



HOWZAT!



ROTARY CLUB OF NEWLANDS

“The club that appeals”



President: Colin Burke
Secretary: Lucian Pitt



Be a gift to the world

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28 September 2015

WEEKLY UPDATE

P O Box 44735
CLAREMONT
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MEETINGS: Western Province Cricket Club Sports Centre, Ave De Mist, Rondebosch, every Monday at 18h00 for 18h15 (Except for first Monday of the Month which is a Partner’s Meeting, 18h30 for 19h00).

ATTENDANCE: Notice of apologies and guests and/or meal specifics to email Vanessa Rousseau at rousseau@iafrica.com and copy to Melinda Stapleton at mjstapleton@webafrica.org.za before 10h30 on Monday mornings please.

Comment

Jana Forrester

WHY FAILURE IS GOOD FOR SUCCESS

To achieve the greatest success, you have to embrace the prospect of failure. The sweetest victory is the one that’s most difficult. The one that requires you to reach down deep inside, to fight with everything you’ve got, to be willing to leave everything out there on the battlefield—without knowing, until that do-or-die moment, if your heroic effort will be enough. Well done, Japan, you deserved every point you won. We were complacent and sluggish and you seized the moment.

Society doesn’t reward defeat though, and you won’t find many failures documented in history books. Just look at how we all react when a sporting side of ours loses, be it at cricket or rugby or soccer. Look at how we have all been knocking the Boks in their match against Japan on Saturday!!! We feel a collective sense of failure.

But these failures can become stepping stones to later success, and are then highlighted as turning points and lessons learnt. Such is the case with Thomas Edison, whose most memorable invention was the light bulb, which purportedly took him 1,000 tries before he developed a successful prototype. “How did it feel to fail 1,000 times?” a reporter asked. “I didn’t fail 1,000 times,” Edison responded. “The light bulb was an invention with 1,000 steps.”

Unlike Edison, many of us avoid the prospect of failure. In fact, we're so focused on not failing that we don't aim for success, settling instead for a life of mediocrity. When we do make missteps, we gloss over them, selectively editing out the miscalculations or mistakes in our life's résumé. To many in our success-driven society, failure isn't just considered a non-option—it's deemed a deficiency, says Kathryn Schulz, author of *Being Wrong: Adventures in the Margin of Error*. "Of all the things we are wrong about, this idea of error might well top the list," Schulz says. "It is our meta-mistake: We are wrong about what it means to be wrong. Far from being a sign of intellectual inferiority, the capacity to err is crucial to human cognition."

The same holds true for personal quests, whether in overcoming some specific challenge or reaching your full potential in all aspects of life. To achieve your personal best, to reach unparalleled heights, to make the impossible possible, you can't fear failure, you must think big, and you have to push yourself. "To achieve any worthy goal, you must take risks," says writer and speaker John C. Maxwell. In his book *Failing Forward: Turning Mistakes into Stepping Stones for Success*. Of course, the risks you take should be calculated; you shouldn't embark on something blindly and simply hope for the best. Achieving the goal or at least waging a heroic effort requires planning, preparation, practice and some awareness of your skills and talents.

One of the biggest secrets to success is operating inside your strength zone but outside of your comfort zone. Although you might fail incredibly, you might succeed incredibly—and that's why incredible risk and courage are requisite. Either way, you'll learn more than ever about your strengths, talents and resolve, and you'll strengthen your will for the next challenge. If this sounds like dangerous territory, it can be. But there are ways to ease into this fearless mindset. The first is to consciously maintain a positive attitude so that, no matter what you encounter, you'll be able to see the lessons of the experience and continue to push forward. You've got to keep finding better ways to run your life, or someone will take what you've accomplished, improve upon it, and be very pleased with the results.

I wonder if maybe that is exactly what Japan has been learning quietly after every loss they have encountered at the World Cup in years gone by. So let's not beat up on the Boks too much and trust that they will use their loss/failure this week as a stepping stone and wake-up call and dig deep and find their mojo. They continue to need our full support. Like in a marriage, we are in it for better or worse!!! Go Bokke!!

Adapted and with apologies to Pauline Estrem

Previous Meeting

Minutes of the meeting on 21 September 2015

Scribe: Terry Lancaster

OPENING

The meeting commenced with all Rotarians and their many guests working together for the Stop Hunger campaign and after a short training demonstration the project got underway and very soon all the meals were packed and ready to go.

The Stop Hunger team then thanked Newlands Rotary Club for their donation and all the workers for their efforts on the night.

Sergeant Janey Ball then opened the meeting.

Acting President Wybe then welcomed all Rotarians present and their many guests and thanked everyone for their efforts for the Stop Hunger campaign.

4-WAY TEST – Regine Le Roux

Grace and Toast – Melinda Stapleton

Stirrer’s Spoon – Wybe presented this to Graham Finlayson for his hard work on the Cape Town Marathon.

Wine Raffle – Won by Willie Wijenberg

Dinner was served.

SPOTS

Wybe – Invited members to enjoy playing bowls on Sunday 11 October and bring friends and potential members to play and for the braai afterwards.

Graham Finlayson – Thanked everyone who had worked on the Cape Town Marathon which was a great success. He also pointed out that the larger you are the more love you need!

Rochelle – Asked for someone to return some equipment to Somerset West – Wybe volunteered.

Melinda – Santa Shoe Box project cancelled.

Nora – Asked where refreshment stations are to return the equipment issued to them. Graham to advise.

Rochelle – Told of her experiences in the closing vehicle and the following of the last runners who moved slower than those injured and already in the sweep bus.

Bill – Please return the missing equipment tomorrow. Volunteers still needed for the Dragon Boat race on the 3 October.

Peter Henshilwood – Related various stories about the marathon including his annual ‘Boom Problems’.

Tinus – At the next partners meeting 40 boxes of books will be given to members to circulate to needy causes.

Nora – While managing refreshment stations in her sector she met a bus going the wrong way which fortunately missed her and the runners. She was also impressed with the good manners of the runners.

Terry – Related the story about the Elite American lady runner who needed a Knight in Shining Armour and he had done the Rotary Club proud.

Paul – Suggested that the club reconsider supporting the Dragon Boat race due to problems encountered by Bill.

Graham Lowden – The bus that was sent to pick up the runners at the cut off was full of VIP guests who had to be evicted.

Mike Walwyn – Had to recommend to a couple with a baby in a pushchair that they do the 10km not the marathon.

Don Peters – As the representative of Hout Bay Rotary he thanked Newlands Rotary Club on behalf of the members of the Hout Bay Community who worked on marathon as marshals as they appreciated the funds paid to them. They were also pleased by the way the runners thanked them and had expressed their gratitude for the way Rotary had helped them.

Christine – Publically thanked her dearly beloved Phil for keeping her informed that there were two races and not one.

Wybe – Thanked everyone for helping with the Stop Hunger Campaign – Asked members to assist with the Dragon Boat race – Congratulated Regine (42km) and Vanessa and Sybi (10km) – A board meeting to be held next Wednesday.

Sergeant Janey – Happy Rands were collected from all present (Regine for her first marathon and Mike Young who got a T-shirt that fitted).

The meeting was then closed after an evening of good fellowship and service.



www.facebook.com/newlandsrotary

Stirrer's Spoon

Graham Finlayson

[Newlands Rotary Club Runner Calendar](#)

FUTURE FIXTURES

Year Planner

Please advise the secretary promptly of any additions or changes

September 2015

Mon 28 Business

October 2015

Sat 3 Dragon Boats

Mon 5 Partners, Santa Shoebox packing

Wed 8 Rotary Family

- Fri 9 Health Days

Mon 12 Ordinary

Mon 19 Membership evening

Sat 24 Mini Conference, Worcester

Mon 26 Business

November 2015

Sun 29 Stellenbosch Fietstoer

Happy Anniversary

3 October
Graham & Claire Lowden

UMPIRES AND SCORERS

DATE	28 September	5 October	12 October	19 October
MEETING	Business	Partners	Ordinary	Ordinary
SERGEANT	Garnet Carr	Michael Walwyn	John Stephenson	Regine le Roux
4 WAY TEST/ OBJECT	Heidi Andersson	Pieter van Aswegen	Tony van der Lith	Vanessa Rousseau
GRACE & TOAST	Corinne Hudson	Johan Beukman	Wybe Meinesz	Bill Meyer
ATTENDANCE	Peter Henshilwood	Graham Finlayson	Rochelle Malherbe	Jana Forrester
FELLOWSHIP	Richard Burnett	Shân Biesman- Simons	Andy Ismay	Menno de Wet
MINUTES	Graham Lowden	Daphne Lyell	Nora See	Janey Ball
COMMENT	Paul Spiller	Lucian Pitt	Tinus de Jongh	Jenny Ibbotson
THANK SPEAKER		Mike Young	Willie Wijenberg	
INTRO SPEAKER		Ian Pursch	Melinda Stapleton	

**Invited
GUEST SPEAKERS**

5 Oct **Linda Scott** – *Brothers for All*
 12 Oct **Sophie Woolley** – *Sophie's story*

If you cannot do your job on the day, please find someone who can do it instead of you, then contact the Sergeant on the day to update the roster. Please don't leave this until the Monday afternoon – let the Sergeant know in advance if you have not been able to arrange a swap. If you are going to be away for particular future meetings let Peter Ennis know.



Rotary Club of Newlands Office Bearers

Colin Burke	President	colinburke@mweb.co.za
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Regine le Roux	Public Relations	rotary@reputationmatters.co.za
Johan Beukman	Youth Service	jbeukman@netactive.co.za

Books for the World

**For all educational school books and novels for
age from early education to High school**

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