

November is Foundation Month

Dear fellow Rotarians,

Having now come home from our District 7010 Conference, I am still pumped up having witnessed the service work of our Clubs thanks to Shelly Duben and the students from the senior Communications Technology class at Bracebridge and Muskoka Lakes Secondary School. In this report you will find information about a new District 7010 initiative* that will support one longer term International project this year and for the next 4 years. I also am continuing to encourage all clubs that have great service oriented (community, indigenous, international and vocational) service projects to share their information. What you do when shared with others, can affect both you and other clubs! Please send the information to me at dawn@straka.ca. The next Report will come out early in January, 2017.

Yours in Rotary Service,



Rotary District 7010 Service Director	
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Criteria for a NEW District 7010 International Service Project

- * In accordance with its Strategic Plan, District 7010 is looking to support an existing International Project for up to five years. The project will be funded up to \$10,000.00 per year and will be evaluated each year. At the end of the five years the project should be sustainable without Rotary's financial involvement.
 - The project must have a history of involvement from Rotarians and non-Rotarians from throughout District 7010 both financial and hands on.
 - The Project must reflect one or more of Rotary's six areas of focus.
 - There must be strong partnerships with Rotarian and/or non-Rotarian organizations both within the District and in the host country.
 - The goal of the project must be to become sustainable over the five year period and able to continue without funding by Rotary.
 - There should be involvement with a Rotary club in the host country where possible, and involve a minimum of three clubs in District 7010 and preferably more. If there is not Rotary Club involvement in the host country, there must be a designated organization or individual on the ground to oversee the operation of the project.
 - The lead Rotary club must appoint a project committee consisting of a Chair, Treasurer and Secretary.

Further information regarding project eligibility is available from:

Dawn Straka, Director Service Projects, District 7010 705-295-6375 or dawn@straka.ca 32 Leanne Avenue, Keene, ON K9J 6X8

Ethiopia Global Grant

This past summer Carol Forde of the Rotary Club of Barrie visited two schools in Ethiopia, one which already had a milk program and one where the Rotary Club of Addis Ababa West would like to add a milk program. Carol saw with her own eyes the difference this one cup of milk a day makes to these children. It's such a small thing but it makes such a huge difference.

In other schools which have the program studies have shown they now have OVER 100% enrollment and 0 dropout rate (Ethiopian schools traditionally lose about 35 to 40% of students during the year). Students are now no longer fainting from hunger and they can learn. Carol was told it's quite common in the area around this school that children have to take turns eating -- and that's only one meal a day!

The children in the first picture are enjoying their cup of milk. The children in the second picture are malnourished, as you can see by the colour of their hair.

The Rotary Club of Barrie has donated \$13K CDN to this project. Carol needs financial help to make it happen! Please contact Carol Ford at barriecookies@yahoo.com if you can help her project.

Rotary Trip to Honduras – February 5 -16th, 2017

- Sunday, February 5^{th-} depart Toronto in the afternoon, arrive around 9 pm in Tegucigalpa, Honduras
- Monday February 6th to Saturday February 11th inclusive -work on projects in and around Tegucigalpa
- Sunday February 12th early flight to Roatan, for snorkeling and R and R
- Wednesday February 15th fly to San Salvador, stay overnight
- Thursday February 16th return to Canada

The layover in San Salvador is unavoidable. The other option is a 6am departure on United Airlines where we transfer both ways in the States and overnight in Houston on the way down with all our bags. This is torturous; we won't do it.

Activities for the week -

- 1. RIV girls school this is the school we visited last year that offers an accelerated education as well as vocational training to girls as young as 12 who are sent to the city to earn money as domestics and workers in vulnerable job situations. We will spend at least 2 days there working on repairs to the building such as painting and plumbing, and will work on small projects such as making and installing barrel gardens (pending a district grant that is under review) and doing sewing projects with some girls.
- **2. AFE (school at the dump)** we visited this project last year and will return for up to 2 days to work on whatever the local co-ordinator, Adam, is lining up for us. Probably similar to above work with barrel gardens and we may have a chance to enhance the daycare and school with educational supplies that we bring and distribute/install. Details will be forthcoming.
- **3. School visits and Teacher Training Centre** we will go to 3-4 schools in the area near Teguc that was visited last year. This will take place over 2 days. We will leave some supplies, but the main goal will be to enhance the learning environment of the schools by installing or creating materials for the teachers to use in an interactive way with the students. These schools will most probably be remote and small, as those are the schools that most often lack proper supplies. As we may not all want or be able to go to all of the schools, some of the group will stay and work on starting the teacher training center we are building with an outside grant. This work will involve basic construction such as building walls. We will have a Honduras construction crew to guide us.
- **4. Water filters** pending another district grant, we will expand upon our water filter distribution of last year. This year we will do testing and follow-up of the systems we distributed last year, and we have applied for another district grant

for 56 ceramic filters that will be SOLD versus given out. This will be a pilot project to test the waters for a social enterprise that will support the teacher training centre costs to some degree until it becomes autonomous.

Depending on the logistics, activities 1 and 2 may take place simultaneously, as well as projects 3 and 4.

We welcome individuals who want to propose or take on a small project at any of these locations. Cost at the moment for 10 days is approximately \$2300 Canadian double occupancy. For further information please contact Marie at mariepress@hotmail.com.

The Rotary Club of Sudbury Sunrisers Community Service Projects

The Rotary Club of Sudbury Sunrisers participates in a number of worthwhile and impactful service projects during the year. In the fall, the Club was responsible for the following two projects that have a positive influence on the vulnerable members of their Sudbury community. President Louise feels other Clubs may be interested.

The ELGIN Street Mission: Since the inception of the "four for all " a few years ago we have continued to serve dinner at the Mission every December, supporting it over the course of 20 days with volunteers from local businesses, offices, families and friends. Each night a group will go and serve dinner to go those less fortunate, sometimes up to 200 people. They are very grateful for what we do for the patrons and we are very humbled by the experience. Each group also donates \$250 in support of that dinner as a part of their donation. As this event continues it is very common to have repeat volunteers reserve their evening because it means so much to them to be able to give back to their community.

Fill a Crib for the Infant Food Bank: A few years ago, our club joined forces with Petryna Adverting's "All I Need for Christmas Campaign" and started the "Fill a Crib" campaign. This initiative supports the local Pregnancy Care Centre and Infant Food Bank. Each year, the centre assists approximately 1000 families. Businesses are invited to buy a crib that will be placed in their shops for customers to fill with baby items. Each year approximately 40 cribs are returned to the Infant Food Bank overflowing with diapers, clothes, formula and other necessary baby items. If you want further information about either of these 2 projects, please contact Melanie at melanieliisasmith@hotmail.com.

HHART (Haitian Humanitarian Assistance and Relief Team)

The interest to participate this year in HHART has been sufficiently high. Many of last year's team members and several people from previous teams are returning. To accommodate local needs in the Dominican Republic two HHART missions have been planned for early 2017. HHART 8 deploys from Toronto on April 25 and returns on May 2. HHART 9 deploys from Toronto on May 2 and returns on May 9.

The current cost for each mission is \$1,600 (everything included - flights, accommodation, meals, and beverages, transportation in the DR, taxes and gratuities). If you choose to join both HHART 8 and HHART 9 the cost is \$2,200.

There are new projects in the works for this year and the missions will be fun and as well as very rewarding. Consider joining and the rest of the HHART team us to *Save Lives and Make Communities Better* through HHART.

There is now an option whereby you can book your own flights (to use your travel points). If you would like this option the HHART fee is REDUCED by \$800. assuming you book your flights before the end of November.

Please get in touch with Steve Wallace by phone at (705) 444-4012 or by email at steve@HHART.info to take advantage of this option or for all other information.

Throughout our District, projects are happening in all 4 Areas of Service: **Community, Indigenous, International and Vocational**. Please share what you are doing through future **Service Projects Reports.**

Rotary Wheels for Learning

The 2016 Rotary Wheels for Learning bicycle distribution wrapped up on 18 February 2016 with a total distribution of 851 bicycles. The team was led by MaryAnne Marshall and included Rotarians from Gravenhurst, Bracebridge and Minden. The team was augmented by friends that included four members of our Canadian Armed Forces, a SUBWAY owner and health professionals. Our Journey took us to six different provinces where we completed eight distributions that totalled more than 1500 hours of bicycle assembly and repair!

A typical build day would see us arrive at a school where we would be assailed by hundreds of smiling school children. Our team members, although eager to begin work would spend some time playing games with the children or showing them pictures of life in Canada. After the school bell called them back to class, we would begin the assembly. On average it would take 4-5 hours for the team of 19 to assemble 110 bicycles. Concurrent to the assembly, we had a small team conducting "quality assurance" so that every bicycle that was given to the children was in perfect running condition. Once the bicycles were ready, the official ceremony would begin with village chiefs, district leaders and politicians regaling us with long speeches while the children fidgeted in their seats – it reminded me of those Christmas mornings where the children would gather around the tree waiting for their parents, seemingly never to arrive. Finally, we would distribute the bicycles to each child and watch them pedal away, sometimes with three other children on the bike full of smiles and wonder.

With next year's trip already creeping up, fundraising activities have begun, with one new team member having raised 50 bicycles in celebration of her 50th birthday. If you are interested in making a personal donation of \$50.00CDN per bicycle, you can do so online at http://www.gravenhurstrotary.com/rwfl-cambodia-2016/ or by sending a cheque to the *Rotary Club of Gravenhurst* care of the *RWFL 2017 bicycle distribution*.

The dates for next year's trip are 28 January – 18 February 2017 with total costs running around \$3400.00 Canadian dollars per person. If you are interested in participating in the "RWFL Team Cambodia 2017", we are currently looking for team members with a strong sense of humour, ability to "go with the flow" and the willingness to immerse themselves into the local customs and culture. While the main focus of the trip is bicycle distribution, you will have plenty of opportunity to experience the cultural wonders of Cambodia – from the temples in Angkor Wat, to the jungles of Koh Kong to the pristine beaches of Kep. You do not need to worry if you have never worked on bicycles, as our experienced team members will provide you with all the necessary training. So whether you are a massage therapist, a health professional, a soldier, or are currently enjoying retirement, we welcome you to the team.

If you have any questions or require additional information on the RWFL bicycle project, please contact MaryAnne Marshall at marshall.maryanne@gmail.com or Mike Cole at mscole1@rogers.com . Both have had good experience with this project and would be happy to assist you regarding any enquiries you may have.

Vocational Service Opportunity in District 7010

We are currently looking for a Rotarian in our District who has a keen interest in bringing the principles of Rotary into our working lives. If you may be interested or know of someone who may be, please contact Dawn Straka, Service Director dawn@straka.ca ASAP. Working as a volunteer at the District level gives one the opportunity of serving as well as seeing what Rotary does in an area a bit bigger than our own community. While you serve you will make a difference in the lives of others and at the same time learn and develop new friendships!

"I slept and I dreamed that life is all joy. I woke and I saw that life is all service. I served and I saw that service is joy."

- Kahlil Gibran