

BIOGRAPHY
SGT R.W.W FOX

Born in Trenton, ON, Sgt. Robert “Bobby” Fox always wanted to join the Canadian Armed Forces. His father was a Fire Fighter in the RCAF for 25 years, thus he was constantly exposed to military life, including uniforms, family mess functions, and postings.

On Jan 7th 1989 he reported to CFRC Cornwallis for basic training then to the RCR Battle School in Petawawa before being posted to 1 RCR at CFB London in Oct 1989 and the eventual move of 1 RCR to Petawawa in Sept 1992. In July 2009 he released from the Regular Force and joined the Canadian Special Operations Regiment as a full time reserve member as a training coordinator in Operations and Training platoon. He served with CSOR for 8 years before taking a job as the Int. supervisor and RTF senior instructor for 22 Wing North Bay.

A career soldier with over 29 years’ service that includes both Regular and Reserve Force time, he has several deployments including

- a. 1989-2009, Regular force member with 1 RCR earning the rank of Sgt and deploying on the following tours and operations:
 1. 1991 – Operation Scalpel / Desert Storm in support to 1 Cdn Fd Hospital in the Persian Gulf,
 2. 1994 – Operation Harmony in Croatia
 3. 1998 – Operation Palladium in Bosnia
 4. 2000 – Operation Kinetic in Kosovo
 5. 2005 – Operation Athena in Kabul Afghanistan

- b. Aid to Civil Power
 1. 1990 – Akwesasne as part of the Oka event.
 2. 1997 – Winnipeg floods

After 26 years in Petawawa he moved to North Bay with his spouse MWO Rachel Rickard. He enjoy his cottage time, love of Russian surplus weapons, recreational shooting, any form of physical fitness that challenges us, specifically distance running such as half marathons and most recently the Hamilton Around the Bay 30km race. Sgt. Fox has three sons from a prior marriage, Keenan 20 who lives in Pembroke, Colin 16 who lives in Ancaster and Spencer 14 who lives in North Bay. Colin who has Down Syndrome is the driving force behind his advocacy for the inclusion of persons with special needs.

R.W.W. Fox
Sgt.
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