



From the Governor's Chair

Clubs and District Flood Relief Efforts

Individual clubs have shown great concern in responding to the recent damage. Highlights are:

Schoharie County, reported by AG Area 6 Garry Wilkins of the Middleburgh club

Middleburgh suffered much damage, but financial and volunteer support has resulted in much clean-up progress. Almost every business in town has or is planning to re-open. The volunteer effort of hundreds has been heartwarming. The Southern Saratoga Interact Club was among those, doing so by providing a team to help on Saturday, September 24. Longer term needs exist in both the school and library: replacement of equipment in the school's Tech classroom and of children's books and other equipment in the town library. The community is also conducting a lawn sign campaign to support local merchants.

The Middleburgh club will meet October 6 at the Applebarrel Store in Schoharie and thereafter hopes to return to Mrs. K's Kitchen.

Even greater needs are had in the town of Schoharie where 80% of the homes have been damaged beyond repair. County offices within the town have been temporarily relocated to wherever unaffected space can be found. FEMA has been cooperative in providing help to homeowners, although there is a caveat in their property buyout offer: owners can receive the assessed value of a property, but because it is subject to flooding it can't ever be built on again. In the case of Middleburgh, one such area is being converted into a community garden. The National Guard, Salvation Army and Red Cross are also to be commended. In Cobleskill, the college had flooding from Tropical Storm Lee.

Fundraising and volunteer efforts have occurred or are underway as follows:

- PDG John Eaton has challenged himself with "what can one person do?" He set a goal of

\$5000 to assist the Middleburgh and Cobleskill clubs in meeting their communities' needs – and so far has raised over 60% of that amount, largely from non-Rotarians! Rotarians, clubs and others can write checks to Middleburgh Rotary or Cobleskill Rotary and marked "Flood Relief". Contact jeaton1@earthlink.net.

- Mechanicville Rotary is putting together a District Simplified Grant to buy coats for children in Schoharie County, to be provided by Operation Warm (www.operationwarm.org). They are asking clubs to donate \$100 toward a \$1000 goal. Checks may be made out to "Rotary District 7190/Coats for Kids." They are looking for a club to act as the lead club; for more information contact Matthew.Hosek@bsnb.com.
- A "special" donation (over \$1000) is being planned by the Glenville club to help Schoharie, Prattsville in Greene County and Rotterdam Junction. The Saratoga club is also planning a "special" flood relief donation.
- Schenectady East has offered volunteer help for the hard-hit Rotterdam Junction area and donated to relief efforts there and to the Middleburgh and Schoharie areas.
- Area 2 AG Jeanne So of the Amsterdam club reports that the Glove Cities club donated to the Middleburgh and Schoharie efforts and volunteered to help other areas. Northville gave a "special" donation to the Middleburgh and Schoharie areas and is volunteering to help in affected areas. The Amsterdam club gave a "special" donation to two club members whose homes were damaged and to others in Montgomery County, and members have volunteered.
- The Sharon Springs club has is asking for donations of necessities or gift cards for the neighboring town of Carlisle. Contact Jack Dunne at john24892@msn.com.
- **District Simplified Grants** concerning flood relief: money is being held for club projects

dealing with long-term relief. The maximum grant for flood relief projects has been increased from \$1500 to \$2000. Contact District Grant Committee Chairman Sandy McAlonie at sandy.mcalonie@tdbank.com, or Foundation Chairman Dan Stec or myself for more information.

- Cobleskill: made “special” donation to Middleburgh to help clean-up get started. Also received supplies from a non-District club for Middleburgh and Schoharie.
- Twin Bridges: made “special” donation to the Red Cross, hopes to get match from Price Chopper

We regret if any clubs were understated or not mentioned. Please contact us when more information is known and we will gladly share with others.

Best of success to all in meeting the community needs of our neighbors.

Yours in Rotary Service,
DG Bill Nathan

DISTRICT EVENTS AT A GLANCE

- **NOW** - Order your *End Polio Now Tee Shirts!* See page 7 for details.
- **October 15th** – Rotary Foundation Program
- **November 13th** -District Event See pgs 3&7

CLUB EVENTS AT A GLANCE

- **NOW** – Coats for Schoharie Kids
Sponsored by Mechanicville Rotary (pg 3)
- **Sept 30 & Oct 1 Fri** – Harvest Days
Sponsored by Shenendehowa Rotary
- **October 19th** – **ELVIS is BACK!**
Sponsored by Mechanicville Rotary

Shenendehowa Rotary announces its
2nd Annual

Harvest Days @ Riverview Orchards
Friday September 30th 6pm-9pm
October 1st 10am – 9pm.

All events take place at Riverview Orchards
660 Riverview Road
Rexford, NY

Entertainment will include the Back 40 Band and Anthony Gargiula, a high school battle of the bands competition, skydivers, a magician, hay rides, games,

bounce house and slide, dunking booth, pony rides, storytelling, food and Fireworks by Alonzo on Saturday night. This event will conclude with a sunrise service, apple picking and pumpkin carving on October 2nd.

All proceeds to benefit local children and teen programs in Southern Saratoga County as well as Rotary Int’l projects throughout the world.

For details and sponsorship information please contact Ritch Anthony ranthony@sisprotects.com or Alex Gutelius at 728-6613.

Shenendehowa Rotary meets every Thursday morning at 7:15 AM for breakfast at Coburg Village at the intersection of Grooms and Vischer Ferry Roads in Clifton Park.

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Rotary Foundation Program

October 15 at the
Clifton Park-Halfmoon Library 9AM to 1PM

Anita Reider, Senior Annual Giving Officer,
will give a program about the Rotary
Foundation

Breakout sessions to follow

Our own Anne Cargile will give a program
update on Future Vision

The program is FREE and
refreshments will be provided at the break

Send reservations to danstec@earthlink.net.
We need to know the # of bagels to order.

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Mechanicville Rotary presents

Elvis is Back!!!

Donny Elvis Romines

Proceeds benefit Project Warm among other Projects.

Wednesday October 19th

Doors open at 6pm

The Arts Center on the Hudson
(2 South Main St., Mechanicville, NY)

Adults \$10 ~ Families \$20

Students, Seniors, and Veterans \$5

Tickets available at the door

Concession Available

Tickets and Information:

Contact any member of the Mechanicville
Rotary or Matt Hosek at 664-3200,
Matthew.Hosek@bsnb.com (Ballston Spa
National Bank, Stillwater Branch Manager).

SAVE THE DATE

November 13, 2001

Embracing Generations: District 7190

Annual Rotary Foundation Event

**Tickets: \$40 Adults, \$25 Alumni, Children
\$10**

Discount for tickets purchased before Oct. 30
Adults \$35, Alumni \$20, Family Package \$80
(includes 2 adult and 2 child tickets)

Contact: Tony Rivera to reserve tickets at
518.237.5858 x 2 or email
trivera@rotaryclubneusa.org

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District 7190 Interact

We pulled off a great fall service project for District 7190. There was a convoy of 5 vehicle that descended into the Schoharie Valley this morning to help with the flood recovery. Seven members of the Burnt Hills/Ballston Lake Interact along with adviser Cheryl Bach and two parents helped out in the Village of Schoharie. Six members of the Southern Saratoga Interact along with 2 advisers, one parent and AG Garry Wilkens helped on Main Street in Middleburgh. The effort can be described as enthusiastic, team building, confidence building, and rewarding for all involved.

I think everyone in the two teams were amazed at the devastating effects of the flood in both communities. It will take them months to recover and any additional help we (meaning the family of Rotary) can muster will be greatly appreciated.

We also proved that there are no "clean" jobs when it comes to flood recovery. Some tasks may be cleaner than others, but you have to be ready to get down and dirty.

Out of respect to the communities involved we took no pictures. We just pass along our best wishes for a steady recovery for everyone in the Schoharie Valley and our other effected communities in the northeast. And hope that the waters will once again return to the calm, blue, natural state.

The Rotary Club of Mechanicville

is interested in putting together a District Simplified Grant to buy new warm winter coats for children in Schoharie County who lost everything during the floods following tropical storm Irene. We need your help to raise \$1000 (\$100 per club). The district will then match that amount and we will be able to purchase 100 coats through our partnership with Operation Warm (www.operationwarm.org). Our club is already on board with a \$100 check. The coats will be distributed by the schools in the area where the need is great. Garry Wilkens, Area 6 Assistant Governor, will help us make arrangements with the schools.

Will you join me in this important grant?

Here's what you need to do: Respond YES to this email as soon as possible. A check for \$100 should be made payable to Rotary District 7190/Coats for Kids and mailed ASAP to Matthew Hosek, c/o Mechanicville Rotary Club, at P.O. Box 383, Schaghticoke, NY 12154.. Checks will be held in a restricted account by the District Grants Chair.

We need ONE club that does not have a current District Simplified Grant to act as the lead club on this grant since we already have a DSG for our dictionaries. If your club can act as lead you will need to sign the DSG application as soon as we send it to you – don't hold on to it. Don't worry. Being lead club won't incur more paperwork – we will assist with that. Once the coats are here we will ask you to send a representative down to Schoharie County to help make the presentation.

Special Note: If more than 10 clubs contribute \$100 each or if club members wish to add to the grant that's great (make payable as above in #2). The District has increased Flood Relief grants to a maximum of \$2000 in matching funds. This is a great opportunity to help the kids in Schoharie County so let's GO!!! Matt Hosek, President MechanicvilleRotaryClub

Matthew.hosek@bsnb.com518-66-3200

FREE BIKE RACKS

Ten (10) District 7190 clubs joined together to arrange for FREE BIKE RACKS for local parks, schools and libraries. (They are available at half price to businesses.). The bike racks were paid for by a \$50,000 Congestion Mitigation and Air Quality (CMAQ) grant. The program is administered by the Capital District Transportation Authority, CDTA.

Applications are limited to \$1000 maximum. But each Rotary Club is allowed to submit an application. Applications were submitted by:

1. Burnt Hills - Ballston Lake
2. Colonie - Guilderland Rotary
3. Glenville Rotary
4. Latham Rotary
5. Niskayuna Rotary
6. Rotterdam Sunrise
7. Schenectady East Rotary
8. Scotia Rotary
9. Shenendehowa
10. Twin Bridges

The bike racks were installed at:

- Collins Park, Scotia
- Freedom Park, Scotia
- Central Park, Schenectady
- Scotia Library

The bike racks were manufactured by Dero Bike Rack Co. in Minneapolis, 888-337-6729; www.dero.com.

There are hundreds of bike rack designs to choose from. The designs selected were based on the location. At the library, the bike rack was shaped like an open book. At the outdoor stage, the bike rack was shaped like a musical G-Clef.

The program has been active for the past two years, and all indications are that it will continue into 2012. If your club(s) would be interested, the program administrator is Carrie Ward; Bike Rack Program; (518) 437-6865; bikerackprogram@cdta.org. If you would like to label the bike racks with the Rotary Wheel, Glenville Rotary made extra stickers that we would be glad to share with you. Contact Helen & Lon Penna: 518-399-4522.

TRF DIRECT DONATIONS

The TRF Direct is a program which automatically makes a monthly donation to the Rotary International Foundation from your savings, checking or credit card.

The Mission of The Rotary International Foundation is to enable Rotarians to advance world understanding, goodwill, and peace through the improvement of health, the support of education and the alleviation of poverty.

I support the Foundation because of a strong belief in what the Foundation does. Rotary changes the lives of so many people around the world and in our community. It is quite a privilege to be a part of a family that truly cares and does make a difference.

Please consider signing up for TRF Direct---Its Easy---Painless and rewarding:

- \$10 a month helps provide tuition and books for one school year for two children in Sri Lanka
- \$25 quarterly helps vaccinate more than 40 children against Polio.
- \$500 a year gives ten-month food supply for a child in Nigeria
- \$1000 supplies clean water for over 300 people in Haiti

Please contact PDG Anne Cargile, Annual Giving's Chair for District 7190 annec@nycap.rr.com or 518-877-5530 with any questions you have or to request a brochure

Thanks for all you do for Rotary---Anne

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Race Across Africa

This month, the Rotary Club of Denver Southeast, Colorado, USA, holds its virtual Race Across Africa, with participants exercising at home to see how fast they can cover the length of the Nile: 4,132 miles. Participants can also earn "Nile miles" for every U.S. dollar they raise. The race supports water and sanitation projects in Africa, as well as other service projects sponsored by Rotary clubs around the world. This year's race benefits two projects: installing a clean, reliable water system in a rural hospital in Mugonero, Rwanda, and providing water and sanitation facilities for families in the slum of Kibera, outside Nairobi, Kenya.

Continued on next page

Muraho! (“Hello” in Rwanda)

The Race Across Africa is a “virtual” race up the Nile River to raise money for water projects in Africa and for other service projects of Rotary clubs around the world.

The Race is fun for armchair athletes and avid competitors alike.

For the month of September, participants do whatever exercise they like – walking the dog, golfing, cycling, yoga – and log their activities online. The Race website tracks each team’s progress along the 4,132 mile course. Participants also earn miles for every donation they raise, so even couch potatoes can help a team win simply by sending emails to a few friends.



The 2011 Race is much improved:

- An easier user experience... just this one website does it all
- Unlimited team size... the more the merrier
- Rotary clubs can raise money for their own service projects
- Sponsors can create teams and share in the fun
- September is cooler than July... with fewer vacation conflicts
- **SPONSOR** – form your own teams and score on three counts:
 - An easy health and wellness event for the month of September
 - A fun team-building activity that gets everyone involved
 - A philanthropic cause for your whole organization

- **ROTARY CLUB** – raise money for your own service projects:
 - Get back 80% of the donations you raise
 - The other 20% goes to the Race’s two featured projects
- **TEAM CAPTAIN**– it’s easy:
 - Come up with a team name
 - Register the team on the Race website
 - Make a silly bet with another team to make the Race more fun
- **PARTICIPANT** – join the fun:
 - Register on a team or on your own
 - Get a bit more exercise than usual and help a worthy cause

THANK YOU for your generous support of families in Rwanda and Kenya.

The Rotary Club of Denver Southeast
director@raceacross.org **Rotary Horn of Africa Famine and Refugee Fund** In response to the humanitarian crisis in parts of Ethiopia, Kenya, and Somalia, The Rotary Foundation has established the Rotary Horn of Africa Famine and Refugee Relief Fund, which will support recovery projects in the affected areas.

Learn how to donate, and read about District 9200’s famine relief efforts in northern Kenya.

Ready... Register... Race!



RI Convention in Bangkok Exhibition Booth

Dear Rotarians:

Greetings from Evanston! I am writing to advise you that RI is now accepting applications from Rotarians interested in hosting a project exhibition booth at the 2012 RI Convention in Bangkok, Thailand (6-9 May 2012). You may access the application by visiting www.rotary.org/convention, or by clicking on the following link:

http://www.rotary.org/RIdocuments/en_doc/c12_pex_application_en.doc (in English)

The projects exhibition is a great opportunity for Rotarians to share their successful projects and activities with thousands of Rotarians and their guests. RI President Kalyan Banerjee and the Convention Committee are eager to showcase a wide array of Rotary projects and activities at the project exhibition in Bangkok, so we invite you to share this message widely and encourage Rotarians who have never exhibited before to consider participating in the exhibition.

For booth applicants: Please carefully read the online terms and conditions document and guidelines before filling out and submitting an application form.

Terms and conditions for project booths:
http://www.rotary.org/RIdocuments/en_pdf/c12_pex_terms_conditions_en.pdf (in English).

For your further reference, please review the following guidelines related to Rotary's name and trademarks. Exhibit organizers are asked to carefully observe these policies in displaying their projects.

Project guidelines for Rotary name and emblem use
http://www.rotary.org/RIdocuments/en_pdf/rotary_marks_usage_project_guidelines_en.pdf (in English)

Completed applications should be sent directly to RI's International Meetings Division, as indicated on the application form. Any questions you may have regarding the booth exhibition should be directed to Kimberly Braam, Exhibition and Shipping Supervisor at exhibitor@rotary.org.

Please note that the deadline for booth applications is 28 November 2011. Booth space is limited, so we advise you to submit your applications as soon as possible.

Best regards,
Jesse Allerton
Supervisor, Rotary Service
Rotary International
rotary.service@rotary.org

Muddy Sneaker 5k Trail Run & 1 Mile Fun Run

On Friday, September 9th, Glenville Rotary held its inaugural **5K Trail Run & 1 Mile Fun Run** at Indian Meadows Park on Droms Road in Glenville. The park was humming with activity and the runners were filled with anticipation as the start time neared. The event ran smoothly, and the weather was beautiful. This was a wonderful success.



Photos and recap by Barb Wyllie

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Gift of Life's Annual Dinner Dance

On Friday, September 16, the **Gift of Life** held its annual dinner dance at HVCC's new Smart-Tech facility.

Refreshments were catered by *Foods & Frostings*, and the entertainment was supplied by DJ Rich Tollner.

Proceeds will benefit impoverished children around the world in need of life saving cardiac procedures.

If you were unable to attend but would like to make a donation you may send your check payable to "Gift of Life" to: Rotary District 7190 Gift of Life P.O. Box 2749 Glens Falls, NY 12801. Thank you.

Gift of Life Child Jannel with Mom Josseth



Additional photos on page 8

Photo and recap by Barb Wyllie

Family Feud Night

On Friday evening, September 23, *Schenectady East Rotary* sponsored their first **Family Feud Night** at the Ancient Order of Hibernians Hall, and a good time was had by all.

Teams anxiously await a rematch next year. Watch for the date, and be sure to join the fun.

The proceeds from this inaugural event will benefit the Gift of Life children.

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Recounting a Gift of Life Encounter with Nancy Reagan

I spoke on Tuesday to the Chestertown Rotary about GOL and the Dinner Dance. One of the attendees, Jay W. Becker, lives in Chestertown in the summer and Jupiter, Florida for the winter. He was District Governor in the mid-80's for the Long Island District where GOL began.

He was a florist, and was involved with GOL when Nancy Reagan brought the two Korean girls in the video; he provided the flowers the girls are carrying in the video. He told me that he and Nancy Reagan were sitting on the floor in the hospital playing with the girls, and one of them pointed at a doll on the other side of Nancy Reagan.

Jay said to her "Excuse me Nancy, I mean Mrs. Reagan, I think she would like that doll. Would you hand it to me?" Nancy Reagan replied, "I will, but I understand in Rotary everyone uses their first names, not titles. Call me Nancy." Flustered, his response was, "Yes, Mrs. Reagan."

Just thought I'd share this story. Although they will still be in the area, the 16th is the 56th anniversary of when he and his wife met, so it's a day for them to celebrate alone together so they won't be attending the Dinner Dance.

Larry Jones

Polar Bear Plunge Tee Shirts!!!

Get in the Fun!!

Get in the Picture!!!

DISTRICT 7190 IS ORDERING **RED TEE SHIRTS** WITH **END POLIO NOW** FOR THE **POLIO PLUNGE** IN LAKE GEORGE ON JANUARY, 1ST 2012.

GET YOUR PICTURE TAKEN WITH OUR FINGERS HOLDING UP THE SIGN "WE ARE ALMOST THERE."

ANYONE WITH THE END POLIO NOW TEE SHIRT CAN BE IN THE PICTURE, SUPPORTERS AND PLUNGERS.

PLACE ORDERS WITH ANNE CARGILE, annec@nycap.rr.com COST IS \$10.00 EACH, MENS SIZES ONLY SMALL, MED, LG, XLG or XXLG.

Get in the Fun!!

Get in the Picture!!!

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Editor's Note:

Thank you for sharing your events, recaps, pictures, good deeds, and stories with us by sending them, by the 15th of the month prior to publication, to me at TheToolbox7190@gmail.com.

Barb Wyllie
Editor

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SAVE THE DATE

NOVEMBER 13, 2011

EMBRACING GENERATIONS

District 7190 Annual Rotary Foundation Event

Tickets: Adults \$40, Alumni \$25, Children \$10

Discount for tickets purchased before Oct. 30

Adults \$35, Alumni \$20

Family Package \$80 (includes 2 adults & 2 child tickets)

Contact: Tony Rivera to reserve your seats at 518.237.5858x2 or trivera@rotaryclubneusa.org

16 Pine Hollow Road
Slingerlands, NY 12159

Gift of Life Annual Dinner Dance



Dinner Dance September 16th



Current Gift of Life Board of Directors and Officers
From left: L Jones, B Wyllie VP, T Haley, S MacAlonie, B Tholin,
M Ehlers, R Hodge Treas, T Burdick Pres, B VanDenburgh, P Mason,
S Ciccio, R Rice, P Herman Sec, C Chera, and J Mucha.

Photos by Ed Brown