



## ROTARY CLUB OF NORTHWEST AUSTIN

Friday, January 14, 2011 – 7:00 A.M.

Meeting at Balcones Country Club

Call to Order – Ken Dickensheets, President

**January is Rotary Awareness Month**

### TODAY'S PROGRAM

**Officer Joel Pridgeon: "Internet Crimes"**

Today's presentation is offered by the Austin Police Child Exploitation Unit in an effort to combat the mounting number of internet and media crimes against children in the Austin area. Detective Joel Pridgeon will discuss the nature of the internet, different communication aspects to be found, hazards of the internet, and precautions that can be taken. The recent media interest in "sexting" and the overlooked elements of video games will also be discussed. There will be ample time for discussion after his presentation.

**PLEASE RESPECTFULLY TURN CELL PHONES OFF OR TO VIBRATE DURING THE MEETING! THANK YOU!**

#### TODAY'S Volunteers

Greeter: Bob Roe  
Prayer and Pledge: Damon Holditch  
Sunshine Basket: Kevin Lancaster  
50/50 Drawing: Dave Trapp

#### Looking Forward (speakers are now listed on the website)

**Next Week:** - Sgt. Jonathan W. Gray, Game Warden, TPW: "Special Operations, Environmental Crimes Unit"  
Jan 28 Bucky Lamb, "Star of Texas Fair and Rodeo"  
Also: Vandergrift H.S. Interact Club  
Feb 4 Arin Gray, City of Austin: "Sewage Treatment Plant 4"

#### JANUARY Birthdays

01: Ditas Hall  
06: Harold Coleman, Terry Stephenson  
12: Jim Henry  
18: Bill Zipoy  
19: Tim Duffee  
22: Ken Dickensheets  
24: Mark Dietz  
27: Jerry Lozano  
29: Gail Buckley  
31: Carla Young



#### JANUARY Club Anniversaries

09: Sheila Allee (2)  
10: Tim Duffee (25)  
12: Jeff Rhodes (4)  
16: Josh Little (2), Jerry Lozano (2)  
19: Bill Zipoy (4)  
21: Steve Windle (6)  
26: Terry Stephenson (2)

#### Next Regular Board Meeting

**January 21** (after the regularly scheduled Club Meeting)  
(note change in date)

### AT OUR LAST MEETING...

**Sally Bowman: "Wellness Concepts for the New Year"**

Sally Bowman, MEd, RD, LD, has practiced as a dietitian in a variety of settings such as spas, fitness clubs and colleges. She has served as the nutritionist of UT Womens Athletics since 2003 and she has been with Central TX Nutrition Consultants since 1996. As their Wellness Specialist, she presents worksite wellness programs on a variety of different topics. Sally specializes in weight control, eating disorders, sports and cardiovascular nutrition.

Greeter: Brigitte Benquet  
Prayer and Pledge: George Lewis  
Sunshine Basket: Bill von Rosenberg  
50/50 drawing: Sarah Carriker  
Humorist Emeritus: Homer Goering

**NOTE: Sunshine Basket proceeds are being donated to PolioPlus unless otherwise announced.**

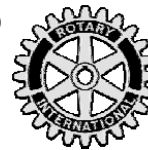
Member Attendance: 67  
**50:50 Pot Winner:** Chuck Space

#### Rotary Minute

- Kent Miller showed us a video about the "5<sup>th</sup> Horseman of Notre Dame," a polio victim.
- Librarian Melanie Letendre attended our meeting and accepted our donation of library books for Kathy Caraway Elementary.

#### Visitors

Ashley Gonzenbach (of father Don Gonzenbach)  
Melanie Letendre (of Shelly Hohmann)  
Rich Pogrun (of Tim Buckley)  
Brahim Fakradin (of David Davis)  
Vanessa Braganza (of Bob Allen)



#### Visiting Rotarians

Clift Price – Austin University Area

#### Club Member Make-ups

Bill Estes – Centennial (1/4)  
Tim Buckley – McGregor (1/5), Harker Heights & Oak Hill (1/6)  
Andy Macfarlane – S. Austin (12/29), E. Austin (12/13)

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#### WEBSITES TO KNOW:

Club New: <http://www.nwaustinrotary.org>  
District 5870: <http://www.rotarydistrict5870.org/>  
Rotary International: <http://www.rotary.org/>

**MAKE-UP MEETING LOCATIONS:** due to clubs occasionally changing their meeting times and places, it is best to go to the Rotary District 5870 website and click on the When/Where Clubs Meet link for a list of area club meetings.

**Online Rotary Club makeup:** [www.rotaryclubone.org](http://www.rotaryclubone.org)

### THOUGHT FOR THE DAY:

"A word to the wise isn't necessary... it's the stupid ones that need the advice."

Bill Cosby



## NEWS & EVENTS

#### COMING EVENTS

Feb 26 NWAR Night Out – Austin Toros Basketball at the Cedar Park Center, 7:30 PM (see Kent Duran)  
Apr 2 UN Day in Austin (Nancy Lehmann-Carssow)  
May 21-25 Rotary International Convention, New Orleans  
Jun 3 D5870 Foundation Dinner, Nimitz Museum, Fredericksburg  
Jun 3-5 D5870 Annual Conference, Inn on Baron's Creek, Fredericksburg

#### NWAR Night Out - Toros Basketball

Saturday February 26<sup>th</sup>  
Time: 7:30 PM

Austin Toros vs. New Mexico Thunderbirds.

Tickets will be \$12 (normally \$20) and will be available at the Will Call window on game day. Seats will be center section. **That night will feature \$2 dogs and \$1 sodas.** The Toros have set up a signup page on their website to make it easy for NWAR members to buy tickets: just go to:

<http://www.toroshomecourt.com/nwrotary>

#### Note from the RI President – TEST TIME!

Ray Klinginsmith, President, Rotary International

We are at the halfway point in this Rotary year, and now is the time to test the strengths and weaknesses of our clubs. Perhaps a strange idea for some Rotarians, but how else will we learn how the activities and programs of our respective clubs match up to those of other clubs in our districts – and around the world? Therefore, I encourage all Rotarians – not only the club officers – to become involved in evaluating their clubs during the month of January.

The Presidential Citation program for 2010-11 has been designed as a score sheet for all the Avenues of Service. It also is a checklist for many of the activities and programs conducted by most clubs. Club presidents are required to complete the score sheets and submit them to their district governors by 31 March 2011 for their clubs to be eligible for the Presidential Citation awards. The scores should be shared with all club members either as written reports or as presentations at club meetings.

Starting work on the Presidential Citation test in January will provide an opportunity to correct any discovered deficiencies in club activities before the submission deadline of 31 March. It also will cause the club leaders to notice that a new Presidential Citation with Distinction award is available this year for clubs with a good balance of activities in all Avenues of Service. How else will we know if our clubs really are becoming Bigger, Better, and Bolder?

#### Announcements

- The club has a new position available - we'd love to have someone take over the 50:50 drawing each week. Please see Sarah Carriker for details.
- Please go to the district website and note the article on our fruit sale success on page 6 of the January newsletter.
- The website URL transfer is complete. Please note that our old website URL now points to the new site, so you can use: <http://www.nwaustinrotary.org>

#### RoAnn's of Austin January Meeting

RoAnn's of Austin will meet on Jan. 25<sup>th</sup> at the Austin Country Club at 11:30 AM. We are very glad and looking forward to our program that day. Our speaker will be Mary Gordon Spence. All Rotarians' spouses, Rotarians and friends are invited. For reservations call Ditas Hall at 219-1332

#### PolioPlus Request

Some time ago members of the generation before you made an important investment affecting your quality of life. They gave their dimes and dollars to fund the therapy and research that has resulted in the polio vaccine and the elimination of polio in most of the world. You are the polio-free recipient of their generosity and commitment.

Now you and I are the members of the generation to finish the task and end polio in the world. And we are so close with only four countries where it is still endemic, and only 950 cases of the wild virus last year.

Our club president, Ken Dickensheets, helped us set the goal this year of having 100% of our members become part of the "PolioPlus Society" by pledging to give at least \$100 a year to PolioPlus until the disease is eradicated. We have only 37 more members of our club to join until we reach 100%. I am asking for your consideration and commitment to make this pledge before June 30 so that we can reach this goal, and so that our club will be fully behind this last push to make our world polio free.

Your annual gift is \$100 may be paid online anytime in the year. There is no other obligation as part of the "PolioPlus Society", but only the satisfaction of knowing that you were instrumental in ending polio in your lifetime.

The PolioPlus pledge form has been uploaded to our website. It is on the home page in the left column. Please sign it and return it to me at a future meeting, or mail it to me.

I do not know another group of people as committed and generous as those of our NW Austin Rotary Club. It is a pleasure to be a part of this club and to work for the outstanding goals that lead us to into service making a difference in the world. Thank you for being part of this marvelous group. Kent Miller, PolioPlus Chair – NWAR Club