

## Waterloo Region Employment Services

### Agilec

- 519-576-2681385 – Kitchener / Website: <https://agilec.ca/contact/kitchener-waterloo/>

### Anishnabeg Outreach Employment & Training Inc.

- 519-742-0300 Kitchener OR 519-763-5292 Guelph – carmen@oacan.org / Website: AOCAN.ORG

### Bridging Employment Supports & Links To Work (Kitchener, Cambridge, Guelph, Wellington)

- 519-749-3700 (BES) / 519-749-3730 (LTW) Tim Frey [tfrey@linkstowork.ca](mailto:tfrey@linkstowork.ca) (Ext 4086) Anne Jenner [ajenner@linkstowork.ca](mailto:ajenner@linkstowork.ca) (Ext 4070)

### Canadian Council on Rehabilitation and Work (Kitchener)

- 127 Victoria Street South Suite 201 Kitchener Ontario N2G 2B4 Work Phone: 519-571-6788 ext. 7481  
Email: [kmacleod@ccrw.org](mailto:kmacleod@ccrw.org) / Website: <https://www.ccrw.org/programs-and-services/partners/>

### Cambridge Career Connections

- 519-622-0815 (Cambridge) – email: [ccc@waterloo.johnhoward.on.ca](mailto:ccc@waterloo.johnhoward.on.ca) / Website: <https://cambridgecareerconnections.com/>

### The Canadian Hearing Society

- 1-866-518-0000 / TTY: 1-877-215-9530 / <https://www.chs.ca/locations/waterloo>

### Conestoga College

- 519-885-0300 x.5226 or 519-772 4605 x.5603 or x.5630 (Waterloo) /519-748-5220, ext. 3756 (Doon)  
Email: [waterloocarecentre@conestogac.on.ca](mailto:waterloocarecentre@conestogac.on.ca) / <http://www.conestogac.on.ca/career-centre/recruiting-hiring-services>

### K-W Habilitation Services

- 519-744-6307 ext. 1213 / Website: <https://www.kwhab.ca/employment/employers/>

### Lutherwood Employment

- 519-623-9380 (Cambridge) 519-743-2460 (Kitchener) / Website: <https://www.lutherwood.ca/employment>

### March of Dimes – Employment Services

- 519-579-5530 / Website: <https://www.modcemploymentservices.ca/services/employer-services/>

### The Working Centre (Kitchener)

- 519-743-1151 / Email: [genmail@theworkingcentre.org](mailto:genmail@theworkingcentre.org) / Website: <https://www.theworkingcentre.org/>

### YMCA Employment Services

- 519-621-1621 ext. 6203 (Cambridge) / 519-749-9622 ext. 244 (Kitchener)  
Website: <https://www.ymcacambridgekw.ca/en/employment-services/Contact-Us.asp>

### Waterloo Region – Employment Services

- 519-883-2101 x.5655 / 519-740-5700 X.7842 / Email: [employmentontario@regionofwaterloo.ca](mailto:employmentontario@regionofwaterloo.ca) / Website: <https://www.regionofwaterloo.ca/en/living-here/employment-support.aspx>

### Comprehensive list of Employment Ontario Programs

- [http://www.tcu.gov.on.ca/eng/eopg/programs/progs\\_servs\\_list.html](http://www.tcu.gov.on.ca/eng/eopg/programs/progs_servs_list.html)

## Other Employment / Training Related Resources

### Canadian Mental Health Association Waterloo Wellington

- Services include crisis and distress lines (HERE24/7), support coordination, addiction treatment, peer counseling, **community development & education**, therapeutic supports, **employment services** and more
- **Here24/7** – 1-844-437-3247 / <https://here247.ca/>
- **Mental Health Promotions and Education** - email: [education@cmhaww.ca](mailto:education@cmhaww.ca) / Website: <https://cmhaww.ca/our-services/mental-health-promotion-and-education/>

### Canadian Mental Health Association / Mental Health Works

- Mental Health in the Workplace – An accommodation Guide for Managers and Staff / [https://ontario.cmha.ca/wp-content/uploads/2018/10/CMHA\\_Mental-Health-Works-Guidebook-8.5-x11r.pdf](https://ontario.cmha.ca/wp-content/uploads/2018/10/CMHA_Mental-Health-Works-Guidebook-8.5-x11r.pdf)
- RETURN TO THE WORKPLACE: A psychological toolkit for heading back to work [https://ontario.cmha.ca/wp-content/uploads/2020/08/CMHA\\_ReturnToWorkplace-Toolkit\\_EN-Final.pdf](https://ontario.cmha.ca/wp-content/uploads/2020/08/CMHA_ReturnToWorkplace-Toolkit_EN-Final.pdf)

### Workforce Planning Board – Waterloo, Wellington, Dufferin

- 519-622-7260; Executive Director – Charlene Hofbauer – 519-622-7122 / Email: [charlene@workforceplanningboard.com](mailto:charlene@workforceplanningboard.com) / Website: <https://www.workforceplanningboard.com/>



- Promote your current job openings to available employment candidates.
- Talk one on one with job seekers.
- Receive resumes immediately.
- Support from knowledgeable staff to set up your booth and assist on the day of the job fair.

<https://www.eventbrite.ca/e/findyourjobca-virtual-job-fair-tickets-117537845861>

### Making Cent\$ of Abilities Coalition

- [https://www.workforceplanningboard.com/projects/making\\_cents](https://www.workforceplanningboard.com/projects/making_cents)
- CMHA WW is a sponsoring partner in the **Making Cent\$ of Abilities Coalition**
- Employers Resource to Hiring and Retaining Persons with Disabilities – Resource Guide [https://www.workforceplanningboard.com/resources/knowledge\\_library/knowledge\\_library\\_folder/wpb\\_reports/population\\_reports/youth-3/making\\_cent\\_bookletpdf](https://www.workforceplanningboard.com/resources/knowledge_library/knowledge_library_folder/wpb_reports/population_reports/youth-3/making_cent_bookletpdf)

### The Literacy Group (Kitchener / Cambridge)

- 519-621-7993 / Email: [info@tlgwr.ca](mailto:info@tlgwr.ca) / Website: [www.theliteracygroup.com](http://www.theliteracygroup.com)

### Waterloo Region District School Board

- 519-570-0003 (Kitchener) / Website for Essential Skills : <https://schools.wrdsb.ca/esu/>

### Waterloo Catholic School Board

- (Cambridge) / St. Louis Core Essentials 519-745-1201 Ext 238 Website <https://stlouis.wcdsb.ca/programsandcourses/core-essentials/>

### Conestoga College

- Corporate Training: Email: [corporatetraining@conestogac.on.ca](mailto:corporatetraining@conestogac.on.ca)  
Website: <https://www.conestogac.on.ca/corporate-training/>

### Service Canada – Essential Skills

- <https://www.canada.ca/en/employment-social-development/programs/essential-skills.html>