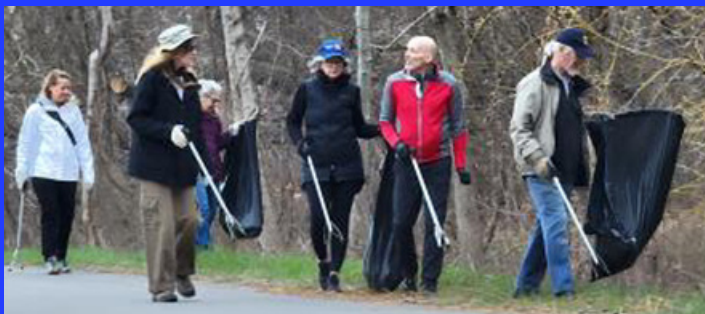


# ROTARY LAKESHORE IN ACTION

## BRING A FRIEND FOR THE GREAT LAKES WATERSHED CLEANUP (SATURDAY APRIL 22, 10 AM AT CHARLES ANSEL PARK)

As you know, as part of Rotary’s mission to increase membership through Service Projects, our District is encouraging every Rotary and Rotaract Club to once again participate in one of our key Rotary Areas of Focus – Protecting the Environment. Fifteen Rotary Districts surrounding the Great Lakes, including our own District 7090 covering Niagara and upstate New York, are joining in the largest Rotary International Club Service initiative ever.

Join the Rotary Club of St. Catharines Lakeshore at our Charles Ansel Park (Bunting Road and Lakeshore Road beside Lock One on the Welland Canal) to save our small piece of the environment. We will be doing a litter clean-up covering the Park and its abutting lands along the Welland Canal Parkway and Bunting Road itself and north of the Park across Lakeshore Road to the end of the City’s Lock One property. *Pincher sticks, sweeper pans and litter bags will be provided.*



### UPCOMING MEETINGS:

Apr 12, 2023  
Mike Deprez or Elizabeth Duguay  
Walker Industries.

Apr 26, 2023  
Lilet Raffinan.  
Canadian Blood Services.

**APRIL DESIGNATION IS MATERNAL AND CHILD HEALTH MONTH**



*"Every child deserves a chance at a life filled with love, laughter, friends and family."*  
Mario Thomas

Rotary  TAKE ACTION: Join Rotary, Get Involved

### BINGO VOLUNTEERS IN MARCH & APRIL!

We have 2 Thursdays and one Monday, 5:30 – 7:30 p.m.

- Mon Mar 27 - Bob B & Mary
- Wed Mar 29 - Phil & Annette
- Thurs Apr 13 - Ellen & Bob M.
- Thurs Apr 20 - Ellen & Marlene
- Mon Apr 24 - Marlene & TBD

We now need two volunteers per session.

**Reminder: you must come in your blue rotary shirt and black pants**

# WHAT'S NEW AT DISTRICT AND ROTARY INTERNATIONAL

## April is Maternal and Child Health Month

- Every day mothers risk their lives giving birth.
- At least 7 million children under the age of five die each year due to malnutrition, poor health care, and inadequate sanitation.
- Rotary provides immunizations and antibiotics to babies, improves access to essential medical services, and supports trained health care providers for mothers and their children.

Go to <https://www.rotary.org/en/our-causes/saving-mothers-and-children> for full details



## ***Food4Kids Update*** ***Next Pack - Wed March 29 at 10 am!***

**Our next pack for Food4kids is scheduled for Wednesday March 29 at 10 am. 113-115 Cushman Rd Unit 27A.**

Six Rotary members and one student looking for community volunteer hours (Coral's granddaughter) have volunteered.

## **CLUB MAKES DONATION TO 1000 SURVIVAL GARDEN PROJECT (HIPPO ROLLERS)!**

Past President Bruce was pleased to “present” a \$400 cheque to our March 8 Zoom speaker Luke Vostermans (Rotary Club of Gibbons, BC) from the 1000 Survival Garden Project. The goal of the 1000 Survival Garden Project is to empower 1000 women and their families in rural South Africa by helping them create food security and self-sufficiency through the creation of their own gardens. One thousand SURVIVAL GARDEN KITS have been created, and sourced, in South Africa including gardening tools, watering can, seeds and seedlings, compost and fertilizer. A key part of the kit is the HIPPO ROLLER, which helps move more water from source to garden in less time. The Club’s donation will cover more than two of these rollers.

To learn more, go to <https://1000survivalgardens.com/>



**TAKE ACTION: [WWW.ROTARYLAKESHORE.COM](http://WWW.ROTARYLAKESHORE.COM)**

# "SITTING ROCKS" INSTALLED IN GARDEN!

A total of Six (6) Sitting Rocks have now been installed by **Landscapes by Bill Nieuwenhuyzen** on March 21 to augment the existing trees and bench/pergola combinations between the sidewalk and roadway. Each Rock has been situated to allow view of the majority of the Garden against the hospital walls.

The supplier has gone above and beyond in support of the Garden. Not only was the quote set at their base cost but when the original "Test Rock" (approximately 2 feet deep x 4 feet wide by 18 inches high) arrived, owner Bill Nieuwenhuyzen felt larger rocks were required for proper seating and visual impact due to the slope. He then supplied rocks approximately twice the size at no additional charge! And, he has also given a direct donation to the Garden above and beyond any work performed (as have other suppliers to date **Gauld Nurseries Ltd.** and **Rain Your Way Lawn Sprinklers**). Please support and recommend these firms when the need arises.

**The rocks are available for dedication for a donation of \$1,500 per rock** as part of our recently launched Phase 2 fundraising campaign. Donations will be recognized with an appropriate plaque on the Rock location selected as well as on the overall Phase Donor signage.

**MARK YOUR CALENDAR FOR:  
ANNUAL "BURGER NIGHT"  
EVENT IN NOTL  
WEDNESDAY APRIL 19TH**

The Fellowship Committee (Gary, Gary, Joy, Angela, Bob) has reserved a room at the Prince of Wales Hotel in Niagara-on-the-Lake on Wednesday April 19th for our annual 'Burger Night' event. Doors open around 5:30.

**Please reply to Joy if you and or a spouse are planning on attending.**



Sitting Rock in position..



Two Sitting Rocks on the South entrance..



Two Sitting Rocks on the North entrance..



Two Sitting Rocks on either side of the circular Labyrinth..

**TAKE ACTION: [WWW.ROTARYLAKESHORE.COM](http://WWW.ROTARYLAKESHORE.COM)**

## DISTRICT UNIVERSITY SCHOLARSHIPS STILL AVAILABLE!

The Rotary Foundation Scholarship Committee of District 7090 is pleased to be able to award 3 scholarships to deserving high school graduating students! These include:

- TWO - \$1,000.00 USD Awards
- ONE - \$1,500.00 USD Award for a student with a median family income of less than \$37,000 USD or Canadian /year

### Timelines:

Application deadline is April 15, 2023.

The scholarship will be awarded no later than June 30, 2023.



## District Scholarships

For more information, please see The District Scholarship website at <https://www.rotary7090.org/Stories/district-scholarship-2023>

### DISTRICT CONFERENCE OPENING WEEKEND APRIL 15-16, 2023 REGISTRATION NOW OPEN!

This year's theme is Imagine Your Life in Rotary . . . This is a great chance to meet new people and connect with old friends.

#### Kick off – Saturday 9:00 am at Niagara County Community College in Sanborn, NY

- Full day of workshops and service projects!
- Rotary Showcase in the afternoon!
- *First ever District 7090 Meat Raffle* to benefit the District 7090 Endowment Fund! Go to the following link for to get your \$10 Tickets.  
[https://assets.crsadmin.com/Gen/Accounts/50043/EventPlanner/d940743b-0ad1-4f49-aa46-e0442b21a287/21737/MeatRaffle\\_ClickHere.pdf](https://assets.crsadmin.com/Gen/Accounts/50043/EventPlanner/d940743b-0ad1-4f49-aa46-e0442b21a287/21737/MeatRaffle_ClickHere.pdf)

#### Sunday Fun Day - April 16 at Buffalo Riverworks

- FREE Afternoon of backyard games and fellowship!
- Help kids from Harrison's Playmakers to create no-sew blankets for donation to kids at Oishei Children's Hospital.
- Open to everyone - family and friends welcome!



Go to the following link to Register for District Conference.

<https://rotary7090.org/event/district-conference-weekend-events/>