



Volunteer Instructions

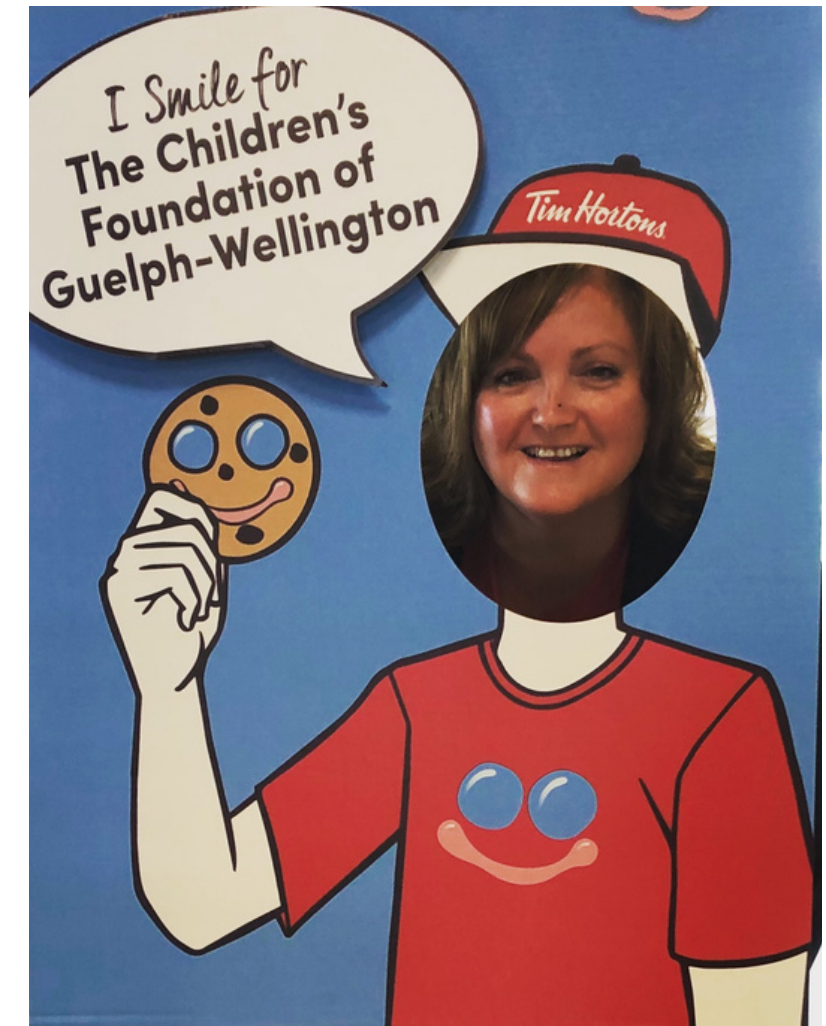
smile cookie week
May 1 - 7, 2023



The Children's Foundation & Smile Cookie Week

Tim Hortons is a valued community champion, providing unwavering support to our student nutrition programs over the past 20 years through the Smile Cookie campaign. For the 2023 campaign, the Children's Foundation is partnered with 25 Tim Hortons locations throughout Arthur, Elora, Fergus, Guelph, Harriston, Mount Forest, and Puslinch.

Over the years, Tim Hortons has achieved the incredible milestone of having contributed over \$1,130,000 to support the Children's Foundation's Food & Friends Program. Each year, their support makes a tremendous impact on breakfast, morning meal, lunch, and snacks programs for students in our very own community.



*Food & Friends Program Manager, Bobbi
Wellington County*



Preparing For Your Shift

Thank you so much for volunteering with the Children's Foundation to help decorate Smile Cookies. In addition to Smile Cookie Week being one of the busiest weeks for the Tim's restaurants, many of our partnered locations are working with reduced staffing numbers. Without your help, some locations would not be able to keep up with the demand. We truly appreciate your help!



What to wear

- Non-slip shoes (i.e. running shoes)
- 3/4 length pants or full length
- T-shirt (i.e. armpits covered)
- Long hair pulled back
- Clean clothes, no pet hair



What not to wear

- Flip-flops, sandals
- Short-shorts, skirts, dresses
- Tank tops, muscle shirts
- Dangly jewelry
- Hoodies with strings



*Left; CFGW Volunteer, Erin
Right; CFGW Volunteer, Nancy*



At some locations, masks may be required.

During Your Shift

When you arrive

Ask for the Manager on Duty and introduce yourself as a volunteer from the Children's Foundation. Sometimes the front-end staff may not be aware of the volunteer schedule but the Manager on Duty will be expecting you. Please be patient with the Tim Horton's staff, as they can be very busy and may be understaffed.

Training

A Tim's staff member will provide you with on-the-job training and tips. For example, leave the decorated cookies on the baking tray and do not stack the cookies together while they are wet. While the icing is drying, the trays can be stacked in alternating directions (don't let the bottom of the pan touch the cookies underneath).

Ask for help

It can be quite busy behind the scenes. We encourage you to take initiative to ask questions and for help if you need it. If you need more cookies, trays, or icing, please don't be shy and ask a Tim's Staff Member for help.



*Left; CFGW Volunteer, Lynda
Right; CFGW Staff, Heather*



Volunteer Reminders

CFGW Contact

If you need to cancel due to illness or have any questions, contact Jodi Carreiro, Volunteer & Events Coordinator, via text/call 519-731-1013 or via email jodi@childrensfoundation.org.

Take a break

Some restaurants use squeeze bottles and some use piping bags for the icing. Both can cause muscle strain due to repetitive movement of your hand and arm muscles. To soften the icing, briefly place it in the microwave. Please ask a Tim's Staff member if you're unsure or need assistance.

Snap some photos

We love to see volunteering in action. If you're posting on social media, be sure to tag us (@ChildrensFdnGW) and use #SmileCookie. Photos can also be texted to Jodi Carreiro at 519-731-1013.



*Left; CFGW Volunteer, Jenn
Right; CFGW Volunteer, Steph*



Mayor Cam Guthrie



Safe Food Handling

Handwashing, when done correctly, is the single most effective way to prevent the spread of communicable diseases.

- Wash your hands with soap for a minimum of 20 seconds .
- Wearing hand jewelry such as rings, bracelets and wrist watches can trap dirt, making thorough handwashing harder.
- Any time your hands get dirty or contaminated in any way, you must wash them.

To prevent contamination, avoid...

- Biting your fingernails
- Smoking
- Licking your fingers to pick things up, like parchment paper
- Smoothing your hair, beard, or moustache
- Touching your nose or mouth

If you do any of these things, please wash your hands immediately.



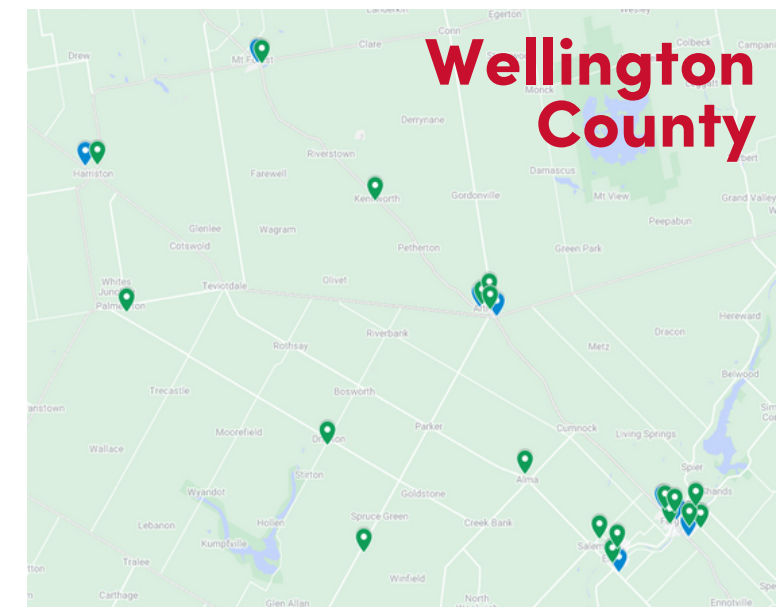
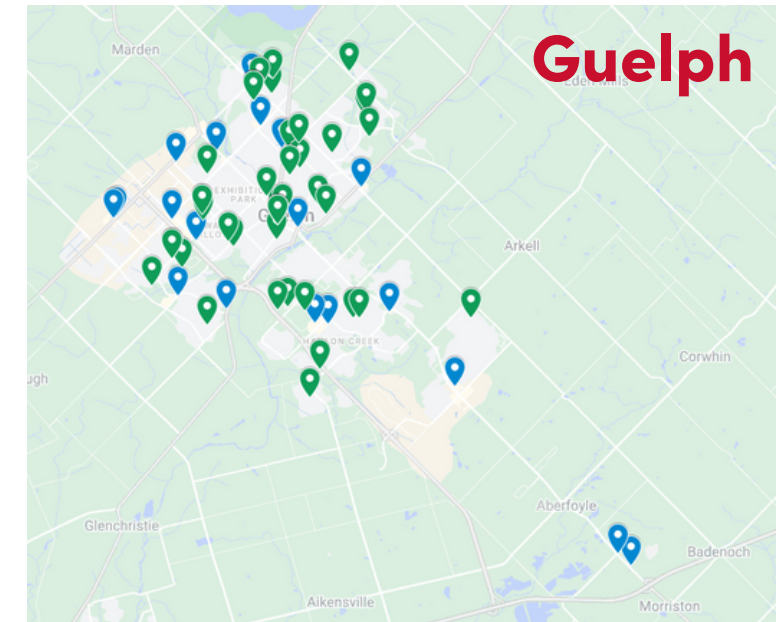
CFGW Volunteer, Steph



Smile Cookie Impact

- Every 6 Smile Cookies sold provides 3 nutritious meals for local students.
- The Food & Friends program gives over 40,000 local students access to nutritious food in Guelph, Wellington, and Dufferin.
- Due to the rising food costs, the cost of a healthy Food & Friends provided meal can cost up to \$3.40 compared to \$1.85 prior to the pandemic.
- Food insecurity is on the rise. Pre-COVID 19, 1 in 5 Canadian Children were at risk of food insecurity with many trying to learn on an empty stomach. That number is expected to climb.

Every **smile cookie**™
makes a difference.



 **Partnered Tim's Locations**

 **Supported Food & Friends Programs**

**If you have any questions,
please reach out to a member of the
Children's Foundation Community Engagement Team:**



Jodi Carreiro

Volunteer & Events Coordinator
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519-826-9551 ext. 121
519-731-1013



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**Children's
FOUNDATION**
OF GUELPH AND WELLINGTON
Building brighter futures

Thank-you!

**Thank-you so much for choosing to
spread some smiles to support
children and youth in our community.
You give us something to smile about!**