

ROTARY HAMILTON AM NEWSLETTER



SERVE TO CHANGE LIVES

December 2021, Vol. 2 Issue 12



Photo credit: Dave Gruggen Photography

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December is Disease Prevention & Treatment Month.

Rotarians believe good health care is everyone's right. Yet 400 million people in the world can't afford or don't have access to basic health care.

Disease results in misery, pain, and poverty for millions of people worldwide. That's why treating and preventing disease is so important to Rotary.

We lead efforts both large and small. We set up temporary clinics, blood donation centers, and training facilities in underserved communities struggling with outbreaks and health care access. We design and build infrastructure that allows doctors, patients, and governments to work together.

Our members combat diseases like malaria, HIV/AIDS, Alzheimer's, multiple sclerosis, diabetes, and polio. Prevention is important, which is why we also focus on health education and bringing people routine hearing, vision, and dental care.

We educate and equip communities to stop the spread of life-threatening diseases. Rotary members have hundreds of health projects underway around the world at any given time.

The Rotary Foundation is changing the world by providing grants for projects and activities around the globe and in our own backyard.

\$65 million in grants was given by Rotary to fight disease and 99.9% reduction in polio cases since the Rotary vaccination program started in 1985.

Rotary



Wednesdays 7:30am – 8:30am

Meeting via Zoom – <https://zoom.us/j/97313165265>

Take Action: <https://portal.clubrunner.ca/294>

Member Spotlight – Dan Millar

Dan Millar is Manager of Emergency Disaster Services Operations and Partnerships as of November 2021.

After 19 years as owner of Pizza Delight franchises in Hamilton, Dan started in The Army's public relations office in 2004 as Area Director of Public Relations and Development for The Salvation Army overseeing Hamilton, Halton, Niagara, Grey-Bruce and Kitchener-Waterloo allowing him to work alongside The Army's corporate partners, political leaders, media, volunteers and Salvation Army Ministry Units bringing hope to our communities.

Dan has had various roles in The Army's PR office being instrumental in special events, fundraising and the Christmas Kettle campaigns for the Ontario Great Lakes Division.

Dan is a Past President of the Rotary Club of Hamilton AM and held several board positions within Rotary as well as on various Salvation Army committees and community groups plus served for many years on the Board of the CNE's food building association.

As a third generation Salvationist, Dan Millar has been heavily involved with The Salvation Army all his life. Married to Ellie for 35 years, they attend The Salvation Army Meadowlands Church with their two children Danielle and Kyle and new daughter-law Brookelyn. On November 6, 2021 Dan's first Grandson Aiden was born.

In his spare time, Dan often takes on construction projects, watching and playing sports and has found a love for cruising with Ellie and their children.



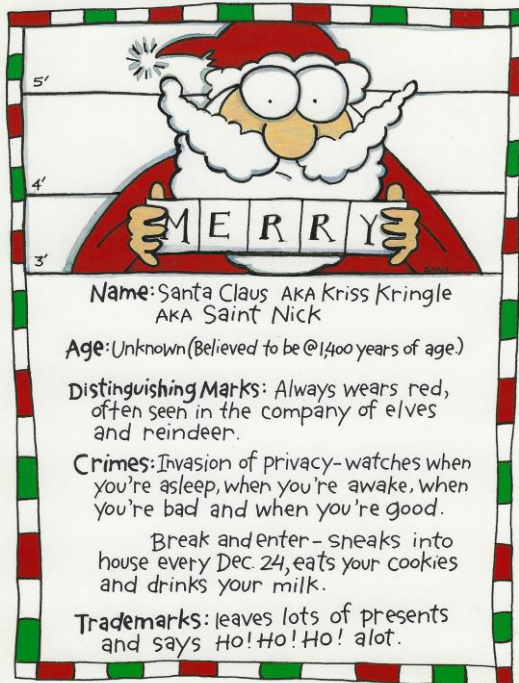
Christmas Trivia:

- The songs "Carole of the Bells" and "Do You Hear what I Hear?" are century-old Ukrainian carols.
- "The Christmas Song" (chestnuts roasting on an open fire) was written by Mel Tormé who missed Christmas celebrations while vacating in the Bahamas at Christmas time.
- What is the name of the horse that pulls the "one horse open sleigh" in "Jingle Bells"? Bob – "bells on Bob's tail ring"
- Who was the singer who brought us "Jingle Bells"? Arthur Godfrey
- What singer brought us "Rudolph"? Gene Autry

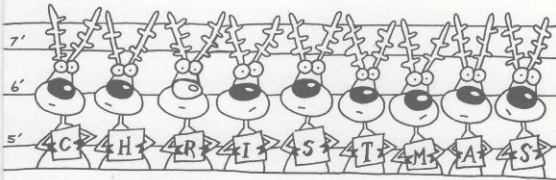
December 2021 Member Meeting Responsibilities

Date	Front Desk 1	Front Desk 2	4 - Way	Invocation	Intro-Speaker	Sgt. At Arms
December 1	Ashi	John J.	Kerry	Martina	Jennifer	Paul L.
December 8		Evening	Social			
December 15	Janet	Dan	Angelo	John M.	Cameron	John J.
December 22 & 29		Holiday	Break			

WANTED



ACCOMPLICES



and a
Happy New Year!

Hamilton Rotary AM – President's Message

I'm wishing each and every Rotarian, and their family, a happy holidays and prosperous and enjoyable New Year.

It's not too late to contribute to the Foundation! Contact treasurer Cameron with the details of your donation. Be sure to sign up for the December 8th holiday social with Joyce of Cooking. John J can assist with your registration and Cameron will take your registration fee through etransfer. This is an evening fundraiser (7pm-9pm) and replaces our regular morning meeting.

Our AGM is December 15th at our regular meeting time. We have a full slate of officers for next year's board to vote in! The meeting format is spelled out in our by-laws, however, if anyone has an item they would like included on the agenda, please contact our Secretary, Tom Tweedie who will send out the notification shortly.

Remember to donate to Hess Street via etransfer to the club and/or in kind with items for the children's gift bags. This year the school's principal is prohibiting a gathering in person due to COVID. It will be good to send each child home with a gift, if not a full stomach!

If you have resources this year, you may wish to remember Tim McClemon's Aid's network. World AIDS day is December 1st. I have made my donation through the 'The Aids Network' website. In my opinion, the vast majority of the victims of AIDS are so unfortunate and undeserving of the disease.

There are no meetings scheduled after the 15th, until January.

Best wishes for a safe and happy holiday season and New Year.

Yours in Rotary Service,

John
2021-22 President

CELEBRATIONS! Birthdays

Cameron Nolan December 1
John Dalglish December 15
Ashi Jain December 27



Christmas Traditions from Around the Globe

Sweden – The Yule Goat has been a Swedish Christmas symbol dating back to ancient pagan festivals. In 1966, the tradition was upgraded to a 42 feet high, 23 feet wide straw goat, weighing 3.6 tons.

Philippines - Every year, the city of San Fernando holds *Ligligan Parul* (or Giant Lantern Festival) featuring dazzling *parols* (lanterns) that symbolize the Star of Bethlehem.

Japan - Although Christmas isn't a national holiday in Japan (an estimated one percent of the population is Christian), its citizens still find an interesting and delicious way to celebrate. Since a marketing campaign in 1974 families head out to their local Kentucky Fried Chicken.

Iceland - Each night before Christmas, Icelandic children are visited by the 13 Yule Lads. After placing their shoes by the window, the little ones will head upstairs to bed. In the morning, they'll either have received candy (if they're good) or be greeted with shoes full of rotten potatoes if they're bad.

Finland - On Christmas morning, Finish families traditionally eat a porridge made of rice and milk topped with cinnamon, milk, or butter. Whoever finds the almond placed inside one of the puddings "wins".

New Zealand- The New Zealand Christmas tree is the Pohutukawa, a coastal species that blooms a bright-red color in December, providing shade during the sunny days as they sing carols in both English and Maori.

Martinique - In the French Caribbean island of Martinique, *la ribote* is a longstanding tradition where families visit their neighbors during Advent and on New Year's Day bearing holiday food like yams, *boudin créole*, *pâtés salés*, and pork stew.

Ireland - The Irish leave a tall red candle in a front window overnight, a welcoming symbol of warmth and shelter for the holiday season.

Barbados - A Christmas table in Barbados isn't complete without a baked ham decorated with pineapple and sorrel glazes, a rum cake, and *Jug Jug*, a dish inspired by the Scottish influence on the island combining pigeon peas, guinea corn flour, herbs, and salt meat.

Poland - On Christmas Eve in Poland, many families share *oplatek* (an unleavened religious wafer), each person breaking off a piece as they wish each other Merry Christmas.

The Netherlands- *Sinterklaas* is the Dutch name for Saint Nicholas. Kids put a shoe by the chimney or back door and wake up on Christmas morning to find treats like gingerbread men, marzipan, and chocolate letters inside.

Portugal and Brazil - Brazilian and Portuguese families come together on Christmas Eve to eat dinner as late as 10 p.m. Then, at exactly midnight, they exchange gifts, toasts, and wish each other a Merry Christmas.

Austria - Alpine countries like Austria have a legend that a devil-like creature called Krampus joins their St. Nicholas festivities on December 6.

South Africa - While the traditions around South Africa vary by region and culture, most families come together for a cookout, called *braaing* on the holiday. Traditional fir Christmas trees are decorated with a variety of baubles included hand-beaded African ornaments.

Ukraine - Orthodox Christians make up nearly 49 percent of Ukraine's population; they observe Christmas Day on January 7th by dressing in traditional garments and walking through town singing carols.

Mexico - The Mexican Christmas season begins early in December with Las Posadas, a religious march that re-enacts the journey of Mary and Joseph. The vibrant red poinsettia flowers are also used in holiday arrangements for decoration throughout the country.

Switzerland - Swiss families make their own advent calendars for the holiday season. These calendars are either given to children as a surprise or made together as a fun activity.

El Salvador - Central American countries like El Salvador toast Christmas with fireworks displays on December 24 and 25.

Happy  Holidays!