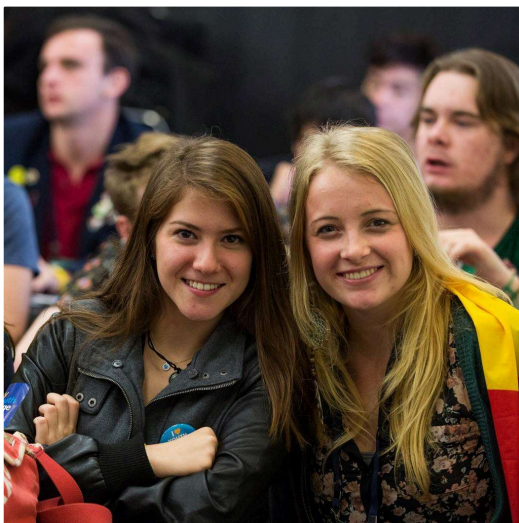
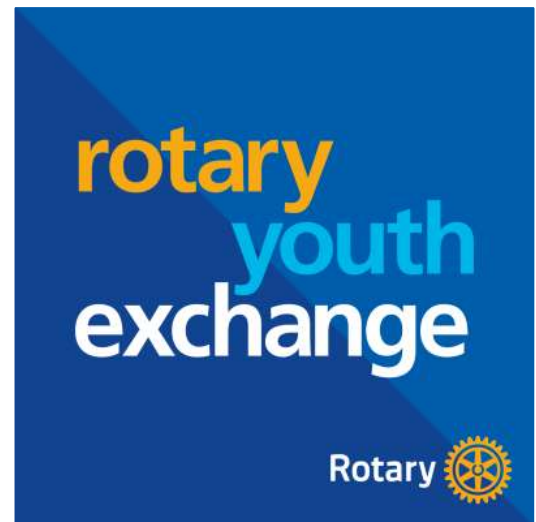




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Rotary Youth Exchange builds peace one young person at a time.



What are the benefits?

Exchange students unlock their true potential to:

- Develop lifelong leadership skills
- Learn a new language and culture
- Build lasting friendships with young people from around the world
- Become a global citizen



Who can apply?

Exchange students:

- Must be older than 15 1/2 years, and younger than 18 years on September 1st of the year they depart
- Canadian citizen with passport
- Strong academic standing
- Must participate in all training
- Must be willing to immerse in a new culture
- Must be open to country selection
- Respect rules & expectations



How long do exchanges last?

Rotary Youth Exchanges last one **full academic year**, and students attend local schools and live with multiple host families over a period of 11 to 12 months.

What are the costs?

Room and board are provided, as well as any school fees. Students are usually responsible for the following expenses :

- Round-trip airfare
- Travel insurance
- Travel documents (such as passports and visas)
- Spending money and any additional travel or tours



Timeline (Approximate):

- Nov 1: Short form applications are due
- Nov 15: Applicant Interviews
- Dec 1: Long form applications are due
- Feb 1: Student interviews
- March: Student training & country selection
- August: Depart for exchange!

Learn more: <https://ancasterrotaryam.org/page/youth-programs-1>

Questions: Please email kathryns@mbspc.ca

WHAT IS YOUTH EXCHANGE

Each year, more than 8,000 young people have the opportunity of a lifetime - a chance to live in another country and see the world from a new perspective through Rotary Youth Exchange. This could be your year!

We offer both short term (6 to 8 weeks) and long term (9-12 months) exchange opportunities.

As a Rotary Youth Exchange participant, you will live with host families in a country other than your own. You will learn a new way of living, maybe a new language, and a great deal about yourself.

As you are learning, you will also be teaching those around you as a young ambassador, helping to bring the world closer together, making many new friends in the process.



TAKE ADVANTAGE OF THIS ONCE-IN-A-LIFETIME OPPORTUNITY TO LIVE AND LEARN IN A DIFFERENT COUNTRY, AS YOU SEEK PERSONAL GROWTH AND A BETTER UNDERSTANDING OF OUR WORLD.

WHAT IS ROTARY?

Rotary is a global network of community volunteers. Rotary club members are business, professional, and community leaders who provide humanitarian service, encourage high ethical standards, and help build goodwill and peace in the world. More than 33,000 clubs conduct projects to address today's challenges, including illiteracy, disease, hunger, poverty, lack of clean water, and environmental concerns. Rotary Clubs have sponsored successful international Youth Exchanges for more than 30 years. Rotary Youth Exchange programs are open to students ages 15-19.

"I realized that it doesn't matter what language you speak, what colour your skin is, what country you come from, or what religion you follow - we all have so much in common. We are people, we share this planet, we all have people we care about, we all have feelings and we all like to be heard. I learned how to be accepting."

— Heather Bailey - Youth Exchange Student
Rotary Club of Brantford-Sunrise

Rotary
District 7090

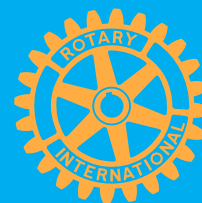


rotary
youth
exchange

THE NIAGARA DISTRICT • UNITED STATES—CANADA • BEST OF FRIENDS



Rotary
District 7090



SHORT & LONG TERM
YOUTH
EXCHANGE
MAKING A WORLD OF DIFFERENCE!

ROTARYYE7090.ORG



WHO IS ELIGIBLE?

To qualify as an ideal Rotary Youth Exchange student you are:

- 15-18 years old
- an above-average student who has demonstrated leadership in your community
- a citizen of Canada or the USA in good health
- open-minded, tolerant and willing to try new things.

ARE YOU READY TO...

- Form international friendships
- Learn new ways to communicate
- Gain a fresh understanding of yourself and others
- Immerse yourself in a different culture
- Appreciate others' ways of doing things
- Act as an ambassador for and educate others about your country

Then you are ready for Rotary Youth Exchange!

HOW CAN YOUTH EXCHANGE ENHANCE MY EDUCATION?

Major colleges and universities throughout the USA and Canada recognize the value of international studies when making placement decisions.

As our world becomes smaller many jobs and areas of study require students to have more than one language.

The Challenge of completing a one year exchange abroad will better prepare you for the transition to living away from home as you pursue your post-secondary education

WHY SHOULD I ATTEND?

Experience our world in a way that you never thought possible... living in and learning about a different culture first hand changes one's viewpoint on the world we live in and encourages young minds to think globally.

Develop a better understanding of your worldwide neighbourhood... young people who have a desire to make our world a better place will be presented with opportunities in any one of 20 different countries in Europe, Asia and Latin America.

Gain a network of friends that is truly worldwide... the international organization of Rotary brings together students from all corners of our world in the spirit of friendship and understanding.

It's EDUCATIONAL... this is your chance to learn and enjoy The Alps, The Great Barrier Reef, the sand or Rio or the beauty of Budapest. You will see sights that many people will only see in books or on television and they will be part of your world as you become a world traveler.

WHAT'S INVOLVED?

During your time abroad you will be living with one or more host families. The Long Term Exchange program will have you attending high school as well. The Short Term Exchange is a family-to-family exchange, whereby you go out to the other family for 3 to 4 weeks and then return home hosting your host brother/sister here for 3 to 4 weeks. The short term exchange is during the summer holidays, whereas those involved in the long term exchange leave August/September and return the following summer.

Host families are carefully screened by Rotary, so that a safe and caring environment is provided.

Selection interviews are held this fall by your local Rotary Club.

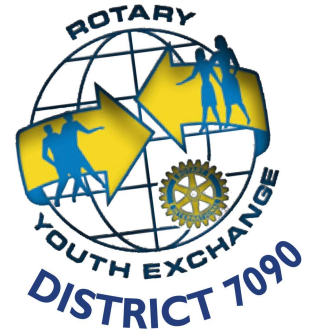
DISTRICT 7090 EXCHANGE STUDENT



Preliminary Application for Rotary Youth Exchange



Yes, I am interested in representing my country as an exchange student and I am open to learn about other cultures!



Full Name:

Street Address:

City:

State/Prov:

Zip/Postal Code:

Telephone:

Email:

Date of Birth:

Year in School: Grade

I am interested in ☐ Long-Term Exchange (10-11 months) and/or
☐ Short-Term Exchange (6-8 weeks)

Your interests, activities, hobbies:

Your extra-curricular activities at school:

Your volunteer activities:

Non-native languages you have studied (with number of years studied):

What was your mark (overall grade point) average at the end of the last school year?

What countries/cities have you visited?

What is the longest period that you have been away from your family?

Please ask the principal of your school for a letter of recommendation.

Please attach a 300 to 500 word essay with your application that explains the reasons why you wish to become a Rotary Youth Exchange student and why we should chose you as a student to represent our club, Rotary District and country abroad.

Please turn over >>

What do you hope to learn as a result of your exchange?

Do your parents support you in your desire to become an exchange student?

☐

Yes

☐

Unsure

☐

No

Would your family consider hosting a foreign Exchange Student?

☐

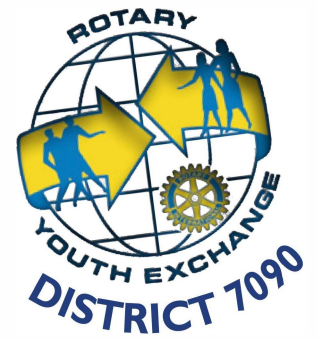
Yes

☐

No

Parents' and/or Legal Guardians' Signatures:

Applicant's Signature:



Don't forget to ask the principal of your school for a letter of recommendation and to attach a 300 to 500 word essay with your application that explains the reasons why you wish to become a Rotary Youth Exchange student and why we should chose you as a student to represent our club, Rotary District and country abroad.

Return application to: kathryns@mbspc.ca

Application deadline: [November 1, 2026](#)
