

Subject: The Windjammer - Mar 21, 2014
Date: Tuesday, March 18, 2014 3:36 PM
From: Loretta Rowe <mailservice@clubrunner.ca>
Reply-To: "Rotary Club of Portland Maine" <windsor778@aol.com>
To: Loretta Rowe Irowe@maine.rr.com
Conversation: The Windjammer - Mar 21, 2014

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The Windjammer

News from the Rotary Club of Portland, Maine

Fri Mar 21, 2014

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Hello Loretta! This email has been generated just for you as a member of our club. We hope you enjoy receiving this newsletter!

Editor David Smith
If you have any comments or questions,
please contact the editor.

[03/21/14 MEETING LOCATION](#)
Posted by David Smith on Mar 15, 2014

Mar 21, 2014
Kristen Miale, President Good Shepherd
Food Bank
Hunger in Maine

Mar 28, 2014
Boys & Girls Club
MOC and The Boys & Girls Club

Apr 04, 2014
Baseball Legend Mort Soule
Casey at the Bat

Apr 11, 2014
Share Our Strength
Ending Childhood Hunger

Apr 18, 2014
Glenn Nerbak, Director Portland Mentoring
Alliance

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**FRIDAY 03/21/14,
WE ARE MEETING AT THE
HOLIDAY INN BY-THE-BAY**



[*03/21/14 KRISTEN MIALE, GOOD SHEPHERD FOOD BANK - HUNGER IN MAINE](#)
Posted by David Smith on Mar 16, 2014



Our speaker this week is Kristen Miale, President of the Good Shepherd Food Bank in Auburn since the Fall of 2012. She will be talking to us about the growing problem of hunger in Maine.

The Good Shepherd Food Bank is the largest hunger relief organization in Maine. It provides for those at risk of hunger by acquiring surplus and purchased food and distributing that food to more than 600 partner agencies across Maine. Since 1981, the Food Bank has partnered with individuals, businesses, and farmers to alleviate hunger and build community relationships. In 2011 the Food Bank distributed 13 million pounds of food to families in need.

"Kristen is the dynamic leader we have been looking for," said David Pierson, chair of the Food Bank's board of directors. "She is passionate about ending hunger in Maine, has a strong business background, and has earned the respect and confidence of the our board, employees and partners during her association with our organization over the past two years."

Kristen is the founder of *Cooking Matters for Maine*, a local chapter of *Share Our Strength's* nationally recognized cooking and nutrition education program for low-income families. After successfully launching the program in Maine in 2010, she brought it to Good Shepherd Food Bank in order to provide a greater opportunity to reach more families in need.

"People aren't hungry in Maine because there isn't enough food; they are hungry because they lack access to the food that is available," said Ms. Miale. "I am committed to working with our dedicated staff and partners to streamline the food delivery system and get fresher, healthier food to people in need. We also need to collaborate with more organizations that share our commitment to fighting hunger in our state."

Prior to her work with *Cooking Matters*, Kristen worked for over a decade in private equity and business consulting. After volunteering for hunger relief organizations, she decided to make her passion for ending hunger her occupation.

Kristen received her undergraduate degree from Boston College and her Masters in Business Administration from Boston University, where she studied both entrepreneurship and nonprofit management. She serves on the board of the Cumberland County Extension Association and

Director - Term Ending 2014
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[Toby Cook](#)

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[Mike Fortunato](#)

Director - Term Ending 2015
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[Maine Outdoor Challenge 2014](#)

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has been a board member and treasurer of Big Brothers Big Sisters of Southern Maine. She resides in Kennebunk with her husband and two sons.

03/14/14 HYDRO POWER IN MAINE

Posted by Garvey MacLean on Mar 17, 2014



Prez John Marr, Todd Wynn and Eric Lusk

On Friday, Todd Wynn, the Brookfield Renewable Energy Group's (BRE) man in Maine and New Hampshire gave us a fascinating and informative tour of Maine's foremost dam business, which provides one-fourth of the electricity consumed each day in Maine.

BRE is about producing and transmitting electricity. Hydro is their principle means of production. Hydro power turns out to be the easiest, oldest and most environmentally friendly means of creating kinetic energy.

Todd acknowledged the thousand-year-old water wheel. (The ancient Egyptians would suggest he amend his notes by an additional thousand years.)

The BRE maintains six facilities on three river systems in Quebec, in addition to the facilities they maintain on the Penobscot, the Kennebec, the Upper and the Lower Androscoggin, and the Saco rivers in Maine and New Hampshire. The average age of Maine's facilities is 92 years and they produce 25% of the electricity used in the State.

Todd identified safety, security, and stewardship (of the environment) as the three values which drive his company. BRE works with a variety of organizations, such as the Maine Warden Service, to promote recreation. It maintains launch systems for boaters; coordinates water flow from the dams for white water rafting; maintains fish ladders or passages at dam sites and conducts classes for fishermen on how to safely angle at or around a dam. He also took us on a brief picture tour of how a dam site works: from the storage reservoir through the penstock, by the turbine, and out the draft tube.

A few questions from the floor revealed that hydro is growing in other countries, but not in the U.S. BRE utilizes wind, solar and thermal power to produce electricity, but not tidal. There, it is only watching what's happening.

03/14/14 BITS AND PIECES

Posted by Ben Lowry on Mar 15, 2014

The meeting began on a sad note, with **PRESIDENT JOHN** re-announcing the passing of **EARLE LEAVITT's** wife, Peg, last week. We are all invited to pay our respects to the Leavitt family at The Atrium at The Cedars facility, 640 Ocean Avenue, Portland, on Wednesday (3/19) from 2:00 to 5:00 p.m.

KATHY GRAMMER presented the invocation; **RON BENNETT** conducted the raffle....with our speaker's (Todd Winn) name being drawn, but he missed out on a raffle pot of \$592, drawing the King of Diamonds. Then we all sang, "My Favorite Things" from the classic musical, "The Sound of Music."

March birthdays were announced and we regaled the lucky spring Rotarians in song.

PRESIDENT-ELECT KRIS ROSADO reminded us all how easy it is to form a team for the upcoming Maine Outdoor Challenge this June 2-4. In soliciting small donations online from friends and family, a team can be put together without the need for any extensive outlay of funds. It's easy...and for a great cause. See **KRIS** for details.

Both **PETER GOFFIN** and **PAUL TULLY** are off on vacations of differing sorts this week. **PETER** is headed to the Orlando area to watch his son Ben, a junior at Hamilton College, play baseball for the week, while **PAUL** and his wife, Barbara, are headed on a 10-day cruise of rivers in The Netherlands and Belgium aboard a small (190-passenger) vessel. Have fun!



Auctioneer Tom Ranello

Our "Spring Fling Auction" took place during the meeting and there was a lot of competitive bidding going on.



Ben Lowry

Thanks for the donations from the many members and companies who contributed and the generous bidding by all. Special thanks go to **LORETTA ROWE, EMILY McENTEE** and **ELLEN NIEWOEHNER** for their organizational expertise; to **TOM RANELLO** for his auctioneering excellence and to the member volunteers who helped with the auction. Results will be reported as soon as all figures are tallied.

(At right: Prez John Marr, Dave Seddon, Emily McEntee, Loretta Rowe and Ellen Niewoehner)



ROB CHATFIELD, featured in a recent local business publication, has a sign on his door that reads: "You can teach a turkey to climb a tree, but I'd rather hire a squirrel." Words to live by!

After a mention of singer Tony Bennett's recent passing, RUSTY ATWOOD asked those at his table to recall their favorite live performance. The responses were varied, from *Louis Armstrong* at UMO (for CHRISTINE FORCE), to *Jewel* at the 1999 Woodstock (for DAVE SEDDON), to *Ruth Brown* opening for *Ray Charles* (for RUSTY), to *Stevie Ray Vaughn* (for ROB CHATFIELD), and to third-row seating for *The Who* (for BEN LOWRY). But the hands-down winner was RUSS BURLEIGH, who not only saw *Luciano Pavarotti* live, but dined with him after the show!

Editor's note: After an extensive investigation, the Editor of this Windjammer has discovered that Tony Bennett did not die, but a British politician, Tony Benn, did (New York Times 3/15/14). Our valued and intrepid reporter, Ben, accurately reported what took place at the Rotary luncheon, so there was no reason to change the written piece. Moreover, this Editor believes that all efforts to honor Tony Bennett, dead or alive, should be reported.

PREPARING FOR THE 2014-15 ROTARY YEAR

Posted by Loretta Rowe on Mar 15, 2014

PLEASE READ AND TAKE ACTION....

HELP US GET READY FOR THE NEW ROTARY YEAR (2014-15):

1. **Go to the club website and check your personal information to be sure it is correct.** Information for the roster is pulled from the website, so **if it is wrong on the website, it will be wrong in the roster.** You can make ANY changes to your personal or business information yourself. If you need assistance/instructions or would prefer us to make the changes, please contact Loretta.
2. Committee Preference Sheets for next year are out...so start thinking about which committees you would like to volunteer to serve on. **IF YOU HAVEN'T RETURNED THE SHEET OR YOUR PREFERENCES TO LORETTA YET, PLEASE DO SO ASAP.** You may also be contacted directly by the chair of the respective committees and personally asked to be on their committee.
3. If you are new to the club (since last July 1), please email a head-shot photo of yourself directly to Loretta to use in the roster....OR if you are in need/want of having your photo (re)taken, please contact Russ Burleigh to have one taken at a Rotary meeting.

4. Consider putting your company's ad (or your own personal ad) in the new roster...it helps defray the printing costs. Please contact Loretta and/or someone will be contacting you in the near future.

Loretta's email address: lrowe@maine.rr.com

Thank you.

03/21/14 THIS WEEK'S ASSIGNMENTS

Posted by Loretta Rowe on Mar 15, 2014



Invoker: Bruce Jones
Program/Presentation Reporter: Janelle LoSciuto
Bits & Pieces Reporter: Bruce Jones
Registration: Laura Young
Meal Ticket Sales: Don Tuski
Greeter: Loretta Rowe
Raffle: Rusty Atwood
Music - Song Leader: Bill Blount
Music - Piano Player: Russ Burleigh
Sgt at Arms - Early: Mac Collins
Sgt at Arms - Late: Chase Bowker

2014 ON-THE-ROAD LOCATIONS FOR PORTLAND ROTARY MEETINGS

Posted by Loretta Rowe on Mar 15, 2014

If you would like to mark your calendars for our 'On-The-Road' locations that are coming up for the foreseeable future, here is where our meetings will be held:

Mar. 21 - Holiday Inn By-the-Bay
 Mar. 28 - Boys & Girls Club

Apr. 4 - **The Clarion Hotel**
 Apr. 11 - Holiday Inn By-the-Bay
Apr. 18 - Holiday Inn By-the-Bay
 Apr. 25 - **The Clarion Hotel**

May 2 - Holiday Inn By-the-Bay
 May 9 - Holiday Inn By-the-Bay
May 16 - Holiday Inn By-the-Bay
 May 23 - Holiday Inn By-the-Bay
 May 30 - Holiday Inn By-the-Bay

Jun 6 - **The Clarion Hotel**
 Jun 13 - Holiday Inn By-the-Bay
 Jun 20 - Holiday Inn By-the-Bay
 Jun 27 - **The Clarion Hotel**

Dates in **BOLD** are scheduled Board of Director meetings.

Any questions, please contact Loretta at: lrowe@maine.rr.com



FROM THE WORLD OF TENNIS (updated 3/18/14)

Posted by William Blount on Mar 18, 2014

THE ROTARY DOUBLES TENNIS LEAGUE - WINTER/SPRING 2014 (updated 3/18/14)

Get Enthused! The standings are tightening up! Please do not be discourteous to your group. The expectation is that you are in the building AND ready to play at 5:30 PM SHARP. The 4-Way test applies.

TEAM 1	TEAM 2	TEAM 3	TEAM 4	TEAM 5	TEAM 6
J Barns	L Gross	J Bourdeau	D Seddon	B Lowry	S Blakeslee
P Noyes	Ken Ray	J Young	D Hall	F Thompson	B Blount
B Moore	C Bowker	D Putnam	H Herodes	A Chipman	R Asch
J Houghton	K Grammer	R Burleigh	L Young	E Jorgensen	J Carr
14	12	17	11	15	12

MISSED A PROGRAM?

Posted by David Smith on Feb 23, 2014



You can watch our recent Portland Rotary Club speakers on the Community Television Network website:

<http://ctn5.org/shows/rotary-club-speakers-series>

You can always find the link on the Portland Rotary Home Page!

Loretta's Commitments