

# ROTARY LAKESHORE IN ACTION

## MONTHLY NEWSLETTER

October 2021

### Dr. Ron Mergl Pedal for Polio Saturday, October 2!

Join in on the fun at the 2nd Annual Dr. Ron Mergl Pedal for Polio fundraiser to be held on Saturday, October 2, 2021. As with last year, there will be two rides - one on each side of the border starting at 10:00 a.m. The goal is to raise \$60,000 USD.

Only 100 total cyclists can be accommodated. Immediate Past District Governor Frank Adamson is asking each Club to find a cyclist or two. [Click here](#) for more details. You will also need to register to take part in the lunch hosted by the Rotary Club of Niagara on the Lake.

Please visit [Challenge - Raise for Rotary](#) (for Beth) and [Rotary Club St. Catharines Lakeshore Cycling Team Participate for Polio - Raise for Rotary](#) (for Elaine) to donate to our own club riders.

The organizing Committee is also seeking volunteers to assist in the event as well as cyclists and walkers.

This year the Canadian ride will start at St. David's Lions Club and will head towards the Shaw Festival and return back to St. David's - approximately 25 kilometers. The Rotary Club of Niagara-on-the-Lake is once again hosting the event at the park and a meal will be served. You must register online and pay \$10 Canadian for the meal.



### Upcoming Meetings:

**October 13, 2021**

Erin Scott – The Tick Lady  
All about Lyme Disease

**October 27, 2021**

Anne Bermingham  
District Governor



### Upcoming Bingo

Volunteering with Delta BINGO is temporarily halted until further notice.

### Past Club Newsletters Available on Website

**NOTE:** This, and all past, newsletters are available on the Rotary Lakeshore website at <https://rotarylakeshore.com/>.

TAKE ACTION: [www.rotarylakeshore.com](http://www.rotarylakeshore.com)

## World Cleanup Day Event a Resounding Success!

A huge thank you on behalf of the members of St. Catharines Lakeshore to Past President Bruce Timms for organizing and setting up this year's first Clean-up Day project! The garbage cleanup at the Club's Charles Ansel Park (at Lock One) and along the adjoining stretch of the Welland Canal Parkway was a great success as part of World Cleanup Day. It was wonderful to see so many partners out supporting the members — and even a few “younger faces” in the clean-up crew.

The next major cleanup at the Park and Canal is being planned in April for Earth Day and as part of the Great Watershed Clean Up initiated by PDG Frank Adamson.



## Future Food4Kids Packing and Delivery Dates!

Under the recent Matching District Grant we received, we will be purchasing, packing and delivering food to 35 students for 8-10 weeks (depending on food costs) who have been added to the program. We also need to help pick up food from orders placed to stores or vendors.

Here are the upcoming dates for the program:

Future Packing Dates: Oct 13 and 27; Nov 3 – all at 10:00 a.m. 6 volunteers for each pack date.

Future Delivery Dates: Oct 1, 15 and 29; Nov 5 - times vary, usually 9:00 or 9:30 a.m. 3 volunteers for each delivery date.

Contact Marlene to sign up!



## Are You on Social Media?

**Check out our Club pages!**

On LinkedIn? Join our Page at <https://www.linkedin.com/groups/8620448/>

On Facebook? Join our Page at <https://www.facebook.com/RotaryStCatharinesLakeshore>

On Instagram? Check us out at [www.instagram.com/rotarylakeshorestcatharines](http://www.instagram.com/rotarylakeshorestcatharines)

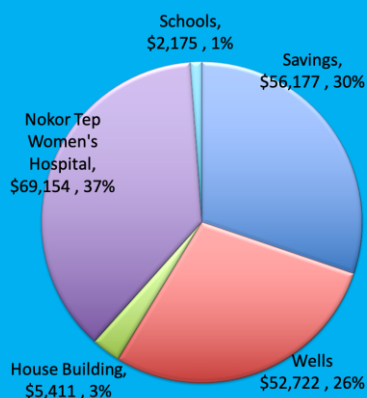
## World and Community Spotlight

### Club Helps Tabitha Foundation Canada Supply Clean Water



The name Tabitha refers to a disciple in the Bible who was “full of good works and acts of charity”. (Acts 9:36-42) Founded in Canada in 1994, the Tabitha Foundation supports aid efforts in Cambodia begun by Janne Ritskes. The Foundation’s work focuses on the poorest of the poor in Cambodia, a country decimated by the Pol Pot regime in 1975-79 which promoted enforced starvation, mass executions and slave labour.

Working side by side with the people of Cambodia, Tabitha currently works with over 6,000 families representing over 30,000 individuals, in 10 provinces of the country. Since 1994, Tabitha has lifted more than 4.7 million Cambodians out of poverty and despair, into lives of dignity, hope and active participation in their communities. In 2020 only 3% of funds raised in Canada were used for administration. The rest of the funds are forwarded to Cambodia.



Tabitha Foundation Canada Donations 2020

Most recently, the Club has supported Tabitha in the creation of fresh water wells. Although Cambodia is blessed with an abundant water table containing clean, potable water, much of its population is too poor to afford the construction of a water well. The environment exacerbates poverty, as Cambodians endure annual cycles of flood and drought. Skilled local well drillers are contracted in each project area. There is a 6 month complete warranty on all wells and parts are easily replaced locally. Families are trained in maintenance and upkeep. A machine drills down into the aquifer and a plastic pipe to the surface is installed allowing water to be pumped to the surface. Families then either save for a petrol-powered pump or rent a pump from a villager who has one. Field wells are constructed in the fields where crops are grown. Each well supplies two families with enough irrigation water to grow crops year round on an average of 4 hectares of land, along with water for daily living.

## Record 50 at Sept. Group Blood Donation!

A very successful 5th group donation! 50 spots were filled over 2 days, Sept 14/15. There were first-time donors and many that attended with family members. Soul Fire Yoga helped out promoting the event and filling many of the appointments along with putting together a giveaway pack. St. Catharines South Club had 3 Rotarians give blood including their president, Krystal Riddell.

Please contact [Beth](#) for our next event December 7/8 with a minimum of 50 appointments available.



# 2022 Rotary International Convention

Houston, Texas • June 4-18, 2022



**Discover New Horizons!**

*Special Promotion Rate June 17 December 15<sup>th</sup>!*

## Registration Fees and Link

<https://convention.rotary.org/en/houston/registration-fees>

## Events

<https://convention.rotary.org/en/houston/events>

## Program Highlights

<https://convention.rotary.org/en/houston/program-highlights>

MARK YOUR  
CALENDAR!

## “Face to Face” Events Are Back!

*(with Zoom Connection for those who cannot attend in person)*

**Weather permitting of course**

### 1) Pedal for Polio

October 2, 2021

[Click here](#) for more information

### 2) District Conference

October 21-23, 2021

More details to come

### 3) Virtual Trivia Night

November 13, 2021

Watch for more details

## Club Meeting Information

When: Every 2nd & 4th Wednesday of the month at 7:00 PM  
Board Meeting 4<sup>th</sup> Tuesday at 7:00 p.m.

Where: Virtual Meeting using Zoom  
Link will be sent to all members

Non Members, please contact Courtney at [courtneyusborne@gmail.com](mailto:courtneyusborne@gmail.com) for Zoom link

## WHAT'S NEW WITH ROTARY DISTRICT 7090 AND ROTARY INTERNATIONAL

### St. Catharines Lakeshore Wins Lighthouse Award for Rotary Year 2020-2021

The Award is presented in recognition of outstanding performance in serving our community, international service, youth services, supporting the Rotary Foundation and being a vibrant Rotary Club. In order to qualify for The Lighthouse Award clubs had to complete the qualifications for the Rotary Citation in addition, to goals set by Rotary 7090 DG Frank Adamson by the end of the Rotary Year.

### 7090 District Conference - Oct 21-23, 2021

- Thursday October 21 – a virtual evening celebration of clubs and some dynamite speakers / interactive sessions.
- Friday October 22 - we are encouraging clubs in each area to come together for a service project followed by evening social.
- Saturday October 23 - an in-person conference in Hamilton.

**Watch your email for further details!**

