

ROTARY HAMILTON AM NEWSLETTER



April 2021, Vol. 2 Issue 4



Photo credit: Dave Gruggen Photography

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Michael Howes

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John Dalgleish

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Anne Bermingham

Directors
Michelle Austin
Shayna Beeksma
Celine Legret
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Clare Freeman

District 7090
District Governor
Frank Adamson (Fonthill)

April is Rotary Maternal and Child Health Month

Rotary International's new monthly theme for April is Maternal and Child Health. Every day mothers risk their lives giving birth and millions of children die each year from treatable, preventable causes.

At least 7 million children under the age of five die each year due to malnutrition, poor health care, and inadequate sanitation. To help reduce this rate, Rotary provides immunizations and antibiotics to babies, improves access to essential medical services, and supports trained health care providers for mothers and their children.

Rotary's projects ensure sustainability by empowering the local community to take ownership of health care training programs. Maternal and Child Health Care is also recognized as one of Rotary's Six Areas of Focus.

Rotary makes amazing things happen, like:

Mobile prenatal clinics - Haiti has the highest maternal and infant mortality rate of any country in the western hemisphere. Rotary provided a fully equipped medical Jeep to volunteers and midwives to reach mother and children in remote areas.

Cancer screening - Rotarians provided a mobile cancer screening unit and awareness trainings around Chennai, India, where there is a high mortality rate of women with breast and cervical cancer due to late diagnosis.

Preventing injuries and deaths - Rotary members launched a \$3 million, five-year pilot to save lives of mothers and children during home deliveries in Nigeria. Since 2005, they've also repaired 1,500 obstetric fistulas – 500 more than their initial goal – restoring dignity and hope to vulnerable mothers.



Wednesdays 7:30am – 8:30am

Meeting via Zoom – <https://zoom.us/j/97313165265>

Take Action: <https://portal.clubrunner.ca/294>

Member Spotlight – John Baxter

I've been a member of the Rotary Club of Hamilton AM for 24 years. Ellard McBane got me interested in the club. His company looked after our group benefits and asked if I would like to go to a Rotary meeting. At the time I was looking at something worthwhile for myself as prior to this I was involved with activities because of my children. My son was actively involved in basketball and baseball, my daughter was a competitive dancer. I was Chair of many Committees over the years including Membership, Foundation and BBQ Auction. I was the Club Treasurer and had the honour of becoming Club President in 2013.

Rygiel Supports for Community Living was my employer from 1991 until I retired in 2018. Rygiel supports individuals who have complex needs and require 24 hour supports in small home settings from 2 to 6 persons. I began my Career as Director of Finance and after a few years took on the Operations roll as well. The last half of my career I was the Director of Operations responsible for 38 locations. After Rygiel moved to their new location, our club contributed funds for an accessible community garden. Rygiel hosted a breakfast meeting and gave a tour of the facilities.

I was born and raised in Hamilton, lived in Brantford for 30 years and now reside in Ancaster. My son Mark, who is 39 is a Platoon Sergeant with the Brantford Police Department and Union President and a member of the Ontario Police Services Board. He has 2 sons, Jackson 7 and Harrison 4. Melanie, 37, is a High school teacher in Queensland, on the Gold Cost of Australia. In November she became a member of the Rotary Club of Burleigh Heights.

Volunteer efforts include DARTS Board (I was on the board for 10 years, took a year off and am back again for another term.), Treasurer of my Condo board, Board member of Collaborative Purchasing Initiative, Member of Affordable Housing Flagship committee and Member of Ontario Non-Profit Housing Association.

Interests include cycling, walking, blading especially at Bayfront park. Member of Grand River Cloggers for 15 years (We clog to Maroon 5, Lady Gaga, Usher, among others) Travel – Myrtle Beach is like a second home to me as I've been there 35 times. I enjoy cruising and have been organizing annual cruises with my group since 2013. When I retired, I was looking for something new to do. In the fall of 2018, I went to an information night at Expedia Cruises on Upper Wentworth and was quite impressed. I took online courses and obtained my Travel Industry Council of Ontario certificate and took the online training courses to become a Cruise and Vacation Consultant. I've been on 45 cruises mainly to Caribbean, but also to Hawaii, Mexican Riviera, Europe, Australia/New Zealand, and Panama Canal, in addition to several repositioning cruises. Our annual cruise groups travel in early November each year. Since the pandemic, I have had 10 cruises cancelled but I'm hoping for better travel days ahead.



Great Lakes Watershed Cleanup

Join your fellow Rotarians and guests to clean up around the Great Lakes. Over 15 districts are participating in the cleanup.

April 17th, 2021, 10am to Noon

Registration is mandatory at <http://tinyurl.com/greatlakescleanup>.

COVID protocols will be in effect. Cleanup supplies will be provided (trash bags, grabbers, etc.)

Multiple start points from Bayfront Park, Princess Point and Confederation Beach Park.



Netflix for Pandemic Times – Contributed by Mark Ewer

Some club members have raved about "**Rake**", the series on the Australian drunken, drug addicted, prostitute side-kicked but lovable lawyer, Cleaver Green. Mary Anne and I think we have a new one to entertain you - maybe until the pandemic is over as there are currently 10 seasons! If you have not seen "**Outrageous**", you need to tune in. William H Macy is true to the name of the series - always drinking in every scene and sometimes living with his 6 kids that he refuses to support, even though his mentally challenged wife has already left.

CELEBRATIONS!

Birthdays

Irene Stayshyn April 29

Rotary Anniversaries

Norm Geddes
April 1, 1990

Anne Birmingham
April 1, 1992

Catherine Jeske
April 23, 2014

Clare Freeman
April 26, 2018

Happy Stories!

Clare is happy that Bob Kemp Hospice is COVID free for 255days.

Marta is going to be a Grandmother.

Norm's daughter just turned 16 and received her beginners license. Still happy Norm?

Mark made a 'Busy Board' for his grandson.

District 7090 History

On August 22, 1911 Rotary came to Western New York State, when Charter No. 28 was granted to the Rotary Club of Buffalo, New York and Paul P. Harris was elected to his second term as Rotary International President. Two years later, on August 1, 1913, Charter No. 82 was granted to the Rotary Club of Hamilton, Ontario, and the stage was set for the creation of one of the strongest districts in the Rotary world. These two clubs immediately provided the leadership and strength that was so necessary to Rotary International. Just five years later, our current District 7090 formed a combination of 2 existing Districts, #17 & 2.

7090's International history began in 1918 with the creation of District No. 4 establishing the first truly international district in the Rotary world with 1918-1919 being the first in which two countries were served through one district, forming the "Best of Friends" district, Canada/United States. From 1922 – 1930, we were noted as District 27, then District 169 until 1949. District 248 started in 1950 then District 709 was numbered in 1957, extending from the Mississauga/Toronto border to the Kitchener/Waterloo area to Simcoe/Delhi and all of the Niagara peninsula on the Canadian side and the current northwestern section of New York State.

In 1991, District 7090 changed to its current geographical structure when the Burlington/Hamilton to the Mississauga/Toronto borders were sectioned away to form a new District 7080.

Today, District 7090 remains a benchmark for many Rotary districts around the world.

April 2020 Guest Speakers and Member Meeting Responsibilities

Date	Speaker	Front Desk 1	Front Desk 2	4 - Way Test	Invocation	Intro- Speaker	Sergeant at Arms
April 7	Keanin Loomis - Hamilton Chamber of Commerce	Lisa Dunlop	Mark Ewer	Clare Freeman	Norm Geddes	Don Grennan	Cameron Nolan
April 14	Matt Gurica - Anniversary of the sinking of the Titanic	Cheryl Gzik	Walter Hardie	Ashi Jain	Cathy Jeske	Kerry Jarvi	John Janisse
April 21	Rotary Reunion with attendees from Toronto Convention	Martina Jobity- Mayers	Jennifer Kinnunen	Paul Lakin	Sharon Levy- Cohen	Ruth Lieberbach	Norm Geddes
April 28	Club Assembly - Speed networking	Tim McClemont	Janet McNaught	Dan Millar	Angelo Misale	Cameron Nolan	John Mokrycke

Update on Past Projects - Thrive



THRIVE Child and Youth Trauma Services, provides treatment programs including comprehensive assessment and specialized treatment for children and youth in our community who have been sexually abused, involved in intra-familial sexual abuse or have concerning sexualized behaviours. THRIVE also offers services to address the unique needs of refugee and immigrant children and youth experiencing trauma symptoms or significant acculturation stress as well as support to their families.

At THRIVE's Annual General Meeting, our Rotary Club of Hamilton A.M. was recognized for our donation towards renovation costs for their reception area. Stephanie Taylor, THRIVE's CEO updated members that "the completed work really helped us as we transitioned to our new 'sanitary space' that needs constant cleaning. While the work on the floors was being completed, we took the opportunity to purge and streamline our spaces, without really knowing what was on the horizon. Now though, we are able to easily clean surfaces and keep the space safe for clients coming to our offices. We have been so happy with the updated look and feel, and we often get comments from clients about how calming the colours are. Thank you Rotarians for all you have done for THRIVE – and for our children at risk."

Thank you to our sponsor!

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4 stages of quarantine.



What you missed at District Conference

Congratulations to Past President Anne for receiving the Gold Certificate on behalf of the club, as well as the Rotary Club of Waterdown for receiving a Silver Citation.

The virtual sessions included some fantastic guest speakers. You can catch up on all of the session from the district conference: <https://rotary7090.org/stories/virtual-district-7090-conference-2021-videos>