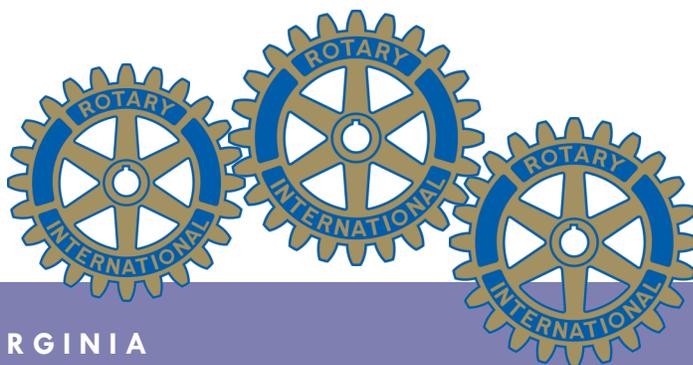


# The Hub



ROTARY CLUB OF ASHBURN, VIRGINIA

Volume 1, Issue 16

July 22, 2010

## Ashburn Welcomes Judith Dittman, Alternative House's Executive Director

Judith Dittman, the Executive Director of Alternative House — The Abused and Homeless Children's Refuge, joins the Rotary Club of Ashburn to provide an overview of the services offered through this private nonprofit human services organization. Located in Fairfax County, Virginia, Alternative House focuses on homeless, runaway and at-risk youth. Alternative House's mission is to transform the lives of children and youth helping them stay safe, make positive decisions, achieve educational success, and overcome personal crises. Alternative House offers children, youth and families hope for brighter futures by providing counseling, shelter, neighborhood support and after-school programs.

Ms. Dittman has been with the organization for 15 years. As Executive Director she has used her background of more than 25 years in nonprofit management and advocacy to obtain more services for at-risk abused, homeless and runaway youth including opening six new programs in the last six years targeted to this population. She has served on federal panels to develop standards for federally funded programs serving runaway, homeless and street youth and was a Greater Washington Nonprofit Roundtable Fellow.

Her community involvement includes Board membership on the Fairfax Partnership for Youth, and as an Associate Member of the Mental Health Committee of the Fairfax/ Falls Church Community Services Board. She is a member of Non-profit NoVa and the Greater Washington Nonprofit Roundtable and is also a graduate of Leadership Fairfax.

The following are highlights of the programs offered through Alternative House:

The **Emergency Shelter for Teenagers** serves approximately 200 homeless, runaway and abused youth each year.

**AYM – Assisting Young Mothers** is a 18 to 24 month residential program for pregnant and parenting girls 16 to 24 years who are homeless. The program helps the young women increase their parenting skills, continue their education, receive employment training and save towards the day they will leave the program and establish a home for themselves and their child.

The **Homeless Youth Initiative** helps young people who are homeless, without the support of a parent or guardian and who are still in high school.

The **Community Youth Outreach Programs** serves high-risk and culturally diverse youth in their neighborhoods providing counseling, referrals and survival supplies in an effort to keep youth in school and away from gang activity.

The **Culmore Teen Center** is a drop-in center that provides a safe place away from gang recruitment in one of the most heavily gang-infested areas in Fairfax.

The newest outreach effort, the **Safe Youth Project**, is an after-school program for 4<sup>th</sup>, 5<sup>th</sup> and 6<sup>th</sup> graders. The program provides homework help, tutoring, community service opportunities, computer skills, and recreational opportunities.

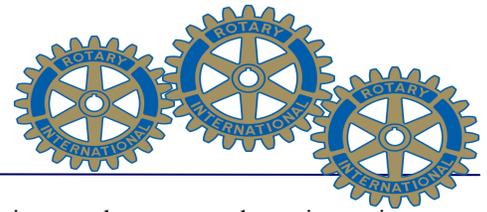
## Agenda:

1. Pledge of Allegiance
2. Invocation
3. Lunch
4. Introduction of Guests
5. Club Announcements
6. Guest Speaker Presentation
7. Upcoming Events
8. 50:50 Drawing/Happy Talk
9. Four Way Test
10. Adjourn 1:15 PM
11. BOD Meeting — following Club Meeting when scheduled.

## The Four-Way Test

"Of the things we think say or do:

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?"



## The Sponsor of a New Member

August is Membership and Extension Month and as such, members of the Rotary Club of Ashburn are being encouraged to bring a guest to our club meeting on August 19th. We all play a vital role in helping grow our club by sponsoring new members. This is a great opportunity for each of us to sponsor a potential new member. The following, taken from [http://www.rotaryclubone.org/abc\\_index.htm](http://www.rotaryclubone.org/abc_index.htm), provides an overview of what it takes to be a sponsor:

The bylaws of Rotary clearly outline the procedure for proposing someone for Rotary club membership. The “proposer” or sponsor is the key person in the growth and advancement of Rotary. Without a sponsor, an individual will never have the opportunity to become a Rotarian. Individuals must be asked to join Rotary; thus, it is every member’s responsibility to identify and invite prospective members.

The task of the sponsor should not end merely by submitting a name to the club secretary or membership committee. Rotary has not established formal responsibilities for sponsors; however, these procedures are recommended in many clubs.

The sponsor should:

1. Invite a prospective member to several meetings prior to proposing the individual for membership
2. Accompany the prospective new member to one or more orientation/informational meetings
3. Introduce the new member to other club members each week for the first month
4. Encourage the new member to become involved in any club service projects underway
5. Invite the new member to attend meetings of the Interact or Rotaract clubs sponsored by the club
6. Provide opportunities for the new member to get involved in international program efforts, such as Group Study Exchange or Youth Exchange
7. Invite the new member to accompany the sponsor to neighboring clubs for the first make-up meeting to learn the process and observe the spirit of friendship
8. Ask the new member and spouse to accompany the sponsor to the club’s social activities, dinners, or other special occasions
9. Urge the new member and spouse to attend the district conference with the sponsor
10. Serve as a special friend to assure that the new member becomes an active Rotarian

When a new member becomes involved and connected, both Rotary and the new member become stronger.

*A big thanks goes out to all who participated in the event at Jiffy Lube Pavilion Friday nite.*

*Kudos to everyone for the hard work and support!*

## **The Rotary Club of Ashburn, VA Board of Directors**

John Warren, President  
Paul Yeloushan, Vice President  
Mary Maguire, Secretary  
Brad Ashby, Treasurer  
Ray Repage, Sergeant at Arms  
Charles Kapur, Director

Nancy Pav, Director  
Tanya White-Deyo, Director  
Jay Brown, Director  
Larry Deigh, Director  
Sam Wiley, Director

## **Upcoming Meetings & Special Events**

**July 22:** Judith Dittman The Alternative House, 1757 Golf Club

**July 29:** Joan Reif, Inova Loudoun Hospital Volunteers, 1757 Golf Club

**August 5:** James Rohrbaugh – Incoming AG, 1757 Golf Course

**August 12:** Lori Waters Loudoun County Supervisor, 1757 Golf Club

**August 19:** Frank Wolf, US Congressman, 1757 Golf Club

**August 26:** Business Meeting, 1757 Golf Club

**Note: All Meetings, unless otherwise noted, will be held from 12:00 to 1:15 PM.**

