



NICK ABBOTT
PRESIDENT

SPEAKER SCHEDULE

10/16

Pres. Clint Schroeder
Vocational chair of D5000

10/23

Christopher Kanemura
"Made in Hope"

10/20

Club Assembly

11/06

Carol Kettner & Katherine Garner—"Oahu Beaches"

Officers, Directors & Committee Chairs

President **Nick Abbott**, Immediate Past Pres. **Judy "J" Jakobovits**, Secretary **John Spangler**,
Directors **Henry DeButts, Oran Spotts, Janneth Black & William Martin**

Janneth Black began the meeting leading all in the Pledge of Allegiance. Two guests were introduced Nick gave us a motivational moment. Henry DeButts presented a membership moment by relating a visitation to two other Rotary Clubs and encouraged members to visit other clubs. Pres. Nick announced a Real Men's Cook Off being held at Kaiser High School on October 20th with a \$15 entry fund raiser. All are invited for food tasting and silent auction.

Foundation Dollars were announce ERAY Contributions for the annual program fund. Judy J. got the ball rolling by donating \$200 to the fund with several other contributions given.



Our Speaker Bud Bowles Director of Unites Self Help for over 10 years. He asked what is the most neglected organ of the human body, as it turns out it is the human brain. Only one in three get help when they are having problems with their thought process. Suicide makes up 10 attempts per day in Hawaii schools that are reported. It is the most common disease for teens caused by couples breaking up. Only one in five get any help either individually of from the schools. What to due if you suspect one is contemplating suicide, you ask him if he is going to kill himself. If he says yes he will do something, immediately call 911 and turn him over to the police. They will see he get treatment. Bud had three of his patience give testimony of their personal history. One patient was a graduate of Harvard business school with a masters in Finance. She became very depressed, got on drugs and was arrested for selling. When she was released she could not get a job due to her arrest record. Another patient had the new mental illness called trauma and PTSD. Bud Bowles hires these rehabbed patience until they can get a job on their own as it is always easier to find work when you are working.

The 25th of September we had the Operation Shoe Box speaking about the program of putting a shoe box together filled with gifts for small children who would not otherwise be receiving gifts due to poverty for Christmas. Volunteers pt the boxes together with donated items. These boxes go internationally as well as locally so there is a great need for many boxes to be put together. It is a National and International program.

HUMOR

How many divorce men does it take to change a light bulb? Who cares? They never get the house anyway!

Bulletin prepared by:

PP Oran Spotts

Photos by PP Henry DeButts



CHET DAL SANTO
D5000 Governor

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RUBBER DUCKY RACE

Please begin to identify those people/groups so that we can develop a resource list.

Any family member/ community member who could spare some time and be trained to say "duck adoption" instead of "buying/ selling ducks", would be perfect for the job.

We will be having our next outreach meeting at the Moana Café, between Zippy's and Bubbies in Coco Marina Center on November 13th at 5:30 PM.

