



**MINUTES OF THE LUNCH MEETING ON 13<sup>TH</sup> JANUARY 2016**  
**in The TRANS RESORT.**

**In attendance:**

Pres. Barbara, Sec. John, PAG. Marilyn, Rtn. Dr. Reny, Rtn Manfred, Rtn Helmut, AG. Patrick, Rtn. Jerry, PE. Marie-Francoise, PP. Sarita, Rtn. David, Rtn. Pamela, Rtn. Georgio, Rtn. Peter Erni, Hon. Rtn. Mary, Rtn. Peter Lindinger, Rtn. Patrizia, Rtn. Tara, Rtn. Maree, Rtn. Tim, Rtn. Jenni, SaA.Dr. Leith, Rtn. Detlev and Rtn. Dr. Tatty.

**Visiting Rotarians:** PP. Ray Della-Pollina, Rtn. Volker Von Corbiere and Rtn. Cok Raka Trisnu.

**Guests:** Dr. Agus Somia (guest speaker), Melly St. Ange, Paula Gillham, Vicky Mathews, Daisy Yasintha, Marie Joseph Giehman, Julia Winterflood, Dr. Sari, Andy Khen, Adeline Quek, Elisabeth Ville and Iwan Sitompul.

**The Lunch Meeting:**

- President Barbara opened the lunch meeting with a video of the Seoul Convention reminding all Rotarians of this big up-coming international event.
- She then, as is her tradition, welcomed all Rotarians and guests in all their native languages - Good afternoon! G'day! Selamat Siang! Ng On! Gudemiddag! Bon après midi! Buon giorno! Guten tag! Konichiwa! Guete Daag! and Dobar dan!
- Then all Rotarians and guests were asked to turn and greet each other and to say a BIG ROTARY HELLO as " There are no strangers in our meetings, only Rotarian friends and friends that we are yet to meet."
- **Apologies:** These were then given for PP. Anita, PP. Raphael, PP. Robin, IPP. Doris, Rtn. Jorg, Rtn. Sally, Rtn. Oliver, Rtn. Henny, Rtn.Tineke, Rtn.Erika, Rtn.Eric and Rtn. Florian.
- **Rotarian Birthdays:** Rtn. Lusi Jan. 5<sup>th</sup> : Rtn Peter Lindinger Jan. 5<sup>th</sup> : Rtn. Sally Jan. 17<sup>th</sup>.
- **Spouse birthdays:** Sonoko (PP. Raphael's wife) Jan. 1<sup>st</sup> : Indra Lee ( Rtn. Jannell's husband) Jan.6<sup>th</sup> : Veronique (Rtn. Guy's wife) Jan 10<sup>th</sup> and Anna (Rtn. Udo's wife) Jan 10th.
- **Anniversaries:** Rtn. Sally & Ken 25 years on Jan. 3rd: PP. Anita & Alec 31 years on Jan 18<sup>th</sup>, Steve & Kathleen O'Brien 17 years on Jan 22<sup>nd</sup>.

- **Anniversaries for joining Rotary in the month of January** – Rtn. Patty Lindinger Jan. 9th 2013 and Rtn. Freddie Saenger Jan. 25th, 2012.
- **The 4-Way Test** was read by Rtn. Jerry.
- **Member sponsor recognition:** Rtn Jerry was then presented with his pin for sponsoring Rtn. Oliver Gehlen as a new member.
- **Visiting Rotarians and Guests:** SaA Leith then introduced Visiting Rotarians and Guests.
- **Charity fundraising:** Rtn. Detlev and Lusi raised Rp. 2 million over two Sundays for the Smile Foundation.
- **Raffle:** A bottle of Irish whisky was donated by Rtn. Dr. Leith.
- **Rotary T-shirts:** A reminder was given that Club T-shirts are available at Rp. 75,000 (4 sizes).
- **International News:** Pres. Barbara reported her meeting on 27th December met with PDG. Madhujar Malhotra and his wife, Neeru, from District 3080, Chandigarh, India. They discussed all things Rotary and she was comforted to know that pretty well all districts/clubs share similar problems. She found the DG was like a walking Rotary encyclopaedia and noted that he would be a useful contact. Our club now has standing invitations to visit Rotarians in Kerala and to visit Neeru and Madhujar Malhotra, Chandigarh.
- **Visit to RC Nusa Dua-** Last Thursday, Pres. Barbara and Sec. John attended the RC of Bali Nusa Dua lunch meeting in order to meet Syta Planta & Peter from the Kolewa Foundation and to view the 'Medicar' decals. Every year our club helps defray the costs of running this medi-car by sharing the cost of decal Club logo space on the back of the vehicle with RC Bali Nusa Dua.

This 4-wheel drive is used to gain access to many of the inaccessible Bali and outlying island village areas to pick up and deliver children with cranio facial, orthopaedic or burn injuries to hospitals and to ferry them to and from the airport. This year our Club donated IDR 10 Million to the Kolewa Foundation.

- **Joint Meeting:** On Feb 3rd there will be a joint meeting between our Club, the RC of Bali Kuta, the RC Bali Denpasar and RC Bali Nusa Dua. The meeting will be run as a regular meeting with equal sharing between clubs. We will be able to hear about their projects, receive updates on latest news and enjoy fellowship.
- **Fire at the Legian Traditional Market:** There was a terrible fire last Wednesday, which burnt the market to the ground leaving many local families without any means of support. Pres. Barbara asked those Rotarians who wished to help our Bali Community to make donations, and on her part she would start off the donations with a Rp200,000 donation. She assured members that she would personally make sure all funds raised would go to where they are most needed. The SaA then collected a total of RP. 1,710,000 in donations.

- **Valentine Surprise:** Pres. Barbara and Rtn. Helmut are planning a big surprise for Valentine's Day. It will be something "LOVE-ly" and details will be emailed to members shortly.
- **Rotary News for Dec./Jan:** It has been fairly quiet on the International front, but CNBC voted The Rotary Foundation as one of the TOP TEN CHARITIES worldwide.
- **The Rotary Foundation** has reported that returns on their investments for 2015/2016 (which in turn affect GG's and GIVING in the future) could be considerably down from previous years due to the Current Economic markets. (PP Anita as TRF Chair is away this week but she will update the members next week on our club's TRF giving to date).
- **The Vatican Rotarians:** Pres. Barbara reported receiving an interesting email from Rotarians of the Vatican and from Rotary Clubs in Rome itself. Apparently from August 12th 2015 until 30th November 2016 there is a 'JUBLILEE OF MERCY CELEBRATION' going on every Monday to Friday in Rome. If you are a Rotarian and wish to visit Rome during this time there is a dedicated Rotarian website to go to. The Italian Rotarians are delighted to answer any questions, help with accommodation and touring or anything else that you may have questions about. This is sanctioned by Pope Francis.
- **R.O.L.E. Foundation:** This Foundation will be celebrating 'INTERNATIONAL WOMEN'S DAY' on 4th March 2016 with a 'Hat Party' at the Fairmont Sanur Hotel – please contact Julie at Role foundation if you are interested.
- **Report by Rtn.Manfred on his visit to the island of Nusa Dua to meet students of the HENSF/Julia Rosenboom scholarship programmes:**

On 30<sup>th</sup> November, 2015, Rtn Manfred with Rtns Tim Cameron, Tara Utami, Lusi Damai and Oliver Gehlen went to Nusa Penida to meet with the 10 students who will finish their secondary studies this year and who are under consideration for tertiary education by RCBS. The team also included three Rotarian Guests: Nathalie, Elizabeth and Helen.

The purpose of the meeting was to interview the students, make a first evaluation of their school results and to explore their interest in tertiary studies in Bali. Photos were also taken to established sponsoring identification sheets by Tim Cameron.

The interviews took place at the FNPf facilities in Nusa Penida. Dr Bayu the director of FNPf, was also present. A small fee of 15 000 rupiahs was paid to each students for their transport costs (amount suggested by Dr Bayu). Nine Students were interviewed as follows:-

In the morning: Ni Kadek Sukraningdih, Ni Komang Devi Purnamasari, I Kadek Agus Sudarmawan, I Ketut Semarayanta, I Ketut Desi Ulandari, I Ketut Bakti.

In the early afternoon: Luh Dewi Perwanti, Ni Wayan Ayu Kristina, I ketut Dedi. One of the student: Ni Komang Karminiasih did not come. No reason was given to us for her absence.

Although Mid-term Class results were not available at time of interview, we were able to collect some reliable information on student ranking. Most of the students

interviewed are considering tertiary education, but none of them seems to have a keen interest in agriculture, forestry or fisheries. Tourism and administrative work are favoured.

Although they all presented a good case, we did manage to preselect three more outstanding students during this preliminary interview:

- 1) Ni Ketut Desi Ulandari, who has been the number one student out of a class of 30 for two years in a row. He dreams of becoming a Medical Doctor, but would consider other fields including Agronomy. (This is a long term course).
- 2) I Ketut Semarayanta, who is also number one in his class. He hopes to become a teacher and to return to Nusa Penida to help with education. (This is a long term course).
- 3) I Ketut Dedi, who is also an outstanding student, and is number two in his class. He is very interested in further short term (one to two years) study/training in Mechanical/automotive engineering.

A further interview will be necessary in early May 2016.

- **Pres. Barbara's visit to the East Bali Poverty Project last Wednesday :**

Pres. Barbara had planned this location for a Vocational Tour, but decided to do a preliminary visit first to experience the challenge of the location. Unfortunately, neither PP Raphael, nor PP Anita were able to go but ' Friend of Rotary', Paula Gillham and her son Dean accompanied Pres. Barbara on the fairly rugged trip. Luckily they enjoyed good weather as during rainy conditions the steep ascent could have been quite tricky.

Members may recall that David Booth from EBPP did a presentation to our club some months back. As the club was thinking of supporting this project, it was suggested at the Club Board Meeting on Nov. 25th that there should be an investigative visit to the project first. At our next Board meeting on 27th Jan. the Board will re-visit this matter and decide how we can help them. What they need covered is:

PROJECT NAME: Jatituhu Integrated Education Programme for 12 school children for September – December 2015

BENEFICIARIES: 12 children & the 120 Jatituhu families

LOCATION: JATITUHU HAMLET, DESA BAN, BALI

TOTAL 2015 BUDGET: Rp67,517,455 from January-December 2015

FUNDS RECEIVED: Rp45,011,637 from Dr Ursula Bantel-Schaal (the previous donor from 2011-Aug 2015) for January-August 2015 costs

FUNDS STILL REQUIRED: Rp22,505,818

A video called SEKOLAKU SEKOLAHKU HARAPAN KU SONG BY EBPP'S MANIKAJI, JATITUHU & DARMAJI STUDENTS was shown.

Back in 1998 not only were there no roads to this steep valley that lies between Mt. Agung and Mt. Abang, but in the 19 sub villages there are thousands of people, who are forgotten by time by the government and the world, that live in abject poverty, without water, sanitation, roads, schools, health facilities and electricity. Illiteracy is 100% and malnutrition and iodine deficiency disorders were endemic, The staple diet grown by farmers was peanuts, cassava and corn. Nothing else had been grown for a hundred years!

Cassava is Tapioca, and if prepared incorrectly, the cassava plant can produce cyanide, a deadly compound when consumed.

Iodine is crucial for brain development in children, making its deficiency the number one cause of preventable mental retardation, which has been suffered by these villages. It also plays a central role in healthy function of the thyroid gland. This is why the most visible symptom of iodine deficiency is 'goiter'—the unsightly, painful enlargement of the thyroid gland that manifests in an enormous swelling around the neck and larynx. There are plenty cases of this goiter deficiency in the villages.

When interviewed in 1998 in order to determine their priorities, over 1000 families requested children's education as a foundation for a better future. Thereafter an inspiring and productive collaboration began helping the most disadvantaged communities. With the philosophy of "HELPING PEOPLE TO HELP THEMSELVES", all programs are designed as models so they can be replicated and executed by local people. Then these people can directly transfer knowledge and appropriate technology within their communities.

- **GUEST SPEAKER - TOPIC HIV IN BALI.** DR. Agus Sobia is a consultant specialist in internal medicine and tropical and infectious diseases and he is married with 3 Boys. He was born in Denpasar, Bali, and is currently lecturing at the Department of Internal Medicine, Medical Faculty, Udayana University, Bali. His main hobby is Painting.

World wide there are 33.3 million people suffering from HIV/ Aids. South and South West Asia have 4.1 million cases with an HIV prevalence 0.3% compared with Africa, which has 22.5 million cases and the greatest prevalence of 4.6%.

The proven HIV Prevention strategies are behavioural changes, needle exchange programmes, MTCT, barrier methods (male and female condoms), VCT and male circumcision.

The new technologies are HSV-2 suppressive therapy, vaccines, cervical barriers, microbicides and Prep.

The Virus – HIV is hyper variable, questions of which antigens are needed for protection; there is no ideal animal model for HIV/AIDS; there are multiple forms/routes for transmission and replication cycle yields.

The Host- natural immunity doesn't eradicate HIV, the correlation of protection is undefined, and superinfection can occur.

The ABCDEFGHI of HIV/AIDS are : Abstain, Be faithful (and Behavioural change), Condomise (also Counselling and testing and Circumcision), Diaphragm, Exposure prophylaxis ( pre and post), Female controlled microbicides, Genital tract infection control, HSV-2 suppressant treatment and lastly Immunisation.

Methods of HIV protection are : -

**-Male circumcision:** Results show that HIV prevalence is down because it removes HIV target cells on foreskin. It also allows rapid drying of the skin surface. There are however problems with safety, ethical challenges and the effect on a female partner. Widespread implementation in sub Saharan Africa could avert 2 million new HIV infections in the next 10 years.

**-Microbicides:** ARV containing microbicides, which can be specific and longer lasting. Microbicides are 60% effective and could avert 2.5 million new HIV infections in middle to low income countries. Vaginal rings used for 30+ days after the drug delivery can reduce compliance burden and are easy to use.

**-Cervical barriers and vaginal diaphragms:** Chemical products can be applied to the vagina to prevent HIV infection – this can be female initiated. There is compelling evidence of protection from monkey studies, but research is still in the pipeline for rectal application.

Key challenges of microbicides are the lack of marker protection, its need for adherence to use. Trials are still being conducted regarding pregnancy, the retention of HIV and upon its cost. The issues of ethics and care obligations also arise.

**-Prep- Exposure prophylaxis (MT, CT, PEP, and Prep):** The drugs Tenofovir and Truvada have a good safety profile with Aids and require a once-a-day regime. They are good for reduction of HIV in high risk individuals.

The challenges are the implications of breakthrough infections with resistant viruses for future therapy options, the level of adherence required, the monitoring of adverse events, and the acceptability of chronic medication for healthy people. Also potential for abuse of Prep among those who cannot/will not use condoms. HSV-2 suppressive therapy:

**-HSV-2:** This increases the risk of HIV acquisition (2 fold) and there is a higher risk of transmission. Challenges are adherence, continuous versus episodic treatment and potential for emergence of HSV-2 resistance.

Herpes suppressive therapy results in lower HIV acquisition and transmission

Testing and treatment:

-The Aids vaccine approaches are – recombinant proteins, synthetic peptides, nuclear acid – DNA, live recombinant vectors (Adeno, Pox, AAV, Vee etc.), whole inactivated virus ( none in the pipeline) and live attenuated virus ( none in the pipeline).

Pres. Barbara thanked Dr Agus Sobia for his fascinating talk and presented him with a Club mug as a token of the members' appreciation.

- **Raffle draw.** This was won by Rtn Jerry.
- **Happy/sad Stories and fines.**

(The amount raised from the Raffle/Happy Sad stories/fines was Rp.1,250,000).

- Pres. Barbara closed the meeting at 2pm and also thanked Sec. John for doing the lunch minutes, Rtn. David for operating the computer, Rtn. Helmut, Pamela and Maree for dealing with Attendance and Rtn. Dr. Leith for acting as SaA.

Sec. PP. John T. Glass,  
Club Secretary 2015-6.