

The Toolb



Barb Wyllie ~ Editor

Please send submissions to: THETOOLBOX7190@GMAIL.COM Deadline: 15th of the month

HAPPY NEW YEAR!!!

JANUARY GOVERNOR'S NOTES

THE LAST FEW WEEKS OF 2012 WILL BE BURNED INTO OUR MINDS FOR THE REST OF OUR LIVES.

MOTHER NATURE HIT THE EAST COAST IN A FIT OF RAGE THAT FEW OF US HAVE SEEN IN OUR LIFE TIMES. LEAVING OUR NEIGHBORS TO THE SOUTH IN SHAMBLES. THEN THE SHOCK OF THE HORRIFIC EVENTS IN CONNECTICUT. SUCH DRASTIC EVENTS CAN LEAVE AN INDIVIDUAL THINKING THAT THEY CAN NOT DO MUCH TO CHANGE THE WORLD. BUT I, AS A ROTARIAN, AND YOU AS FELLOW ROTARIANS KNOW DIFFERENTLY. WE KNOW WE CAN CHANGE THE WORLD FOR THE BETTER. WE KNOW HOW FAR WE'VE COME AND HOW MUCH FURTHER WE HAVE TO GO.

IT TOOK MERE HOURS AFTER THE SANDY HILL SHOOTING FOR OUR POLITICAL LEADERS TO START POINTING FINGERS AD PONTIFICATING EMPTY PROMISES. BUT WE, AS ROTARIANS, KNOW HOW TO FOSTER PEACE. WE, AS ROTARIANS, HAVE BEEN IN THE FIELD WORKING WITH OUR BROTHERS AND SISTERS IN HUMANITY TO ENSURE THEIR HEALTH, WELL BEING AND HAPPINESS.

AS WE MOVE INTO 2013, LET US NOT BE DISMAYED BY THE EVENTS THAT CLOSED OUT 2012, BUT RATHER, LET THOSE EVENTS MOTIVATE US TO DOUBLE OUT EFFORTS IN FOSTERING PEACE AND WELL BEING THROUGH OUT THE GLOBE. REMEMBER THE SMILES, THE THANK YOU'S, THE GRATEFUL EYES LOOKING UP AT YOU AS YOU WORK ON A SERVICE PROJECT. REMEMBER THE HANDS YOU'VE HELD, THE PEOPLE YOU'VE HUGGED, THE SHOULDERS YOU'VE WORKED NEXT TO IN YOUR ROTARY LIFE. AND REMEMBER THE COUNTLESS PEOPLE YOU'VE NEVER MET WHO ARE BETTER BECAUSE YOU EXIST ON THIS PLANET AND ARE A ROTARIAN.

IN 2013 WE WILL SELECT A NEW LEADER TO HELP MOVE OUR DISTRICT FORWARD IN 2015-2016. IN 2013 WE WILL PARTNER WITH DISTRICT 6400 IN BRAZIL

CONTINUES TO GROW AND HELP OUR CHILDREN TO UNDERSTAND OTHER CULTURES. IN 2013 WE WILL CLOSE OUT THE YEAR IN A CELEBRATION WITH DISTRICT 7170 AT TURNING STONE CASINO, REMEMBER ALL THE MIRACULOUS EVENTS WE PARTICIPATED IN DURING THE 2012 - 2013 ROTARY YEAR. AND WE WILL WELCOME IN OUR NEW LEADER, SUE AUSTIN, WHO WILL CONTINUE TO MOVE THE DISTRICT FORWARD IN GROWTH AND PROMOTING PEACE THROUGH OUT THE PLANET.

WHILE HALF OF MY YEAR AS DISTRICT GOVERNOR ENDS 12/31/2012, THE YEAR OF 2013 IS FULL OF MORE HOPE AND PROMISE. I EARNESTLY BELIEVE THAT WE HAVE ONLY TOUCHED THE SURFACE ON WHAT WE ARE CAPABLE OF DOING, AND I LOOK FORWARD TO WORKING WITH YOU IN 2013 TO DELVE DEEPER INTO PROJECTS, SERVICE AND FURTHERING PEACE IN OUR WORLD.

MAY 2013 BE THE BEST YEAR IN YOUR LIFE TO DATE AND I HOPE THAT I WILL HAVE THE PRIVILEGE OF BEING A PART OF IT.

~ MELISSA WARD
2012-2013 DISTRICT GOVERNOR
ROTARY DISTRICT 7190

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PEACE THROUGH SERVICE

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DISTRICT EVENTS AT A GLANCE

- **NOW** – GSE Team Leader **NEEDED**
- **January 1st** – Polar Plunge!!!
- **May 31st, June 1st & 2nd** – Multi-District Conference

CLUB EVENTS AT A GLANCE

- **January 1st** – Happy New Year
- **January 26th & 27th** – Fellowship Weekend Sponsored by Lake George Rotary
- **February 14th** – Valentine's Day Dance Sponsored by Cohoes Rotary

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Fellowship Weekend Saturday & Sunday - January 26th & 27th

The objective of this Fellowship Weekend is to get all our Rotarians in the District together. Please please encourage your friends, your children's friends and any and all Interact Club to participate, even if they cannot stay overnight. We will issue tickets on your day/s at Gore at 0800. Just let me know how many tickets you need me to keep for you and where to contact you after the holiday season and I will be happy to contact you then.

Need hotel rooms? Lake George Rotary has booked a block of rooms at the Holiday Inn Lake George. Please call the hotel 518 668 9213 and mention code RSW to receive our special rate of \$109.00 plus tax per night (these rooms have free breakfast for two). Time is of the essence since all rooms not allocated will be released on 2ND JAN.....

Gore Mountain Ski Tickets are:

- 1 day pass = 7-12 years and over 65 years \$30.00
13-19 years \$40.00 - 20-64 years \$50.00
- 2 day pass = 7-12 years and over 65 years \$55.00
13-19 years \$75.00 - 20-64 years \$90.00

Submitted by Jan Strachan 518 668 2153

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Save the Date
Valentine's Day Dinner Dance
Sponsored by Cohoes Rotary Club
February 14, 2013
The Century House, Latham, NY
Under \$50 per person
Watch for Details

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KEVENY REUNION SUCCESSFUL FUNDRAISER FOR COHOES ROTARY



COHOES—Black Friday turned out to be a profitable day for community organizations in the City of Cohoes. On November 24th over 300 people attended the Keveny Memorial Academy Reunion Cocktail Party fundraiser presented by The Rotary Club of Cohoes at the Century House in Latham. All proceeds from ticket sales, raffles, a photo booth, Keveny Christmas ornament and mug sales will be donated back to community organizations in Cohoes. The event raised nearly \$5,000.

Alumni in attendance were thrilled with the event. Tom Cashin stated that he had a great time. Tony LePage said, "It was a great evening. I hope you do it again." Others noted that the timing was perfect given that many people were in town for the Thanksgiving holiday.

"I wish to thank the entire community for supporting and attending the Keveny Memorial Academy Cocktail Party. Keveny Memorial Academy was a great school, and your attendance demonstrates that the memories and loyalty to this institution are still very much alive," said Robert Van Alstine, Cohoes Rotary President. "Your generosity will enable the Rotary Club of Cohoes to support many of the non-profit organizations in the city at a time when they need our help and assistance."

Colin Demers, Managing Partner of the Century House and Fundraising Committee Chair for the Cohoes Rotary noted, "It was amazing how five decades of Keveny graduates came together to raise money for Cohoes and were excitedly telling high school stories like they were all in one class, still in the (loud) Keveny cafeteria."

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GSE Team Leader NEEDED

Our GSE exchange is with District 4430 in Brazil. We are currently looking for a Rotarian Team Leader. The dates are Saturday, May 11, 2013, returning to Albany, NY on Saturday, June 8, 2013. Unfortunately, our team will not be at our district conference, but the Brazil Team will be here to join us.

If you, or a member of your club are interested, please send an email to Ellen Schafer at eschaefer2@nycap.rr.com and fill out this form http://www.rotary.org/ridocuments/en_pdf/260en.pdf.



Three Clubs Join Together to Celebrate the Holidays

On 12/12/12 three District 7190 Rotary clubs joined together to celebrate the holidays at the Century House in Latham. The Rotary Clubs of Cohoes, Lansingburgh and Latham enjoyed an evening of fun and fellowship, culminating in a holiday sing-a-long. The clubs are hoping to have more joint events in the future.



Granville Rotary Club Conducts Mock Interviews at Granville H.S.



Granville Rotarians join the 21 students who participated in the mock interview program on Nov. 14th

On November 14th six members of the Granville Rotary Club, led by Granville R.C. Club President Bob Meldrun, conducted mock interviews of 21 students from David Cosey's Social Studies Class at Granville High School. Such interviews are intended to prepare students for the interviews they will necessarily face on applying to college or for job opportunities.

The interviews followed a format designed by Granville R.C.s' sister club in the U.K., Wrexham Erddig (in Wales). They are designed to help interviewees improve their resume presentation, become aware of the appropriate attire for an interview, articulate clear responses to the interviewer's questions, stay focused, present clear ideas on their plans for both the near term and medium term future, and present a picture of their academic and other activities to date.

Both the question and assessment formats were shown to participating students in a session with Rotarians a week or so before the interview. About half the half hour allotted was spent on the introductory and question period and half was spent on the interviewee sitting alongside the interviewer as he completed his assessment under the headings of written material, first impressions, communication, hobbies interests and achievements, career knowledge and expectations, and overall assessment. The completed assessment form, on which the interviewee was welcome to comment, was then provided to the interviewee as his or her record of the interview. Also presented was a printed leaflet "A Rotary guide to Your Next Interview".

It is hoped that all remaining seniors at the school will have the opportunity for such an interview during the course of the current school year.

Work on developing the "Rotary Mock Interview Experience" started in 2000 after Wrexham Erddig received a National Lottery grant from the Community Fund, Wales. The scheme was developed by Rotarians in Wrexham with the help of tutors from a local college and sixth formers (seniors) from a local secondary school. It went on to receive the RIBI (Rotary International in Britain and Ireland) Vocational Centennial Award in 2006. In Wrexham alone more than 500 young people from six different schools are interviewed each year. It is estimated that more than 200 Rotary Clubs in the UK have used the scheme. As far as is known Granville is the first place outside Britain and Ireland to use the Rotary Mock Interview Experience.

Granville Rotarians express their profound thanks to Wrexham Erddig, one-time Granville R.C. member Richard Boyle and Chris Jones in particular, for their support in this venture, and to Rotarian Jim Donnelly, and David Cosey, Marc Lambert and Susan Hosley at the High School for their help in preparing the students and setting up the interviews.

In response to a question by Granville's Steve Williams about whether another US club wishing to use the program needs to contact Wrexham Erddig, Wrexham Erddig's Chris Jones responded that "There is no requirement to contact anybody here before forwarding any documents we have sent you. However it's probably a good idea to encourage users, or potential users, to register with you (i.e. Steve Williams at 802 645 9529) or at the website www.mockinterviews.org.uk. In this way we can keep them informed of some of the future developments that are planned and also perhaps invite feedback that will help the scheme develop further"

Readers are advised that the website above contains all the documentation required to initiate a mock interviews program..

Submitted by Steve Williams, Past President,
Granville R.C.

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HOST THE RAIL & WATER TOUR

District 7190 is on the planned route of the fundraising and educational “Rotary Rail & Water Tour 2013.” What is the Tour about? It is about sharing with Rotarians across the USA stories of Rotary’s programs to provide clean water in developing countries and how these efforts deliver sustainable solutions for thousands of people. The goal of the 45-day tour (scheduled for March-April 2013) is to visit 15 Rotary clubs in 15 states and develop partnerships to implement Rotary water projects around the globe.



Central to creating successful, sustainable water projects is the development of talented young professionals to help design and manage these water systems for communities and Rotary clubs around the world. The Rail & Water Tour is an integral part of that educational process. Embarking upon this year’s tour will be 28-year-old Martina Frycova, a Rotaract immediate past president from Pilsen in the Czech Republic (District 2240).

Martina has been in Florida the past year working to develop new water projects for a school and clinic in Afghanistan. She will share her experiences and talk about how your club and district can become a partner in what will be an annual projects briefing tour, bringing in visitors and water projects from around the world.



Martina will cross the entire USA by train from Florida to California and back again, passing through 65 separate Rotary districts and more than 300 AMTRAK stations. She’s looking for 15 special clubs along this expansive journey to serve as hosts for her visits and presentations. So, if your club wants to become part of this innovative water partnership and can send a host Rotarian to a nearby AMTRAK station, then we invite you to send an email to Rail@RotaryWater.org and visit www.RailAndWater.org.

This program is guaranteed to be an incredibly creative American and global Rotary service adventure. All aboard!

280 Thimbleberry Road
Ballston Spa, NY 12020



Polar Plunge for Polio 2013

FOR A CELEBRATION OF PEACE
A MULTI-DISTRICT CONFERENCE 7170 & 7190
TURNING STONE RESORT & CASINO
MAY 31- JUNE 2

Turning Stone
Resort • Casino • Golf • Spa • Entertainment • Meetings
8218 Palisade Road, Verona, NY 12478

The Conference opens Friday with an optional Golf outing from 11 am to 4 pm at Turning Stone's Premier Golf Course \$115.
 The Conference will begin with dinner Friday night and concludes after Breakfast on Sunday. Conference price includes: Dinner Friday, Breakfast, Lunch and Dinner Saturday and Sunday Breakfast
 Single registrations: \$175 until February 1st, \$200 by May 1st and \$225 thereafter.
 Buy two and SAVE: \$325 until February 1st, \$375 by May 1st and \$425 thereafter.
 Teens and children are welcome at the rate of \$140

JANE DOE
PO BOX 123
CLIFTON PARK, NY 12065