

ROTARY LAKESHORE IN ACTION

MONTHLY NEWSLETTER

April 2020

Club Awarded District Covid-19 Emergency Grant for Food4Kids

St. Catharines Lakeshore is pleased to announce it has received a \$1000 U.S. grant to assist the Food4Kids Program. The **club will be matching the grant with additional funds**, above and beyond our usual level of support. Formally a weekend food program only, the closing of schools (and their on-site food programs) during the Covid-19 pandemic has led to a needed expansion of Food4Kids to provide more food per child, augmenting their nutrition through the week as well.

Within 2 hours of learning schools would be closed to help curb the spread of Covid-19, Food4Kids had a system in place to ensure the community's most impoverished children had access to healthy food each week. They are now delivering food packages directly to the doors of the children in their program. Each package contains non-perishable food, fresh produce and a gift card to purchase milk or other fresh items. This expanded demand and rapidly increasing food prices doubled the Food4Kids weekly costs. In addition, formerly scheduled fundraising events have been cancelled dropping revenues.

2020 Rotary International Convention Canceled

RI regrets to announce the Rotary International Convention, scheduled for 6-10 June 2020, in Honolulu, Hawaii, USA, has been canceled in response to the ongoing threat of COVID-19.

Please visit <http://riconvention.org/en> for more information.

Upcoming Meetings:

Stay tuned for emails from President Eric about participating in virtual club meetings using Zoom



Upcoming Bingo

Delta BINGO is temporarily closed until further notice due to COVID-19 concerns



TAKE ACTION: www.rotarylakeshore.com

A MESSAGE FROM ROTARY INTERNATIONAL



As the COVID-19 pandemic spreads uncertainty and hardship around the world, Rotary members and participants are innovating, caring for those affected, and showing that even at a distance, there are ways to help.

As people of action, Rotary members are engaged in their communities — gathering for projects and offering help to those in need. But in many areas, life is changing drastically. Health experts are urging people to maintain distance from others or even isolate themselves in order to slow the spread of the highly contagious virus.

Fighting disease is one of Rotary’s main causes, so members already support efforts to promote proper hand washing techniques, teach people other ways to stay healthy, and supply training and vital medical equipment to health care providers. Now they’re helping health authorities communicate lifesaving information about COVID-19 and donating protective gear and other supplies to clinics and hospitals that are under strain because of the pandemic.

Using technology to address the crisis

Although clubs and districts are canceling or postponing their in-person meetings and events, they are still finding ways to keep up their fellowship, reimagine their service efforts and respond to the pandemic.

The Rotary Foundation Trustees recently approved placing \$1 million in the Disaster Response Fund to help in the fight against COVID-19.

The Vital Importance of Social Distancing

How a reduction in social contact can reduce the spread of the coronavirus



Source: Signer Laboratory/Gary Warshaw

World & Community Spotlight

Ready to Use Therapeutic Food (RUTF) with Rotary South Club

Pakistan sadly loses around 2,250,000 children under age five to Severe Acute Malnutrition (SAM) every year, a preventable death. With Ready to Use Therapeutic Food (RUTF), the Rotary Club of St. Catharines Lakeshore has been pleased to support Rotary South, along with the Rotary Club of Sacramento and host Karachi Rotary Club, with their “*Peanut Butter Project Pakistan*”. This program feeds children suffering with Moderate to Severe Acute Malnutrition (MAM and SAM). This effort has saved over 7000 lives over the past two years since its conception through their dispensing partner Aga Khan University hospital and continues to grow, becoming a powerful long term project.



PROJECT PEANUT BUTTER

Food 4 Kids Update

All Packing by Volunteers Has Been Suspended Indefinitely

All packing by volunteers has been suspended indefinitely due to COVID-19. Going forward, packing will only be done internally until further notice.

Drivers Needed to Continue this Much Needed Program

The program is continuing by supplying food gift cards one week and home delivery of food on alternate weeks. Drivers will deliver to about five homes, leaving the bag by the front door, ringing the bell or knocking, then standing at least 6 feet back. Volunteer times will be staggered to minimize contact. Rotarians who wish to volunteer to drive and deliver should contact Amber directly.

Amber Hughes
Food4kidsNiagara
113-115 Cushman Rd #27A
St Catharines
289-786-0234
amber@food4kidsniagara.ca



Me after I eat all of my quarantine snacks in one night



Rotary Foundation Tax Receipts

This time of year many Rotarians are looking for their receipts from the Rotary Foundation for income tax purposes. Rotary International sends these receipts out to Rotarians by email using trf.canada@rotary.org

MARK YOUR CALENDAR!

Make sure to mark these future club events on your calendars. You don't want to miss out on all the action and fun!

- 1. Niagara Rotary Clubs Joint Luncheon**
Postponed due to Covid-19
- 2. President's Bash**
June 17, 2020
Tentative Date
- 3. Rotary Golf Classic**
July 4, 2020
Rockway Golf Club

Club Meeting Information

When: Every 2nd and 4th Wednesday of the month at 6:15 PM on Zoom. Link will be sent to all members by email.

Place: Non Members, contact President Eric Jones at ejones@vaxxine.com for Zoom link.

Mail: 191 Lockhart Drive
St. Catharines, ON L2T 1W8

WHAT'S NEW WITH ROTARY DISTRICT 7090

Rotary District 7090 - Engaging and Supporting Rotarians in Times of Uncertainty

Starting this past week, District 7090 has launched **ROTARY WEB TALKS** which is a **community conversation online using ZOOM** video and audio conferencing. These sessions will be held weekly for the next three months on Tuesday evenings from 7 - 8 PM.

These sessions will be engaging everyone to give them their thoughts, ideas and share what they are doing within their clubs to achieve this. The first session was on how to "**Keep Your Rotary Spirit Alive**".

More good news – there is no advance registration for this. You will be receiving a zoom link from District and you simply need to save and click on the link to join them. The next session is scheduled for **Tuesday April 14th, 2020 7:00 – 8:00 PM.**

Please be safe and well and follow local Health officials' directives closely.

Together we are strong.

Rotary
District 7090

