

# The Toolb



Barb Wyllie Editor

Send submissions to: [THETOOLBOX7190@GMAIL.COM](mailto:THETOOLBOX7190@GMAIL.COM) Deadline: 15<sup>th</sup> of the month

[www.Rotary7190.org](http://www.Rotary7190.org)

## From the Governor's Chair

### HAPPY BIRTHDAY ROTARY!!

Back on February 23, 1905 Paul Harris and his three acquaintances met in that Chicago law office and Rotary was born! So we have special reason to get together to celebrate our accomplishments and enjoy each others' fellowship. Thanks to the Glenville club, mentioned elsewhere in this issue, we'll have the occasion on that anniversary to do exactly that!

This is also the time that the theme for the upcoming Rotary year is announced. I know we'll be hearing more about that, but it brings me back to a year ago when we first heard Kalyan Banerjee express his passion for the 2011-2012 theme.

"Reach within to Embrace Humanity" had an exciting meaning the day it was announced.

Our work in doing good for others begins with the heart, and the values we feel there are basic to others around the world: family, food, shelter, health and literacy are needs felt by all. We want peace around us and economic opportunity to better our living conditions. As Rotarians we make a difference by bringing these values to places where they might seem out of reach – in our communities and around the world.

Consider that when we evaluate the success of our endeavors. We've been faced this year with ongoing disaster needs in our own District. Individuals and clubs have stepped up with work projects and cash to meet the needs created by the catastrophic loss. Our District Simplified Grants supported those efforts with thousands of

dollars, also reported elsewhere in this issue, along with other worthy projects. On the international scene we've contributed District-wide to the huge steps in eradicating polio from the face of the earth. Our clubs performed countless additional ways of helping people in our communities and beyond.

It is a typical list in many ways, but it represents years of accumulated service to others. By making better known the differences we make and the friendships we form in carrying out this work, the greater will be our presence in our communities and more the interest in what we do. Carry on, continue doing what we do, make new friends and grow Rotary!

Shifting gears a little bit, we look forward to more to talk about in Rotary – and heaps more fellowship – at the District Conference May 18-20 in Lake George (well, not IN Lake George). There'll be golf and dinner Friday at one of the most scenic places on the planet. We'll generate pride in what we do with our reporting of Rotary's work; we'll have a blast on the dinner cruise on the Lac du Sacrement; we'll pay tribute to those in Rotary who have passed away. We've kept the price low and the fun high – so join us and wrap up 2011-2012 in style!

All the best as we continue our year together,

Bill Nathan  
District Governor



## DISTRICT EVENTS AT A GLANCE

- **February 14<sup>th</sup> – Happy Valentine’s Day!**
- **February 23<sup>rd</sup> – Rotary’s Birthday Party!!**
- **March 23<sup>rd</sup> – Rhonda Vincent and the Rage** Sponsored by Gift of Life & Albany Rotary Foundation
- **May 18<sup>th</sup>-20<sup>th</sup> – District Conference**

## CLUB EVENTS AT A GLANCE

- **February 3<sup>rd</sup> – Ziti Dinner**  
Sponsored by the Rotary Club of Glenville
- **Now –Ireland Raffle** Sponsored by Schenectady East Rotary & the Rotary Clubs in Area 7
- **February 29<sup>th</sup>-Bartending for a Cause**  
Sponsored by Twin Bridges Rotary
- **March 3<sup>rd</sup>-Chicken & Biscuit Dinner**  
Sponsored by Schenectady East Rotary
- **March 25<sup>th</sup> – Pancake Breakfast**  
Sponsored by Schenectady East Rotary
- **May 18<sup>th</sup>- Hometown Health Center Fundraiser** Sponsored by Niskayuna Rotary and the Rotary Clubs in Area 7
- **June 2<sup>nd</sup> – Annual Wine Tour** Sponsored by Rotary Club of Glenville
- **August 16<sup>th</sup> – Rotarian of the Year Recognition Night** Sponsored by Rotary Club of Glenville

*Rotary Club of Glenville presents its  
23<sup>rd</sup> Annual*

### **Ziti Dinner**

**Friday, February 3<sup>rd</sup>  
4:00pm – 7:30pm**

at the **Glenville Senior Citizen Center**  
next to Glen Worden School, Worden Rd  
Glenville NY

**Advanced Tickets - \$7  
At the door - \$8**

**Entertainment, Prizes, & More!**

Take out dinners available.  
*Contact any Glenville Rotarian for tickets  
or check [www.glenvillerotary.org](http://www.glenvillerotary.org).*

To Benefit Northeast Regional Food Bank,  
Scotia-Glenville Food Pantry, and other Rotary  
projects

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*Sponsored by Schenectady East Rotary and  
the Rotary Clubs in Area 7*

### **Raffle to Ireland**

**\$10 tickets**

**Win a trip for 2 to Ireland inclusive of  
airfare, hotel, tours, and more.  
Tickets are available from any  
Schenectady East Rotarian.**

Chaired by Sue Austin of Schenectady East Rotary  
at [bankr736@nycap.rr.com](mailto:bankr736@nycap.rr.com)

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### **Happy Birthday Rotary!!**

**2012 is**

**Rotary's 107<sup>th</sup> Birthday!**

*Celebrate with your fellow Rotarians on*

**Thursday, February 23<sup>rd</sup>**

**5:30 to 8 pm**

**Ancient Order of Hibernians Hall**

**1748 State St, Schenectady**

[www.aohjfk.org/](http://www.aohjfk.org/)

Cost is only \$25 per person and includes  
a full buffet dinner!!  
Cash bar on site!!

- Remarks by DG Bill Nathan
- Updates from the District,  
Foundation, and PolioPlus
- Live Entertainment by Ted  
Therault

**Net Proceeds to Benefit the Rotary  
Foundation!!**

One RSVP per club requested by  
February 16 to:  
Larry Jones at 518-369-2163 or  
[larryfunds@yahoo.com](mailto:larryfunds@yahoo.com)

*Related article on page 4*

*Twin Bridges Rotary presents its  
3<sup>rd</sup> Annual*

**Bartending for a Cause**

**At Bentley's Tavern**  
(Exit 12 Parade Ground Village, Malta NY)  
**Wednesday, February 29th**  
5:00pm – 7:00pm

50/50 Raffle - Chinese Auction  
DJ Services provided by Aircraft DJ Services, LLC

Join us for a great time for a good cause  
on Leap Day in this Leap Year!

Proceeds to benefit CAPTAIN Youth and Family  
Services

Contact: Jessica Petraccione  
Phone: (518) 365-9968

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*Schenectady East Rotary presents their  
Giffy's BBQ*

**Chicken & Biscuit Dinner**

**Saturday, March 3<sup>rd</sup>**  
4:00-6:00pm  
**Vischer Ferry Fire Station**  
360 Riverview Road, Rexford  
**Adult dinners - \$10**  
**Seniors - \$8**  
**Children 10 and under - \$6.**

Tickets may be obtained from any Shenendehowa  
Rotary member, from Giffy's Bar-B-Q 373-9800, at  
any Shenendehowa Rotary breakfast or by emailing  
shenendehowa.rotary@gmail.com.

Proceeds will benefit local student Shenendehowa  
freshman who was diagnosed with a brain tumor in  
2009.

*Related article on page 4*

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*Schenectady East Rotary presents its*

**Annual Pancake Breakfast**

**Sunday, March 25<sup>th</sup>**

at the Ancient Order of Hibernian  
1748 State St Schenectady

**8:00 am – 12:30pm**  
**Adults -\$6**  
**Children 5-12-\$4**  
**Students 12-18 - \$5**

**SAVE THE DATE**

**2012 DISTRICT CONFERENCE**

**Friday-Sunday, May 18<sup>th</sup>-20<sup>th</sup>**

At the historic **Fort William Henry Resort and  
Conference Center**  
In beautiful **Lake George!**

**Golf Tournament on Friday**

**Saturday evening dinner cruise  
on the Lake**

**Rooms rates from \$89 to \$139**

*Plan on bringing your family*

Registration will be available soon either on the  
District website or via mailed in form.  
Credit Cards will be accepted!"

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*Sponsored by the Rotary Clubs in Area 7*

**Hometown Health Center  
Fundraiser**

**Friday, May 18<sup>th</sup>**  
**Champagne Dinner**  
**6:00-11:00pm**

**At the Lighthouse Restaurant**  
Glenville

*More info to follow....*

Chaired by Rita Badami of Niskayuna Rotary  
vbadami@ny.cap.rr.com

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**SAVE THE DATE**

*Sponsored by Gift of Life*

**Rhonda Vincent & the Rage**

*The Queen of Blue Grass!*

**Friday, March 23<sup>rd</sup>**  
**7pm**

**At the Cohoes Music Hall**  
58 Remsen St, Cohoes

**Tickets \$25**

This was the band that played at the International  
Convention in New Orleans!!!!

**SAVE THE DATE**

**Rotary Club of Glenville  
presents its annual**

**Wine Tour**

**Saturday, June 2<sup>nd</sup>**

**More info to follow**

Or Contact Barb Wyllie at  
370-2214 or bw4rotary@gmail.com

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**SAVE THE DATE**

**Rotary Club of Glenville  
presents its annual**

**Rotarian of the Year  
Recognition Night**

**Thursday August 16<sup>th</sup>**

**At the Joe Bruno Stadium  
HVCC**

This is an excellent opportunity to celebrate your club's  
**Rotarian-of-the-Year** with those from neighboring  
clubs.

Many specials and giveaways

**More info to follow**

For reservations contact Barb Wyllie at  
370-2214 or bw4rotary@gmail.com

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**SHENENDEHOWA ROTARY'S  
5TH ANNUAL  
CHICKEN & BISCUIT DINNER**

**Shenendehowa Rotary** announces its 5th Annual  
Chicken & Biscuit Dinner on March 3rd at the Vischer  
Ferry Fire Station, 360 Riverview Road, Rexford, from  
4pm to 6pm. Proceeds will benefit local student  
Shenendehowa freshman Ben Mayo who was  
diagnosed with a brain tumor in 2009. Adult dinners  
are \$10, seniors \$8 and children 10 and under are \$6.  
Dinners are being provided by Giffy's Bar-B-Q.  
Dinner includes homemade chicken, vegetables and  
gravy over buttermilk biscuits served with mashed  
potatoes, tossed salad and beverage. Tickets may be  
obtained from any Shenendehowa Rotary member,  
from Giffy's Bar-B-Q 373-9800, at any Shenendehowa  
Rotary breakfast or by emailing  
shenendehowa.rotary@gmail.com.

Shenendehowa Rotary is celebrating over fifty  
years as a service organization changing and saving  
lives in our community, through our professions, and  
throughout the world. Shenendehowa Rotary meets  
every Thursday morning at 7:15m for breakfast at  
Coburg Village near the intersection of Grooms and  
Vischer Ferry Roads in Clifton Park.

**Happy Birthday Rotary!!**

Join your fellow District 7190 Rotarians to  
celebrate Rotary's 107th Birthday! This annual  
event, hosted by the Glenville Rotary Club, will be  
held Thursday, February 23 from 5:30 to 8 pm, and  
will feature a full dinner buffet, cash bar and live  
entertainment - plus a few surprises!

Cost is only \$25 per person. Bring your whole  
club and guests!! RSVP to Larry Jones at (518)  
369-2163 or larryfunds@yahoo.com.

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**District Simplified Grant Info**

The funding of District Simplified grants is a  
direct result of what District 7190 Rotarians  
donated to the Rotary Foundation in Rotary year  
2008 – 2009. Over \$98,750 was donated. Three  
years later one-half of those donations (\$49,375)  
are returned to the District in the form of District  
Designated Funds (DDF) and 20% of the District  
Designated Funds (DDF) is what funds the District  
Simplified Grants (DSG). The 2011 – 2012 District  
Simplified Grants funding totaled \$9,874.00.

To date, we have approved almost all of these  
funds in the following projects:

(Listed are the lead clubs for the projects)

- 1) Mechanicville, Shenendehowa, Fort Ann and  
Granville Rotary Clubs with over 1300  
Dictionaries/Thesaurus
- 2) Hudson Shores Rotary Club to support  
gifts/plants to homebound
- 3) Twin Bridges Rotary to assist with purchase of  
kitchen equipment for Ronald McDonald  
House Charities\*\*
- 4) Latham Rotary to assist with updating/painting  
at the Shaker Heritage
- 5) Middleburgh and Cobleskill Rotary clubs to  
assist with disaster relief after Hurricane  
Irene\*\*
- 6) Southern Rensselaer Rotary to purchase over  
300 children's coats for Schoharie County\*\*

\*\*multiple Rotary club participation in these  
projects

Submitted by Sandra L McAlonie

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## Change-Over Event Update

This year our traditional “change-over” event is going to be a public celebration honoring all the Not-For-Profits the clubs of District 7190 has partnered with. It doesn’t matter how long ago you worked together, or how new your partnership is – if you’ve touched them, we want to meet them. I need **your help** to invite the local organizations your club has worked with. Please fill out this form: <http://celebrationofheros.org/submit-charity/> to include your favorite organizations on our invitation list. I don’t mind duplicates, so just fill it out and I will sort it out from there. Each organization will be able to enter into a little contest where they may win \$1000, \$500 or \$250 on the spot! Each Rotary Club is also welcome to participate; the winning club will get the *District 7190 Helping Hands award*. ~ Read the through the [Celebration of Heroes](http://celebrationofheros.org) web site for all the details. I’m excited ~ Hope you are too.

Melissa Ward, 2012-2013 DG

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## Happy 107<sup>th</sup> Birthday Rotary!!!

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**In 2012:**

*Life isn't about waiting for the storm to pass. It's about learning to dance in the rain.*

*anonymous*

## CONGRATULATIONS, CHIC GILGORE!

Charles “Chic” Gilgore recently observed his 50<sup>th</sup> year as a member of Scotia Rotary. Chic joined the club in the footsteps of his father and was acquainted with many other members. He served as Club President in 1975 and has maintained a long presence in the club as Chairman of the Classification Committee, “always with attention to the Four-Way Test.” Chic is a Paul Harris Fellow.



Chic is a graduate of Scotia High School and Dartmouth College, and followed that by a 4-year stint with Navy submarine service in Portsmouth, NH. He remained in the Naval Reserves retiring from that in 1984. He came home to Scotia to work in his father’s hardware store and then went on to work for General Electric, eventually as Security Manager at the Main Plant, and retired in 1991. He recalls those turbulent times in the 1960’s and early 70’s when anti-war demonstrators gathered at the main gate and tore down the flag.

Chic’s words: “Rotary has been good to me and I enjoy giving back. When folks ask what I do all day, I reply, ‘I don’t know but it takes all day to do it!’”

**GOT LONG-TIME MEMBERS IN YOUR CLUB? SEND US THEIR STORY!**

**WELCOME NEW ROTARIANS****July 1- December 31, 2011****Rotary District 7190 New Member Report****(format: CLUB; new member; affiliation; classification; sponsor)****Compiled by Bill Corbett, District Membership Chairman**Mechanicville

John Goralski	Stillwater Elem School	Education	Matthew Hosek
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Twin Bridges Rotary

Kristyn Kamber	Trustco Bank	Banking	Jennifer Vucetic
Carolyn Bailey	Retired	N/A	Eric Catricala
Damian D'Arpino	Riverfront Agency	Insurance	Tony DiLeva
Jennifer Arvin	Self Employed	Real Estate	Karen Bristol
Jessica Kennedy	Clear Channel Radio	Media Sales	Karen Bristol
Lawrence Bailey	Retired	N/A	Kelly Catricala
Lawrence McGann	Self Employed	Home Inspection	Dan Glaser
Mary Catherine White	Huntington Learning Cntr	Educator	Dan Glaser

Scotia

James Trapini	N/A	Education	Joseph Gallagher
Sharon D. Davis	N/A	Social Services	Michael Welshhans

Rotary Club of Schenectady, #4940

Colleen Merays	Downtown Sch'dy	Improvement Corp	Ass't Dir Betty C Barlyn
Daniel Lloyd	MVP Health Care	Sales Rep	Laura Erano
Frank Ferraro	Sch'dy City School Dist	Dist Dir of Bus and Fin	Randall Hogue
Brenda Eckler	SUNY Delhi	Senior Staff Ass't	Mark Sheehan
Jillian Grant	Northeast Health Care	Community Liaison	Jim Hurley

South Glens Falls

Patricia Reese	Saratoga County	Administration	Bill Granger
Carol Wirfel	School	Teacher	Bill Granger
Karen Potter	Retired	Teacher	Bill Granger
Jamie Thompson	School	Teacher	Joe Patrick
Joe Van Guilder	US Railways-ret.	Railroad	Bill Granger
Bruce Reese	GE	Maintenance	Bill Granger

Malta Sunrise

Bonnie Laing	Self Emp house cleaner	House cleaning	N/A
John Scranton	Scranton Sales/Marketng	Sole proprietor	N/A
Paul Loomis	Gilbane Building Co	Manager	N/A
Sandra Debus	Round Lake Library	Trustee	N/A
Ryan Gregoire	Various school districts	Substitute teacher	N/A

Rotary Club of Albany

Dave Phillips	NYS Health Dept of ret.	State government	Greg Jackson
Moses Kunda	Time Warner Cable	Cable TV services	Bill Corbett

*continued...*

Rotary Club of Glenville

Patrick Ragucci	Key Bank	Bank Manager	Phil Arony
James McGlynn	Berkshire Bank	Branch Banking	Transfer fromGlove Cities Rotary
Amanda Spyratos	Chiropractics	Spyratos Chiropractic	Charlie Palmer
Garry Packer	Jezreel Inter'l	Logistics & PR	Barb Wyllie
Frank Renna	Goldcrest Electronics	Electronic Supplies Dist	Transfer from Mechanicville Rotary

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**COMMENTARY: Understanding Change: The Elephant and the Rider 759.1**

by Michael Josephson on January 20, 2012

It took me a long time to realize the limitations of logic. For much of my life, including a 20-year stint as a law professor, I relied on discourse and reasoning to understand and resolve problems. I believed that I should suppress feelings that could result in irrational behavior, and I had little patience for those who seemed to govern their lives by emotions.

Despite my intellectual resistance, life’s experiences forced me to accept the reality that the relationship between the head and the heart is much more complicated. Not only did I find that many people I dealt with were unable or unwilling to give up the demands and satisfactions of giving in to their feelings, I came to realize how often my own behavior was dictated by those same feelings.



In his excellent book [\*The Happiness Hypothesis\*](#), Jonathan Haidt uses a memorable metaphor to describe the conflicting forces behind human conduct. He labels the conscious reasoning self as a Rider sitting atop an Elephant, the emotional self. The analytical Rider is constantly striving to direct and control the emotional Elephant. Dr. Haidt acknowledges that training the Elephant is possible and useful, but the larger and more powerful Elephant will sometimes go its own way.

This concept is also the premise of [\*Switch: How to Change Things When Change Is Hard\*](#), another very valuable book by Dan and Chip Heath. Haidt and the Heaths make a rational, convincing case that it doesn’t really matter how much my Rider thinks it’s wiser to let reason dominate feelings; it’s just not always going to be that way. The answer: learn how to work with the Elephant.

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**Editor’s Note:**

***Happy Valentine’s Day!***

If you don’t have someone special to share this Valentine’s Day with, do what Rotarians do best...find a cause!!! Share your time on this day with someone who needs you.

Think about it. You’ll know where to look. Have fun.

**Thank you for sharing your events, recaps, pictures, good deeds, and stories with us by sending them, by the 15<sup>th</sup> of the month prior to publication, to me at**

**[TheToolbox7190@gmail.com](mailto:TheToolbox7190@gmail.com)**

**Barb Wyllie  
Editor**

16 Pine Hollow Road  
Slingerlands, NY 12159

## *International Assembly Presenter...*



District Governor Elect Melissa Ward speaks about Social Media and Public Relations during the seventh plenary session at the International Assembly, 19 January 2012, San Diego, California, USA.

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