



Hello Bernie! This email has been generated just for you as an active member of our club. We hope you enjoy receiving this newsletter!

Stories

Breakfast Event for 24th September 2013: Club Information Session

A club information meeting this week with presentations from (1) George Mackey - Youth Services Director; (2) Justine Murphy - On to Conference organiser; and (3) Jillian Cavanagh - job talk.

George will present a detailed view of:

- Youth Services strategy for FY14
- The thinking behind the review of the Silk Miller Scholarship
- The status of efforts to establish Rotary as a formal part of the educational capability of a source school.

Duty Roster for 24 September 2013

Chair	Kevin Love
Sergeant	Mary Voice
Greeter	George Mackey
Reporter	Herb Greenwood
Photographer	Jillian Cavanagh
Door	Patrick Barry
Director Report (Foundation)	Kay Stevens
Bulletin Editor	Kerstin Steiner



Upcoming Events

Board Meeting
RACV City Club

Oct 16, 2013 at 06:00 PM – 07:30 PM

Paul Harris Breakfast
RACV City Club

Nov 13, 2013 at 07:30 AM – 09:00 AM

Board Meeting
RACV City Club

Nov 20, 2013 at 06:00 PM – 07:30 PM

Speakers

Meeting Report from 17 September 2013

Reporter, David Jones

Chairman for the day, Richard Stone opened the meeting and proposed the toast to Rotary International.

President Doug welcomed visiting Rotarian Terry Valentine, Police Mentoring programme mentoree Assistant Commissioner Jack Blaney, visitor David Cunningham, the Presidents spouse Pam Robertson and guest speaker Richard Milne.

Club Announcements

- The Club is looking at the Community Village being in place for the AFL final night. More details will follow later.
- Kay Stevens promoted the annual **Paul Harris Breakfast** set for Wednesday 13th November – tickets can be purchased from Try Booking at <http://www.trybooking.com/62083>

Director's Report (Fundraising)

Greg promoted our principal fundraiser– the play “The Greatest is Love” featuring Glenda Linscott and Roland Rocchiccioli – 3.00pm, Sunday October 20th at the Melbourne Town Hall. Members are asked to contact their associates, friends and family and to use the very professional flyer and promotion material provided in an email promotion. Seating capacity is 800 – i.e. approximately 20 per member. Seat sales have commenced, via Oztix link on the club website..

Our 'Food, Fun and Funds event' have been well received with the “Fortune Cookie” dinner clearing \$2,500, an excellent result and many thanks to Yanpu.

The next fundraising activity is dinner at home of Alan and Robyn Seale which is already SOLD OUT. If you missed out, get your bookings early next time as places are limited.

President's Announcements

President Doug thanked Yanpu for organising the very successful first fundraising dinner.

He also mentioned that:

- The next monthly Board meeting will be held on Wednesday 18th Sept.
- The District Cluster meeting of Presidents will also be held later this week.
- Five members are attending a seminar on Foundation Grants.

Sergeant's Session

Deputy Sergeant Mary continued her expose' of 'Not generally known interests of our members'. David Jones was in the firing line this time and Mary



Oct 01, 2013

Mr Geoffrey Goode

Proportional Representation

Nov 05, 2013

NO MEETING THIS WEEK
(Melbourne Cup Holiday)

Nov 12, 2013

NO REGULAR MEETING TODAY
Paul Harris breakfast tomorrow

Nov 13, 2013

The Hon. Justice Chris Maxwell
2013 ROTARY FOUNDATION PAUL HARRIS BREAKFAST

Dec 17, 2013

CHRISTMAS PARTY

Dec 24, 2013

NO REGULAR MEETING THIS WEEK (Christmas Eve)

Dec 31, 2013

NO REGULAR MEETING THIS WEEK (New Years Eve)

Jun 17, 2014

Police Mentoring Program 2014 Graduation Breakfast

Jun 24, 2014

NO REGULAR MEETING THIS WEEK

[View entire list](#)

Bulletin Editor

Kerstin STEINER (If you have any comments or questions, please contact the editor)

Sponsors



uncovered that David has an interest in the endangered Monarch butterfly, a hobby that has taken over previously more active sports including sports car activities. However, the grandchildren will ensure that an active lifestyle is maintained. David showed his national fervor by wearing red socks in support of Team New Zealand in their current America's Cup challenge.



He did graciously allow the Australian audience a glance at a photo of the Bledisloe and Tri Nationals rugby trophies, both of which have resided in NZ for some years.

Bruce McBain provided another hot and tantalising addition to our Epic Poem. He has given us the names of our heroes (or are they villains?) -- what will Darcy and Sophia do next? We wait with baited breath to hear from Neville John next week.

Bruce has added the following lines:

“Her hot lips responded as bidden
Darcy she whispered no longer need our love be hidden
Sophia my love, you are mine
This thing we have done, let's celebrate with wine.”

The whole poem can be read on the club website at

Talk of the Day: Richard Milne on “Fitness First”

Richard alerted us to the health issues arising from a sedentary lifestyle often involving long hours at work, poor nutrition, lack of sleep, poor posture and stresses of current day city life.

He took us through a series of visuals that illustrated key point body exercises for feeling better and reducing the possibility of injuries – squat, bend, lunge, push, pull, twist are movements that cover most requirements. Any disability in one of the above could lead to over compensation or overload and possible further injury.

Richard advised that he specialises in posture for golfers through exercises that improve the players approach to the ball and the biometrics of the swing. He also looked at the pros and cons of various exercise equipment from suspension, cable resistance and free weights.

In summary he suggested “Muscle maintenance should ideally be part of a daily regimen to increase flexibility and movement. When a muscle is free of dysfunction your body performs at its optimum and you are more likely to maintain fitness and good health.”

There was time for questions and the golfers took full advantage of that hoping to get some more tricks on how to improve their game.

Chairman Richard thanked Richard and presented him with the club's usual token of thanks with President Doug closing the

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meeting afterwards.

New Generations and Mt Alexander College

Posted by Tony Thomas

New Generations committee had a novel experience this month when it visited Mt Alexander College, Flemington, to speak to a group of 40 students from Year 10 and 11 about the October camp of RYPEN (Rotary Young Program of Enrichment). We also explained a little about the Model United Nations Assembly (MUNA) for next May.

We were joined by Katrina John of Melbourne Park RC, who is a youth leader at the camps and was able to talk at the kids' own level about it.

She screened the film made at the March 2013 camp (which our club hosted) and we took questions. As the kids did not have many questions they wanted to ask publicly, so we mixed and mingled with them at their tables informally and in these sessions, were able to chat and clarify various things they asked.

It has not been easy for some schools to generate interest for RYPEN and MUNA, partly because the kids do not have much idea what these programs have to offer. We are hoping for four RYPEN applicants shortly and that our school visit will help generate them.

Conferencing with principal Alan Davis, we confirmed our club is to provide two \$400 prizes for Year 11 completing kids this year. They are

- a) Encouragement Award for a student putting in maximum effort
- b) Leadership Award for a student setting an example for his/her peers.

Prize money is to be credited to students' school education account, rather than as 'blank cheques' for the kids to spend at will.

It was also agreed that our vocational assistance to students (job readiness, interview technique etc.) will be launched in March-May 2014, and Alan Davis will give us up to four slots to attend the school and begin the assistance.

Member's News: Did you know....?!

An essay by **Tony Thomas** was short-listed this month for the global **Ridley Prize** worth 5000 pounds sterling.

The annual prize is offered by Viscount Matt Ridley for the best

essay exposing environmental pseudoscience. Ridley is a D.Phil (Oxford) in zoology, former science editor of The Economist and a best-selling author of science books.

There were 86 entries this year and Tony's essay made the top ten. The organisers at The Spectator (UK) commented, "The standard of entries at the top was very high, and there was lively debate among the judges while selecting a winner. The prize was eventually awarded to Michael Ware, for an essay on electric cars."

Tony's Ridley essay was titled, "**Science museums hotbeds of climate activism**". Over the past two years, using his pocket camera for recording purposes, he documented science howlers at four of the world's most prestigious science museums. These were the Smithsonian Museum of Natural History, Washington DC; the Field Museum, Chicago; the Vienna Museum of Natural History; and NZ's premier science museum Te Papa, Wellington. His essay can be read at <http://www.quadrant.org.au/blogs/thomas/2013/09/wanted-remedial-education-for-museum-curators>

Meanwhile, he has a busy schedule with his talk for Rotary clubs, "A skeptic's view of global warming." In the past fortnight he has presented at Hawthorn, Werribee, Altona and Malvern clubs (and the Werribee BizNet small business forum), and he will talk soon to Sunshine, Moonee Ponds, Murrumbeena, and Prahran Rotary clubs.

"THE GREATEST IS LOVE" - NEW RCCMS-SPONSORED PLAY!



New play probes love and separation

Two of Melbourne's celebrated actors, Glenda Linscott (the bikie chick from Prisoner) and entertainer/broadcaster, Roland Rocchiccioli, will star in his new play 'The Greatest is Love' on Sunday, October 20.

The play, at the Melbourne Town Hall at 3pm, is a sweeping but simple love story. It starts in war-torn England in 1941, takes in the fall of Singapore, and ends in Perth WA in 1997.

The play follows one couple, Rupert and Diana, through poignant love letters probing the pain of separation during the war and the heart-wrenching struggle to return to normality afterwards. The letters tell a story of unfolding romance, and later, breath-taking honesty as the man and woman confront their human weaknesses.

Rocchiccioli says, "This is a story which proves – above all else – The Greatest is Love."

This is the first Australian performance of the play, following its launch at Brighton, UK, to critical acclaim. Leading UK theatre director Sean Mathias says, *"I turned every page of the script with excitement and fascination. I wanted to know every move, every thought, every detail about these two people. By the time I reached the end I would have fought off any other director who tried to take the play over from me."*

The play is presented by the Rotary Club of Central Melbourne-Sunrise with the support of the City of Melbourne. Proceeds support Melbourne charities.

**Tickets: A Reserve \$60 : B Reserve
\$48.**

**Play starts at 3.00pm doors open
2.30pm**

SUNDAY 20TH OCTOBER 2013

Buy tickets online: [CLICK HERE](#)