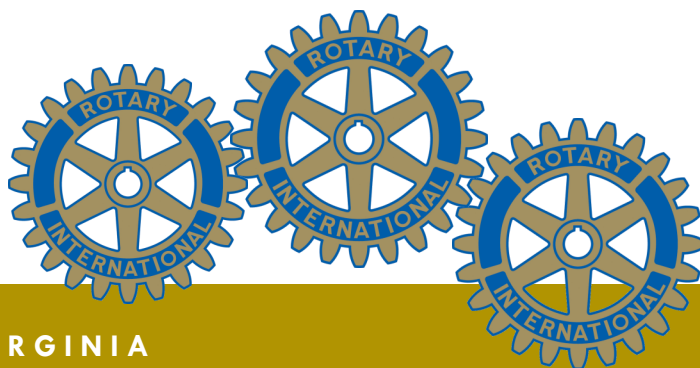


The Hub



ROTARY CLUB OF ASHBURN, VIRGINIA

Volume 3, Issue 27

January 31, 2013

Helen Richardson, Senior Program Director, Loudoun Homeless Services Center to speak on Thursday, January 31.

Ms. Richardson has been the Senior Program Director of the Loudoun Homeless Services Center operated by Volunteers of America Chesapeake since July 2006. She has a Bachelor's of Social Work degree from James Madison University and has worked in the field of homelessness for more than 25 years, starting as a volunteer and working in virtually every position up to Director. She is currently the Co-Chair of the Loudoun Continuum of Care which is a coalition of service providers who work collaboratively to improve access and delivery of services to the homeless.

Located in Leesburg, Loudoun County, Virginia, Volunteers of America Chesapeake's Loudoun Homeless Services Center is an innovative and comprehensive facility comprising four programs:

- Loudoun Emergency Homeless Shelter
- Drop In Center
- Loudoun Transitional Housing Program
- Cold Weather Shelter

Loudoun Homeless Services Center
19520 Meadowview Court
Leesburg, Virginia 20175
Phone: 571.258.3033
Fax: 571.258.3133
Hours: Open 24 Hours, 7 Days a Week

Agenda:

1. Pledge of Allegiance
2. Invocation
3. Lunch
4. Introduction of Guests
5. Club Announcements
6. Guest Speaker Presentation
7. Upcoming Events
8. 50:50 Drawing/Happy Talk
9. Four Way Test
10. Adjourn 1:15 PM
11. BOD Meeting — following Club Meeting when scheduled.

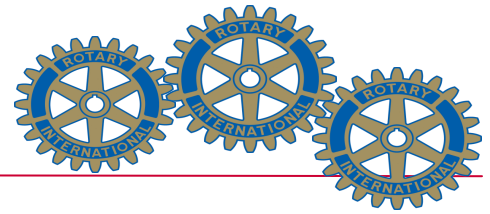
The Four-Way Test

"Of the things we think say or do:

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?"

Reminder:

The Service Committee will meet at 11:00 AM to discuss the Holiday Backpack Project.



January 31 National Popcorn Day

- Americans consume some 16 billion quarts of this whole grain, good-for-you treat. That's 51 quarts per man, woman, and child.
- Compared to most snack foods, popcorn is low in calories. Air-popped popcorn has only 31 calories per cup. Oil-popped is only 55 per cup.
- Most U.S. popcorn is grown in the Midwest, primarily in Indiana, Nebraska, Ohio, Illinois, Iowa, Kentucky and Missouri.
- Many people believe the acres of corn they see in the Midwest during growing season could be picked and eaten for dinner, or dried and popped. In fact, those acres are typically field corn, which is used largely for livestock feed, and differs from both sweet corn and popcorn.
- Popping popcorn is one of the number one uses for microwave ovens. Most microwave ovens have a "popcorn" control button.
- If you made a trail of popcorn from New York City to Los Angeles, you would need more than 352,028,160 popped kernels!



Rotary Facts

1. U.S. President Franklin D. Roosevelt was an honorary member of the Rotary Club of Albany, NY. Roosevelt was born on January 30, 1882.
2. A few months after the RI Board of Directors approved the Interact program, the first Interact club was chartered in November 1962 at Melbourne High School in Florida

COMMITTEE MEETING REMINDERS:

- Membership Committee: 1st Thursday, 11 AM**
- Service Committee: 2nd Thursday, 11 AM**
- PR Committee: 3rd Thursday, 11 AM**
- BOD Meeting: 3rd Thursday, immediately following club meeting.**
- Fund Raising Committee: 4th Thursday, immediately following club meeting.**



Celebrate Groundhog Day, February 2!

The Rotary Club of Ashburn, VA Board of Directors 2012-2013

Shawn Mitchell, President
 Mary L. Maguire, Vice President
 Nancy Pav, Secretary
 John Casamiquela, Treasurer

Keith Reeve, Sergeant at Arms
 Jodi Daniel, Director
 Linda Carducci, Director
 Michael Schimmel, Director

Justina Dee, Director
 Michael Kipp, Director
 Doug Corbett, Director
 Sam Wiley, Director

www.rotaryclubofashburnva.org

Upcoming Meetings & Special Events

January 31: Loudoun Homeless Services Center—Helen Richardson, Senior Program Director

February 7: Habitat for Humanity Masquerade Ball—Jeff Dee, Executive Director

February 14: One Loudoun—Bill May

Weekly Greeter Schedule:

January 31: Darrin Kafka
 February 7: Charles Kapur
 February 14: Michael Kipp
 February 21: Kathy Knight

Note: All Meetings, unless otherwise noted, will be held at the 1757 Golf Club from 12:00 to 1:15 PM.