ AND HEED....

HELP US GET READY FOR THE NEW ROTARY YEAR (2014-15):

1. Go to the club website and check your personal information to be sure it is correct. If you need help in doing so, please contact Loretta. Information for the roster is pulled from the website, so if it is wrong on the website, it will be wrong in the roster. You can make ANY changes to your personal or business information yourself. Again, if you need assistance/instructions, please contact Loretta.
2. Committee Preference Sheets will be emailed out shortly...so start thinking about which committees you would like to volunteer to serve on. You may also be contacted directly by the chair of the respective committees and personally asked to be on their committee.
3. If you are new to the club, please email a head-shot photo of yourself directly to Loretta to use in the roster....OR if you are in need/want of having your photo (re)taken, please contact Russ Burleigh to have one taken at a Rotary meeting.
4. Consider putting your company's ad or your own personal ad in the new roster...it helps defray the printing costs. Please contact Loretta and/or someone will be contacting you in the near future.

Loretta's email address: lrowe@maine.rr.com

Thank you.

03/07/14 THIS WEEK'S ASSIGNMENTS

Posted by Loretta Rowe on Mar 02, 2014

Invocator: Steve Ditmer
Program/Presentation Reporter: Gene Story
Bits & Pieces Reporter: Alan Nye
Registration: Steve Ditmer
Meal Ticket Sales: Justin Lamontagne
Greeter: Janelle LoSciuto
Raffle: Christine Force
Music - Song Leader: Steve Ditmer
Music - Piano Player: None
Sgt at Arms - Early: Jon Young
Sgt at Arms - Late: Jim Willey

2014 ON-THE-ROAD LOCATIONS FOR PORTLAND ROTARY MEETINGS

Posted by Loretta Rowe on Mar 02, 2014

If you would like to mark your calendars for our

'On-The-Road' locations that are coming up for the foreseeable future, here is where our meetings will be held:

Mar. 7 - **The Clarion Hotel**
 Mar. 14 - Holiday Inn By-the-Bay
Mar. 21 - Holiday Inn By-the-Bay
 Mar. 28 - Boys & Girls Club

Apr. 4 - **The Clarion Hotel**
 Apr. 11 - Holiday Inn By-the-Bay
Apr. 18 - Holiday Inn By-the-Bay
 Apr. 25 - **The Clarion Hotel**

May 2 - Holiday Inn By-the-Bay
 May 9 - Holiday Inn By-the-Bay
May 16 - Holiday Inn By-the-Bay
 May 23 - Holiday Inn By-the-Bay
 May 30 - Holiday Inn By-the-Bay

Jun 6 - **The Clarion Hotel**
 Jun 13 - Holiday Inn By-the-Bay
 Jun 20 - Holiday Inn By-the-Bay
 Jun 27 - **The Clarion Hotel**

Dates in **BOLD** are scheduled Board of Director meetings.

Any questions, please contact Loretta at: lrowe@maine.rr.com

FROM THE WORLD OF TENNIS (updated 3/4/14)

Posted by William Blount on Mar 04, 2014

THE ROTARY DOUBLES TENNIS LEAGUE - WINTER/SPRING 2014
 (updated 3/4/14)

Week 9 of 18. We are halfway through the Spring season and the race for the top is tightening up a bit. Find your substitutes early..a lot of folks on vaca for mud season.

TEAM 1	TEAM 2	TEAM 3	TEAM 4	TEAM 5	TEAM 6
J Barns	L Gross	J Bourdeau	D Seddon	B Lowry	S Blakeslee
P Noyes	Ken Ray	J Young	D Hall	F Thompson	B Blount
B Moore	C Bowker	D Putnam	H Herodes	A Chipman	R Asch
J Houghton	K Grammer	R Burleigh	L Young	E Jorgensen	J Carr
10	10	12	10	14	9

MISSED A PROGRAM?

Posted by David Smith on Feb 23, 2014



You can watch our recent Portland Rotary Club speakers on the Community Television Network website:

<http://ctn5.org/shows/rotary-club-speakers-series>

You can always find the link on the Portland Rotary Home Page!

Loretta's Commitments

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