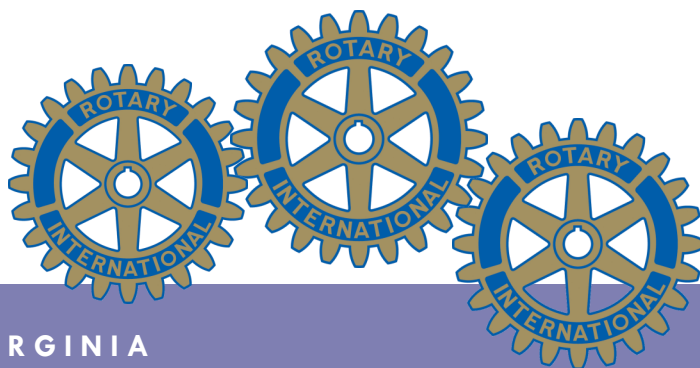


The Hub



ROTARY CLUB OF ASHBURN, VIRGINIA

Volume 2, Issue 4

July 28, 2011

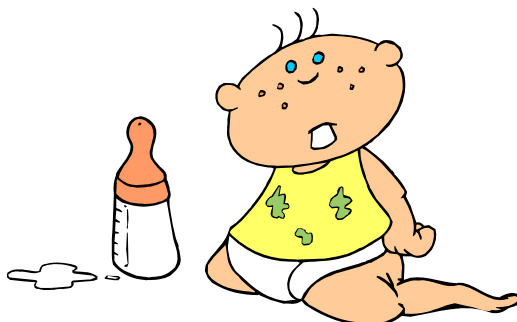
Free School Physicals Day at Loudoun Community Health Center:

Linda Carducci extends her sincerest thanks to all who have signed up for the Free School Physicals day at Loudoun Community Health Center. Currently, nine members have signed up for the early shift and two for the late shift. There is plenty for all to do, so if you haven't volunteered and would like to, please contact Linda Carducci @ lindacarducci@gmail.com. Volunteers are needed on Saturday, August 6, 2011 from either **0830 AM to 1230 PM** or **1230 PM to 400 PM**. All are welcome to help guide the hundreds of children and their families through the process. Leah Day and VCB have offered to donate snack items for the event. Additional donations of snack items are welcome.

The Bare Facts About Diapers... Did you know?

- Infants need up to 12 diapers per day & toddlers need about 8 diapers a day.
- An adequate supply of disposable diapers can cost more than \$100 a month.
- In low-income households, babies often spend a day or more in a single diaper.
- Inadequate diaper changing increases the risk of numerous health problems.
- Low income parents may not be able to benefit from free or subsidized childcare because they must leave disposable diapers at the childcare centers. This can lead to work and school absences among the caregivers.
- A baby crying from being in a soiled diaper for prolonged periods of time may be at a higher risk of physical abuse by a caregiver, as evidenced in studies of patterns of abuse among low-income families.
- An adequate supply of diapers for infants & children is considered a 'basic human need'.

The Rotary Club of Ashburn, VA is pleased to support a Diaper Drive sponsored by Virginia Commerce Bank. Bring your donation of diapers to the meeting or drop off at any VCB branch office between now and September 10, 2011.



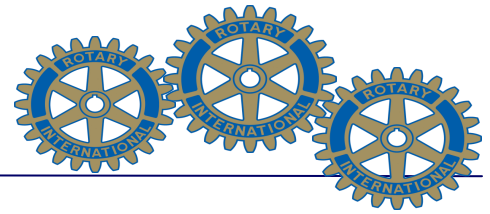
Agenda:

1. Pledge of Allegiance
2. Invocation
3. Lunch
4. Introduction of Guests
5. Club Announcements
6. Guest Speaker Presentation
7. Upcoming Events
8. 50:50 Drawing/Happy Talk
9. Four Way Test
10. Adjourn 1:15 PM
11. BOD Meeting — following Club Meeting when scheduled.

The Four-Way Test

"Of the things we think say or do:

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?"

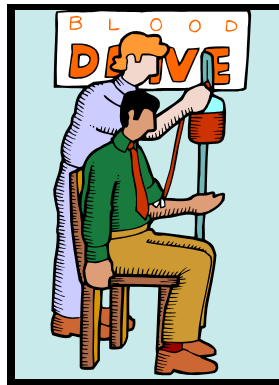


School and Office Supplies Needed for LAWS

Donations of school and office supplies are needed for the residents at LAWS. This is time sensitive since school starts soon. Please do what you can. This project is being spearheaded by Leah Day and VCB has donated funds to supplement the purchase of office supplies.

Blood Drive Scheduled

The INOVA Blood Drive has been scheduled for September 27, 2011 at the Ashburn Library, so please mark your calendar. Volunteer, donate and encourage friends and family to donate.



Reminders:

Fund Raising Committee: The Fund Raising Committee meetings will be held the third Tuesday of each month at 4:30 PM. The Committee will meet at the Fosters off Shellhorn. Meetings will typically last 45 minutes to an hour. Everyone is welcome, so please feel free to stop by at some point. If you have any topics you would like to cover please email Michael Kipp at mgkipp@gmail.com so the information may be added to the agenda.

SERVICE COMMITTEE MEETINGS SCHEDULED: The Service Committee will hold its regular monthly committee meeting on the second Thursday of each month prior to our regular Club meeting @ **1100 AM**. All members are welcome to attend. Please feel free to contact Linda Carducci or Justina Dee with any questions.

The Rotary Club of Ashburn, VA Board of Directors 2011-2012

Ray RePage, President

Shawn Mitchell, Vice President

Mary Maguire, Secretary

John Casamiquela, Treasurer

Sam Wiley, Sergeant at Arms

Tony Howard, Director

Nancy Pav, Director

Charles Kapur, Director

Larry Deigh, Director

Justina Dee, Director

Michael Kipp, Director

John Warren, Past President

www.rotaryclubofashburnva.org

Upcoming Meetings & Special Events

July 28: No Speaker Scheduled

August 4: Patricia Phillips, Candidate for State Senate

August 11: Tim Hemstreet, Loudoun County Administrator

Weekly Greeter Schedule:

July 28: Justina Dee

August 4: Larry Deigh

Note: All Meetings, unless otherwise noted, will be held at the 1757 Golf Club from 12:00 to 1:15 PM.