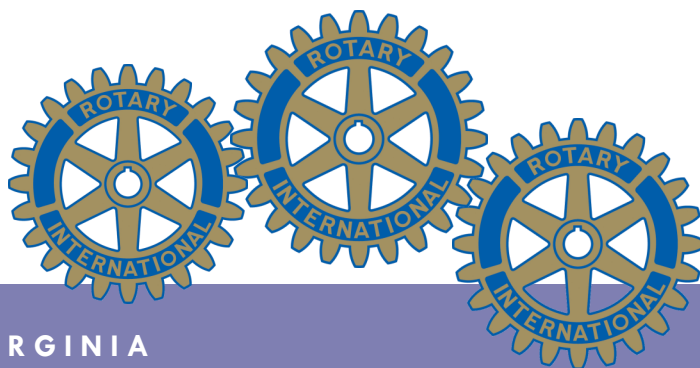


# The Hub



ROTARY CLUB OF ASHBURN, VIRGINIA

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June 10, 2010

## Rotary Welcomes Friends of Loudoun Mental Health President/CEO Judy Hines and Community Service Board Member Denis Cotter.

Judy Hines, Presiden/CEO of Friends of Loudoun Mental Health will share the Friends of Loudoun Mental Health's story with the Rotary Club of Ashburn, VA. FLMH is a nonprofit organization that provides support to people affected by mental illness, by addressing needs not fulfilled by other programs and promoting sound mental health. Denis Cotter, who serves on the Community Service Board, will join Hines to provide an overview of one of FLMH programs, ***In Our Own Voice***, which is a unique public education program, in which trained mental health consumers share compelling personal stories about living with mental illnesses and achieving recovery.

Friends is an all volunteer non-profit organization that assists Loudoun County residents with chronic mental illnesses live independent lives.

Serving Loudoun citizens since 1955, Friends continues to provide support and services to mental health consumers living in Loudoun County. Their initial effort was as an advisory board responsible for bringing the first mental health services to Loudoun County and for providing specialized equipment and supplies to the earlier Loudoun County mental health centers on King Street and later on South Street in Leesburg. Friends' roles as advocates, educators, and service providers expanded in the late 1980's with the introduction of its representative payee program which continues to serve mental health consumers receiving SSI. In 1993, Friends broadened its efforts to better address evolving needs of Loudoun citizens living with chronic mental illnesses that were not being covered by federal/state/local funding. A proactive public/private partnership was formed between Friends and Supported Living Services (Loudoun County Department of Mental Health, Mental Retardation and Substance Abuse Services) to address issues of homelessness among Loudoun citizens living with chronic mental illnesses. This partnership and other successful collaborative initiatives thrive today as demonstrated through Friends' direct services and community focused programs.

## The Four-Way Test

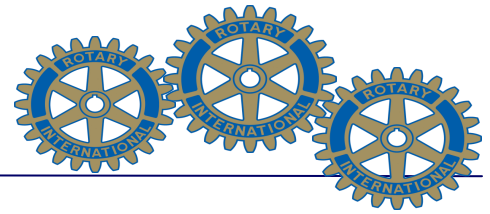
“Of the things we think say or do:

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?”

### Agenda:

1. Pledge of Allegiance
2. Invocation
3. Lunch
4. Introduction of Guests
5. Club Announcements
6. Guest Speaker  
Presentation
7. Upcoming Events
8. BOD Meeting - follow-  
ing club meeting when  
scheduled
9. 50:50 Drawing/Happy  
Talk
10. Four Way Test
11. Adjourn 1:15 PM

*“Rotary is an organization of business and professional persons united worldwide who provide humanitarian service, encourages high ethical standards in all vocations, and help build goodwill and peace in the world.”*



## District 7610 Governor-Nominee Jon Allan

Jon Allan has been selected to serve as Rotary District 7610 Governor for Rotary Year 2011-2012. Jon joined Rotary in 1984 when he was invited to join the Burke club by its Charter President, Brian Tilbury. He served as club president in 1992-93 under District Governor Jack Kenyon.

Following his year as club president, Jon served three district governors as District Governor's Representative, and served on or chaired several district committees. He was District Trainer for four District Governor-Elects, and was District Chair for the Zone 33 Division of the Rotary Leadership Institute for three years. In 2008 he began a three-year term as a member of the Board of Directors for the Zone 33 Division. He also served as District Secretary for 2006-2009 and led the District 7610 GSE team to India in December of 2008. Jon is a multiple Paul Harris Fellow, a member of the District 7610 Paul Harris Society and a Benefactor of the Rotary Foundation.

Jon Allan was born in Syracuse, New York. He graduated from the University of Maine in 1962 with a BS in Mechanical Engineering and entered the US Army as a reserve officer in October of that year. In 1966, he was selected by the Army for attendance at graduate school and was granted an MS in Industrial

Engineering (Operations Research) in 1968 by Purdue University. In 1969, he applied for and was granted a regular US Army commission. He retired from active duty in 1983 with the rank of Lieutenant Colonel. In addition to unit command, Jon served as assistant group operations officer and battalion executive officer. His overseas tours included two three-year tours in Germany and two one-year tours in the Republic of Vietnam.

Upon retirement, Jon began a second career as program manager for a large IT company and has completed 26 years of service. He has managed projects in diverse fields to include telecommunications system design and development, systems integration, software development, knowledge management, computer systems certification and accreditation, and information technology security. His clients have included federal military and civilian agencies and the intelligence community as well as commercial clients engaged in manufacturing and financial pursuits.

Jon and his wife Mary, who also is a Paul Harris Fellow, have been married since 1960 and have resided in Burke since 1984. They have one daughter, Julie, who teaches elementary school in Charleston, SC.



## The Rotary Club of Ashburn, VA Board of Directors

John Warren, President

Paul Yeloushan, Vice President

Mary Maguire, Secretary

Brad Ashby, Treasurer

Ray Repage, Sergeant at Arms

Scott Mills, Director

Nancy Pav, Director

Tanya White-Deyo, Director

Jay Brown, Director

Larry Deigh, Director

Charles Kapur, Director

## Upcoming Meetings & Special Events

**June 10:** Judy Hines, Friends of Loudoun Mental Health, 1757 Golf Club

**June 17:** John Andrews, Loudoun Power, 1757 Golf Club

**June 20-23:** 2010 Rotary International Convention, Montreal, Canada

**June 24:** Club Business Meeting, 1757 Golf Club

**June 26:** District Awards and Installation Banquet, Fredericksburg Country Club

**July 1 :** Kathy Griffin Money U, 1757 Golf Club

**July 8:** Tony Howard President Loudoun Chamber of Commerce, 1757 Golf Club

**July 15:** Business Meeting, Location TBD

**July 22:** Judith Dittman The Alternative House, 1757 Golf Club

**July 29:** Joan Reif, Inova Loudoun Hospital Volunteers, 1757 Golf Club

**Note: All Meetings, unless other noted,**

**will be held from 12:00 to 1:15 PM.**