

ROTARY LAKESHORE IN ACTION

CLUB ASSEMBLY HELD AT ANNETTE AND LEN'S

The various Committee Chairs and Board members reported to the membership on June 12th in President Annette's backyard. *First gentleman Len* was as usual prominent at the BBQ serving Smashburgers, Sausage on a bun and Chicken BLTs.

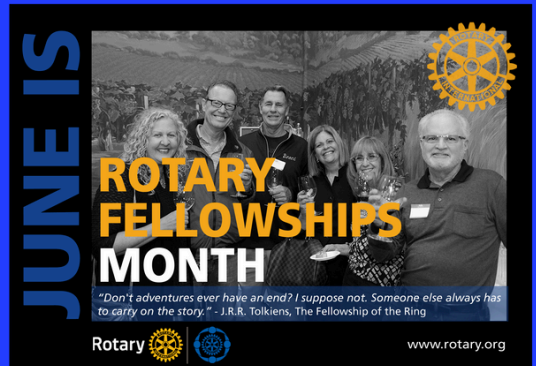
Congratulations to the hosts for an outstanding evening and to Chairs and members for another successful year! We were also joined by special guest Dr. John Loche of the Rotary Club of Kirkcudbright, Scotland.



UPCOMING MEETINGS:

July 10
Coral
Incoming President's Speech

July 24
AI Scales
Rotary Award Winners



BINGO VOLUNTEERS IN JULY

We have 2 Thursdays and one Monday, 5:30 – 7:30 p.m.

Thurs July 4 - Ellen and Janet
Thurs July 11 - Elaine and Marlene
Mon July 15 - Sandi and Gary C

We now need two volunteers per session.

Reminder: you must come in your blue rotary shirt and black pants

LAWN BOWLING EXTRAVAGANZA!

The Fellowship Committee's social event for May involved Lawn Bowling at Glenridge Lawn Bowling Club (84 Glen Morris Drive, St. Catharines, Ontario) with pizza following for dinner. Many new and unique delivery styles were observed!



Member Appreciation Night "Spoons It Up"!

Wednesday May 29th saw members meet in Beth's backyard to recognize the Club's achievements. Each Committee Chair brought 3-4 bullet points of highlights of some of the things the club did this year including some success stories. There was a bit of a theme that night. Everyone did their thank you's with a big spoon microphone.



Food4Kids Spring Grocery Store Food Drive Nets \$4400!

The Club was able to collect over \$4400.00 in cash and food donations at Our Spring Food Drive held Friday May 31 at both NOFRILLS locations in St Catharines – Welland Ave & Lake and Lakeshore Road. Volunteers staffed tables at each location for a two hour shift, either 1-3 or 3-5 p.m. with a driver picking up food and transporting it to the Cushman Rd Food4kids office during and at the end of the drive. Finally, volunteers worked at the office to unload, sort and count donations.

A BIG thank you to everyone who participated from Food4Kids Chair Marlene.



Little Lending Library Update

Looking for new or gently used children / youth books!

Help keep our Little Lending Library full of children's books. Spread the word to your friends and acquaintances that our Literacy Committee Chair Anne will be happy to receive delivery or arrange for pick-up of new or gently used children / youth books – ***anywhere in Niagara!***

Just email her at annelanthier@yahoo.com and she will make the arrangements .



July LLL Roster

July 1	Sandi
July 8	Marlene
July 15	Anne
July 22	Bryan
July 29	Willy

MARK YOUR CALENDAR:

Coral's Incoming President's Speech
July 10

Rotary Award Winners
July 24
Al Scales

2025 Rotary International Convention
June 21-25, 2025
Calgary, Alberta

CLUB MEETING INFO BOX

When:
Every 2nd and 4th Wednesday of the month
at 6:00 PM
Board Meeting 4th Wednesday at 4 p.m. on
Zoom

Where:
In-person for dinner at Holiday Inn Suites

WORLD & COMMUNITY SPOTLIGHT

Club Supports Preservation of the Cape Floral Kingdom

The Cape Floral Kingdom, comprising mostly fynbos as the predominant plant species, is the smallest of the world's six floral kingdoms, and the only one contained within the borders of a single country, South Africa. It has the highest concentration of plant species and is a UNESCO world heritage site. Yet, this kingdom is also the most threatened.



Featuring a collaboration on a Global Grant between the Sugarbird Project and the Rotary Clubs of Waterfront, St. Catharines, St. Catharines Lakeshore (**our first Environmental Grant**), Ennis Texas and Nene Valley UK, the "Sugarbird Project" was launched on April 26th of this year to manually remove the invasive plant species (such as pines, black wattle and Port Jackson) that take up the habitat of indigenous plants and are proliferating faster than authorities can remove or manage them.



The Sugarbird Project trains, equips and manages small teams of invasive alien plant warriors on Table Mountain National Park who become highly skilled in the recognition of a range of invasive plants and are trained in best practice clearing methods. The "before" and "after" pictures show Port Jackson, an Australian acacia that is prolific, prominently in the Before with these cleared leaving room for the fynbos to flourish in the After.



Club Recognized for 100th Plasma Donation!

The Plasma clinic has just hit it's one year anniversary and our group has done over 100 donations...recently recognized with an Honourary Certificate.

More than half (55 per cent) of the blood flowing through your veins is actually plasma. Plasma supports your immune system and helps other blood components (red blood cells, white blood cells and platelets) circulate. This protein-rich, pale-yellow fluid has earned its nickname "liquid gold" because it can be transfused directly into patients in urgent situations, such as severe infection and excessive bleeding, or it can be manufactured into medications, like immunoglobulins.

Thousands of patients in Canada depend on immunoglobulins to treat primary and secondary immunodeficiency, autoimmune disorders, neurological conditions, and other diseases with an immune origin. Immunoglobulins are the most widely used medication made from plasma and demand for these lifesaving medications is growing.



Remember there is 4 times the need for plasma as there is for whole blood presently in Canada. Every ml (or drop as we like to say) is helping to save lives! Our next Donation date for 2024 is Thursday July 11th between 3:30 and 6:15 pm. Contact Beth at bethfleeton@hotmail.com for more information.

TAKE ACTION: WWW.ROTARYLAKESHORE.COM