

Subject: The Windjammer - Mar 28, 2014
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From: Loretta Rowe <mailservice@clubrunner.ca>
Reply-To: "Rotary Club of Portland Maine" <windsor778@aol.com>
To: Loretta Rowe lrowe@maine.rr.com
Conversation: The Windjammer - Mar 28, 2014

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The Windjammer

News from the Rotary Club of Portland, Maine

Fri Mar 28, 2014

[Home](#)

Hello Loretta! This email has been generated just for you as a member of our club. We hope you enjoy receiving this newsletter!

Editor David Smith

If you have any comments or questions, please contact the editor.

Stakes

[03/28/14 MEETING LOCATION](#)

Posted by David Smith on Mar 23, 2014

Speakers

Mar 28, 2014
Boys & Girls Club
MOC and The Boys & Girls Club

Apr 04, 2014
Baseball Legend Mort Soule
Casey at the Bat

Apr 11, 2014
Share Our Strength
Ending Childhood Hunger

Apr 18, 2014
Glenn Nerbak, Director Portland Mentoring
Alliance

May 16, 2014
TBD
District Conference/Portland Rotary
Meeting

[View entire list...](#)

Club Executives

President
[John Marr](#)

First Vice President
[Kris Rosado](#)

Second Vice President
[Bowen Depke](#)

Treasurer
[Scott Blakeslee](#)

Executive Secretary
[Loretta Rowe](#)



FRIDAY 03/28/14

WE ARE MEETING AT THE

BOYS AND GIRLS CLUB

277 CUMBERLAND AVENUE, PORTLAND



[*03/28/14 PARTNERS: BOYS AND GIRLS CLUB/THE MAINE OUTDOOR CHALLENGE](#)

Posted by Loretta Rowe on Mar 24, 2014



Our program this Friday will be our own member, Bob Clark, CEO of Boys & Girls Clubs of Southern Maine (the Clubs). For the past 100+ years, the Clubs' area of service has grown well beyond their roots in downtown Portland, to include South Portland, Auburn/Lewiston, Riverton Park, Sagamore Village and communities surrounding those locations.

At the Clubs, kids and teens walking through the doors find a welcoming and supportive place to spend their time after school and during the summer. It's a safe haven for many youth, where they can find help with challenges in their lives, plus encouragement and opportunity toward bright futures. At the Clubs, they continue to maintain an annual membership fee of \$5 for a broad range of youth development programs – and no child is turned away if unable to pay.

Imm. Past President/Director 2013-14
[Cyrus Hagge](#)

Administrative Coordinator
[Elise Hodgkin](#)

Club Protection Officer
[Kath Grammer](#)

Communications-Ext PR Chair
[Bowen Depke](#)

Communications-Bulletin/Editor
[David Smith](#)

Web Administrator
[Erik Jorgensen](#)

Director - Term Ending 2014
[Eric Lusk](#)

Director - Term Ending 2014
[Charlie Frair](#)

Director - Term Ending 2015
[Toby Cook](#)

Sergeant-at-Arms
[Mike Fortunato](#)

Director - Term Ending 2015
[Steve Stromsky](#)

[Maine Outdoor Challenge 2014](#)

[Maine Outdoor Challenge 2014](#)

[Portland Rotary Constitution](#)

[Portland Rotary Bylaws](#)

At Boys & Girls Clubs, children and teens find supportive adults who enable them to develop skills and interests that last a lifetime. Youth find confidence and, most of all, hope as they aspire to reach their full potential as productive, responsible and caring students and citizens.

The legacy of this organization is made possible by the incredible combination of board, staff, volunteers, alumni members and community supporters.

Bob is proud to have some of his staff and members available directly following our meeting for a full tour of the facilities.

[03/21/14 HUNGER IN MAINE](#)

Posted by Garvey MacLean on Mar 24, 2014



Our speaker this week was Kristen Miale, President of the The Good Shepherd Food Bank (the Food Bank). It is a state-wide hunger relief program; a "grocery store" for its 600 'partners'.....food distribution locations, such as food pantries, across the State. It has three main centers from which it delivers this food: Brewer, Auburn (the largest), and Biddeford. The

Food Bank charges its 'partners' at the rate of ten cents per pound.

Maine has the most serious hunger problem in New England. Over 200,000 Mainers suffer from food insecurity--the inability to access nutritious food, or sometimes even any food, on a regular basis. Of that number, more than 60,000 are children. To help these children, one of the programs Good Shepherd runs is the Back Pack Program. Recognizing that hunger perpetuates poverty and can lead to serious health problems, the Program seeks to provide nutritious food for the young, in school as well as over week-ends and during vacations.

In the not so distant past, the Food Bank could acquire most of its food from large grocery stores and supermarket chains. Those chains however, have sought to become more efficient in the amounts of different foods that they carry. Thus, the Food Bank has been forced to reach out to other sources for its product. This means that it must use refrigerated trucks to make deliveries, nevertheless keeping at least half of what's delivered fresh. It has a special program designed to keep on delivering fresh produce called "Mainers feeding Mainers." Food is bought directly from Maine farmers. This has required that such farms continue to exist in this State and, to that end, the Food Bank has become an advocate for farmers.

Among other programs that the Food Bank runs are those that provide food to places where seniors live or congregate, mobile pantries that bring food to remote areas and cooking programs teaching how to prepare nutritious meals, thereby, hoping to eliminate chips and sugary drinks.

The strategic plan of the Food Bank is plain:

1. Increase nutrition: the need is not only for food, but also access to the right

1. Increase demand and need is not only for food, but also access to the right food. Obesity and diabetes are the other side of hunger.
2. Efficiency: waste food source is eroding- new sources of food exist, but require business model innovations.
3. Equity: everyone in Maine should have equal access to nutritious food.
4. Advocacy: we cannot just feed the hungry; we must represent them.
5. Long term solution: continue to feed the need, but also work to shorten the line.



Kristen Miale, President of the Good Shepherd Food Bank and member, Becky Wright at left.

03/21/14 BITS AND PIECES

Posted by David Smith on Mar 24, 2014

PRESIDENT JOHN opened the meeting with a reference to last week's honoring of Tony Bennett at his death when, in fact, he was still alive. We need to be more accurate in our accounting of information in the future. **BRUCE JONES** then gave the invocation, comparing the fullness of life to a jar filled with rocks, pebbles, sand, and, of course, always leaving time for a beer.

We then sang a decent version of God Bless America. Later on, led by **AL SARGENT**, we sang an unbelievably rhythmless, off-key version of "Happy Days Are Here Again." We need to practice until our luck improves.



JIM WILLEY came forward to make a pitch for volunteers to review old minutes of Club meetings for presentations to be made at future Club meetings during 2015, our centennial year. It's fun.....so if you're interested, contact JIM at: jimandbarbarawilley@gmail.com or 272-5926.

The raffle, conducted by **RUSTY ATWOOD**, was worth \$604. The ticket, drawn by our guest speaker, Kristen Miale, was **RUSTY'S**. He saved himself a lot of grief and great pain, however, by drawing the three of diamonds.

Some members just like to hang around to catch up on what's happening in each other's lives.

Austin Harris and Rick Snow at right.



A NOTE FROM THE FOUNDATION COMMITTEE - AMY CHIPMAN, CHAIR

Posted by Amy Chipman on Mar 24, 2014

Two Foundation Grant Management seminars will be held in the next couple of weeks. Rotary International requires all clubs to attend one of these seminars on an annual basis...with two attendees from each club...expecting the Club President, President-elect and Foundation chair to attend, but any and all members are welcome.

The first seminar will be this Saturday, March 29th, at the Westbrook Middle School Cafe from 8:30 - 11:30 a.m. The Middle School is located at 471 Stroudwater Street in Westbrook.

The second seminar will be held on April 3rd, at the Red Cross Chapter in Topsham across from the entrance to Highland Green from 5:00 - 8:30 p.m.

A light meal will be provided at the opening of each with the actual meeting starting 30 minutes later. I, Amy, plan on going to the April 3rd meeting. Would anyone like to join me? If so, please call me on my cell phone at 841-2123 or email me at: achipman@maine.rr.com and I will register you!!

Thank you.
Amy Chipman, Foundation Committee Chair

PREPARING FOR THE 2014-15 ROTARY YEAR

Posted by Loretta Rowe on Mar 15, 2014

PLEASE READ AND TAKE ACTION....

HELP US GET READY FOR THE NEW ROTARY YEAR (2014-15):

1. **Go to the club website and check your personal information to be sure it is correct.** Information for the roster is pulled from the website, so **if it is wrong on the website, it will be wrong in the roster.** You can make ANY changes to your personal or business information yourself. If you need assistance/instructions or would prefer us to make the changes, please contact

Loretta.

2. Committee Preference Sheets for next year are out...so start thinking about which committees you would like to volunteer to serve on. **IF YOU HAVEN'T RETURNED THE SHEET OR YOUR PREFERENCES TO LORETTA YET, PLEASE DO SO ASAP.** You may also be contacted directly by the chair of the respective committees and personally asked to be on their committee.
3. If you are new to the club (since last July 1), please email a head-shot photo of yourself directly to Loretta to use in the roster....OR if you are in need/want of having your photo (re)taken, please contact Russ Burleigh to have one taken at a Rotary meeting.
4. Consider putting your company's ad (or your own personal ad) in the new roster...it helps defray the printing costs. Please contact Loretta and/or someone will be contacting you in the near future.

Loretta's email address: lowe@maine.rr.com

Thank you.

03/28/14 THIS WEEK'S ASSIGNMENTS

Posted by Loretta Rowe on Mar 23, 2014



Invoker: Garvey Maclean
Program/Presentation Reporter: Carl Spang
Bits & Pieces Reporter: Bob Martin
Registration: Rusty Atwood
Meal Ticket Sales: Jan Chapman
Greeter: Don Zillman
Raffle: Ellen Niewoehner
Music - Song Leader: Kathy Grammar
Music - Piano Player: None
Sgt at Arms - Early: Bruce Moore
Sgt at Arms - Late: Harold Crabill

2014 ON-THE-ROAD LOCATIONS FOR PORTLAND ROTARY MEETINGS

Posted by Loretta Rowe on Mar 24, 2014

If you would like to mark your calendars for our 'On-The-Road' locations that are coming up for the foreseeable future, here is where our meetings will be held:

Mar. 28 - Boys & Girls Club

Apr. 4 - **The Clarion Hotel**

Apr. 11 - Holiday Inn By-the-Bay

Apr. 18 - Holiday Inn By-the-Bay

Apr. 25 - **The Clarion Hotel**

May 2 - Holiday Inn By-the-Bay



May 9 - Holiday Inn By-the-Bay
 May 16 - Eastland/Westin - Coincide with District Conference
 May 23 - Holiday Inn By-the-Bay
 May 30 - Holiday Inn By-the-Bay

Jun 6 - **The Clarion Hotel**
 Jun 13 - Holiday Inn By-the-Bay
 Jun 20 - Holiday Inn By-the-Bay
 Jun 27 - **The Clarion Hotel**

Dates in **BOLD** are scheduled Board of Director meetings.

Any questions, please contact Loretta at: lrowe@maine.rr.com

[FROM THE WORLD OF TENNIS](#) (updated 3/18/14)

Posted by William Blount on Mar 18, 2014

THE ROTARY DOUBLES TENNIS LEAGUE - WINTER/SPRING 2014
 (updated 3/18/14)

Get Enthused! The standings are tightening up! Please do not be discourteous to your group. The expectation is that you are in the building AND ready to play at 5:30 PM SHARP. The 4-Way test applies.

TEAM 1	TEAM 2	TEAM 3	TEAM 4	TEAM 5	TEAM 6
J Bams	L Gross	J Bourdeau	D Seddon	B Lowry	S Blakeslee
P Noyes	Ken Ray	J Young	D Hall	F Thompson	B Blount
B Moore	C Bowker	D Putnam	H Herodes	A Chipman	R Asch
J Houghton	K Grammer	R Burleigh	L Young	E Jorgensen	J Carr
14	12	17	11	15	12

[MISSED A PROGRAM?](#)

Posted by David Smith on Feb 23, 2014



You can watch our recent Portland Rotary Club speakers on the Community Television Network website:

<http://ctn5.org/shows/rotary-club-speakers-series>

You can always find the link on the Portland Rotary Home Page!

Loretta's Commitments