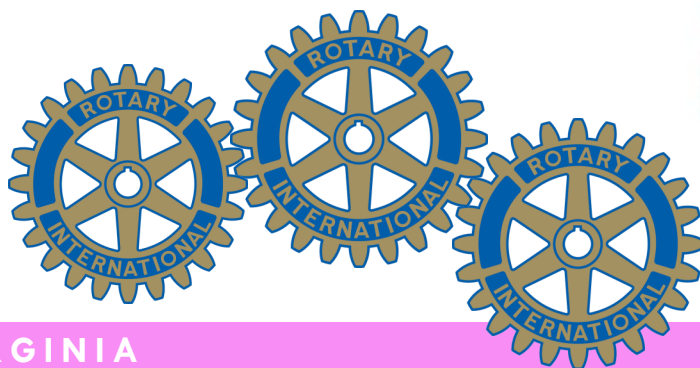


# The Hub



ROTARY CLUB OF ASHBURN, VIRGINIA

Volume 4, Issue 17

October 24, 2013

## Allison Wolkin from the American Diabetes Association will speak on Thursday, October 24.



Allison is the Manager of the National Capital Tour de Cure®.

"Diabetes is something that runs in my family. Sadly, I lost my grandmother to complications from diabetes. Seeing the increasing rate of people living with diabetes, I want to do my part to help find a cure and prevent future generations from dealing with this condition. With the American Diabetes Association I have met countless inspirational people who overcome the challenges of living with diabetes every day. I hope to empower individuals to cycle a little further and become their own best advocates."



### About the American Diabetes Association ([www.diabetes.org](http://www.diabetes.org))

We lead the fight against the deadly consequences of diabetes and fight for those affected by diabetes.

- We fund research to prevent, cure and manage diabetes.
- We deliver services to hundreds of communities.
- We provide objective and credible information.
- We give voice to those denied their rights because of diabetes.

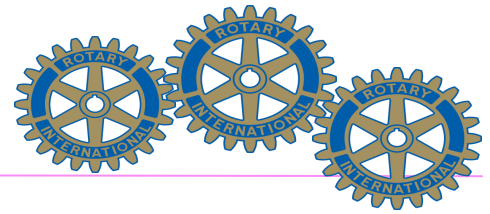
#### Agenda:

1. Pledge of Allegiance
2. Invocation
3. Lunch
4. Introduction of Guests
5. Club Announcements
6. Guest Speaker Presentation
7. Upcoming Events
8. 50:50 Drawing/Happy Talk
9. Four-Way Test
10. Adjourn 1:15 PM
11. BOD Meeting — following Club Meeting when scheduled.

#### The Four-Way Test

"Of the things we think say or do:

- 1) Is it the TRUTH?
- 2) Is it FAIR to all concerned?
- 3) Will it build GOODWILL and BETTER FRIENDSHIPS?
- 4) Will it be BENEFICIAL to all concerned?"



## Club Project:

### 500 Holiday Bags

If you're interested in donating, please contact Linda Carducci at: lindacarducci@gmail.com



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## Quote for the Week

“The way to get things done is not to mind who gets the credit for doing them.”

- Benjamin Jowett

## Scholarships



For more information about Interact and Scholarships please contact Chris Little at: christopherjohnlittle@yahoo.com



# United Nations Day—Oct. 24!

## The Rotary Club of Ashburn, VA Board of Directors 2013-2014

Mary L. Maguire, President  
Doug Corbett, Vice President  
Nancy Pav, Secretary  
John Casamiquela, Treasurer  
Shawn Mitchell, Past President

Chris Little, Sergeant at Arms  
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Justina Dee, Director  
Keith Reeves, Director  
Scott Miller, Director  
Jeff Perry, Director

[www.rotaryclubofashburnva.org](http://www.rotaryclubofashburnva.org)

### Upcoming Meetings & Special Events

**October 24: Allison Wolkin—American Diabetes Association**

**October 31: Lou Scheffer—“SETI - Search for Extra Terrestrial Intelligence”**

**November 7: Juliette Cho—Make a Wish Foundation**

### Weekly Greeter Schedule:

**October 24: Shawn Mitchell**

**October 31: Virginia Moore**

**November 7: Jon Nichols**

*Note: All Meetings, unless otherwise noted, will be held at the 1757 Golf Club from 12:00 to 1:15 PM.*