

The Toolbox



Barb Wyllie ~ Editor

Please send submissions to: THETOOLBOX7190@GMAIL.COM Deadline: 20th of the month

From the Governor's Desk

September is Signup Month!!!

Here in District 7190 we're adding another 'theme' for September as it's the time to signup (register) for some GREAT events that the District would like to offer each of you...

UN Day, November 1 – apologies to Toolbox Editor Barb, but yours truly kept holding this issue to align with the opening day for high school UN Day registrations! Check the other article for details on UN Day and the buses from D7190!!! SPACE IS VERY LIMITED for Rotarian signup – less than 70 seats (of the 1,300) remain!!

Foundation Event, November 14 – everyone should have received the letter regarding our traditional "Honorary Committee" (based on donations this year to The Rotary Foundation). Final information and our official event registration (\$75 for dinner and entertainment – while dining ON the mainstage at Proctors) will be opened next week. This event directly benefits each of our clubs as money raised goes to GRANTS.

Over the past month, the 'official visits' continue – each club offers new ideas and has great traditions. Your Rotary pin is your invitation to visit clubs across our District! Take advantage of the opportunity to exchange ideas!!

The first Executive Committee meeting of the 2014-15 year will be on September 17th. Your leadership team has some new ideas and new offerings that we'll be finalizing that night and then share with all of you.

Thanks to all that you do to "Light Up Rotary"!!!

DG David

DISTRICT EVENTS AT A GLANCE

- **September 11th – Gift of Life Golf Tournament** Sponsored by Amsterdam Rotary *p 2*
- **October 18th – Rotary Leadership Institute** *pp 3, 7*
- **October 24th – World Polio Day** *p 6*
- **November 1st – United Nations Day** *p 3*
- **November 14th - Foundation Event @ Proctor's Theater** *p 1*

CLUB EVENTS AT A GLANCE

- **September 11th – BBQ Chicken Dinner** Sponsored by Hudson Shores Rotary *p 2*
- **September 24th – Dinner Theater** Sponsored by Lake George Rotary *pp 2, 6*
- **September 27th – Chicken BBQ** Sponsored by Racing City Rotary *p 2*
- **October 25th – "Light Up Rotary" Benefit Concert** Sponsored by Mechanicville Rotary *p 5*

~ ~ ~

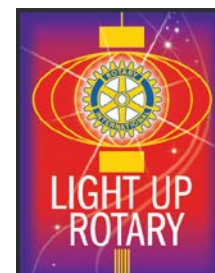
New Meeting Place!!!

Until further notice: South Glens Falls Rotary will be meeting at...Humbuggs, Gansevoort Rd So Glens Falls ☺ Takers anyone? ☺

~ ~ ~

New Meeting Place!!!

Sharon Springs Rotary Club has changed their meeting place to the **Canajoharie Country Club** Route 163, Canajoharie New York. **They meet on Thursday evenings at 6:30 PM**



Sponsored by Amsterdam Rotary

**Gift of Life's
Annual Golf Tournament**

**Thursday, September 11
Rolling Hills Country Club
Ft. Johnson NY**

**\$125.00 per Golfer
\$65.00 per Bocce player**

Trophy for BEST Rotary Club



Tournament Schedule

11:00 AM – 12:00 PM Registration & Lunch
12:00 PM Shotgun Start
Scramble Format (will be Handicapped)
Beverages and food on course

Bocce Schedule

2:00 PM Light Lunch and Registration
3:00 Play Bocce
Beverages on site
Bocce prizes for winning teams

.....

5:00 PM Complimentary 19th hole
Cocktail
Cash Bar, Hors d'Oeuvres
6:00 PM Banquet & Awards

.....

Cost includes greens fee, cart, and prizes for 1st, 2nd, 3rd, low, and net

**Questions?
Call Tom Dwyer 386-2900 (O)
Or Dave Rey 372-2297 (H)
441-4039 (C)**

Hudson Shores Rotary presents its' annual
ROTARY'S BBQ CHICKEN DINNER

**Thursday, Sept 11
4:30 to 6:30 PM**

**at the Menands School
Wards Lane, Menands
STILL ONLY \$10**

**FULL MEAL DEAL: BBQ Chicken by
Stockyard with baked potato, tossed salad,
roll and dessert**

Eat In or Take Out

Advance Ticket Sales Advised

Call Ron 463-8144

Paired with Menands PTA's AMAZING
Mums Sale

They are HUMONGUS!

Pre-order by calling **Christina 449-8344
or Kathy 463-2401**

Proceeds to help fund community & youth
projects.

~ ~ ~

Lake George Rotary presents

**Special Rotary Evening at
Lake George Dinner Theater**

Wednesday, Sept. 24th

Dinner 6:30 pm

Curtain at 8 pm

**Group discount rate \$53 per person
for Dinner & Show**

[a \$16 savings]

Holiday Inn Resort

Rt. 9, Lake George, NY

Details and reservation form on page 7.

~ ~ ~

~ ~ ~

Racing City Rotary & VFW Post 420 Men's Auxiliary
present its' 3rd annual

AUTUMN LEAVES CHICKEN BBQ

SATURDAY, SEPTEMBER 27

VFW Post 420 Pavilion

190 Excelsior Avenue

Saratoga Springs NY 12866

2:00 PM – 6:00 PM

**MENU: ½ Chicken, Baked Potato,
Corn on the Cob, , Roll, Cole Slaw,
Autumn Bisque, Dessert**

CASH BAR

Donation: \$10.00 per person

Take-out OR Eat-in

**TICKETS OR INFORMATION: Tom or
Linda – 584-8211**

*All Proceeds to Benefit Community and
Veterans Projects of the Racing City Rotary
Club & VFW Post 420 Men's Auxiliary*



**Rotary Leadership Institute
(RLI)**

Saturday, October 18

Siena College

Register Early!!!

Register at rlinea.org

See poster on page 8.

Mechanicville Rotary Club presents

LIGHT UP ROTARY!

Benefit Concert

Starring Donny 'ELVIS' Romines

Special Guest Appearance by Patsy Cline

Saturday Evening, October 25th

Stillwater Area Community Center

Reserve Your Table Early

www.mechanicvillerotary.org

matthew.hosek@BSNB.com



~ ~ ~

RI United Nations Day!

I often hear of our Rotarians speak of fond memories from when they had the opportunity to attend "United Nations Day". This is a special event for Rotarians to exchange ideas with Rotary leaders within the walls of the United Nations headquarters in New York City.

District 7190 is making its return as participants in UN Day this fall – on Saturday, November 1. There are multiple programs to choose from (pre-registration is REQUIRED and space is very limited): Rotarian registration (\$50 each), Rotaract, Ambassadorial & Peace Scholars (\$40 each) – the registration for High School aged participants (Interact & Youth Exchange) is slated to OPEN on Monday, September 8, 2014

Register online at www.riunday.org

Our District will be offering bus transportation to our members. Rotarians and Guests (registered for UN Day) are only \$35 each. The District will be providing FREE bus transportation to our youth that registers/attends the UN Day activities.

You will need to email DG David and Jessica at dg2014@hennel.net and provide your confirmation number to reserve a seat on the bus! Pickup and return times will be announced soon.

DG David

~ ~ ~

~ ~ ~

District Recognizes TEN 100% Participation Clubs

7190's Foundation Committee recently announced that ten Rotary Clubs qualified for the 2013-2014 District 100% Participation Banner, a recognition for those clubs whose members each contributed to the Annual Fund of The Rotary Foundation.

Those clubs are:

Colonie-Guilderland (98% of goal)
 Glenville (101% of goal)
 Latham
 Mechanicville (111% of goal)
 Middleburgh (128% of goal)
 Niskayuna (624% of goal)
 Scotia (111% of goal)
 Sharon Springs
 Shenendehowa (153% of goal)
 Twin Bridges (165% of goal)

"When you give \$5, \$10, or any amount to the Annual Fund, the Rotary wheel keeps turning, it's like fuel for a car or bus. This allows us to keep funding projects and programs both here, locally, and around the world," said Tammy Heckenberg, District Foundation Chair.

"With the Foundation's unique three year investment plan for these donations – each year the monies donated to Annual Giving are invested for a three year period. When you participate, you are leveraging your contributions to the Foundation at least three-fold and fueling the projects and programs your club would like to do," she explained.

Clubs are invited to participate again this year and qualify for the recognition banner. For more information contact Tammy at Tammy.Heckenberg@sphp.com or Annual Giving Chair, David Rey, DREY724@nycap.rr.com

~ ~ ~

All Star Rotarians!!!!

On Thursday night, August 28th, the night game for the Tri-City Valleycats was the place where we decided to "Light Up Rotary" for that evening!!! Some truly deserving Rotarians, those selected by their own Rotary Clubs, were featured as "Rotarian of the Year" and announced during the game. The group got a nice round of applause from the audience for the tremendous amount of time and effort they devote as Rotarians to making our community, and the world, a better place!!!

Rotarians honored at this event included

- Mel Horowitz (Hudson Shores)
- Dave Palmquist (Albany)
- Ralph Salerno (Rotterdam Sunrise)
- Dan Hazewski (Glens Falls)
- Andy Tomko (Glenville)
- and, Barb Wyllie (2013-14 District Rotarian of the Year)

Ed Tremblay (RoY for Cohoes) was also in attendance for the game, as was District Governor Elect Milan Jackson (Cobleskill)

As we search for our Rotary moment, the words, or inspiration as to why we spend so much time helping others as Rotarians, lets highlight our own Rotarians of the Year during this upcoming year.

Congratulations as well to the Rotarians of the Year from all of our other clubs !!! You are all stars!!!!

DG David



Related photos on page 12...

~ ~ ~

♥♥♥♥♥ Gift of Life ♥♥♥♥♥
Gift of Life Child Arrives!



Danny Sarmiento, our latest Gift of Life child, arrived from Honduras on August 12. He and his mother, Maria (left), were greeted at Albany International Airport by Southern Rensselaer County club members Roberto Martinez (2nd from left) and Jim Leyhane (2nd from right), joined by GOL board member PDG Bill Nathan (center). The Southern Rensselaer County club is underwriting the cost of Danny's upcoming cardiac surgery.

GoL Update on Danny

Danny our Gift of Life Child from Honduras is six years old. He had open heart surgery at Albany Medical Center Hospital on August 19, 2014. He is recovering well and will attend the dinner after the Golf Tournament on Sept 11.

Danny's mother, Maria sends her love and gratitude to Rotarians for their love and support which made the life-saving surgery possible. You can extend your support for the Rotary Gift of Life Program by attending the Tournament or just the dinner.

Gift of Life worked in concert with Samaritan's Purse with a special gift from Southern Rensselaer Rotary Club for Danny's surgery.



Danny Sarmiento



Karla del Cid Ramirez, Interpreter



Host Family Jerry and Ellen Strait



**Rotary District 7190 Area 4
 Interclub Meeting at
 Boy Scout Camp Wakpominee,
 183 Sly Road, Fort Ann, NY 12827**

On Tuesday July 29, 2014, about 25 Rotarians from Area 4 Clubs in Washington County (Fort Ann, Granville, Hudson Falls, and Salem) held a joint club meeting at Boy Scout Camp Wakpominee in Fort Ann.

The Rotarians toured the camp, attended a flag ceremony, and then had dinner with Scouts and Scout leaders that were attending camp that week. Following dinner, Granville Rotary President Dave O'Brien introduced Scott Hayden, Director of Field Service, Twin Rivers Council (and Glens Falls Rotarian) who provided some remarks on the camp and the Boy Scouts. Scott indicated that the camp had recently lost its electric generator due to a lightning strike and all the Rotary clubs made pledges to help the camp buy a new generator.

The Rotarians very much enjoyed the visit to the camp and the chance to spend time with the Scouts and Scout leaders. Plans were discussed to repeat the camp meeting in the future.



Gazebo Erected



The **Ballston Spa Rotary Club**, in conjunction with VFW Post 358 and Curtis Lumber, erected a gazebo at the Guardian House, a shelter for homeless female veterans in Ballston Spa. Members of our club, as well as relatives, friends, and some volunteers from our local Naval base, worked together to give these ladies a place to enjoy their outdoor gardens in comfort. A good time was had by all. We also received a citation from Assemblyman Jim Tedisco for our efforts.

Also, on September 29th, we will be presenting 52 filled backpacks to the Gordon Creek Elementary school for some of their incoming kindergarten students in need of assistance with school supplies. Helping our local children is extremely important to our club.

~ ~ ~

Exercise Stations Set-up

Sharon Springs Rotary Club participated in setting up 8 exercise stations at Chalybeata Park in the Village of Sharon Springs. The Park is being revitalized after the high waters in Schoharie County 2 years ago. The Club also helped sell paving stones for the benefit of the park at the weekly Village concerts. Geri Dunne One of my aims was to get the Sharon Springs Rotary Club more involved with the local community.

~ ~ ~

Dear Rotary Leader,

I am happy to announce that we successfully met our fundraising goal for Rotary Year 2013-14. While it is important to celebrate our success, we recognize that we still need to raise funds and awareness for polio eradication.

World Polio Day: 24 October 2014

World Polio Day is quickly approaching on October 24th. This is a chance for Rotarians, clubs, and districts across the world to come together to fight polio. There are many ways you could mark the day. Dedicate your club meeting to focus on Rotary's work to end polio that week. Community fundraisers on/around World Polio Day are great a way to raise awareness of our cause in the general public. You could take the opportunity to remind government officials to support the global commitment to a polio free world- Rotary's top priority. On World Polio Day, wear your End Polio Now pin and encourage your friends and family to do the same.

This year, an End Polio Now: Make History Today Livestream event, including a **global update on the current status of polio eradication**, will take place on World Polio Day- 24 October 2014—at 18:30pm CDT and will be streamed live at endpolionow.org. I encourage your club/district to have a viewing party of the event, or incorporate it into your existing World Polio Day plans. The archived video will be available following the live program. Additional event details may be found at endpolionow.org.

Resources available

To help you with your planning for World Polio Day events, a toolkit is being developed and will be posted on endpolionow.org by 25 August. A message will be sent to all of you letting you know when it is available.

I encourage you to spread the word about your World Polio Day activities. Please visit <http://www.endpolio.org/storytelling> to submit your stories and photos.

We promised the children of the world that we would eradicate polio, and Rotarians keep their word. We are **this close**, and getting closer every day. Thanks to you, we will **End Polio Now**.

Sincerely,

John F. Germ

Chair, International PolioPlus Committee

~ ~ ~

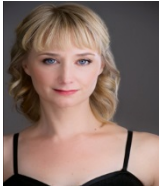
SPECIAL ROTARY EVENING AT LAKE GEORGE DINNER THEATER

Wednesday, Sept. 24th. Dinner 6:30 pm; Curtain at 8 pm.

**Group discount rate \$53 per person: Dinner & Show [a \$16 savings]
Holiday Inn Resort, Rt. 9, Lake George, NY**

SHOW: **“Lake Effect”** the final play in playwright Tom Dudzick’s popular and widely produced “Over the Tavern” trilogy. *The Pazinski family gathers for an important meeting in their recently sold tavern in a working class Buffalo, NY neighborhood only to find themselves trapped in the bar by the famous “Blizzard of 77”. With a driving ban in effect and nowhere to go, the family is forced to confront a mixture of hilarious and touching issues.*

SPECIAL ROTARY SUPPORT TO BE GIVEN TO: Hillary Parker, daughter of Sherm Parker of Lake George Rotary, who has a major part in the show. She has quite a list of credentials to her name.



HILLARY PARKER (Annie) Hillary was most recently seen as Mazeppa in Capital Repertory Theatre’s GYPSY. Other favorite regional credits include: A Midsummer Nights Dream, Petticoats of Steel (Capital Rep), The Merchant of Venice (Saratoga Shakespeare), Our Town w/ James Whitmore and Marybeth Hurt (Peterborough Players), Restoration Comedy, Mary Zimmerman’s The Arabian Nights, Shakespeare in Hollywood (Connecticut Repertory Theatre), She Loves Me (Hope Summer Rep), The Basset Table (Philadelphia Artists’ Collective). NYC: Bedroom Farce (T. Schreiber Studio), A Doll’s House (Bated Breath Theatre).

MENU CHOICES

- Medallions of beef with caramelized onions & portabella mushroom demi-glace
- Chicken Marsala with mushrooms, roasted red peppers & marsala demi-glace
- Broiled Salmon with a creamy dill hollandaise sauce
- Vegetarian Pasta with a medley of vegetables, cheese & Marinara sauce
 - All entrees served with Salad, Rolls, Vegetables, Dessert, Coffee

RESERVATIONS AND MONEY MUST BE RECEIVED BY WED. SEPT 10

NOTE: (PICK UP TICKETS AT DOOR)

Tear off stub and send

Reservations & Checks to: John Crawford, 98 McCormack Drive, LG, NY 12845
***** Make checks payable to “Lake George Rotary”**

Name _____ Tele # _____ Meal Choice _____
 Name _____ Meal Choice _____
 Name _____ Meal Choice _____
 Total Check amount enclosed: \$ _____

EDITOR’S NOTE:

If you know Rotarians who are not receiving this newsletter have them contact their club’s secretary to have their email address added to ClubRunner.

In order to ensure your article is included in the next Toolbox published, please: Send it to thetoolbox7190@gmail.com by the 20th of the month (prior to publication) as a WORD DOCUMENT. (You may also send it as a poster on the chance there is room to include it.) Thank you. I look forward to hearing from you.

Also, DG David requests that Rotarians please print copies of each month’s Toolbox and place one on each table at their meetings. Thank you!

Barb Wyllie Toolbox Editor





REGISTER YOUR CLUB'S PRESIDENT-ELECT AND FUTURE LEADERS

TO ATTEND THE ROTARY LEADERSHIP INSTITUTE

Our members will be better Rotarians, our clubs will be stronger!

When: Saturday, Oct. 18, 2014

Who Should Attend:

- Club President-Elect (this is the first phase of PETS, President-Elect Training Series). If they've in attended prior years they should go to the next level
- Club Vice-President (get them started on the road to successful leadership)
- Club Chairmen – Membership, Foundation, Fundraising, Community Projects, etc.
- Newer members & anyone who will be a good, supportive club member

Time: Sign-in and full breakfast at 7:30am
Classes 8:00am - 3:30pm, lunch included

Where: Siena College, Loudonville, NY 12211

What: Parts I, II, III

Graduate Course: "Ethics in Rotary, Application of Ethical Standards Using Case Studies"

Cost: \$75.00pp

Register at www.rlinea.org and scroll down to Loudonville, NY.

Registration and payment must be completed by Monday, October 6.

Learn and share ideas about "best practices" for our clubs –
in the company of Rotarians from around the District

CATCH THE PASSION OF ROTARY!

Questions? Contact PDG Bill Nathan, bbnathan@nycap.rr.com

~ ~ ~

RYLEA Update

Last school year we graduated 40 students from our RYLEA program! Our program is still the only one in the world that operates once a month throughout the school year. Thank you for supporting our future leaders and Rotarians.

There's still time to add students to this year's program starting on September 27th.

Attached is the program guide and includes our application. Do you know of a current sophomore in high school isn't already a strong leader but could be with the right training? Talk to your schools, your church youth groups, Interact and homeschoolers.

Financially, we don't ask the students for any money, just their commitment once a month. We pay for the program through the generosity of the clubs. Sponsorships still only cost \$375 per student. Please consider putting money into your budget for next year to help make this program happen. We accept any amount you can give.

If you have questions you can contact me directly, as always at return email or [518-926-8688](tel:518-926-8688).

Thank you,

Nick...

Nicholas George

District 7190 RYLEA Director

All About RYLEA

Frequently Asked Questions

What is the RYLEA program all about?

According to Rotary International: RYLEA is an intensive training program for community youth leaders. Young people chosen for their leadership potential attend an all-expenses-paid seminar, camp, or workshop to discuss leadership skills and to learn those skills through practice.

For District 7190, RYLEA is designed to grow leadership skills in students who have untapped leadership potential. Specifically, we are focusing on juniors in high school. Our program is not for the student who is already utilizing strong leadership skills or students who have no desire to develop such skills.

Who is the RYLEA program intended to serve?

As we stated earlier, District 7190 RYLEA has been developed to help the committed student with untapped leadership potential. Through our program we will open up that potential and show the student the possibilities that are available to them.

This has positive effects on many parts of the student's life. They will gain self-confidence, add valuable skills that will serve them well into their future, and will teach another generation about the ideals of Rotary.

Why do we want to do a RYLEA program?

There are at least three reasons why we want to do a RYLEA program in our district:

- First, it gives the world another youthful leader who has been trained in good ethics, critical thinking, and public service. The better training that our youth receive the more positive will be their contribution as adults.
- The second reason is for our clubs. When our Rotarians are exposed to the greatness that these participants find they can't help but be more excited about not only the youth but also about the service they do. Rotarians also benefit from hearing and seeing new ideas, carried out in new ways.
- A third reason is for the future. One of the major issues facing our clubs, our district, and Rotary International, is the continued inflow of new members. The organization must keep adding new people in order to stay alive. This is a source of new members. If we expose the students to Rotary and show them what is possible we will be able to turn to them in a few years as new members. This is part of Rotary International's long-range plan for RYLEA as well as all youth programs

Continued...

Curriculum Overview

Our program consists of seven sessions, one per month, between October and March. Each session will consist of a full day, starting at 10:00AM and concluding around 4:00PM. We will provide lunch and all necessary materials.

The curriculum of our program includes the following topics as provided by Rotary International (www.rotaryryla.com):

- Fundamentals of leadership
- Ethics of positive leadership
- Importance of communication skills in effective leadership
- Problem-solving and conflict management
- Rotary's purpose and service to the community
- Building self-confidence and self-esteem
- Elements of community and global citizenship

Attendees can also expect to further develop their personal and leadership skills in the following key areas:

➤ **Communication Skills:**

- Develop interpersonal skills
- Communicate, listen and write more effectively
- Engage in some form of public speaking in a warm, supportive environment

➤ **Personal Qualities:**

- Identify the various types of personality
- Help people to get along with each other
- Manage their own time more effectively
- Avoid stressful situations
- Plan for healthier living

➤ **Leadership:**

- Identify the characteristics of effective leaders
- Become aware of the various styles of leadership
- Observe effective leaders operating in a meeting situation

➤ **Problem Solving Strategies:**

- Brainstorm and think creatively
- Engage in practical problem
- Solving and decision making activities
- Use a problem solving model in a practical situation

Continued...

RYLA Student Interest Application

Student Information:

Name:
 Parent/Guardian:
 Address:
 E-mail:
 Telephone:
 School District:

Disclosure

Some of the activities in our RYLA Program often include warm-ups, games, group initiative problems; ropes course elements, and other rigorous physical adventure activities. (The level of participation in these activities is at all times completely up to the individual’s choice.) Yet there is a risk, which must be assumed by each participant, that he or she may suffer an emotional or physical injury. Policy for participation in all activities requires that every participant have health/accident insurance coverage. In addition, certain health/medical information must be made known to the instructor(s) conducting programs, so that they are prepared to respond appropriately if the need arises. This information will be held in confidence.

Release of Liability

I understand that some of the RYLA program activities may be physically or emotionally demanding. I affirm that my health is good, and that I am not under a physician’s care for any undisclosed condition that bears upon that fitness to participate. I recognize the inherent risk of injury or disability in RYLA activities. I understand that each participant must assume the risk of physical injury and that could result from any of these activities. I release Rotary, Community Living & Advocacy Supports, Inc., The Spiritual Life Center, and RYLA staff members from all liability for any injury to me from participation in any of the RYLA program activities.

| | |
|-----------------------------|------|
| Student’s Signature | Date |
| Parent/Guardian’s Signature | Date |

Student Interest Application

Student Survey

- What leadership training programs/courses have you participated in?
- What service clubs/organizations are you an active member of?
- Approximately how much time do you spend in community service per year?
- Why is it important to you to be a part of the RYLA program?
- How do you think this program will benefit you?
- What do you know about Rotary?
- What commitments do you have that will conflict with your spending one Saturday a month in training?
- Please include a copy of your resume.



109 Acorn Drive
Glenville, NY 12302

Rotarian of the Year Night at the Joe!



DG David is seen showcasing our Rotarians of the Year as they stand atop the dugout: (lf to rt) Mel Horowitz (Hudson Shores), Dave Palmquist (Albany), Barb Wyllie (2013-14 District Rotarian of the Year), Ralph Salerno (Rotterdam Sunrise), Dan Hazewski (Glens Falls), and Andy Tomko (Glenville).



Ed Tremblay (RoY from Cohoes) was also in attendance for the game,
as was District Governor Elect Milan Jackson (Cobleskill)