

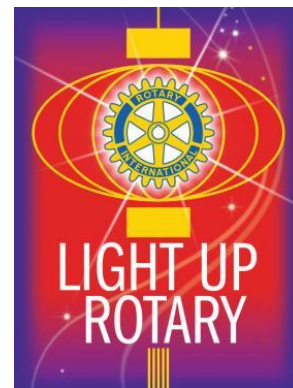
Rotary District 7910



Central Massachusetts, USA

FEBRUARY 20, 2015

Newsletter



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Governor's Message

By Val Callahan

Rotary founder **Paul Harris** made this wish: "May Rotarians continue to be ambassadors of goodwill to high and low, rich and poor, to all races, to the devotees of all religious faiths and to members of all political parties, purveyors of tolerance, forbearance, justice, kindness and friendliness to the inhabitants of this snug little world, the best little world of which we know."



Today, all of the work we do is imbued with the optimism of our founder, Paul Harris. This week, in honor of the 109th birthday of Rotary, I had the honor to be the guest speaker at the [Rotary Club of Wall Street](#) in New York City. My remarks featured the history of our fine organization. ([continues on page 3](#))

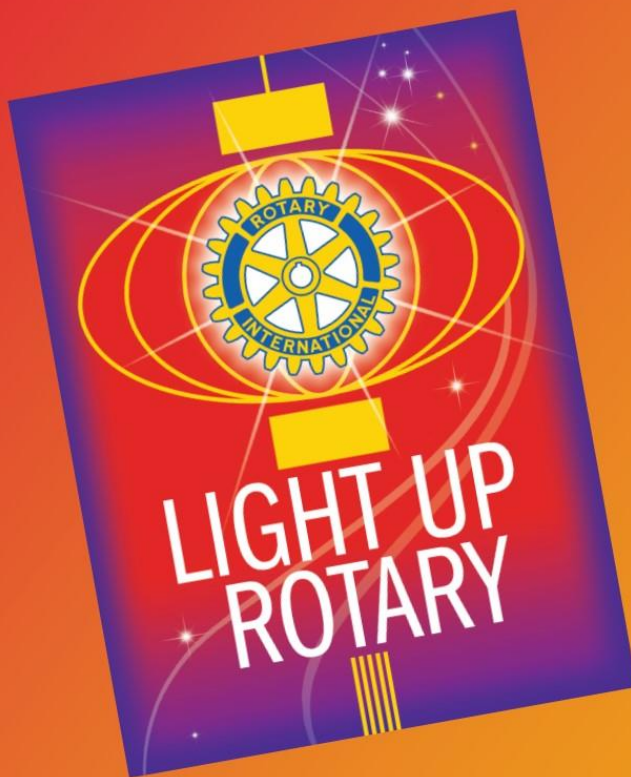
Val Callahan (fourth from left) and Eric Livergood (center), president of the Rotary Club of Wall Street, pose with members of the Rotaract clubs of Pace University, the United Nations, and Worcester Polytechnic Institute on February 18 in New York City. Photo: Carl Gomes of the Rotary Club of Nashoba Valley, who chairs District 7910's Rotaract Committee.

SAVE the DATES...

May 15-16, 2015

Rotary District 7910

“Celebrates Community!”



GREAT PROGRAMS!!!

- Paul Harris Gala Dinner & Awards Friday night May 15
“Black Tie Optional”
- Hospitality Rooms
- Stop Hunger Now!
Food Bag Production
- GSE Team from Italy
- Antiques Appraisals
- Craft Beers Demonstration
- Club Awards Dinner
- Memorial Service
- Annual Business Meeting
- Ralph Hammond Cycling for
RI Foundation
- *And More to Come!*

ONLINE REGISTRATION OPENS SOON!

Holiday Inn Hotel & Suites
Routes 20 & 495 • Marlborough

(continued from page 1)

Attending this meeting were: **Carl Gomes**, the new chair of District 7910's Rotaract Committee and a new member of the [Rotary Club of Nashoba Valley](#); and **Michael Figueroa**, vice president of the newly formed [Rotaract Club of Worcester Polytechnic Institute](#). Following my remarks, they met with the members of Rotaract clubs at [Pace University](#) and [New York at the United Nations](#). They formulated plans to do joint regional and global projects.

Special thanks to **Rich Prager** of the [Rotary Club of Worcester](#), which sponsors WPI's Rotaract club, for producing a video of that club's Inauguration Ceremony on February 4 at WPI. [Click here](#) to view his video of that event.



It appears the [Rotary Youth Leadership Awards](#) space reservations for some Rotary Clubs in District 7910 have gotten stuck in a U.S. Postal Service mail-delivery backlog due to the snowy

weather. In light of this, the original deadline (February 21) has been extended by one week to February 28. But we are still asking all clubs to let us know by tomorrow, February 21, the number of students you're sponsoring. This is very important for RYLA logistics, and we need your help. Please submit your club's information *now*, using this quick-and-easy online form: <http://tinyurl.com/ryla2015-res-form>.

Congratulations to members of the Rotary clubs of [Acton-Boxborough](#), [Clinton](#), [Hudson](#), [Littleton](#), [Montachusett Area](#), and [Nashoba Valley](#). With the help of 200 volunteers, they packaged 12,000 meals in about 45 minutes during the annual [Stop Hunger Now](#) event on February 7 at Nashoba Regional High School.

[Click here or on the image](#) for additional photos by several volunteer photographers.



In conclusion, here is a quote from **Bill Domings**, 2014-'15 president of the [Rotary Club of Westborough](#), who wrote a creative interpretation of Rotary's Four-Way Test while sunning and tanning on a sandy Florida beach. His Four-Way Test concerns our recent weather. It made me laugh, and I certainly hope you will enjoy it as well!

Shown, left to right are: Mina Semino, president of the Littleton club; Richard Simon, 2014-'15 president of the Nashoba Valley club; Marty Libby, president of the Hudson club; Jim Fusco, 2015-'16 governor-elect of D7910; John Sbrogna, president of the Montachusett Area club; Kevin Fry, past president of the Acton-Boxborough club; and Gary Hutner, president of the Clinton club.



- 1. Truthfully, it will snow some more, but the amount may be less or more than predicted*
- 2. When it does snow, everybody will get some*
- 3. It will bring good naturedness as neighbor helps neighbor (except for shoveled parking spaces)*
- 4. All will benefit - whether skier, or plower, or photographer or couch recliner*

Good luck – tread carefully!

You may contact me at Valentine.Callahan@gmail.com.

D7910 Holds Pre-PETS Events

By Ron Goodenow

On Thursday, February 5, [District 7910](#) hosted the first of two Pre-PETS sessions, at the Leominster Doubletree. Led by **Jim Fusco**, D7910 governor-elect for 2015-'16, future presidents were introduced to a guide specially prepared for them on district and Rotary International on-line resources and some key responsibilities.



Additional information was provided by club members and district chairs on grants, [The Gift of Life](#), the [Rotary Alumni Association of Greater New England](#), district membership goals, and other topics.

The food featured gourmet pizza - perfect for a freezing night and, as can be seen by the faces captured in [these photos](#), presidents-elect enjoyed the evening. The second of the two Pre-PETS was held on February 11 at the Marlborough Holiday Inn.



Ron Goodenow is a member of the [Rotary Club of Westborough](#), past president of the [Rotary Club of Northborough](#) and web editor of [NICviewRotary.org](#). You may contact him at Ron.Goodenow@gmail.com.

Sign Up Now: D7910 PR Expo And Awards Dinner, March 20

By Laura Spear

Showcase your PR activities. Learn from other clubs in District 7910. Help us recognize the effective PR being done across our district.



The Eighth Annual [PR Expo and Awards Dinner](#) is coming soon:

- Friday, March 20
- Holiday Inn, Boxborough, MA
- PR Expo displays and social time, 5:30-6:30 p.m.
- Dinner, PR program, and awards, 6:30-8:30 p.m.

Show off your public-relations expertise, and learn about PR best practices from across the district. Collaborate on a Rotary PR challenge. And, join us as we kick off the Rotary 2014-'15 awards season with D7910 PR awards.

1. [Register](#) on the district website, to attend. The cost for dinner is \$25. Make sure you add your meal choice to the registration comment field: Chicken Piccata; or, Roasted Vegetable Stack.
2. Submit your club's PR Awards nomination forms by March 13, 2015. You can find the form on the district website. We encourage you to apply for as many awards as you'd like! If you have any questions, contact **Steve Jones-D'Agostino** of the [Rotary Club of Worcester](#) at 508-930-8675 or BestRateofClimb@icloud.com.

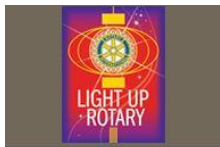
3. Sign up for an exhibit table for the PR Expo, and share with other clubs what you did to promote your club's events, service projects, and fundraisers, as well as Rotary. Contact me if you would like to participate.



Laura Spear of the Rotary Club of Nashoba Valley chairs the Public Image Committee for District 7910. You may contact her at Laura@Spear.net.

Wachusett Area Club Seeks To Increase Liver-Health Awareness

By Sanjay Deshpande



Liver Health Awareness

JOIN US IN LIGHTING
THE CANDLE OF
KNOWLEDGE ON
LIVER HEALTH AND
HEPATITIS C

In the spirit of [Rotary International](#) President **Gary Huang's** theme of "Light Up Rotary," the [The Rotary Club of Wachusett Area](#) is lighting up the candle of knowledge on liver health and the most serious liver disease – hepatitis C, caused by the hepatitis C virus (HCV).

There are lots of misconceptions about this disease, including stigma and, at times, a wrongful association with HIV (human immunodeficiency virus). But, it must be pointed out that HCV has no vaccine and those infected have no symptoms. The disease progresses silently, over 10 to 40 years, among 8 to 20 percent to liver scarring (cirrhosis), and among 2 to 4 percent of them to liver cancer and failure resulting in death. An estimated four million Americans have chronic HCV infection.

It is not very well known that the [U.S. Center for Disease Control](#) has recommended that all adults born between 1945 and 1965 in this country - a majority of Rotarians in the [District 7910](#) and the U.S. - should receive one time testing for HCV. The Wachusett Area club will be conducting a screening event on May 2 in the Worcester/Wachusett area. Such screening helps identify those infected so that they can receive FDA-approved treatment, which can cure the disease in 12 to 24 weeks with a more than 95-percent success rate and very little side effects. It is now believed that the hepatitis C disease can be eradicated, as polio has been nearly ended in the world.

It is necessary to spread awareness about liver health and hepatitis C. Leading up to the May 2 screening event, the Wachusett Area club, together with the [American Liver Foundation](#), has made Liver Health Awareness presentations at six Rotary clubs in the far-western third of the D7910, and will be making similar presentations to 11 other Clubs in February and March (see table, right).

February 24	Presentation – Fitchburg East
February 25	Presentation – Westborough
February 26	Presentation – Montachusett Area
March 2	Presentation – Athol-Orange
March 4	Presentation – Southbridge
March 6	Radio interview on The Senior Focus
March 9	Presentation – Shrewsbury
March 19	Presentation – Worcester
March 30	Presentation – Leominster
April 9	Table at The Senior Focus Symposium
May 2	Hepatitis C Screening Event

In addition, there will be a TV and radio interviews with [The Senior Focus](#), a Worcester-based organization devoted to seniors' health, and an information table at the The Senior Focus' [Navigating the Challenges of Aging Symposium](#) on April 9 in Worcester. All of these events seek to promote the Hepatitis C Screening Event on May 2 from 9 a.m. to 2 p.m. at [The Manor Restaurant](#) in West Boylston. The May 2 event is free and open to the public.

These presentations do the following: explain the importance of the liver to the human body; identify liver diseases and the role of viruses as a cause; share facts about hepatitis C, including the risk factors involved; explain how the disease is transmitted, and was spread through hospital practices prior to 1992; and, underscores the need to be screened early, so the disease can be cured before much liver damage occurs.

All of this activity is being conducted under a 2014-'15 District Grant. In subsequent years, it is hoped the awareness can be spread by other clubs in the district through the use of District Grants, and those clubs will replicate the Wachusett Area project by conducting more screening events in their communities.



Sanjay Deshpande, chair of the Foundation Committee of the [Rotary Club of Wachusett Area](#), may be contacted at SanjDesh51@aol.com.

In Remembrance Of Frank Geishecker Jr.

Frank Geishecker Jr. of Westwood, formerly of Dedham and Pocasset, died peacefully at his home surrounded by his family on February 5. He was a longtime member of the [Rotary Club of Dedham](#).

Frank was the beloved husband of Mary Ruth (Brennan), and the devoted father of Susan and William Novicki of Winchester, Lori Ann of Reading, PA, Mary Lee of Sandwich, Debra and Alfred Mattera of Rochester, and Frank III and Drawdé Geishecker of Falmouth.

He was also the loving grandfather of Andrew Novicki of South Boston, Sam Novicki of Winchester, Edward Geishecker of Falmouth, and Dominic Mattera of Rochester. And, he was the loving uncle of Jay Herlihy of Belmont, Chris Herlihy of Winchester, and Beth Herlihy of West Roxbury.

Funeral services were held on February 9. In lieu of flowers, donations may be made to [St. Margaret Mary Church Handicap Accessibility Project](#), 845 High St., Westwood, MA 02090.



[Click here or on the image](#) to send and view messages of condolence.

Past Issues



[Click here or on the image](#) for past issues of *Rotary District 7910 Newsletter*

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Like us at Facebook.com/RotaryDistrict7910



[Click here or on the icon](#) to learn about D7910's Interact clubs



[Click here or on the icon](#) to learn about D7910's Rotaract clubs

Submit Content



If you would like to **submit content** for consideration for the **March 5 issue** of *Rotary District 7910 Newsletter*, please e-mail it **Val Callahan** at Valentine.Callahan@gmail.com. The **submission deadline** is Friday, **February 27**. **Text** must be in **Word** format. **Images** must be in **JPEG** format.