COVID-19 IMPACT ON FOOD INSECURITY IN GUELPH

@ Rotary Club of Guelph Trillium
June 3, 2020



- Terrie Jarvis
- Guelph Rotarian since 2015
- Volunteer Program Coordinator of this Rotary-inspired charity
- Food-insecurity of children

No child in our community should go hungry, yet many do due to poverty.



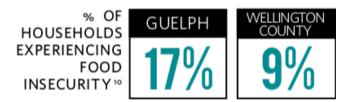
- Jaya James
- Guelph Rotarian since 2017
- Executive Director, Lakeside HOPE House
- Food-insecurity of individuals and families ... and a lot more

Improving the lives of others, especially those impacted by poverty.

Food Insecurity in Guelph

Guelph & Wellington County Vital Signs Report 2018





When people live in households without enough food, they are more likely to report poor or fair health, limitations to activity, more than one chronic condition (such as heart disease, diabetes, high blood pressure and food allergies), to suffer from major depression and to lack social support." 17

There's a food security crisis in Canada and it's worse than you think

7 %	MARGINAL food insecurity	Some indication of worry about running out of food and/or limited food selection
7 %	MODERATE food insecurity	Forced to compromise the quality and/or quantity of food consumed
3%	SEVERE food insecurity	Disrupted eating patterns – missed meals, reduced food intake, no food intake for an entire day or longer, chronic shortage of food

Estimated that at least
500 Guelph children
age 1-14 live in
severely food insecure homes,
chronically short of food

1 is too many. 500 is heartbreaking.

Weekends Without Hunger



Closing the weekend gap in providing food to children whose families are struggling to make ends meet

A community partnership with











Now in its 2nd year, the Food4Kids Guelph charity is supporting 200 children at 12 schools in 93 families

Before Covid-19...

Food bags each weekend delivered through schools



Protein, Grain, Dairy, Fruit & Veg, Snacks

Since Covid-19...

Grocery gift cards mailed to homes \$15/child/week – incl. summer holidays



Dear Family,

How are you doing? We want you to know that you can depend on receiving these grocery gift cards from us every second week, throughout the summer holidays as well.

Stay safe! Sending our best wishes,

The Food4Kids Guelph Team

Email: food4kidsguelph@gmail.com



(\$40,000)

Lakeside HOPE House

Improving the lives of others, especially those impacted by poverty



10 Cork Street, Guelph

With 18,000 square feet of usable space, HOPE House is a significant care centre in the Guelph community.

ONGOING SUPPORT PROGRAMS

- The Food Market
- HOPE Stylin' clothing, hair salon
- Café
- · Community Breakfast every Wed.
- HOPE in Motion
- Social Work Services
- Healthy Living Club
- Circles[®]
- Creative Outlets Yarn & Yap,
 Creative Connections, Chords of HOPE



COMMUNITY PROJECTS

- Harvest of HOPE produce
- Community Backpack Project
- HOPE for the Holidays
- HOPE Smiles
- Eggpreneur





Since Covid-19 ... Oh, how things have changed

Statistics Canada found one-in-five Canadian businesses had laid off more than 80 per cent of their staff

"Coronavirus ups and downs by the numbers"

Macleans.ca/economy

For free, emergency food, people think first of ...



But Guelph is fortunate to actually have about 28 places providing emergency food support (some very small).

Covid-19 has driven incredible innovation and collaboration

Guelph agencies have rapidly adapted



- 200 children, 93 families
- Grocery gift cards, \$15 per child per week, till Sept
- Unused food donated to Chalmers (656 lbs)
- 2 freezers loaned to The SEED for their meals program

ISSUES

Demand up

Half closed

Volunteers down

Non-contact



- Food Market grocery orders can also be taken by phone or email
- Home delivery
- Networking with other providers



- Food bag, weekly pickup
- 2 locations downtown and west end



- Children's Foundation GW
- Market Fresh 5 family hampers per week
- "Food & Friends" school day food, now offering weekly home delivery



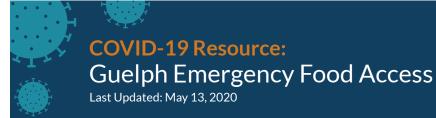
 Daily snacks and cooked meals for take-out

Being poor is a full-time job.

Imagine having to continually figure out

- Where you can get free food still open during Covid?
- Whether you 'qualify' at each place
- When they are open
- How often you are allowed to go there
- How to get there and back









Due to COVID-19, access to the below services may be impacted by changes to hours or closures. Please contact services directly or visit their website for the most current information. The following emergency food providers are currently closed: Welcome In Drop In Centre, Silvercreek Community Market and Trinity United Church Food Pantry.

Organization,	Eligibility to access service	Type of service		Types	of items pro	vided	You can make	How you access food			
Address & Contact Information			Non- perishable	Perishable	Fresh fruits & vegetables	Grocery gift cards	Prepared Meals	requests for dietary needs	Pick-up	Delivery	Someone can pick-up for you
Chalmers Community Services Centre 41 Macdonell St, Guelph & 577 Willow Rd - in the portable, Guelph www.chalmerscentre.ca 519-822-8778	No registration needed. Open to everyone.	Prepacked hampers	⊘	0	⊘				⊘		Ø
North End Harvest Market 140 Waverly Dr, Guelph oldbatchat@yahoo.ca 519-835-1016	No registration needed. Open to everyone.	Prepacked hampers		⊘	⊘				⊘	⊘	⊘
Lakeside HOPE House 10 Cork St E, Guelph reception@lakesidehope www.lakesidehopehouse.ca /appt-request-form/ 519-265-4299	Register as a community member. Open to everyone.	Prepacked hampers & some non-grocery items	0	⊘	⊘			⊘	0	0	Ø
The SEED at Guelph Community Health Centre 176 Wyndham St N, Guelph www.theseedguelph.ca/ homedelivery 519-993-0929	No registration needed. Fill out the intake form on the website. Open to everyone.	Prepacked hampers & prepared meals	Ø	⊘	Ø	Ø	⊘	⊘		⊘	
Royal City Mission 50 Quebec St, Guelph office@royalcitymission.ca 519-837-3777	No registration needed. Open to everyone.	Prepared take-out meals served at 11am & 6pm daily. Some delivery available					⊘		⊘	⊘	



COVID-19 Resource: Guelph Emergency Food Access

www.gwpoverty.ca
@gwpoverty

@gwpoverty

ELIMINATION

Organization,	Eligibility	Type of		Types	of items pro	ovided	You can make requests	Ho	How you access food		
Address & Contact Information	to access service	service	Non- perishable	Perishable	fruits & vegetables	Grocery gift cards	Prepared Meals	for dietary needs	Pick-up	Delivery	Someone can pick-up for you
Salvation Army 210 Victoria Rd S, Guelph familyservices@guelphsa.ca 519-836-9824	Contact for interview style registration and appointment.	Prepacked hampers	⊘	⊘	⊘				⊘		⊘
Guelph Food Bank 100 Crimea St, Guelph gfb@spiritwind.ca	Register with identification, name, address, proof of rent & income.	Prepacked hampers	0	⊘	⊘			Ø	0	0	Ø
Society of St. Vincent de Paul info@ssvpguelph.ca 519-654-3575	Register with name, address & contact information.	Emergency food vouchers				⊘				0	
Children's Foundation of Guelph and Wellington 87 Waterloo Avenue, Guelph childrensfoundation.org anita@childrensfoundation. org	Families with children already supported by the Food & Friends student nutrition program can register on the website under Fresh Food for Kids.	Prepacked kits	⊘	⊘	⊘					⊘	
Food4Kids Guelph 503 Imperial Rd. Unit 5, Guelph www.food4kidsguelph.ca food4kidsguelph@gmail.com	Families with children already enrolled in the Food4Kids program.	Grocery gift cards				⊘				0	
Snacks and Smiles by Crown Dairy 363 Elizabeth St, Guelph www.snacksandsmiles.ca	Open to elementary and secondary school children. Visit the website to register.	Prepacked snack bags	0	⊘	⊘			⊘		0	
Guelph Student Food Bank 620 Gordon Street, Guelph foodbank@uoguelph.ca 519-824-4120 x52561	University of	Grocery gift cards				⊘				0	
Holy Rosary Church Emergency Food Pantry 175 Emma St, Guelph 519-822-4701	Must live within parish boundary. Call to make an appointment. Name, address, contact infor- mation needed.	Prepacked hampers	0						Ø		⊘



COVID-19 Resource: Guelph Emergency Food Access



Things may never be the same again. In some ways, they could be better.

- Successful collaborations may continue and grow if the funding is there to support them
- Extra impetus for Guelph's Smart Cities Vision:
 "Our Food Future, Canada's first circular food economy"
- Donation by Wood Development Group to THE SEED of a 30,000 sq ft warehouse at 69 Huron St.
 - Supports expansion of THE SEED's amazing work
 - Potential community space for improving local food provision

Guelph is rising to the challenge