

Rotary  
Bolton



## MISSION

The Rotary Club of Bolton would like to help families in Caledon who have children that are interested in fitness related activities and may be unable to participate due to the family financial situation.

## PARTICIPANT QUALIFICATIONS:

- Youth 5 – 17 years of age
- Resident of Caledon
- Enrolled in primary or secondary education

## CRITERIA FOR FINANCIAL ASSISTANCE:

*The Rotary Club of Bolton would like to help families in financial need. Circumstances may include:*

- Single parent families
- Parents who have lost jobs
- Critical Illness in the Family
- Family income under \$50,000

## CRITERIA FOR ELIGIBLE PROGRAMS

- Last at least eight consecutive weeks or, in the case of children's camps, five consecutive days
- Be supervised
- Be suitable for children
- Involve substantial physical activity. Generally, most of the activities must include a significant amount of physical activity contributing to cardiorespiratory endurance, plus one or more of:
  - muscular strength
  - muscular endurance
  - flexibility
  - balance

Physical activity examples include strenuous games like hockey or soccer, activities such as golf lessons, horse-back riding, sailing and bowling as well as others that require a similar level of physical activity.

For further information, please contact  
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