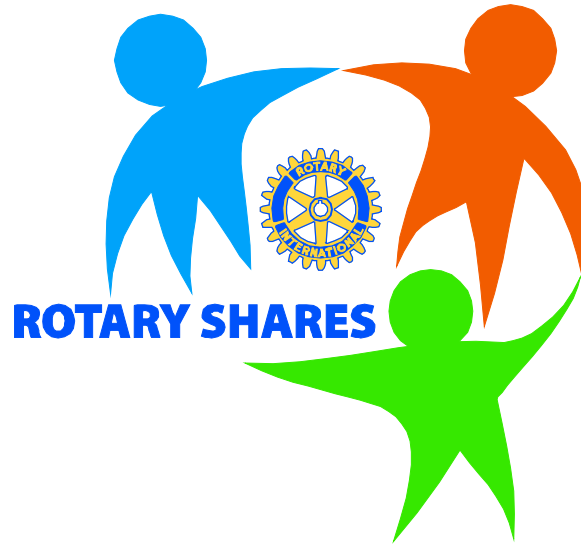


ROTARY CLUB OF KITCHENER GRAND RIVER



MISSION STATEMENT

We are community leaders who provide humanitarian services, encourage high ethical standards in all vocations & help build good will & peace in our community and internationally.

Our focus is making a difference 'with Youth', Fellowship and the good feeling of being part of a good cause.

PRINCIPLES OF OPERATION

4 Way Test

Is it the truth?

Is it fair to all concerned?

Will it build good will & better friendships?

Will it be beneficial to all concerned?

MOTTO

“SERVICE ABOVE SELF”

ROTARY CLUB OF KITCHENER-GRAND RIVER BULLETIN

March 11, 2008

Dave Mintz – Director, Kitchener Rangers

	March 11	March 18	March 25
Sgt. At Arms	“Daft pod dills” POD	Bill Brown Sr.	Seung-Mi Yoo
50/50 Draw	Leader: Bill Brown	<i>Aeroquest</i>	<i>Ambassadorial Scholar</i>
Greeter	Members: Rupert Hanson,		
Blessing	Doug Jones, Jon Kinghan,		
Introduction	Pierre LaPalme, Jim		
Thank-You	McIntyre, Bill Muirhead		

Bob Skura – “How Great Golfers (and others) Think”

Bob Skura has recently published a book about how great golfer (and others) think. He has received an endorsement from Wordsworth Books as a bestseller at their store.

Tiger Woods is one of the great achievers of all times no matter what he



sets out to do. Bob was intrigued as to how he got into that zone. By using juggling, Bob demonstrated how high achievers break difficult tasks into small components. There are 8 conditions for getting into flow. These include having crystal clear goals, breaking things into small tasks and getting good feedback. When Bob began writing his book two years ago, he met with David Chilton who told him to self publish and that

people like to listen to stories. David gave him some feedback to help make the book more readable. If you lined up the 8 characteristics to get “into the flow”, you would find that Tiger Woods follows all of them. To learn a new task, you must absorb, connect and apply (experiment). When Anika Sorensen went to Tiger woods to learn about how he was so successful the message was to practice and experiment. If you want to be great, you need to embellish and add to what you are already capable of doing. Bob suggested that the tips in his book can be applied to your life, not just golf. In fact, he indicated that kids who do not follow the steps of absorbing and connecting in school will end up being frustrated. Bob demonstrated how easy it is to juggle by breaking down the goal into small tasks.

ANNOUNCEMENTS



Jon Kinghan began the meeting with a dramatic rendition of Wordsworth’s “Daffodil” to introduce March’s POD.

Attendance

We had 28 members and 2 guests.
Lindsay Restagno won the pot of \$23.

Wine Tasting Social Evening – April 18th at 20 King

On Friday, April 18th, from 8 – 10 p.m. the club will be having a wine tasting in one of the private rooms at Peter Martin's 20 King. There will be 4 courses of hors d'oeuvres with wine for each course. The cost per couple is \$60 or \$30 per person. There will be no meeting on April 22nd and the \$12 for that meeting will be applied toward the cost. If you are interested in attending, contact Paul Walman.



5 Club Luncheon



On Tuesday, April 8th, the five KW clubs will be co-hosting a luncheon with Andrew Wilkins, the American ambassador to Canada as speaker. The cost is \$35 per Rotarian (minus \$12 breakfast cost) and \$50 for guests. Corporate tables are available at \$400 for a table of 8. The event will be held at the Waterloo Inn. If you are interested in attending, please contact Rob Dippell by Tuesday, March 11.

RYLA

We are looking for post secondary students (one from WLU, one from U of W and one from Conestoga) to apply for this year's RYLA conference. If you have a son or daughter who might be interested in attending, contact Kathi Smith for an application form and more information. The one week conference is the first full week of May.

Do You Know Someone Who Would Make a Great Rotarian?

With four and a half months left in this Rotary year, we need to put our minds

to finding some new club members.

Think about the people you interact with on a weekly basis and consider inviting them out to our club.

Remember that we have a goal of adding 10 new members this year (and have added 0 at this point). Jim McIntyre has again generously offered a \$1000 contribution to the Rotary Foundation (\$100 per new member).

Mudpuppy Chase – Coming Soon

Save May 4th in your calendar for Kitchener's Premier running event and our second fund raiser! If you are running, go online to www.onlineregistrations.ca/mudpuppy
More information coming soon.

Skate 48

A separate newsletter with photos will be sent out for Skate.

Peace is Possible

On April 25th – 27th, 2008 Rotarians and peacemakers from around the world will gather in Windsor, Ontario at a Presidential Peace Forum to share, celebrate and create peace initiatives. This North American event is the fourth and final in a series that have taken place this year in Bulgaria, Turkey and Africa. This event promises to be an exciting, once-in-a-lifetime opportunity to listen to great international speakers and to make our voices heard. Rotary Youth Day will kick-off the festivities, followed by a Community Parade of Nations that will welcome Rotarians, International Peace Scholars, and other business professionals from across the globe as they come together to celebrate hope for world peace. The cost for adults is US\$175 and US\$100 for youth registration.

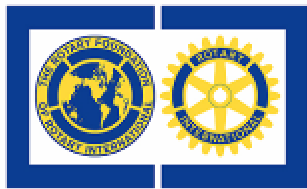


Register today at
rotarypeacesummit.org.

Don't miss this incredible opportunity to learn, to share and to celebrate peace!

Rotary Foundation Contributions

When our club contributes to the foundation, the total amount that comes from the Club and the members comes back to us to spend on projects three years from now. If we utilize matching grants, we can triple the value of the funds that we have contributed. Think of how many children we can help to live past the age of five by making a small personal contribution of \$100 per year which is matched by our club!!



The Bulletin (& speaker ideas)

Please forward any information for publication or ideas for speakers (to forward to PODS) to Kathi Smith at smithkathi@sympatico.ca

Upcoming PODS

March – Bill Brown – Leader

Rupert Hanson, Doug Jones, Jon Kinghan, Pierre LaPalme, Jim McIntyre, Bill Muirhead

April -Jim MacArthur – Leader

Blair Haley, Dave Timlock, Justin Nesbitt, Andres McGauley, Jeff Righton, John Scace

May – Kathi Smith – Leader

Duane Eby, Dennis Yanke, Mitch Blaine, Thea Holdevici, Sean Leadston, Jon Kaufman

June –

Shay Davidson, Peter McCann, Warren Hamp, Gerry Muller, Glenn Stewart, Len Brunen, Joanne Renaud.

Coming Soon to Your Rotary Club:

March 18	Bill Brown Sr., Exciting field Of Geophysics
March 25	Seung Mi Yoo, Ambassadorial scholar
April 8	Morning meeting cancelled 5 Club Luncheon
April 18	Wine Tasting
April 22	No meeting
May 4	Mudpuppy Chase
May 6	No meeting today