

ROTARY LAKESHORE IN ACTION

Great Lakes Watershed Cleanup Big Success!

Saturday April 26th saw members and friends meet at our Charles Ansel to save our small piece of the environment. We joined over one billion people worldwide working on projects together in their communities during the week of Earth Day by doing a litter clean-up covering the Park and its abutting lands along the Welland Canal Parkway and Bunting Road itself, north of the Park on both sides of Lock One. Congratulations to Chair, and chief litter picker extraordinaire, Bruce Timms for an outstanding event despite the usual cold and RAIN! Following the clean-up, we retired to Rickijos for some liquid refreshments.

The Great Lakes Watershed Cleanup initiative is an effort that has grown from a District 7090 service project covering a small portion of Lake Ontario and Lake Erie to a multi-District plan to focus Rotarians' attention on all five of the Great Lakes and the streams and waterways feeding them. The Great Lakes contains almost 20% of the world's fresh water and is arguably the largest source of fresh water on the planet. It borders eight states and two provinces and has 9,577 miles (15,323 kilometers) of shoreline. So far, 15 Districts, 100's of Clubs, and thousands of Rotary volunteers have agreed to participate.



UPCOMING MEETINGS:

May 14

Balance & Stability Workshop
Dr. Al Scales

May 28

Niagara Safety Village
Shirley Cordiner, Executive Director



BINGO VOLUNTEERS IN MAY

We have 2 Thursdays and one
Monday, 5:30 – 7:30 p.m.

Thurs May 8 - Patricia and Marlene

Thurs May 15 – Janet and Ellen

Mon May 26 – Patricia and Bryan

We now need two volunteers per
session.

**Reminder: you must come in your
blue rotary shirt and black pants**

Clarice West Hobbs Contemplative Garden Update

Plan to Attend Bob Morningstar Rock Dedication

The Board of the Rotary Club of St. Catharines Lakeshore and the Clarice West Hobbs Garden Committee is pleased to announce that one of our Sitting Rocks at the St. Catharines Hospital site Garden will be dedicated to honouring long-time member Bob Morningstar. Club Members, significant others, guests (including past members you are in touch with) are all welcome.



Date: May 21, 2025

Time: Ceremonies start at 7 p.m.

Location: Mr Mikes Steakhouse (4th Avenue and First Street) (kitty corner from the hospital, beside Starbucks and Princess Auto on the corner)

Details: We have reserved the "Pub Room" to the left of the main doors as you enter the restaurant. Just ask for the Rotary Lakeshore Event when you arrive.

Menu: As a Club Social, you can order food and drinks from the regular Mr Mikes menu. All attendees will be responsible for their own tab as usual.

RSVP: While there is no official sign-up, please advise Garden Chair Eric by **Friday May 16th latest if you intend to attend** (and how many are coming in your party) at ejones@vaxxine.com so we have a count for Mr Mikes.

Food4Kids

Spring Grocery Store Drive May 30th at Sobeys Scott Street!

Our spring grocery store food drive will take place on May 30 at Sobeys, 400 Scott Street, St. Catharines. The drive will run from 10:00-6:00 pm with packing and sorting continuing at Cushman Rd until 6:30 or so. As our space at the store is not as concentrated as previous food drives, we may need to spread out along the front sidewalk. In order to have enough volunteers to pass out the list of food items, Rotary and Food4kids literature, and mind the cash donation box, it would be desirable to have three volunteers for each shift. The **At Store** shifts are as follows:

- 10:00-12:00
- 12:00-2:00
- 2:00-4:00
- 4:00-6:00

In addition, **two drivers will be required** to pick up donated items and deliver them to Food4kids at 113-115 Cushman Rd Unit 27. During each shift, multiple trips from the store to Cushman Rd are required as needed. The Driver shifts are as follows:

- 11:00-3:00
- 3:00-6:30

Sorting and counting will be done throughout the day and help would be appreciated any time from 12:00 to 6:30.

Please let Marlene know your preferred shift and job at marlene_mader@hotmail.com. She will do her best to accommodate requests but may need to do some juggling as we approach May 30.

TAKE ACTION: WWW.ROTARYLAKESHORE.COM

Governor Simcoe Simbotics Team Heads to Houston



The award-winning robotics team competed at the FIRST Robotics World Championship in Houston, Texas, from April 16-19, just losing out in the semi-finals. This year's competition theme, REEFSCAPE, challenged teams to build industrial-sized robots designed to solve problems inspired by ocean ecosystems.

Rising to the challenge, Simbotics engineered a robot they named *Simbot Suzuki*, paying tribute to renowned Canadian environmentalist, David Suzuki. Simbot Suzuki is powered by 15 motors, equipped with three cameras and features five key subsystems, each tailored to complete a specific task in the underwater-themed challenge. [Click here](#) for an article by the District School Board of Niagara.

Fellowship

Darts Social Hits the *Bullseye!*



An enthusiastic, if inaccurate, crowd of Rotarians gathered for our Darts Social on Wednesday April 16th at The Course and the Clubhouse (525 Welland Ave). There was even darts trash talk from the few non-playing hangers on.

Thanks to Mary Howard for organizing.

Little Lending Library Update

Looking for new or gently used children / youth books!

Help keep our Little Lending Library full of children's books. Spread the word to your friends and acquaintances that our Literacy Committee Chair Anne will be happy to receive delivery or arrange for pick-up of new or gently used children / youth books – **anywhere in Niagara!** Just email her at annelanthier@yahoo.com and she will make the arrangements .



May LLL Roster

5 Sandi
12 Patricia
19 Marlene
26 Trish / Stew

MARK YOUR CALENDAR:

Bob Morningstar Rock Dedication

May 21, 2025
Mr Mikes Steakhouse

Food4Kids Spring Grocery Store Drive

May 30, 2025
Sobeys, 400 Scott Street

2025 Rotary International Convention

June 21-25, 2025
Calgary, Alberta

CLUB MEETING INFO BOX

When:

Every 2nd and 4th Wednesday of the month
at 6:00 PM

Board Meeting 1st Wednesday at 7 p.m.

Where:

In-person for dinner at Holiday Inn Suites

May Blood Donation Date!



Canadian Blood Services is calling on people to be one of 450 Canadians needed to give blood each day this winter. Our next donation date is Thursday May 22nd! Contact Beth at bethfleton@hotmail.com for more information.

World & Community Spotlight

Club Supports Community Care



Betty Lou Sutter and Nicole with President Coral and Committee chair Bruce.

President Coral and World & Community Chair Bruce visited St. Catharines Thorold Community Care where Betty Lou led them through the building and explained the operations. The number of people served is up but St. Catharines Thorold Community Care has been able to maintain its programs, unlike others in the province. The Rotary Club of St. Catharines Lakeshore was pleased to help with this donation of \$1,500.

Club Continues Support of Gillian's Place

Coral and Bruce were pleased to present a donation of \$1,000 to Amanda Ross, Donor & Volunteer Relations Coordinator at Gillian's Place. As one of Ontario's first shelters for survivors of abuse and violence, Gillian's Place has been providing safe refuge and non-residential programs that enable women, gender-and sexually-diverse folks, and their children, to break the cycle of violence for over 40 years.

Pathstone Mental Health Foundation Presentation



Committee member Marlene with Marla Smith, Director of the Foundation.

Pathstone creates a caring space for child and youth mental health, focusing on supporting kids and teens. They foster resilience by offering a range of free dedicated services tailored to address the unique needs of the children, youth, and families in the Niagara Region, ensuring a compassionate and accessible approach to mental health support.



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