

## Looking Within

As a child I used to love looking at the ads in the back of comics. One in particular used to stir my imagination – X-Ray glasses. I used to imagine the possibilities of being able to see the bones and muscles under my skin. What fun.

Anyone who has traveled by air recently knows we are not far from this concept.

What these devices cannot show, however, is the contents of our hearts.

Each one of us is hard-wired to love, protect and nurture others. Unfortunately, we can let our own experience, fear, intolerance, pain and preconceptions keep us from reaching out to others. We can just as easily turn that love inward, and stifle our service to others. Worse, we could serve others just to get something in return.



Our Rotary theme for the upcoming year is **Reach Within to Embrace Humanity**. In his remarks at the 2011 Rotary International convention, the incoming President, **Kalyan Banerjee** asked, “Why are we ... in Rotary?”

He summed up by saying, “... because we care, and because we see both what’s wrong in the world, and what’s right. And we want to carry forward what’s doing good – build on it; expand on it; help it grow; while taking a hard look at what needs to be changed in our lives – and then doing what we can to change them.”



Our service through Rotary allows us to *figuratively* put on X-Ray glasses to reach within; to examine areas in our own lives that might otherwise impede the good we are capable of.

Our club members look forward to a year of strengthening our service “in a spirit of friendship, goodwill, and fellowship – that have been the hallmarks of Rotary.” John Hewko, RI General Secretary Elect.

Attend a **Rotary club near you**, and begin the journey of serving others with joy.

**NOTE:** This week we are at **Sammy J Peppers (8701 – 120<sup>th</sup>, Street, Delta)** to make a presentation to the **BC Cancer Foundation - Tuesday 6:00 – 7:45 PM**

Still wondering what Rotary is about? Have a look at this video: [Come Join Us](#)