



34 Years of Service, Friendship & Giving Back

Meet Janet Allan

From her first Paul Harris Fellow recognition to more than three decades of friendship and community service, discover Janet's Rotary story.

Read her story inside



Trivia Night Is Almost Here!

November 21 — our major fall fundraiser. Everyone can help!



Lakeshore in Action

Our first pack with Food4Kids this year — working together to make a difference for local children.

ALSO INSIDE | Welcome Carmelina Credico | Youth Exchange Adventures | Rotary Fellowship & Fun

FOUNDATION RECOGNITION



Willy "Levels Up"!

Congratulations to Willy on receiving his Paul Harris Fellow +3 recognition!

As Willy put it, another "level up."
Thank you for your continued support of The Rotary Foundation.
Your generosity helps fund grants and projects around the world.



VOLUNTEER SCHEDULES

Already volunteering with us?

Find current dates, shifts and upcoming service activities.

[VIEW SCHEDULES →](#)

UPCOMING CLUB DATES

Mark Your Calendar!

Rotary
Club of St. Catharines
Lakeshore



NOV 8

Annual Fall Hike – Fellowship Event

NOV 11

Peace Fellow – District Chair Bob Monroe

NOV 21

Trivia Night

NOV 25

District Governor Joanne

DEC 5

Foster Festival Christmas Social

DEC 9

Annual General Meeting (AGM)

DEC 27

Stroll in Port Dalhousie



DISTRICT EVENTS

Important District Events



**Grant Management Seminar
and 2025–2026 Club Awards**

Niagara Falls Country Club

Nov. 14, 2026 • 9:00 a.m. – 1:00 p.m.



**Rotary Leadership
Institute (RLI) – Part 3**

Zoom

Nov. 17, 2026 • 6:30 p.m. – 8:30 p.m.



Club of
St. Catharines Lakeshore

TRIVIA NIGHT

IS ALMOST HERE!

TEAMS.
LAUGHS.
MEMORIES.
PRIZES!

Our major fall fundraiser needs all of us!

Our annual Fun Trivia Night is one of Lakeshore's major fundraisers, and we need everyone involved to make it a success! There is a job for everyone — set-up, registration, welcoming guests, food, 50/50, prizes, trivia support, clean-up and more.



SATURDAY
NOVEMBER 21, 2026



Club Roma
Gemini Room
St. Catharines



EVERY LAKESHORE ROTARIAN IS NEEDED ON NOVEMBER 21!

THREE WAYS YOU CAN HELP

01



BE THERE!

We need our Lakeshore Rotarians working together throughout the evening.

Help with set-up, registration, welcoming guests, food, the 50/50 draw, prizes, trivia support, clean-up and more.

02



HELP FILL THE ROOM!

Invite family, friends, neighbours and colleagues.

Organize a table or encourage someone you know to bring a team.

03



HELP US FIND SPONSORS!

Think about local businesses and people you know.

Every sponsor helps us raise more money to support the work our club does in our community and beyond.



FUN TRIVIA



GREAT FELLOWSHIP



AWESOME PRIZES



STRONGER COMMUNITY



Club of
St. Catharines Lakeshore

RESERVE YOUR TABLE TODAY! >



www.rotarylakeshore.com



People of Action

Meet a Rotarian



Janet Allan

34 Years of Service, Friendship & Leadership

Janet joined the Rotary Club of St. Catharines Lakeshore in June 1992 and has been making a difference ever since. As one of the club's earliest women members, she has helped shape Rotary through leadership, service and friendship.



"I was hooked."

At my first meeting, the members listened to me and each other, and I could see how much good the club was doing in the community.



When did you join Rotary?

June 1992. Janet was the second woman to join the club.



What inspired you to join?

After speaking to the club about the Canadian Federation of University Women, Janet was struck by the warmth in the room and the impact the club was making in the community.



Favourite Rotary role?

Janet has served on many committees and has been club Treasurer since 2016. She also spent more than 15 years helping write the trivia questions for the club's February Trivia Night.



A Rotary experience she'll never forget

Camp Enterprise — a three-day business leadership camp for Niagara high school students. Janet co-chaired the program and received her first Paul Harris recognition for her involvement.



What keeps her involved?

The friendships, the fellowship, and the work Rotary does — especially Food4Kids. Janet believes service makes a real difference.



Fun fact

Janet used to be a really good slalom water skier — and once completed a 100-day walking challenge averaging 25,000 steps a day.



Favourite places to travel

The Danube, Utah's arches, Hawaii, New Zealand and Ireland. Newfoundland is still on her wish list.



Her advice for new members

Rotary is a wonderful way to give back. It is a commitment, but there are many ways to be involved and it can fit different schedules.

Rotary

PEOPLE OF ACTION



"Rotary has given me friendships and the feeling that I am providing a useful service to both the club and our community."



This Month's Speakers

Rotary
Club of St. Catharines Lakeshore



A Night of Global Connections *Exchange Students Share Their Journeys*



Our Rotary meeting last night was extra special as we welcomed two incredible exchange students and heard about their amazing experiences around the world.

Clara, back from an unforgettable year in Burgos, Spain, shared stories of cultural discoveries, amazing food, new friendships, rugby, horseback riding, and travelling to 10 countries across Europe. A highlight was seeing Barcelona's magnificent Sagrada Família in person.

Maiko, who arrived from La Pampa, Argentina, is spending the year experiencing life in Canada while attending high school. He gave us a glimpse into Argentine culture – from traditional foods like empanadas and milanesas to tango, gaucho traditions, family card games and, of course, football! Maiko is making the most of this exciting international adventure and already feels at home in our community.

Their stories reminded us how Rotary Youth Exchange builds confidence, embraces new cultures, forms lifelong friendships, and helps young people discover just how much the world has to offer.

From Niagara to Kenya

A FATHER-DAUGHTER JOURNEY OF SERVICE AND DISCOVERY

Jason Lalonde shared the inspiring story of his recent travels to Kenya with his 17-year-old daughter — a meaningful father-daughter adventure before she embarks on her next chapter. To Jason's surprise, his daughter chose Africa as their destination and wanted the trip to include a humanitarian component.

As a member of the Rotary Club of Niagara-on-the-Lake, Jason selected Kenya, where the club has a strong and ongoing partnership. Each day, local Rotarians met with them and showcased the many projects taking place in the region, including rainwater harvesting systems and the creation of natural gas from animal waste, along with other initiatives that are making a real difference in the community.

A highlight of the trip was a day spent with local children playing soccer. They brought Niagara-on-the-Lake Rotary soccer uniforms, and it was a joy to see the kids in their new uniforms, full of excitement and pride.

Inspired by what he saw, Jason is now exploring a **Global Grant** to further enhance and expand the work already being done in the area.





Welcome Carmelina Credico

OUR NEWEST CLUB MEMBER

The Rotary Club of St. Catharines Lakeshore is delighted to officially welcome **Carmelina Credico** as our newest member!

Although Carmelina is new to club membership, she is certainly no stranger to Rotary! She and her husband have been wonderful supporters of Rotary for many years, opening their home and hearts to several Rotary Youth Exchange students.

Rotary has truly been a family affair! Their three daughters have participated in numerous Rotary youth programs, including RYLA Junior, AIC, STEP and LEP, experiencing firsthand the opportunities Rotary offers young people.

Carmelina continues her commitment to youth and international understanding through her role as a Country Coordinator on the Rotary District 7090 Youth Exchange Committee.

We are thrilled that Carmelina has decided to take the next step in her Rotary journey by becoming a member of Lakeshore.

Welcome to Our Rotary Family!



Welcome to the Rotary family, Carmelina!

We're so glad you're officially one of us!



Walking the Walk for a Great Cause!

Gary Chard Represents Rotary Lakeshore at Gillian's Place Fundraiser

On Saturday, October 17, our very own Gary Chard proudly represented the Rotary Club of St. Catharines Lakeshore at the 20th annual Walk a Mile in HER Shoes event, held at the Pen Centre in St. Catharines.

Gary joined men from across Niagara who stepped up — and, in many cases, stepped into high heels — to raise awareness and funds to help end violence against women.

While the colourful footwear and good-natured fun brought plenty of smiles, the reason behind the walk was serious. Gillian's Place provides emergency shelter, counselling, legal support, and other essential services to women and children experiencing abuse.

This year's event was a record-breaker, raising an incredible **\$195,000!** The funds will help Gillian's Place continue providing safety, support, and hope to individuals and families throughout Niagara.

As Gillian's Place celebrates 20 years of this special event, the community has once again demonstrated what can happen when people come together for a meaningful cause.

A big Rotary Lakeshore thank-you to Gary for stepping forward and representing our club!

And Gary, we have to say — the sparkly pink shoes were a perfect touch for a great cause!



Service Above Self comes in many forms — sometimes in sparkly pink shoes!



A Few of Our Activities **THIS MONTH**



RAISING A FLAG FOR A POLIO-FREE WORLD

Rotarians from the Rotary Club of St. Catharines Lakeshore, Rotary Club of St. Catharines, and Rotary Club of St. Catharines South joined together at City Hall to raise a flag in support of End Polio Now.

Together, we continue to raise awareness and work toward a healthier, brighter future for children around the world.



Packing with Purpose – *Food4Kids!*

Our Rotary Club of St. Catharines Lakeshore kicked off our first Food4Kids packing session of the new Rotary year, helping ensure that local children have nutritious food to take home for the weekend.

We were delighted to welcome two new helpers, Patrick and Margaret, who joined our Rotary team in making a difference!

Food4Kids is such an important program in our community, and we are proud to continue supporting its mission of helping children who might otherwise go hungry over the weekend.

A big thank-you to everyone who participated. It's amazing what a little teamwork and a lot of caring hands can accomplish!



Food4Kids
— NIAGARA —

Small acts of kindness make a big difference – that's Rotary in action!



Murder Mystery Fellowship



A Night of Mystery, Murder & Rotary Fellowship

It was a night of laughter, suspense, and a little detective work as members of the Rotary Club of St. Catharines Lakeshore enjoyed a fun-filled Murder Mystery evening!

With a murder to solve, plenty of suspects, and clues to uncover, everyone put their detective skills to the test.

Congratulations to our very own Shannon and Justin, who were the big winners of the evening! Not only did they correctly identify the murderer, but they also had to explain how they solved the mystery!

A wonderful evening of fellowship, friendship, and a bit of intrigue!



RECEIVE ONE COMPLIMENTARY LOAF PER MONTH



VISIT YOUR LOCAL BAKERY AT:

109

COBS Bread
WELLAND
Longo's Plaza
845 East Main Street
905 735 3932

COBS Bread
RIDLEY SQUARE
St. Catharines, ON
888 660-1115
289 362 1115

1 Free Loaf Card only per customer per day.
1 Free Loaf only per customer per day.
This loaf card can only be used once per day.

Valid only at COBS Ridley Square or COBS Welland. Present customer card with this card. Not redeemable for cash or with any other offer. One free loaf per customer per month.

Expires: JAN 31 2028

Rotary
Club of
St. Catharines Lakeshore

COBS BREAD

RIDLEY SQUARE
St. Catharines

COBS BREAD

WELLAND

COBS Bread Cards Are Back!

Looking for the perfect stocking stuffer, hostess gift, teacher gift, or a little treat for yourself? Support the annual fundraising campaign of the Rotary Club of St. Catharines Lakeshore while enjoying fresh bread all year long!

For just **\$30**, you'll receive a card for **1 FREE** loaf of bread every month for 12 months from COBS Bread at:

- Ridley Plaza, St. Catharines
- Longo's Plaza, Welland- NEW location

Start using anytime. Valid through January 2028.

Rotary Club of St. Catharines Lakeshore
Club Executives & Directors
2026 - 2027

Club Executives

- Co-Presidents** | Bryan Pett & Annette Marchionda
- Co-Presidents Elect** | Trish Shouldice & Patricia Murenbeeld
- Immediate Past President** | Coral Timms
- Secretary** | Ellen Wodchis
- Treasurer** | Janet Allan

Board Directors

- Beth Fleeton
- Patricia Murenbeeld
- Anne Lanthier
- Coral Culter

Discover *Rotary*. Connect. Serve. *Make a Difference.*

Thank You to Our Sponsors

We gratefully acknowledge the businesses and organizations that support Rotary Club of St. Catharines Lakeshore.

FUNDRAISING EVENT SPONSORS



Interested in becoming part of Rotary Lakeshore?
Visit **rotarylakeshore.com**

Rotary Club of St. Catharines Lakeshore | **rotarylakeshore.com**